FALL COURSES 2018
Singers & Swingers
July 13, 14, 15
Blow-Me-Down Farm, Cornish, NH
Live music, circus artists and singers come together to create an exhilarating evening from the high wire to the high C’s. This unique immersive experience will be the first at Blow-Me-Down Farm, with something fun for everyone.
Tickets: $20

Tales of Hoffmann
August 3, 8, 10, 12
Lebanon Opera House
A fantastical story of poet and painter E.T.A. Hoffmann’s quest for true love. A bubbling score, wondrous settings and amazing costumes abound in Offenbach’s final magical masterpiece.
Tickets: $20, $40, $65, $90

Barber of Seville
August 5, 9, 11, 14
Lebanon Opera House
Young love is aglow in this bodacious comic romp. Your heart will thump with glee as Rossini’s joyous tunes come bounding out and vocal pyrotechnics will have your hands clapping throughout.
Tickets: $20, $40, $65, $90

For more details or to purchase tickets online, visit www.operanorth.org
Box Office: (603) 448-0400 (Mon to Fri 12 – 5 pm)
An idea of continued learning…

OSHER@Dartmouth is short for the Osher Lifelong Learning Institute at Dartmouth. We were founded in November, 1990 by 38 members of the Upper Valley intrigued with the “idea of continued learning.” Our founders relished the challenge of self-administered and peer-taught discussion programs. Over 30,000 people have participated in our programs since we were founded 28 years ago.

A volunteer-run learning organization for Upper Valley adults…

As a self-supporting department of Dartmouth College, OSHER@Dartmouth provides educational opportunities that encourage discovery and stimulate thinking through participation in courses, lectures, and related travel programs.

With over 1,600 members, we are one of the largest and most extensive lifelong learning institutes in the country.

Mission – Vision – Core Values

OSHER@Dartmouth’s Mission:
To provide outstanding lifelong educational opportunities to those in the greater Upper Valley.

OSHER@Dartmouth’s Vision:
To be recognized as a national leader for excellence in lifelong education.

Core Values:
• An unwavering commitment to lifelong education;
• Membership open to all, regardless of educational background;
• A diverse, high quality program, led by dedicated volunteers;
• A welcoming social environment, within and beyond the classroom;
• An appropriate fee structure that provides for financial sustainability, member affordability, innovation, and growth;
• Strong and continuing two-way relationships with Dartmouth College and the Osher Foundation; and
• Excellence in everything we do.
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July, 2018

Dear OSHER@Dartmouth Members, Guests, and Friends:

It is indeed a pleasure to invite you to look at the OSHER@Dartmouth Fall Course Catalog! We are offering more than 90 classes - the most for any term since we began. In addition to many favorites, there are new offerings and new Study Leaders. We hope you find them engaging and enjoyable. Classes run from September 5 through November 17. You can begin your registration on Monday, July 30 at 12:01 AM.

We hope many of you are attending this year’s Summer Lecture Series, “Our Divided Country: How to Find Common Ground,” or as many sessions as you can.

Our Annual Meeting was held on a sparkling spring afternoon at Marshland Farms. We had over 100 attendees, as well as Martha Austin and Mary-Ella Zietz from the Provost’s Office. Our speaker, Joe Helble, is currently Dean of the Thayer School. He will become the Provost in October of this year. Please mark your calendar for the next Annual Meeting on May 22, 2019.

Perhaps the most exciting news concerns the possibility of a “New Home” for OSHER@Dartmouth. We have been considering a wide range of possible locations for an interim space, with the hope that we might one day be able to be in Hanover, with enough parking for our members. The College formed a special committee in January to recommend ways to eliminate the annual debt faced by the golf course. The group’s most promising suggestion is to build a new clubhouse on Route 10, with ample parking, set well back on the west side opposite the current driving range. To enhance its use to the town and the college, it would have rooms and banquet facilities that could host reunions, weddings, and more year-round. The current drawings allow OSHER@Dartmouth ample room for both offices and classrooms. While it is still very early in the process, the prospects are very encouraging. We will keep you posted as we know more.

We wish all of you a beautiful autumn in the Upper Valley, and an exciting group of courses from which to choose.

Warmest wishes,

John H. Sanders, Jr., M.D.
President
OSHER@DARTMOUTH

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Bill Sullivan, Vice President
Steve Tofel, Secretary
Iain Sim, Treasurer

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Hank Clark Barbara Jones Iain Sim
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Maynard Goldman John Sanders Mary-Ella Zietz* -
Vic Henningsen Laura Schneider Provost Office Liaison

STANDING COMMITTEES
These volunteers help to guide, promote, and develop OSHER@Dartmouth offerings. Please contact us for more information about volunteering on a committee.

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Ginia Allison Martha Lorden Melinda Stucker
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Kathleen Dechant John Sanders* 
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Margot de l’Etoile, Vice-Chair Patrick Christie John Sanders*
Jaci Allen Bill Dietrich Pat Vlamynck

*Ex Officio
STANDING COMMITTEES, cont.

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Joan Hartwell
Richard Neugass
Amy Olson* - Communications Office Liaison
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Laura Schneider
Joe Tofel
Steve Tofel

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Margot de l’Etoile
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Janette Hannah
Rosemarie Scibetta

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Steve Tofel, Co-Chair
Carol Barr
Tom Blinkhorn
Hank Clark
Sandra Johnson
Jim Lynch
Bruce Macdonald
Stuart Pompian
John Sanders
Bill Secord
Iain Sim
Punch Taylor

Summer Lecture Series Committee
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Pete Bleyler, Co-Chair
Jaci Allen
Ginia Allison
Jeffrey Bendis
Tom Blinkhorn
Ann Hargraves
Corlan Johnson
Deborah Luquer
Bruce Macdonald
John Sanders*
Rosemarie Scibetta
Iain Sim
Bill Sullivan
Townsend Swayze
William Tingle
Steve Tofel

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Administrative Assistant
E-mail: diane.m.doe@dartmouth.edu
E-mail: osher@dartmouth.edu

*Ex Officio
The following list contains names of donors who contributed to our Friends of Osher Annual Drive from November, 2017 through June, 2018. We received gifts from 162 households that totalled $36,093. We thank all of our donors for their generosity.

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Jacqueline Allen
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Duncan & Dorothy Aspinwall
Anne Baird & Steve Campbell
Mimi Baird
Cyn Barrette
Christine Bartlett
Nancy Bean
Edward & Judith Becker
David Berlew
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Putnam Blodgett
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Ingrid & Ted Barrett
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Martina Breed
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Tom & Ellen Brydges
Charles Buell
Carolyn Byrne
Barbara and Alan Callaway
*Anonymous*
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Gioia Grasso Cattabriga
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Martha Clark
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Joan & John Hartwell
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Ralph and Susan Hough
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Gerry and Emily Jones
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Kathleen Kentner
Roland Kuchel
Nancy Lagomarsino in honor of Mame Willey
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Raymond & Josette Malley
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*Anonymous*
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Thomas Nye, in memory of Tom Brody
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Anonymous
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Carole Wood
Stew & Kristin Wood
Susan Wulfestieg
Eugene F. Yeates
## Classrooms & Locations

Courses in this catalog will take place at the following locations. Visit the ‘Locations’ page of our website at [osher.dartmouth.edu/locations/](https://osher.dartmouth.edu/locations/) for online links to each site. If a course listed here does not contain an address or phone number, information will be included in the welcome packet for the course.

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>AVA Studios</td>
<td>11 Bank St., Lebanon, NH 03766</td>
<td>(603) 448-3117</td>
</tr>
<tr>
<td>Barrette Center for the Arts</td>
<td>76 Gates St., White River Junction, VT 05001</td>
<td>(802) 296-7000</td>
</tr>
<tr>
<td>Blackberry Hill Art Center</td>
<td>33 Blackberry Hill Rd., Orford, NH 03777</td>
<td>(603) 986-6262</td>
</tr>
<tr>
<td>The Center for Integrative Health</td>
<td>45 Lyme Rd., Suite 200, Hanover, NH 03755</td>
<td>(603) 643-0066</td>
</tr>
<tr>
<td>D.O.C. House</td>
<td>10 Hilton Field Rd., Hanover, NH 03755</td>
<td>(603) 646-0154</td>
</tr>
<tr>
<td>Fireside Inn &amp; Suites</td>
<td>25 Airport Rd., West Lebanon, NH 03784</td>
<td>(603) 298-5900</td>
</tr>
<tr>
<td>The Greens at Hanover</td>
<td>53 Lyme Rd., Hanover, NH 03755</td>
<td>(603) 643-5512</td>
</tr>
<tr>
<td>Hilton Garden Inn</td>
<td>35 Labombard Rd., Lebanon, NH 03766</td>
<td>(603) 448-3300</td>
</tr>
<tr>
<td>Horse Meadow Senior Center</td>
<td>91 Horse Meadow Rd., North Haverhill, NH 03774</td>
<td>(603) 787-2539</td>
</tr>
<tr>
<td>Jones Media Center</td>
<td>6025 College St., Hanover, NH 03755</td>
<td>(603) 646-2560</td>
</tr>
<tr>
<td>Kendal at Hanover</td>
<td>80 Lyme Rd., Hanover, NH 03755</td>
<td>(603) 643-8900</td>
</tr>
<tr>
<td>Kilton Library</td>
<td>80 Main St., West Lebanon, NH 03784</td>
<td>(603) 298-8544</td>
</tr>
<tr>
<td>Lebanon Co-op</td>
<td>12 Centerra Parkway, Lebanon, NH 03766</td>
<td>(603) 643-4889</td>
</tr>
<tr>
<td>Montshire Museum</td>
<td>1 Montshire Rd., Norwich, VT 05055</td>
<td>(802) 649-2200</td>
</tr>
<tr>
<td>Hanover Community Center</td>
<td>48 Lebanon St., Hanover, NH 03755</td>
<td>(603) 643-5315</td>
</tr>
<tr>
<td>Shaker Museum</td>
<td>447 NH-4A, Enfield, NH 03748</td>
<td>(603) 632-4346</td>
</tr>
<tr>
<td>St. Thomas Church</td>
<td>9 West Wheelock St., Hanover, NH 03755</td>
<td>(603) 643-4155</td>
</tr>
<tr>
<td>Stephanie’s Lyme Studio</td>
<td><em>see syllabus</em></td>
<td></td>
</tr>
<tr>
<td>Upper Valley Music Center</td>
<td>8 S. Park St., Lebanon, NH 03766</td>
<td>(603) 448-1642</td>
</tr>
<tr>
<td>Upper Valley Senior Center</td>
<td>10 Campbell St., Lebanon, NH 03766</td>
<td>(603) 448-4213</td>
</tr>
<tr>
<td>Wheelock Terrace</td>
<td>32 Buck Rd., Hanover, NH 03755</td>
<td>(603) 643-7290</td>
</tr>
</tbody>
</table>
Online Registration or Paper Application? What Works Best?

Each term, our members ask office staff if there is a sure-fire way to guarantee that they receive placement in their desired courses. No staff member can guarantee absolute success for every registration, but the following tends to hold true term after term:

Members who register online are more likely to get a seat in a popular class than members who submit a paper application.

Think of it this way: Opening day of registration is a little like being in line at a highway toll booth.

Members who register online are the cars in the E-ZPass lane. The minute the lanes open, they’re on their way.

Members who submit a paper application are the cars in the “Exact Change Only” lane. Although the lanes both open at the same time, this one will probably go slower, meaning popular classes may fill up before you reach the front of the line.

What do we recommend?

First: Try to register online.
Prior to the opening day of registration, practice at home by logging in to your account with your username and password and taking a tour of the registration site. Read the Osher@Dartmouth Guide to Online Registration, which you can find on the “Courses” page of our website (osher.dartmouth.edu). If you’re still having trouble, make an appointment with an Osher staff member for a quick tutorial. Once you know how, you can register online from your home, from your iPad while you sit at a coffee shop, even from another part of the world!

Second: Be in the office the day registration opens.
If online registration isn’t an option for you, come to the office on opening day of registration. If you can’t come in yourself, ask a friend if they’ll bring in your application and payment along with theirs. NOTE: On the first day of registration, office phone lines will not open until the staff has helped all office visitors and all in-house paper applications have been processed.

Third: Submit a paper application.
Staff members successfully process dozens of paper applications every term. Don’t let the info above persuade you otherwise; we simply want members to understand that sending in a paper application does not guarantee you a seat in a popular class.

Registration for Fall Term 2018 is on Monday, July 30, 2018 starting at 12:01 AM.
## Fall 2018 Term at a Glance

<table>
<thead>
<tr>
<th>DAY/TIME</th>
<th>COURSE TITLE</th>
<th># of HOURS</th>
<th>LOCATION</th>
<th>PAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONDAYS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00-11:00</td>
<td>Intro to Travel Photography</td>
<td>(8 hours)</td>
<td>DOC House</td>
<td>16</td>
</tr>
<tr>
<td>9:00-11:00</td>
<td>The History of American Skiing</td>
<td>(10 hours)</td>
<td>DOC House</td>
<td>16</td>
</tr>
<tr>
<td>9:00-11:00</td>
<td>Emergency Medicine</td>
<td>(12 hours)</td>
<td>Kendal at Hanover</td>
<td>17</td>
</tr>
<tr>
<td>9:00-11:00</td>
<td>The Hype About Happiness</td>
<td>(12 hours)</td>
<td>DOC House</td>
<td>17</td>
</tr>
<tr>
<td>9:00-11:00</td>
<td>Retirement Planning Made Easy</td>
<td>(10 hours)</td>
<td>DOC House</td>
<td>18</td>
</tr>
<tr>
<td>10:00-12:00</td>
<td>Antique Oriental Rugs - An Introduction</td>
<td>(12 hours)</td>
<td>Hanover Comm. Ctr.</td>
<td>18</td>
</tr>
<tr>
<td>11:30-1:30</td>
<td>On the Nature of Things by Lucretius</td>
<td>(12 hours)</td>
<td>DOC House</td>
<td>19</td>
</tr>
<tr>
<td>11:30-1:30</td>
<td>Triumph of the Human Spirit</td>
<td>(16 hours)</td>
<td>DOC House</td>
<td>19</td>
</tr>
<tr>
<td>11:30-1:30</td>
<td>How to Trace Your Jewish Genealogy</td>
<td>(16 hours)</td>
<td>DOC House</td>
<td>20</td>
</tr>
<tr>
<td>2:00-4:00</td>
<td>Mah Jongg for Beginners</td>
<td>(8 hours)</td>
<td>DOC House</td>
<td>20</td>
</tr>
<tr>
<td>2:00-4:00</td>
<td>Stones, Bones, and Biblical Tomes</td>
<td>(8 hours)</td>
<td>Hanover Comm. Ctr.</td>
<td>21</td>
</tr>
<tr>
<td>2:00-4:00</td>
<td>The Seven Pillars of Statistical Wisdom</td>
<td>(16 hours)</td>
<td>DOC House</td>
<td>21</td>
</tr>
<tr>
<td>2:00-4:00</td>
<td>Planting the Perennial Garden</td>
<td>(8 hours)</td>
<td>Various locations</td>
<td>22</td>
</tr>
<tr>
<td>2:00-4:00</td>
<td>Why is Special Education Special?</td>
<td>(12 hours)</td>
<td>Kendal at Hanover</td>
<td>22</td>
</tr>
<tr>
<td>2:00-4:00</td>
<td>The New Deal, 1932-1940</td>
<td>(12 hours)</td>
<td>DOC House</td>
<td>23</td>
</tr>
<tr>
<td>2:00-4:00</td>
<td>Upper Valley, a State Within Two States</td>
<td>(4 hours)</td>
<td>Hanover Comm. Ctr.</td>
<td>23</td>
</tr>
<tr>
<td>3:00-5:00</td>
<td>Intro to Augmented, Virtual, and Mixed Reality</td>
<td>(14 hours)</td>
<td>Jones Media Center</td>
<td>24</td>
</tr>
<tr>
<td>3:00-5:00</td>
<td>Sustainability</td>
<td>(16 hours)</td>
<td>Montshire Museum</td>
<td>24</td>
</tr>
<tr>
<td>4:30-6:30</td>
<td>Understanding &amp; Remediying Political Polarization</td>
<td>(8 hours)</td>
<td>DOC House</td>
<td>25</td>
</tr>
<tr>
<td>4:30-6:30</td>
<td>Intermediate Conversational French</td>
<td>(16 hours)</td>
<td>DOC House</td>
<td>25</td>
</tr>
<tr>
<td>5:00-7:00</td>
<td>Understanding...the Science of Brain Health</td>
<td>(10 hours)</td>
<td>Upper Valley Sr. Ctr.</td>
<td>26</td>
</tr>
<tr>
<td><strong>TUESDAYS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00-11:00</td>
<td>Introduction to Birding</td>
<td>(14 hours)</td>
<td>DOC House</td>
<td>26</td>
</tr>
<tr>
<td>9:00-11:00</td>
<td>The Short Stories of William Trevor</td>
<td>(16 hours)</td>
<td>DOC House</td>
<td>27</td>
</tr>
<tr>
<td>9:00-11:00</td>
<td>Great American Short Stories...</td>
<td>(16 hours)</td>
<td>DOC House</td>
<td>27</td>
</tr>
<tr>
<td>9:30-11:30</td>
<td>Abraham Lincoln's Kingdom of God</td>
<td>(16 hours)</td>
<td>Horse Meadow Sr. Ctr.</td>
<td>28</td>
</tr>
<tr>
<td>10:00-12:00</td>
<td>Iron Maidens: The Royal Saints of...England</td>
<td>(12 hours)</td>
<td>St. Thomas Church</td>
<td>28</td>
</tr>
<tr>
<td>10:00-12:00</td>
<td>Geocaching: Treasure Hunting With a Purpose</td>
<td>(10 hours)</td>
<td>Various</td>
<td>29</td>
</tr>
<tr>
<td>10:00-12:00</td>
<td>Svaroopa® Yoga - Gentle, Deep, and Profound</td>
<td>(8 hours)</td>
<td>Ctr. for Integrative Health</td>
<td>29</td>
</tr>
<tr>
<td>10:00-2:00</td>
<td>Watershed Awareness and Kayaking</td>
<td>(12 hours)</td>
<td>DOC House</td>
<td>30</td>
</tr>
<tr>
<td>10:30-12:30</td>
<td>Baseball in America</td>
<td>(16 hours)</td>
<td>Hanover Comm. Ctr.</td>
<td>30</td>
</tr>
<tr>
<td>11:30-1:30</td>
<td>Understanding Shakespeare's...Measure for Measure</td>
<td>(12 hours)</td>
<td>Hanover Comm. Ctr.</td>
<td>31</td>
</tr>
<tr>
<td>11:30-1:30</td>
<td>Writing in Circles</td>
<td>(14 hours)</td>
<td>DOC House</td>
<td>31</td>
</tr>
<tr>
<td>2:00-4:00</td>
<td>iPad Beyond the Basics</td>
<td>(10 hours)</td>
<td>Kilton Library</td>
<td>32</td>
</tr>
<tr>
<td>2:00-4:00</td>
<td>Caveman to City Slicker in 10,000 Years</td>
<td>(16 hours)</td>
<td>DOC House</td>
<td>32</td>
</tr>
<tr>
<td>2:00-4:00</td>
<td>Montaigne</td>
<td>(16 hours)</td>
<td>DOC House</td>
<td>33</td>
</tr>
<tr>
<td>2:00-4:00</td>
<td>Meet the Shakers</td>
<td>(8 hours)</td>
<td>Shaker Museum</td>
<td>33</td>
</tr>
<tr>
<td>2:00-4:00</td>
<td>In the Time of the Troubadours</td>
<td>(8 hours)</td>
<td>DOC House</td>
<td>34</td>
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<tr>
<td>3:30-5:30</td>
<td>Mindfulness Based Stress Reduction...</td>
<td>(16 hours)</td>
<td>DOC House</td>
<td>34</td>
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<tr>
<td>3:30-5:30</td>
<td>The Supermarket Bouquet and Beyond</td>
<td>(8 hours)</td>
<td>Blackberry Hill Art Ctr.</td>
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<tr>
<td>WEDNESDAYS</td>
<td>Women Who Have Changed...History II</td>
<td>(10 hours)</td>
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<tr>
<td>9:00-11:00</td>
<td>The 101 Most Influential People Who Never Lived</td>
<td>(12 hours)</td>
<td>DOC House</td>
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<tr>
<td>9:00-11:00</td>
<td>Living Life While Facing Death</td>
<td>(16 hours)</td>
<td>Kendal at Hanover</td>
<td>36</td>
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<td>9:00-11:00</td>
<td>What Would William Shakespeare Do?</td>
<td>(4 hours)</td>
<td>DOC House</td>
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<tr>
<td>9:00-11:00</td>
<td>Splash...Watercolor...</td>
<td>(18 hours)</td>
<td>Stephanie's Studio</td>
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<td>10:00-11:00</td>
<td>Beekeeping for Beginners</td>
<td>(16 hours)</td>
<td>Hanover Comm. Ctr.</td>
<td>38</td>
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<td>11:30-1:30</td>
<td>The Six Wives of Henry VIII</td>
<td>(12 hours)</td>
<td>DOC House</td>
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<td>11:30-1:30</td>
<td>Life, Love, Art, and Gardens...Cornish Art Colony</td>
<td>(16 hours)</td>
<td>DOC House</td>
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<tr>
<td>1:00-3:00</td>
<td>Dante's <em>Commedia</em></td>
<td>(6 hours)</td>
<td>Horse Meadow Sr. Ctr.</td>
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<td>1:30-4:30</td>
<td>Fighting Back Through Film</td>
<td>(24 hours)</td>
<td>Wheelock Terrace</td>
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<td>From the Page to the Stage...Opera Comes to Life</td>
<td>(8 hours)</td>
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<td>Food Fight: The Origin of the Low Fat Diet</td>
<td>(10 hours)</td>
<td>Kendal at Hanover</td>
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<td>2:00-4:00</td>
<td>Thomas Jefferson: The American Enigma</td>
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<td>(8 hours)</td>
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<td>2:00-4:00</td>
<td>Mindfulness for Everyone: An Introduction...</td>
<td>(8 hours)</td>
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<td>2:30-4:30</td>
<td>Intro to Acrylic Paints</td>
<td>(12 hours)</td>
<td>Hanover Comm. Ctr.</td>
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<tr>
<td>3:30-6:30</td>
<td>The Well-Told Story</td>
<td>(8 hours)</td>
<td>DOC House</td>
<td>43</td>
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<td>4:30-6:30</td>
<td>The Musical Hit Parades</td>
<td>(12 hours)</td>
<td>DOC House</td>
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<td>4:30-6:30</td>
<td>Influenza: Mother Nature's Worst WMD</td>
<td>(8 hours)</td>
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**THURSDAYS**

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<tr>
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<tr>
<td>9:00-11:00</td>
<td>Wikipedia - A Look Under the Hood</td>
<td>(8 hours)</td>
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<td>U.S. Diplomacy, Aid, and Soft Power</td>
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<td>Something in the Soil? Land and Water Use...</td>
<td>(16 hours)</td>
<td>DOC House</td>
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<tr>
<td>9:00-11:00</td>
<td>Theocracy: Can American Democracy Survive...?</td>
<td>(16 hours)</td>
<td>Kendal at Hanover</td>
<td>46</td>
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<td>9:00-11:00</td>
<td>Sketchbook Journaling: Using Watercolor...</td>
<td>(12 hours)</td>
<td>AVA Studios</td>
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<td>9:00-11:00</td>
<td>Einstein's Pathway to Discovering Relativity</td>
<td>(12 hours)</td>
<td>DOC House</td>
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<td>9:00-11:00</td>
<td>Our Complex Electric Grid</td>
<td>(8 hours)</td>
<td>DOC House</td>
<td>48</td>
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<td>9:30-11:30</td>
<td>Two Definitive Thomas Hardy Novels</td>
<td>(16 hours)</td>
<td>Horse Meadow Sr. Ctr.</td>
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<tr>
<td>10:30-12:30</td>
<td>Eight Great Knitters...What We Can Learn...</td>
<td>(16 hours)</td>
<td>St. Thomas Church</td>
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<tr>
<td>11:00-1:00</td>
<td>DNA &amp; Genealogy</td>
<td>(8 hours)</td>
<td>Hanover Comm. Ctr.</td>
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<td>Linguam Latinam Discite! Prima Lingua</td>
<td>(16 hours)</td>
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<td>1918! When Stars Were Born</td>
<td>(16 hours)</td>
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<tr>
<td>11:30-1:30</td>
<td>Drawing for Watercolor Painters</td>
<td>(12 hours)</td>
<td>AVA Studios</td>
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<tr>
<td>2:00-4:00</td>
<td>Not Your Usual Music Appreciation</td>
<td>(10 hours)</td>
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<td>2:00-4:00</td>
<td>Global Public Health Security</td>
<td>(14 hours)</td>
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<td>Spain's Turbulent History in the 20th Century</td>
<td>(12 hours)</td>
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<td>Art and the Garden</td>
<td>(8 hours)</td>
<td>The Greens at Hanover</td>
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<td>2:00-4:00</td>
<td>Quantum Spirituality</td>
<td>(8 hours)</td>
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<td>2:30-5:00</td>
<td>Grasses and Autumn Botany</td>
<td>(10 hours)</td>
<td>Various</td>
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<td>5:00-7:00</td>
<td>Songwriting - To Free Literary Characters</td>
<td>(12 hours)</td>
<td>Upper Valley Music Ctr.</td>
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<td>5:00-7:00</td>
<td>Mercury, Gemini &amp; Apollo: NASA's Golden Age...</td>
<td>(16 hours)</td>
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<tr>
<td>5:30-7:00</td>
<td>Beyond Bliss: Buddha, Jung and Spira</td>
<td>(9 hours)</td>
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### Fall 2018 Term at a Glance

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<td><strong>FRIDAYS</strong></td>
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<td>9:00-11:00</td>
<td>Ingredient - Unveiling the...Elements of Food</td>
<td>(16 hours)</td>
<td>Lebanon Co-op</td>
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<td>9:00-11:00</td>
<td>The Pitchforks Are Coming</td>
<td>(14 hours)</td>
<td>DOC House</td>
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<td>9:00-12:00</td>
<td>Real Men...What Happened to the Western...?</td>
<td>(21 hours)</td>
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<td>10:00-12:00</td>
<td>An Introduction to Svaroopa® Vidya Meditation</td>
<td>(6 hours)</td>
<td>Ctr. for Integrative Health</td>
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<td>10:30-12:30</td>
<td>Hot Topics at the Cold Regions Lab</td>
<td>(8 hours)</td>
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<td>10:30-12:30</td>
<td>In Search of Arthur: Exploring...Literature</td>
<td>(16 hours)</td>
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<td>5:00-7:00</td>
<td>Backstage@Northern Stage: <em>Oslo</em></td>
<td>(8 hours)</td>
<td>Barrette Center</td>
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### SPECIAL SCHEDULES

**Saturdays**
- 10:30-12:30 Travel Journals (8 hours) Hanover Comm. Ctr. 60

**Thursdays & Fridays**
- 10:30-1:00 Mid Term Madness...The 2018 Elections (17.5 hours) Hilton Garden Inn 60
- 2:00-4:00 It's About Time (16 hours) Hilton Garden Inn 61

**Wednesdays & Fridays**
- 9:00-11:00 1968: That Was the Year That WAS - 50 Years Later (12 hours) Fireside Inn 61
- 12:00-2:00 The Puritans: From England...to the Pacific Ocean (12 hours) Fireside Inn 62
## Fall 2018 Term by Subject

For your convenience, following is a list of our courses by subject matter with definitions of each subject heading. The abbreviation key at the bottom of the page identifies the day of the week that the courses are taught.

*Please note: Some courses fall into one or more of these subject listings – in such cases, the course in question has been assigned to the category that most closely resembles the main theme of the class. We apologize for any errors in placement.*

### SUBJECCT/COURSE TITLE DAY STUDY LEADER PAGE

**ARTS (100) - Creative arts, media arts, fine arts, and culture**

<table>
<thead>
<tr>
<th>Course Title</th>
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<th>Study Leader</th>
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<tr>
<td>1918! When Stars Were Born</td>
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<td>John Peterman</td>
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<tr>
<td>Antique Oriental Rugs - An Introduction</td>
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<td>Art and the Garden</td>
<td>Th</td>
<td>Ann Semprebon</td>
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<td>Backstage@Northern Stage: Oslo</td>
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<td>Northern Stage</td>
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<td>Drawing for Watercolor Painters</td>
<td>Th</td>
<td>Warren &amp; desGrosseilliers</td>
<td>51</td>
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<tr>
<td>Eight Great Knitters and What We Can Learn From Them</td>
<td>Th</td>
<td>Judith Esmay</td>
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<td>Fighting Back Through Film: Workers' Challenge...</td>
<td>W</td>
<td>Mark Lewis</td>
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<td>From the Page to the Stage - How Opera Comes to Life</td>
<td>W</td>
<td>Helena Binder</td>
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<tr>
<td>Intro to Acrylic Paints</td>
<td>W</td>
<td>Janet Rae</td>
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<tr>
<td>Intro to Travel Photography, Composition, and Tips</td>
<td>M</td>
<td>Jim Wilson</td>
<td>16</td>
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<td>Life, Love, Art and Gardens in the Cornish Art Colony...</td>
<td>W</td>
<td>Jo Evarts</td>
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<td>Not Your Usual Music Appreciation</td>
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<td>Moby Pearson</td>
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<td>Real Men Don't Cry, or What Happened to the Western...?</td>
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<td>Don Watson</td>
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<td>Sketchbook Journaling: Using Watercolor...</td>
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<td>Warren &amp; Clauson</td>
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<td>Songwriting - To Free Literary Characters Who Wish...</td>
<td>Th</td>
<td>Lois Fein</td>
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<td>Splash...Watercolor...</td>
<td>W</td>
<td>Stephanie Reininger</td>
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<td>W</td>
<td>Daley &amp; Labier</td>
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<td>Travel Journals</td>
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<td>Jo Tate</td>
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**CURRENT AFFAIRS (200) - Issues appearing in today's headlines; courses may cover several topics/disciplines**

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<td>Bridging the Divide: On Understanding and Remediying...</td>
<td>M</td>
<td>Rachna Shah</td>
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<td>Midterm Madness</td>
<td>Sp</td>
<td>Maynard Goldman</td>
<td>60</td>
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<tr>
<td>Our Complex Electric Grid</td>
<td>Th</td>
<td>Meredith Angwin</td>
<td>48</td>
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<tr>
<td>The Pitchforks Are Coming</td>
<td>F</td>
<td>Jim Wilson</td>
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<td>U.S. Diplomacy, Aid, and Soft Power</td>
<td>Th</td>
<td>Malley &amp; Malley</td>
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</table>

**HUMANITIES (300) - Languages, literature, philosophy, religion**

<table>
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<tr>
<td>Abraham Lincoln's Kingdom of God...</td>
<td>Tu</td>
<td>Dave Pruitt</td>
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<td>Beyond Bliss: Buddha, Jung and Spira</td>
<td>Th</td>
<td>Patricia Cashman</td>
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<tr>
<td>Dante's Commedia</td>
<td>W</td>
<td>Cleo Kearns</td>
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<td>Great American Short Stories You Should Have Read</td>
<td>Tu</td>
<td>Joe Medlicott</td>
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<td>In the Time of the Troubadours</td>
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<td>Rai d’Honore</td>
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<td>Intermediate Conversational French</td>
<td>M</td>
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<td>Iron Maidens: The Royal Saints of Anglo-Saxon England</td>
<td>Tu</td>
<td>Guy Collins</td>
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<td>Linguam Latinam Discite! Prima Lingua</td>
<td>Th</td>
<td>Susan Brown</td>
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<td>On the Nature of Things by Lucretius</td>
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<td>Parker Towle</td>
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<th>STUDY LEADER</th>
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<td><strong>HUMANITIES, cont.</strong></td>
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<td>Stones, Bones, and Biblical Tomes</td>
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<td>Arthur Rosen</td>
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<td>The Hype About Happiness...“Is Happiness...a Decision?”</td>
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<td>Richard Crocker</td>
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<td>The Short Stories of William Trevor</td>
<td>Tu</td>
<td>Terrance Darcey</td>
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<td>Theocracy: Can American Democracy Survive...?</td>
<td>Th</td>
<td>Phil Tierney</td>
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<td>Two Definitive Thomas Hardy Novels</td>
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<td>Steve Rounds</td>
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<td>Understanding Shakespeare’s...Measure for Measure</td>
<td>Tu</td>
<td>Marilyn Roberts</td>
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<td>Writing in Circles</td>
<td>Tu</td>
<td>Stephen Hackman</td>
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<td><strong>INSTRUCTIONAL (400) - Personal development or practical instruction</strong></td>
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<td>A Dream Dreams Group</td>
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<td>Philip Eller</td>
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<td>An Introduction to <em>Svaroopa</em>® Vidya Meditation</td>
<td>F</td>
<td>Annie Ross</td>
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<td>Beekeeping for Beginners</td>
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<td>Bazarian &amp; Bazarian</td>
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<td>DNA &amp; Genealogy</td>
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<td>Lana Leggett-Kealey</td>
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<td>Do I Have Enough Money...? Retirement Planning...</td>
<td>M</td>
<td>Evan Roberts</td>
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<td>Emergency Medicine</td>
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<td>iPad &amp; iOS 11</td>
<td>W</td>
<td>Dave Halpert</td>
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<td>iPad Beyond the Basics</td>
<td>Tu</td>
<td>Ann Garland</td>
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<td>Mindfulness Based Stress Reduction Online Seminar</td>
<td>Tu</td>
<td>Gersen &amp; Kuhl</td>
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<td>Mindfulness for Everyone: An Intro to...Practices</td>
<td>W</td>
<td>Landon Hall</td>
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<td><em>Svaroopa</em>® Yoga - Gentle, Deep, and Profound</td>
<td>Tu</td>
<td>Annie Ross</td>
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<td>The History of American Skiing</td>
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<td>Peter Graves</td>
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<td>The Well-Told Story</td>
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<td>Geoffrey Douglas</td>
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<td>Watershed Awareness and Kayaking</td>
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<td>Wieler &amp; Heath</td>
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<td>What Would William Shakespeare Do?</td>
<td>W</td>
<td>Sonja Hakala</td>
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<td>Wikipedia - A Look Under the Hood</td>
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<td>Stephen Flanders</td>
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<td><strong>INTERDISCIPLINARY (500) - Topics combine more than one major discipline</strong></td>
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<td>Food Fight: The Origin of the Low Fat Diet</td>
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<td>David Henderson</td>
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<td>Global Public Health Security...Disease Control...</td>
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<td>Alan Schnur</td>
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<td>How to Trace Your Jewish Genealogy</td>
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<td>Sallyynn Sack</td>
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<td>In Search of Arthur: Exploring Early Welsh Literature...</td>
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<td>Sarah Welsch</td>
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<td>Influenza: Mother Nature’s Worst WMD...</td>
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<td>Introduction to Augmented, Virtual...Reality</td>
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<td>Living Life While Facing Death...World Religions</td>
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<td>Phil Tierney</td>
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<td>Mercury, Gemini &amp; Apollo: NASAs Golden Age...</td>
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<td>Charles E. Memusi Johnson</td>
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<td>Something in the Soil?</td>
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<td>The Supermarket Bouquet and Beyond...</td>
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<td>Clark &amp; Burger</td>
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M=Monday Tu=Tuesday W=Wednesday Th=Thursday F=Friday Sp=Special Schedule
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<tr>
<th>SUBJECT/COURSE TITLE</th>
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<th>STUDY LEADER</th>
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<tr>
<td><strong>NATURAL SCIENCE (600)</strong> - Topics include biology, chemistry, geology, mathematics, physics, etc.</td>
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<td>Einstein's Pathway to Discovering Relativity</td>
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<td>Grasses and Autumn Botany</td>
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<td>Kennedy &amp; Schori</td>
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<td>Hot Topics at the Cold Regions Lab</td>
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<td>Richter-Menge &amp; Hardy</td>
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<td>The Seven Pillars of Statistical Wisdom</td>
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<td>John Randolph</td>
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<tr>
<td><strong>SOCIAL SCIENCE (700)</strong> - Anthropology, economics, history, political science, psychology, sociology</td>
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<td>Triumph of the Human Spirit - High Mountains...</td>
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<td>Jed Williamson</td>
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<td>Women Who Have Changed the Course of History II</td>
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<td>John Ferries</td>
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<td>1968: That Was the Year that WAS - 50 Years Later</td>
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<td>Baseball in America</td>
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<td>Caveman to City Slicker in 10,000 Years</td>
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<td>Montaigne</td>
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<td>Werner Kleinhardt</td>
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<td>Spain's Turbulent History in the Twentieth Century</td>
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<td>Bob Rougvie</td>
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<td>The 101 Most Influential People Who Never Lived</td>
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<td>Michael Galbraith</td>
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<td>The New Deal, 1932-1940</td>
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<td>Bob Jakoubek</td>
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<td>The Puritans: From England, to Massachusetts...</td>
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<td>Charles Buell</td>
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<td>James Bays</td>
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<td>Upper Valley, a State Within Two States...</td>
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<td>Steve Taylor</td>
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<tr>
<td>Why is Special Education Special?</td>
<td>M</td>
<td>Harris &amp; Harris</td>
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</tbody>
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M=Monday   Tu=Tuesday   W=Wednesday   Th=Thursday   F=Friday   Sp=Special Schedule
Intro to Travel Photography, Composition, and Tips

This is a three-week course for beginners, those who have a DSLR camera, and wish to learn how to make basic adjustments to take quality photos. Very basic. Two sessions will be devoted to the fundamentals, then time will be spent discussing composition and providing advice, especially for travelers. Between classes, students will be expected to take some photos to be critiqued in class. The goal is for you to overcome basic fear and confusion using what often seem overwhelming pieces of technology. You must have your own camera and a printout of the manual that came with it. For this hands-on class, I ask that you come to learn, ask questions, participate, and share.

There are no required reading packets or textbooks for this course. Handouts will be provided.

Jim Wilson is a retired teacher who lives in Strafford. While very much an amateur, travel and photography have been lifetime hobbies. He believes in sharing good ideas and practices. Jim has traveled extensively and been an avid photographer for years.

4 sessions, 9:00 AM – 11:00 AM
September 17 through October 8, 2018
DOC House - Hanover, NH
Course Fee: $40
Subject: (100) Arts

The History of American Skiing, Through the Dartmouth Lens

Peter Graves, a former ski racer and Olympic commentator, will take you back through the roots of American ski racing, from its early days through the present. Highlighting all the Olympic Winter Games since its start in 1924, the course will also highlight the many U.S. Olympic athletes and coaches who helped make it possible. Further, the course will weave the amazing story of the role of Dartmouth Skiing thru the years and demonstrate that the history of American ski racing is intertwined with Dartmouth College.

There are no reading packets or textbooks for this course.

Peter Graves, a Vermont native, has played a prominent role in the ski sport since his racing days in the 1960’s and 1970’s. Later he became as U.S. Team coach and an administrator for USSA. He began his broadcasting career with ABC Sports at the 1980 Olympic Winter Games in Lake Placid and was most recently an alpine skiing announcer at the 2018 Olympic Winter Games in South Korea. In sum, Graves has been a broadcaster at 11 Olympic Games. He served at Harvard College as the Head Nordic skiing coach from 2002-2008 and was elected as the FIS Ski Journalist of the Year in 2016.

5 sessions, 9:00 AM – 11:00 AM
September 17 through October 15, 2018
DOC House - Hanover, NH
Course Fee: $60
Subject: (400) Instructional
Emergency Medicine

Most of those coming to the Emergency Department of a hospital see only the receptionists and a crowded room. This course will provide insight into what happens when you enter the ED’s inner sanctum, the place behind the curtain with an examining table, a lot of mysterious equipment, and very busy staff. If you haven’t yet experienced an ED visit, you probably will sometime in the future.

This course complements a popular previous medical course, “Grand Rounds,” using in each hour a 30-minute Great Courses DVD presentation followed by an active discussion session.

There are no required reading packets or texts for this course.

Dr. Bob Christie is an emeritus professor of pathology member of the Dartmouth Medical School faculty with years of active practice early on as a general practitioner, and later as a board certified pathologist-laboratory director serving community hospitals in northern NH and VT. He taught medical school undergraduates at DMS and mentors Osher@Dartmouth participants on the realities of medical practice and the importance of making informed choices in the selection of a specialty.

6 sessions, 9:00 AM – 11:00 AM
September 17 through October 22, 2018
Kendal at Hanover – Hanover, NH
Course Fee: $60
Subject: (400) Instructional

The Hype About Happiness - or “Is Happiness Really a Decision?”

Courses about happiness have attracted throngs of students in colleges and universities across the country. Obviously there is interest and uncertainty among young people about what constitutes happiness. What do older people have to say about this important subject? This course examines this question using two books, Jonathan Haidt’s The Happiness Hypothesis and John Leland’s Happiness is a Choice You Make. The books disagree. Course members will read portions of each book. The instructor will summarize recent research, and course participants will be encouraged to do some research on their own. To facilitate discussion and participation, course enrollment is limited to 25.

There are no required textbooks for this course, but the two books mentioned above are recommended.

Richard Crocker, chaplain emeritus of Dartmouth College and Emeritus Dean of its William Jewett Tucker Foundation, has taught courses at Dartmouth and at Osher@Dartmouth for years. He offered a course at Dartmouth on Happiness before the current craze began.

6 sessions, 9:00 AM – 11:00 AM
September 24 through November 5, 2018
NO CLASS October 8!
DOC House – Hanover, NH
Course Fee: $60
Subject: (300) Humanities
Do I Have Enough Money To Live On?  
– Retirement Planning Made Easy

People dream of retirement but often find the reality pretty complicated – even scary. This course aims to help those considering, entering, or in the early stages of retirement. We’ll address questions like “How will my health insurance change when I retire and how do I handle that?”; “How do I make the best use of Social Security and personal insurance options?”; “Should I change my investment strategy once I’m no longer working?”; “Have I put enough away to retire and how will taxes affect me in retirement”; “And what about my heirs? What kind of estate planning makes sense?” This interactive five-week course will be tailored to individual circumstances. You will learn to answer the big question: “How much is enough?”; “When can I confidently retire?” We’ll cover how best to review and manage your own assets, go over some of the common pitfalls that snag individual investors, and how best to avoid them.

There are no reading packets or textbooks for this course.

Evan Roberts majored in Finance at Bryant University in Smithfield, RI, and now works on a team of financial advisors with Merrill Lynch, specializing in assisting individuals and businesses with retirement, succession, and benefit planning. A Vermont native, he also coaches lacrosse and volunteers at Kimball Union Academy in Meriden, NH, where he lives with his wife Sarah.

5 sessions, 9:00 AM – 11:00 AM  
October 15 through November 12, 2018  
DOC House - Hanover, NH  
Course Fee: $60  
Subject: (400) Instructional

Antique Oriental Rugs –  
An Introduction

Oriental rugs have been intriguing and confusing people in the West for hundreds of years. In this general overview of antique rugs, we will explore both of those reactions. Where are these objects from? How old are they? Who made them? What were they made for? What’s a “collectible” rug, as opposed to a “decorative” rug? How are they made? What do we know of the designs and colors? We’ll look at some of the oldest known rugs, and many rugs in public and private collections, and some of the history of “rug collecting” in the West, particularly in America. We will not, to be clear, focus on most of the rugs we get to walk on today; rather, on their parents, grandparents, and ancestors. In addition to looking at pictures, there will be some opportunity for hands-on examination of objects.

There are no required texts for this course.

DeWitt Mallary has been collecting, studying, and writing about Oriental rugs for more than thirty years. He has been a Contributing Editor of HALI Magazine (Carpets, Textiles, and Islamic Art), has presented papers and curated exhibitions at the American Conference on Oriental Carpets, the International Conference on Oriental Carpets, museums, and collectors organizations around America and Europe, and edited the English edition of Turkmen Carpets: A New Perspective.

6 sessions, 10:00 AM – 12:00 PM  
September 24 through November 5, 2018  
NO CLASS October 22!  
Hanover Community Center - Hanover, NH  
Course Fee: $60  
Subject: (100) Arts
On the Nature of Things by Lucretius

On the Nature of Things got a boost by Stephen Greenblatt’s Pulitzer Prize-winning study, “The Swerve” (2012), some two millennia after Lucretius’ classical composition, an epic in verse that does not tell a story unlike most ancient epics such as those of Homer. It is a teaching epic on a wide range of topics, including the philosophy of Epicurus and the gods and myths of the day. It was completed 50 years before the birth of Christ. After being lost for several centuries in the first millennium, interest has revived from the Middle Ages when it was a major stimulus of the Renaissance, through every subsequent century to the present day.

We will enjoy this beautiful poetry by reading assigned selections aloud and discussing their many mysteries, contradictions, and speculations on ancient, yet often uncannily accurate, natural history. I will present a short introductory lecture to each of the six books of the poem in our six weeks together.

The required reading will be the elegant yet very readable translation of the Latin lines into modern English of A. E. Stallings, Penguin Books 2007. She resides in the company of several translators of the document into English, including the first, in the 1650s, by the Puritan Lucy Hutchinson. We will study approximately 40 pages per week. That is, one of the six books per week.

There is a required text for this course.

Parker Towle majored in English at Yale and also took three semesters of memorable Philosophy. He matriculated thereafter at the University of Vermont College of Medicine from which he could commune with his beloved Green Mountains. He and his wife began a family. He ended up practicing Neurology for 54 years and teaching at Harvard and Dartmouth medical schools. Now retired, he has returned to the Humanities as participant and teacher at OSHER@Dartmouth. He has published seven books of poems.

6 sessions, 11:30 AM – 1:30 PM
September 17 through October 22, 2018
DOC House – Hanover, NH
Course Fee: $60
Subject: (300) Humanities

Triumph of the Human Spirit – High Mountains, Vast Ocean, Extreme Cold, Remote Countries

Growing up on a 60-acre game farm, I spent many hours outside wondering if I would ever experience deep adventures found in tales such as Kon-Tiki, Endurance, Annapurna, Book of the Eskimos, and Out of this World. I often asked myself: What allows some to survive the harshest of conditions in a variety of remote environments – whether as an explorer or just engaged in every day survival? Why do some live and others perish?

We’ll screen several contrasting documentaries – from Shackleton’s Antarctic epic to Tori McClure – the first woman to row solo across the Atlantic Ocean; from Joe Simpson’s three-and-a-half-day crawl out of a crevasse in the Andes to Kalahari bushman Karoha running down his prey; from escaped P.O.W. Heinrich Harrar’s seven years in Tibet to Leanne Allison and Karsten Heuer following on foot while filming a herd of caribou across 950 miles of Arctic tundra; from a year in a small village in the Siberian Taiga with hunter/trappers to 13 year-old Mongolian girl Aisholpan becoming the first female eagle huntress. The content of each - along with selected readings - will provide the basis for us to examine both the environmental and human challenges in which odds are overcome by extraordinary fitness of mind and body, and to discuss what commonalities and differences we find in these very different people. Participants will be asked to identify one or two of their favorite examples, and perhaps even lead a session.

There is an optional reading packet for this course.

Jed Williamson is President Emeritus of Sterling College, former faculty member at UNH and Outward Bound School Director. He is a practitioner and consultant in education and outdoor pursuits. He has authored many articles, compiled the Accreditation Standards for Adventure Programs, and was editor of Accidents in North American Mountaineering for 40 years. His own life in harsh environments include expeditions in Alaska, China, and Russia; a ski traverse of the Brooks Range; and hunting with the Hudza in Tanzania.

8 sessions, 11:30 AM – 1:30 PM
September 17 through November 5, 2018
DOC House – Hanover, NH
Course Fee: $80
Subject: (700) Social Science
How to Trace Your Jewish Genealogy

When I was a child, I thought that family trees were something like Christmas trees, that only Christians could have them and definitely not Jews. This was because when I asked my mother about the grandmother after whom I am named, she told me that “Hitler killed everyone; there is nobody and nothing left to find.” Happily, my mother was wrong. Jewish genealogy is alive and well and people all over the world who once held her opinion are tracing their Jewish families back hundreds of years. Contrary to commonly held belief, all traces of Jewish life in Europe were not lost during World War II. Although the Nazis destroyed communities and murdered the inhabitants, most records of their lives survived and are being recovered as part of a burgeoning interest in tracing Jewish family history. This practical, hands-on course guides participants to discover their own family histories. It’s designed for beginners, but more experienced researchers are welcome. Topics include interviewing family and friends; determining the “old country” place of residence and the original family name; locating, understanding and accessing records; the use and value of DNA testing; the special role of rabbinic genealogy; and the value and usefulness of the worldwide Jewish genealogical community. The course will not require a textbook, but How to Get Started in Jewish Genealogy by Gary Mokotoff is recommended.

Sallyann Amdur Sack has been at the forefront of the development of organized Jewish genealogy since its inception. Editor and co-owner of AVO-TAYNU, the International Review of Jewish Genealogy, past president of the International Association of Jewish Genealogical Societies and recipient of its Lifetime Achievement Award, she’s written seven reference books and taught widely on the subject. A graduate of Radcliffe College, Slack earned a Ph.D. in Psychology at George Washington University.

4 sessions, 2:00 PM – 4:00 PM
September 17 through October 8, 2018
DOC House - Hanover, NH
Course Fee: $40
Subject: (400) Instructional

Mah Jongg for Beginners

Mah Jongg is an ancient Chinese game played with tiles. There are several variants of the Chinese game and we will be learning American Mah Jongg. It is a fun game of skill, strategy, and luck. Everyone can learn and each of us will have a good time learning and playing. No partners are needed, just a group of three or four people. It’s a way to meet new friends, work your brain, and enjoy life. After the classes, I hope all participants will arrange a weekly time at a convenient location (community center, school, etc.) to practice, play, and become excellent players. Most Mah Jongg players play a weekly game. Those who tried to play Mah Jongg some time ago or who are very rusty are most welcome. Come join us!

Participants must purchase the 2018 card published by the National Mah Jongg league prior to the first class. The card costs $8.00 and is available via https://www.nationalmahjonggleague.org/index.aspx.

Elinor Gregor: I have been a teacher or supervisor of teachers all my adult life. I have taught in high school, elementary school, and college. While on vacation, I learned Mah Jongg and became hooked. I wanted to share my enjoyment with others and, not finding anyone to play with in my small town, I taught a class at the Wilmot Community Center in Wilmot, NH. Word spread and we now have more than 30 people on our mailing list. The games continue each week throughout the year.

4 sessions, 2:00 PM – 4:00 PM
September 17 through October 8, 2018
DOC House - Hanover, NH
Course Fee: $40
Subject: (400) Instructional
Stones, Bones, and Biblical Tomes

Biblical scholars from the United States and Canada gathered in Boston this year for the annual conference of the Biblical Archaeological Society. This course will expand upon several of the talks and will give participants a sense of the issues discussed. Six areas will be covered in the four sessions. The range will be broad, the findings current, and the issues provocative. Format will be a PowerPoint presentation outlining each talk followed by discussion and Q & A.

The following areas will be covered:

• Session 1: The Early Biblical God, The Early Biblical Temple
• Session 2: The Samaritans and the Lost Ten Tribes of Israel, The Non-Canonical Gospels of Marcion and Thomas
• Session 3: Paul’s Gospel: By Revelation or by Paul?
• Session 4: Satan: The Origin and Early Years

There will be a reading packet for this course consisting of PowerPoint slides. Class members should review their packet before each session to prepare for discussion.

Arthur Rosen is a past-president of Adventures in Learning at Colby-Sawyer College and a past member of the OSHER@Dartmouth Executive Council. He holds degrees from Brooklyn College and Yale University and is now a study leader at Adventures in Learning, OSHER@Dartmouth, and Indian River State College (FL). Art’s specialty is religious studies. Among the courses he has given recently are, “The Changing Concepts of God,” “ISIS: On the Road to Armageddon,” and “The Dark Side of the Revelation.”

4 sessions, 2:00 PM – 4:00 PM
September 17 through October 8, 2018
Hanover Community Center – Hanover, NH
Course Fee: $40
Subject: (300) Humanities

The Seven Pillars of Statistical Wisdom

Statistics is often presented as a series of rules and procedures. However, it is a far richer subject than these formalities suggest. This course will emphasize the “why we do it” rather than the “how to.” For example, people resisted taking averages, because an average meant you were throwing away information. You were turning carefully measured numbers into one number, ignoring the details surrounding each number. Stephen Stigler, in the first chapter of The Seven Pillars of Statistical Wisdom, describes how this controversy evolved into our present-day acceptance of averages and linear regression.

We will read and discuss Stigler’s book. My role will be to guide the discussion and clarify points in the text. Each class will be devoted to understanding one pillar and how it developed. In the final class, we will try to put what we have learned into a coherent view of how statistics helps us understand the world.

There is a required text for this course.

George Angwin earned a Ph.D. in mathematics from the University of Chicago. He has been an electronics technician on a U.S. Navy destroyer and a college mathematics professor. As a Silicon Valley engineer, he developed software to plot time-scaled project management diagrams and designed data structures for digital road maps. He now sings bass with the North Country Chordsmen and tutors students in mathematics, science, and statistics.

8 sessions, 2:00 PM – 4:00 PM
September 17 through November 5, 2018
DOC House - Hanover, NH
Course Fee: $80
Subject: (600) Natural Science
**Montag**

**Planting the Perennial Garden**

This course will teach students how to plan a perennial border so that plants best complement each other and fit with existing structures. They will learn how to use “floor plans” to place plants so that they utilize light and give continual color throughout the growing season. Emphasis will be on long-term goals for the landscape while working systematically toward building the landscape with thought to manageability and budget. The course is equally helpful to new as well as seasoned gardeners and will cover all aspects of growing Perennials (i.e.: light requirements, soils, proration, fertilization and total garden management.)

*There will be a reading packet for this course.*

**Carol Stanigar** has been gardening for 40 years and was self-taught until her retirement allowed her to study Horticulture at UNH. For 12 years she has operated a small business consulting, restoring, and designing gardens in the White Mountains. For the last six years she has field-tested special varieties and field-grown them for retail sale.

4 sessions, 2:00 PM – 4:00 PM  
September 24 through October 15, 2018  
Various locations  
Course Fee: $40  
Subject: (600) Natural Science

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**Montag**

**Why is Special Education Special?**

Nothing creates as much uncertainty and consternation at school board meetings in New Hampshire and Vermont as special education. All agree that special education bears moral implications, but why is it so costly and so contentious? Officials at school district meetings regularly lament the increases special education imposes in their annual budgets, but school board members are hesitant to reduce or even criticize those allocations with the belief that they are “uncontrollable costs.” What’s so special about special education, and is it even educational? In this course, we’ll examine special education, its history and laws, its services and costs. We’ll look at students involved in special education and probe the reasons for the passage of legislation that gives those children special rights to special services. We will examine the complex world of assessment and testing for entry into this educational sector, the value and costs of its instruction and placements, and the explanations of the acronyms of special education like IEP, FAPE and LRE. This course is suited for those with questions about the operation and finances of schools in general as well as those with interests in children with disabilities and special needs. The course will include readings, presentations, and discussions, and its students will emerge with a better understanding of the justification for special education as well as its operations and costs.

*There will be a reading packet for this course.*

A graduate of Dartmouth, Columbia, and UNH, **Michael Harris** was a teacher and administrator of learning disabled children in private schools before becoming superintendent of schools in Lebanon, Lyme, and Rivendell. A graduate of the UMASS–Amherst, Manhattanville College, and Hofstra University, **Andrea Harris** taught learning disabled children in private and public settings, including 23 years in the Hanover schools as special educator, classroom teacher, and reading specialist.

6 sessions, 2:00 PM – 4:00 PM  
October 1 through November 12, 2018  
NO CLASS October 15!  
Kendal at Hanover – Hanover, NH  
Course Fee: $60  
Subject: (700) Social Science
The New Deal, 1932-1940

The New Deal - the first two administrations of President Franklin D. Roosevelt - permanently altered the relationship between government and the American people. It began the modern welfare state and extended federal regulation of the economy. It promoted the modern labor movement, defined a liberal agenda, and created a powerful electoral coalition that dominated American politics for the next forty years. In this course we will examine the Great Depression and its causes, discuss FDR and the leaders of his administration, and evaluate the impact of the New Deal on American life. We will also consider the most notable failure of the New Deal: its inability to end the Great Depression.

There will be an optional reading packet for this course.

Bob Jakoubek has been the study leader for several OSHER@Dartmouth courses on Twentieth Century history and politics. He studied history at Indiana and Columbia and is the co-author of These United States, a textbook. He served as historical consultant for the ten-volume Twentieth Century America and has written numerous books of history and biography for young adults. He worked in publishing at Houghton Mifflin Harcourt and at Primary Source Media.

6 sessions, 2:00 PM – 4:00 PM  
October 1 through November 5, 2018  
DOC House – Hanover, NH  
Course Fee: $60  
Subject: (700) Social Science

Upper Valley, a State Within Two States: How Did This Come to Be?

An examination of how the term “Upper Valley” came about, a story of a clever marketing ploy that was part of a classic newspaper war that would eventually take on a life its own, establishing a whole new identity for a two-state region, an identity whose geography keeps expanding and currently knits together more than 40 Connecticut Valley communities. Drawing on reminiscences by an Upper Valley resident of more than 75 years, an exploration of how the region has transitioned from a late 19th Century culture and economy to its 21st Century blend of traditional and modern ways.

There are no required texts for this course.

Steve Taylor is an independent scholar, farmer, journalist, and longtime public official. With his sons, Taylor operates a dairy, maple syrup, and cheese making enterprise in Meriden Village. He has been a newspaper reporter and editor, and served for 25 years as New Hampshire’s commissioner of agriculture. Taylor was the founding executive director of the New Hampshire Humanities Council and is a lifelong student of the state’s rural culture.

2 sessions, 2:00 PM – 4:00 PM  
October 22 and 29, 2018  
Hanover Community Center – Hanover, NH  
Course Fee: $40  
Subject: (700) Social Science
**Introduction to Augmented, Virtual, and Mixed Reality**

What is reality? Merriam-Webster defines reality as 1) the quality or state of being real; 2a) a real event, entity, or state of affairs; 2b) something that is neither derivative nor dependent but exists necessarily. While these definitions refer to the concrete, technology has enabled the development of realities that exist on top of or augment reality. It has also enabled the development of virtual realities, often defined as “artificial environments experienced through sensory stimuli provided by a computer in which one’s actions partially determine what happens within that environment”. This seven-week course sets out to explore virtual, augmented, and mixed reality. By the end of the course, participants will be able to: 1) describe the differences between virtual, augmented, and mixed reality; 2) utilize a variety of VR, AR, and MR applications; and 3) create basic augmented reality experiences.

Participants will engage with the content hands-on, primarily using personally owned devices (iOS devices preferred), so familiarity with smartphone operation is suggested. Topical readings and short discovery assignments outside of class will support discussions and experiences during each session. Please note, virtual reality experiences can cause motion sickness. Some walking to points on campus will occur during various sessions.

Amanda Albright is an Instructional Designer at Dartmouth’s Geisel School of Medicine. She has a M.S. in Instructional Design and Technology from Philadelphia University and a B.S in Elementary Education from Pennsylvania State University. Her investigation of VR began designing experiences for faculty and students in Second Life. She follows trends in and explores the use of VR, AR, and MR in education and medicine. Prior to working in higher education, she was a museum educator for 10 years.

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**Sustainability**

Sustainability is a multi-faceted and complex notion, hard to encapsulate in a single definition, but which represents an existential challenge to humanity. UCLA’s Sustainability Office offers one view: “…sustainability is about our children and our grandchildren, and the world we will leave them.” If we cannot bring human resource needs into balance with the rest of our planet, the outlook for our posterity is bleak. Balance is an elusive goal: It depends on the details of technology, economics, and the workings of our ecological systems. We often evaluate sustainability by knee-jerk reactions, such as equating organic agriculture to sustainable agriculture. In this course we will examine sustainability on several levels, from global concepts to detailed examination of individual sustainability issues. Following an overview of our current carbon-based energy systems, we will examine case studies of possible ways to reduce our carbon footprint and live more sustainably. In each study we will learn about the underlying science and engineering, the technological challenges and limitations, and the upsides and downsides of each solution. Case studies will include renewable energy sources, electric vehicles, net zero building techniques, sustainable transportation and development patterns, sustainable agricultural practices and our food systems, and resource recycling. The course will consist of class discussions, lectures, talks by guest speakers, and at least one (local) field trip.

There are no required texts for this course.

Martin Smith always wanted to be a scientist and through good fortune was able to enjoy a career in geophysics.

Greg DeFrancis is an Associate Director and Director of Education at the Montshire Museum. Greg is interested in the roles of inquiry, experimentation, and personal narratives in science learning and engagement.

Randy Martin is a geophysicist and the founder and president of New England Research. He lives in rural Royalton in a house he built with his late wife, Therese Martin.

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**7 sessions, 3:00 PM – 5:00 PM**  
**September 17 through October 29, 2018**  
**Jones Media Center - Hanover, NH**  
**Course Fee: $80**  
**Subject: (500) Interdisciplinary**

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**8 sessions, 3:00 PM – 5:00 PM**  
**September 17 through November 5, 2018**  
**Montshire Museum – Norwich, VT**  
**Course Fee: $80**  
**Subject: (500) Interdisciplinary**
Bridging the Divide: On Understanding and Remedying Political Polarization

It’s no secret that political polarization has become an everyday feature of American politics. Yet while many of the reasons for polarization are symptomatic in government, their effects are public and all too individual. How can you work to reduce political polarization? We’ll examine how to use dialogue to bring together people on opposite sides of issues to build understanding and engage with their political differences. The first four hours will focus on understanding how and why liberals and conservatives have different political commitments and values, the impact of community and culture on political beliefs, and the relationship between media and political identity. The last four hours will involve participant-planned and centered political dialogues. We’ll study social media feeds, Pew Research Center studies, research papers, and excerpts from Polarized, American Gridlock, Culture War?, and The Centrist Project. We’ll work in small groups and emphasize discussion with short pre-readings to begin discussion.

There are optional texts for this course.

Rachna Shah is Director of Communications at Bridge the Divide, an international organization bringing together politically divergent individuals to engage in productive policy discussions through dialogue, peace summits, and conferences. As an undergraduate student at Dartmouth College, she is President of the Open Campus Coalition, where she works to mediate college discussions on political issues. She is pursuing a degree in economics and public policy.

8 sessions, 4:30 PM – 6:30 PM
September 17 through November 5, 2018
DOC House – Hanover, NH
Course Fee: $80
Subject: (300) Humanities

Intermediate Conversational French

If you speak a little French but you are a bit rusty, this course is for you. We will spend eight sessions using French cinema and literature as the focus of discussions. Each session will begin by watching a scene from a French film or reading a passage from a French novel. Each scene or passage will serve as a trigger for discussion after exploring vocabulary and language structures present in the scene/text. This will enable participants with a basic knowledge of French to explore language functions in French: giving an opinion, agreeing, disagreeing, expressing an impression, relating an experience...The major objective will be to improve spoken French while exchanging ideas on culturally engaging themes. The instructional approach will be a blend of lecture and discussion.

There are no required texts for this course.

Twyla Hunt-Vergé has lived in Bordeaux, France for over 30 years. She has an M.A. in French from Brown University, a “Licence” in English from the University of Bordeaux, and French national certification (CAPES) for teaching English at the secondary level. She taught English language and literature to bilingual students in the international program of a French middle school before retiring in 2017. She now resides half the year in the Upper Valley and is eager to share her love for the French people, their culture, and language.

4 sessions, 4:30 PM – 6:30 PM
September 17 through October 8, 2018
DOC House – Hanover, NH
Course Fee: $40
Subject: (200) Current Affairs
Understanding and Applying the Science of Brain Health

Popular culture has become increasingly saturated with information about and strategies purported to enhance brain and cognitive health. But what does the science say? What’s hype, and what actually works? In this course, we will provide background information about the brain and how it functions, consider prevalent beliefs about the brain that may or may not be accurate, and provide an overview of factors associated with promoting cognitive health across the lifespan. We will review lifestyle activities that have been found to promote cognitive health, and discuss lifestyle changes and self-coaching strategies that may reduce the likelihood of cognitive problems. Notable psychological, neuropsychological, and neuroimaging studies will be incorporated as they relate to course topics. The course will involve a combination of lecture, class participation, reading assignments, and participant exercises.

There is a required text for this course.

Dr. John Randolph is a board-certified clinical neuropsychologist who specializes in brain wellness and neuropsychological assessment and management. He holds a Ph.D. in Clinical Psychology/Neuropsychology and completed clinical and research fellowships in Neuropsychology and Neuroimaging at the Geisel School of Medicine at Dartmouth, where he currently serves on the adjunct faculty. He is Past President of the New Hampshire Psychological Association and editor of the recent book, Positive Neuropsychology: Evidence-Based Perspectives on Promoting Cognitive Health.

5 sessions, 5:00 PM – 7:00 PM
September 17 through October 15, 2018
Upper Valley Senior Center - Lebanon, NH
Course Fee: $60
Subject: (600) Natural Science

Introduction to Birding

This course is for beginners who want to gain fuller enjoyment of this pastime by improving their bird knowledge and identification skills. Although birding has deep historical roots, it has arguably existed for only a little over a century as a popular and organized activity. Birding is being gradually transformed through scientific discoveries, by the digital revolution, and from new views of needs in conservation. Guidance will be provided on techniques for observing birds, with emphasis on those species in the Upper Valley. Discussion and visual aids will introduce the major groups of birds, and how identification is influenced by factors such as bird abundance, geography, season, habitats, and behavior. The class will also cover various surveys and procedures used to monitor bird populations. Although no text is required, having a field guide covering birds of this region is highly recommended. Classes are a combination of lecture and discussion with opportunity for participants to comment, ask questions, and share birding experiences. Some classes will include walks outside to view birds, so binoculars are needed.

There are no required texts for this course.

Gail McPeek has a B.S. in Natural Resource Management and a M.S. in Wildlife Ecology. Experiences include avian surveys, bird banding, and research on songbirds, loons and eagles. At the Kalamazoo Nature Center in the 1980s, she assisted with Michigan’s first Breeding Bird Atlas and helped author The Birds of Michigan. Gail and her husband moved to Hanover in 1992. For the past 10 years, Gail has volunteered with the Hanover Conservancy, helping with bird and nature walks, events, and conservation projects. Gail has taught two OSHER@Dartmouth classes (“Life and Legacy of John J. Audubon” and “Birding”).

7 sessions, 9:00 AM – 11:00 AM
September 18 through October 30, 2018
LOC House - Hanover, NH
Course Fee: $80
Subject: (600) Natural Science
The Short Stories of William Trevor

William Trevor is famous for his short stories concerning the predicaments, struggles, and fates of ordinary people. The stories are beautifully woven prose, precisely written with deep insight and dark humor. Although they typically glimpse the lives of lower middle class protagonists in villages of Ireland and England, they capture universal human truths. Critics often compare Trevor’s short works to those of eminent writers like Anton Chekhov, James Joyce, W. Somerset Maugham and Alice Munro.

This eight-week course will consist of two-three short stories assigned each week to be read as homework and discussed at length in class.

There is a required text for this course, which is available in both print and Kindle editions.

Terrance Darcey, Ph.D., retired from Dartmouth and DHMC in 2015. During his career, he did academic work including research and teaching in biomedical engineering and neuroscience. He is spending his retirement catching up on things he missed out on in his work life, including creative writing, literature, arts, and music. He and his wife Banisa live in Thetford, VT.

8 sessions, 9:00 AM – 11:00 AM
September 18 through November 6, 2018
DOC House – Hanover, NH
Course Fee: $80
Subject: (300) Humanities

Great American Short Stories You Should Have Read

Great American short stories is the focus of this eight-week course - authors from Hawthorne to Hemingway, from Salinger to Strout. Some of the stories we’ll read and discuss are as pungent, poignant, and pertinent today as the day they were written. Be advised: Some of the readings are very dark statements of life, for they mirror the bitter, scrambled world we live in in our time. Format: Some lectures. Lots of in-class give-and-take discussions about the form and content of each assignment. Readings: Several dozen pages per week. A packet of all the assigned readings will be available before class begins.

Joe Medlicott graduated from Dartmouth in 1950. He worked as a newspaper reporter before taking an M.A. at Trinity College and a Ph.D. at the University of Washington in Seattle. He taught at several universities and at Deerfield Academy.

8 sessions, 9:00 AM – 11:00 AM
September 18 through November 6, 2018
DOC House – Hanover, NH
Course Fee: $80
Subject: (300) Humanities
Abraham Lincoln's Kingdom of God: Lincoln's Understanding of America as God's Chosen People

Religious conservatives continually proclaim the United States to be a Christian nation founded on biblical principles. None other than Abraham Lincoln did, in fact, come to the conviction that America had been uniquely trusted with a Divine calling and mission. But our course will reveal that the similarities abruptly and immediately end right there. President Lincoln conscientiously developed a profound religious faith while in the White House, but he was never an Orthodox Christian. His sacred text, for which he sacrificed his life (on Good Friday), was neither the Old or New Testament, both of which countenanced slavery, but the Declaration of Independence and its proclamation of “Nature’s God” who had created and endowed all men with unalienable rights to life, liberty, and the pursuit of happiness. The Declaration’s affirmation that all governments derive their powers from the consent of the governed became for Lincoln a Divine doctrine that he would stake the survival of the Union upon. Abraham Lincoln had the astounding boldness to declare the United States, “the last, best hope of earth” and that no other nation or civilization had ever begun with such an inclusive idealism. Such idealism was no abstract notion, it was terribly tested by our Civil War’s sea of blood. We will explore together whether or not we are still “the last, best hope of earth.” The course will feature class presentations including videos. Reading assignments will be distributed weekly to encourage discussion.

Dave Pruitt taught U.S. History at Walpole High School in Massachusetts. He is an ordained minister in the United Church of Christ. He has presented programs on Abraham Lincoln for libraries in Wells River, VT and Haverhill, NH as well as Horse Meadow Senior Center in North Haverhill with OSHER@Dartmouth.

8 sessions, 9:30 AM – 11:30 AM
September 18 through November 6, 2018
Horse Meadow Senior Center – North Haverhill, NH
Course Fee: $80
Subject: (300) Humanities

Iron Maidens: The Royal Saints of Anglo-Saxon England

Daughters of Woden and brides of Christ, the royal women of Anglo-Saxon England, were renowned for their sanctity. But why were so many members of the royal family revered as saints? Why were so many female? From the 6th to 11th Century, royal women inhabited major roles in the religious and political life of the different Anglo-Saxon kingdoms. As queens, princesses, abbesses, and even warriors, they spread Christianity throughout the Anglo-Saxon world. Expected to be peace weavers, they could also be shield maidens. Over six weeks we will explore the remarkable lives, and afterlives, of nine Anglo-Saxon ruling women from the 6th to the 11th Century: Bertha, Mildrith, Werburgh, Etheldreda, Hilda, Aethelflaed, Edith, Emma, and Margaret. Why were some venerated as saints while others were airbrushed out of history? Along the way we will explore sites associated with these women. From Kent, East Anglia and Wessex to Mercia and Northumbria, royal saints continued to exert a profound influence centuries after their death. These ‘iron maidens’ of Anglo-Saxon England were both venerated saints and powerful political icons. Even after the Norman Conquest, these royals, dead or alive, continued to constitute important foci of power and authority. The stories of these women shed light on the cult of saints, hagiography, and political realities of Anglo-Saxon England. Learning will be through a mix of presentations, discussions, and the study of primary and secondary sources.

There are no required texts for this course.

Guy Collins holds degrees in medieval history and theology from the University of St. Andrews (Scotland) and the University of Cambridge (England). An Episcopal priest, he is Rector of St. Thomas Church and Episcopal Chaplain to Dartmouth College. His Ph.D. examined connections between medieval thought and 20th Century Continental philosophy. He is also the author of Faithful Doubt: The Wisdom of Uncertainty. Guy is looking forward to uncovering ‘hidden figures’ of the Anglo-Saxon world.

6 sessions, 10:00 AM – 12:00 PM
September 11 through October 16, 2018
St. Thomas Church – Hanover, NH
Course Fee: $60
Subject: (300) Humanities
Geocaching: Treasure Hunting With a Purpose

Have you thought about going on a treasure hunt, but the idea of exploring shipwrecks or deserts didn’t quite appeal to you? Geocaching provides the thrill of the hunt from as close as your own neighborhood to exotic places all around the world. With millions hidden around the world, you’ll never run out of exciting places to go. And with over 5 million folks playing, you’ll never run out of interesting stories to share. Old mills, ghost towns, cemeteries, and great vistas are just waiting for you to find them. On vacation with the grandkids? This is a perfect chance to spend some time outside with them having fun, without throwing a ball or jumping a rope. All you have to do is walk and observe. So you say you want more than a walk? Cardigan Mountain is waiting for you. The Baker River is there for folks who want to kayak. Too much for you? How about the Boston Lot or trails through the Hanover Golf Course? But you say, I vacation in Florida, California, Arizona, even Hawaii. Yes, they’re there too, as well as Italy and Spain. It’s free to play. All you need is a handheld gps or smart phone and internet access. Participants will learn the basics of geocaching through activities in the Hanover area. Activities will be outdoor-oriented so proper footwear and clothing will be necessary. This course will get you well on your way to a lifetime of exploration. Let’s go treasure hunting!

There are no required texts for this course.

Roger W. Dontovalve was introduced to Geocaching in 2009 and took to it quickly and passionately. In close to seven years involved with Geocaching, he has taken numerous groups on local Geocaching trips while personally amassing over 2,200 finds in 16 states and three countries. He is a retired Health and Physical Education Teacher with a B.S. from East Stroudsburg University and a Master’s from Temple University. He and his wife have a great love of the outdoors, history, and unique places. Roger and Anne have always considered themselves “See America By Mistake” Charter Members.

5 sessions, 10:00 AM – 12:00 PM
September 18 through October 16, 2018
Various locations
Course Fee: $60
Subject: (400) Instructional

Svaroopa® Yoga - Gentle, Deep, and Profound

Based on a significantly different paradigm in yoga poses, the practice of this unique style is both physical and more than physical. In Svaroopa® yoga we specialize in ‘core opening,’ spinal decompression, through releasing the tensions in the layers of muscles wrapped around your spine. Using precise alignments to create an inner opening from tail to top, this style redefines strength, giving you stamina and vitality through releasing deep tensions and re-capturing your essential aliveness. This yoga is precise and compassionate at the same time, using props such as blankets and blocks to meet your body where it is. Svaroopa® yoga is body friendly, yoga that anyone can do regardless of experience or fitness level. Not exercise, Yoga International describes it this way: “Svaroopa® Yoga is a scientific maximization of your body’s capacity, dissolving the tensions that inhibit your body’s natural functioning and inherent healing capacity.” This four-week course is experiential; you will learn the ‘Magic Four’ poses that open your spine from tail to top, and be able to bring the practice home with you, finding ease of movement and bliss.

There are no reading packets or textbooks for this course.

Annie Ross found her passion for Eastern Philosophy while earning a B.A. from the University of Vermont, 1979. Her study since 2008 at Svaroopa® Vidya Ashram in Downingtown, PA has led to several certifications: Certified Svaroopa® Yoga teacher (CSYT 700), Embodiment® Yoga Therapist, Svaroopa® Vidya Meditation Teacher and others in philosophy and vi-chara (the practice of self-inquiry). She is certified in Ayurvedic Marma Treatments. Ayurveda is the Indian science of medicine and sister science to yoga.

4 sessions, 10:00 AM – 12:00 PM
October 2 through October 23, 2018
The Center for Integrative Health – Hanover, NH
Course Fee: $40
Subject: (400) Instructional
TUESDAY

Watershed Awareness and Kayaking

This class includes kayak instruction on the Connecticut River, with boats, for all abilities and comfort levels, life jackets and paddles provided. Instruction includes basic boating safety, kayaking skills on land and on water, fun paddling, and optional advanced skills. We will discuss watershed concepts, landscape and history of the Connecticut River. There will be reading materials for this course. There will also be a $75 fee (payable to the instructor) in addition to the course fee, which will cover insurance and kayak rental.

Bonna Wieler guides learners/explorers of all ages, making connection with the natural world and the arts. She aims to help folks gain self-assurance and skills. As an American Canoe Association Essentials Kayak Instructor, Bonna is a trip leader with summer camps and Bold Paths, a river curriculum teacher and consultant.

Cindy Heath has 30 years of experience in outdoor recreation/adventure administration and programming. She has led bicycling, hiking, kayaking, and skiing trips for all ages in New Hampshire and Vermont, and is certified in Advanced First Aid.

3 sessions, 10:00 AM – 2:00 PM
September 18 through October 2, 2018
DOC House – Hanover, NH
Course Fee: $60
Insurance/Rental Fee: $75 (payable to instructor)
Subject: (400) Instructional

TUESDAY

Baseball in America

Baseball has played a major role in America for over 100 years. Using PowerPoint presentations, discussion, pictures and video, we will focus on how baseball and specific individuals have influenced our culture over time. More than just history, we will also look at baseball economics, the increased use of sabermetrics, training, and other topics of interest to students.

There will be an optional reading packet for this course.

Rick Hutchins has taught over 60 different courses and workshops at the college level in his teaching and coaching career, first in the field of health and physical education, and later in the computing field. He previously coached eight different sports (primarily college level), and was an Athletic Director at Plymouth State College, and later Hanover High School. He currently serves as a computer consultant, website developer, Treasurer of the Goose Pond Lake Association, teacher, and photographer.

8 sessions, 10:30 AM – 12:30 PM
September 11 through October 30, 2018
Hanover Community Center – Hanover, NH
Course Fee: $80
Subject: (700) Social Science
Writing in Circles

Writing, aside from the perfunctory stuff we must crank out at work or at the kitchen table, finds its source in solitude, but it cannot remain there if it is to come to fruition. This is so, interestingly, even when we are “writing for ourselves.” We share our work as much to discover what we mean to say as to learn what we have already said.

In writing circles, we learn with friends kind and honest enough to help us see. We will share and discuss our writing in search of ways for it to grow from where it is to where it might be. We will limber up from time to time by sharing brief extemporaneous writing exercises. We will study a few simple techniques for making writing a more enjoyable and productive undertaking.

Writing in Circles will work equally well for quite experienced writers and for beginners. We can accommodate everything from personal memoir to religious tracts, from novels to essays to sonnets. Participants may take the course as many times as they wish.

There are no required texts for this course.

Stephen Hackman is a retired schoolteacher. His subjects were and are English and Philosophy. His interests are literature, music, art, film, walking, writing. He has an affinity for, and bears some resemblance to, vagabond dogs of uncertain provenance. He does his dog walking these days in Orange, NH and has lived in the Upper Valley, off and on, for 40 years.

7 sessions, 11:30 AM – 1:30 PM
October 2 through November 13, 2018
DOC House - Hanover, NH
Course Fee: $80
Subject: (300) Humanities

Understanding Shakespeare’s #MeToo Play, Measure for Measure

After completing a series of romantic comedies, William Shakespeare wrote a group of darker works that have been labeled “problem plays.” One of those plays, Measure for Measure, is strikingly relevant in 2018, in that it depicts the circumstances of a nun who is sexually harassed by a powerful government official. In its own time, the play conveyed Shakespeare’s critique of efforts by Puritans to ramp up the enforcement of laws regulating sexual morality. During the six meetings of the course, learners will delve into the play’s representation of corruption and harassment in relation to contemporary situations. In addition, learners will examine the social and political context of Measure for Measure and develop strategies for comprehending Shakespeare’s language, poetic techniques, and use of multiple plots. By the end of the course, learners will have developed the confidence and skills necessary to interpret other plays and poems by Shakespeare and his contemporaries. Although it will include a few brief lectures, the course will be primarily discussion-based. Readings will include an annotated edition of Measure for Measure and several articles and book excerpts about the play and about sexual harassment.

There are required texts for this course.

Marilyn Roberts is Professor Emeritus of English at Waynesburg University. During her doctoral studies at Columbia University, she specialized in the plays of Shakespeare and his contemporaries. Besides teaching Shakespeare for many years at the college level, she has published articles about Shakespeare, Jane Austen, and other authors.

6 sessions, 11:30 AM – 1:30 PM
October 9 through November 13, 2018
Hanover Community Center - Hanover, NH
Course Fee: $60
Subject: (300) Humanities
iPad Beyond the Basics

This course is a fast-paced course for students who have been using their iPads for basic tasks (email, internet) and who wish to maximize their iPad potential. Students are not required to have extensive computer knowledge but should feel comfortable using a few apps. The class will focus on built-in “native” apps, introducing the latest tips and tricks. Each student must have an iPad, wireless access at home, an Apple ID and Password, and an email account. There is no textbook. Class notes are shared digitally. There is an hour of weekly homework assignments based on what is covered in the week’s class and a class blog with an extensive video library.

There are no required texts for this course.

Ann Garland is a Montreal native and an alumna of McGill University and the University of London, England. After a 20-year career in international education and 15 years of experience in the U.S. nonprofit sector, Ann is currently partner of a digital-literacy consulting group. She holds an M.P.A. in Nonprofit Management and a M.Ed in Educational Technology.

5 sessions, 2:00 PM – 4:00 PM
Session 1: September 11
Session 2: September 18
Session 3: October 2
Session 4: October 16
Session 5: October 30
Kilton Library - West Lebanon, NH
Course Fee: $60
Subject: (400) Instructional

Caveman to City Slicker in 10,000 Years

14,000 years ago, a major global warming trend changed climates around the globe. During the 30,000 years of intermittent ice ages that preceded this climate change, all humans were hunter-gatherers. Their capacity for adaptive flexibility through cultural evolution had led them to develop diverse methods for obtaining food resources in a myriad of environments. The climate change of 14,000 years ago offered new opportunities as well as new challenges, that, in turn, set off a rapid evolution of the human way of life - technological, economic, social, political, and religious – that remains our legacy today. Not only was the human way of life transformed, but so too were the fates of the flora and fauna co-existing with us. This eight-week course plans to address the who, what, when, where, and why questions about a) the domestication of plants and animals, and b) the subsequent emergence of cities, states, major religions and other products of complexity. The material will be covered in class using Powerpoint presentations that allow for lively discussion and probing questions. There will also be weekly supplemental reading or a video to watch online, both to do at home. Although not a prerequisite, this course is designed to be a continuation of a course taught in the fall of 2016 - Human Evolution - that focused on our biological evolution.

There are no required texts for this course.

Dr. Barbara Butler grew up in Durham, NH and now lives in Woodstock, VT. A retired professor of anthropology at the University of Wisconsin-Stevens Point, her professional research focused on indigenous Andean peoples. Although archaeology and cultural evolution was not her field of expertise within anthropology, she taught that subject as part of her regular duties as college professor. Barbara has been a study leader for Osher@Dartmouth since 2009, with four different courses in rotation.

8 sessions, 2:00 PM – 4:00 PM
September 18 through November 6, 2018
DOC House - Hanover, NH
Course Fee: $80
Subject: (700) Social Science
Tuesday

Montaigne

*Que sais-je?* “What do I really know?”

The essays of Michel do Montaigne (1533-1592) pose probing questions about human nature that have since influenced many an independent and critical mind.

Montaigne’s skeptical approach is summarized by Descartes’ (1596-1650): *Dubito, ergo cogito; cogito, ergo sum.*

“I doubt, therefore I think; I think, therefore I am.”

We shall discuss selected essays and related topics, an exchange of opinions and reflections.

*Texts to be used:* *The Complete Essays of Montaigne* (trans. Frame) or *Montaigne, Oeuvres completes, textes etablis par Albert Thibaudet et Maurice Rat.*

Werner Kleinhardt is a Professor, Emeritus, of Dartmouth College. He considers himself a skeptical humanist since he survived torture and five years of the Gulag. He graduated from the College Francais in Berlin, studied history, philosophy, political sciences, classics, and European literatures. His Ph.D. came from the University of Hamburg. He taught at the Sorbonne before coming to Dartmouth in 1965. He is the author of several fiction and non-fiction books.

8 sessions, 2:00 PM – 4:00 PM
September 18 through November 6, 2018
DOC House – Hanover, NH
Course Fee: $80
Subject: (700) Social Science

Tuesday

Meet the Shakers

In 1793, a small band of Shakers settled on the shore of Mascoma Lake in Enfield with the intention of building a communal society. Over the next half-century, the society grew from about thirty members to a prosperous community of around 300 men, women, and children, occupying around 3,000 acres of land for both agricultural and industrial use. In addition, the Shakers owned mills in the town of Enfield and had a substantial influence on the economy and infrastructure of the town. Who were these Shakers? What were their unique religious beliefs and practices? How did their spiritual perspective inform their lifestyle, inventions, agricultural practices, businesses, and industries? Over a period of four weeks, we will explore the answers to those questions and more. In addition to lectures and discussions led by expert museum staff and volunteers, each class will include active explorations of buildings, grounds, and Shaker sites in Enfield. We will participate in some unique Shaker activities such as singing, dancing, and broom making. Come prepared for moderately strenuous physical activity such as climbing six flights of stairs to the attics of the Great Stone Dwelling and hiking to explore the Shaker water system. *There will be a required reading packet for this course.*

After a long career as a high school chemistry teacher, Lisa Torres is spending her retirement indulging her interest in history by working as an interpreter at the Enfield Shaker Museum.

Kyle Sandler is the Education Coordinator for the Enfield Shaker Museum. Kyle received his B.A. in History from Roger Williams University and his M.A. in Liberal Studies from Dartmouth College. Since joining the Museum staff, he has researched the lives of Shaker leaders and the challenges they faced.

4 sessions, 2:00 PM – 4:00 PM
September 25 through October 16, 2018
Shaker Museum – Enfield, NH
Course Fee: $40
Subject: (700) Social Science
In the Time of the Troubadours

Medieval Occitania (today southern France) was a vibrant, blossoming society that, during the Twelfth and early Thirteenth Centuries, offered a more tolerant, educated, and creative culture than do many contemporary societies. Occitania gave rise to the troubadours, who reflected its culture in their philosophy, poetry, and music. Why was this considered so radical a culture, and how did it differ from the status quo of most western countries of the Twelfth and early Thirteenth Centuries? What changed it? What was the origin of troubadour Fin‘Amor philosophy? Live performances of songs by Bernart de Ventadorn, Jaufre Rudel, Arnaut Daniel, Richard I, Guilhelm Figuera, and Guillaume de Machaut will illustrate the extent of troubadour philosophy on contemporary music and literature.

*There are no required texts for this course.*

Dr. Rai d’Honoré is a mediaevalist and linguist. She has taught language, literature, philosophy, politics, film and history at universities in the U.S. and overseas. Previously Director of the Language Academy and on the faculty of the Medieval & Renaissance Studies at East Carolina University, she is currently President of Occitan Cultural Initiatives, a nonprofit foundation. She has also been Director of Creativity Foundation in collaboration with The Smithsonian Associates.

**4 sessions, 2:00 PM – 4:00 PM**

October 9 through October 30, 2018
DOC House – Hanover, NH
Course Fee: $40
Subject: (300) Humanities

Mindfulness Based Stress Reduction Online Seminar

The Palouse Mindfulness Based Stress Reduction Course ([https://palousemindfulness.com](https://palousemindfulness.com)) is an online offering that takes participants through a blend of videos, readings, and guided meditations. This series of weekly seminars will provide participants with an opportunity to view some of the videos together and engage in dialogues and activities that will augment the independent learning that takes place outside of class. The time spent in the seminar will enable participants to support one another and learn from each other’s experiences. In addition to completing the readings and watching the videos, participants will be expected to complete 30 minutes of home practice per day. Reliable internet access is required for this course.

*There is a required reading packet for this course.*

Gail Kuhl and her husband, Wayne Gersen, have practiced mindfulness in the tradition of Thich Nhat Hahn for over ten years. Gail is a member of the Order of Interbeing. She and Wayne both facilitate sits at the Heart of the Valley Mindfulness Practice Center in Norwich, VT, and organize Days of Mindfulness and retreats for the group. Gail is a retired human services administrator with a Masters in Counseling; Wayne is a retired public school superintendent.

**8 sessions, 3:30 PM – 5:30 PM**

September 18 through November 6, 2018
DOC House – Hanover, NH
Course Fee: $80
Subject: (400) Instructional
Tuesday

The Supermarket Bouquet and Beyond: Designing With Flowers & Botanicals

In this 4-session, hands-on course, led by members of the Hanover Garden Club, participants will create a different flower arrangement each time. The basics of design, material selection and technique will be covered. The goal is not to master strict design “rules” but for participants to gain confidence in their creativity and ability, while learning to handle a variety of flowers, botanical materials and containers. No experience necessary. Participants will take their creations home to enjoy.

All materials and supplies will be provided by the Hanover Garden Club and are covered by the $140 materials fee. There are no required texts for this course.

Priscilla Clark delights in the joy flowers bring to life, life events, and holidays. She once owned an event-only custom floral design studio, and now designs for holidays and select events.

Dianne Burger’s love of Art and Hands-on project began at an early age. Dianne has had the opportunity to work for several florists and an orchid grower as a floral designer. Dianne currently runs Blackberry Hill Art Center in Orford, NH and teaches ceramic classes.

4 sessions, 3:30 PM – 5:30 PM
October 9 through October 30, 2018
Blackberry Hill Art Center - Orford, NH
Course Fee: $40
Lab Fee: $140 (payable to Hanover Garden Club; to be submitted to Osher@Dartmouth office after registration is confirmed)
Subject: (500) Interdisciplinary

Wednesday

Women Who Have Changed the Course of History II

Move over, men. It is time to honor some incredible women who have changed the course of history. Some are well-known, some less so, but their achievements have made our lives and our world a lot better. Five different speakers will tell the compelling stories of these women. What motivated them, what struggles did they have to overcome, what is their legacy? Women to be featured include Eleanor Roosevelt, Gertrude Bell, Indira Gandhi, four women who changed astronomy, and Rosie the Riveter. All had an enduring impact.

Session leaders:
• David Bashaw - Eleanor Roosevelt
• Joanna Henderson - Gertrude Bell
• John Ferries - Indira Gandhi
• David Wood - Astronomy 4
• Brenda Watts - Rosie the Riveter

There are no required texts for this course.

John Ferries’ career was in advertising and media with BCom3, the fourth largest communications group in the world. He became head of its international operations in 74 countries and Chairman of its global MS&L public relations group. After retiring, he joined the faculty of Colby-Sawyer College. A Dartmouth graduate with an M.B.A. from Tuck School, he is on the boards of The Fells, New London Hospital, and Osher@Dartmouth, and is president of Adventures In Learning.

5 sessions, 9:00 AM – 11:00 AM
September 26 through October 24, 2018
DOC House - Hanover, NH
Course Fee: $60
Subject: (700) Social Science
The 101 Most Influential People Who Never Lived

How are myths created? Can you think of one person who was non-existent, yet had an influence on you? We have come up with 101 such people who have influenced not only us, but generations, such as Santa Claus, King Arthur, Mickey Mouse, Jim Crow, Cinderella, Uncle Sam, and 95 others. How were they created? Why were they important? Are they still important, and to whom? What is their future? Each of these 101 people have a myth surrounding them which keeps them alive in our imagination. This course will explore these myths and their influence on us. Sign up to join us to enjoy some fun and entertainment as we answer some of these questions.

There will be optional texts for this course.

Michael Galbraith has a B.S. in Chemical Engineering from W.P.I. and an M.B.A. from Northwestern University. After 45 years in the paint and detergent business and living and working throughout the country, he has retired to Hanover. Between making batches of paint, he became a pseudo history buff and felt it would be more interesting to lead an OSHER@Dartmouth course on a historical subject rather than one on how to make paint.

6 sessions, 9:00 AM – 11:00 AM
September 26 through November 7, 2018
NO CLASS October 17!
DOC House - Hanover, NH
Course Fee: $60
Subject: (700) Social Science

Living Life While Facing Death: Comparing the World Religions

There are more than 40 organized religions in the world today. Some have thousands of adherents and others more than a billion. They share many elements in common and are quite different in other respects. They share the goal of providing ways to make sense of human existence and of how to live while facing death. This course will examine eight of the most influential world religions, including Judaism, Hinduism, Taoism, Buddhism, Confucianism, Christianity, Islam, and Sikhism. We will examine the essentials of each and will compare and contrast them with one another. Each class will devote about 2/3 time to lecture and 1/3 time to discussion. Our objective will be to understand each of those religions and learn what it has to offer in approaching life and facing death.

There is a required text for this course.

Phil Tierney has been an Episcopal priest for more than 40 years. He has earned degrees in Philosophy, Theology, and Psychotherapy. He has served chaplaincies at Georgetown University, Virginia Tech, and the Foxcroft and Madeira Schools. He served eight churches in six states and two other countries. He has written two books, and volunteers at various churches and non-profit organizations.

8 sessions, 9:00 AM – 11:00 AM
September 26 through November 14, 2018
Kendal at Hanover – Hanover, NH
Course Fee: $80
Subject: (500) Interdisciplinary
**What Would William Shakespeare Do?**

In William Shakespeare’s day, there was only one way to publish a book or play. You wrote it by hand, one copy at a time. Now, because of the digital revolution in printing technology, there are hundreds of companies that can publish, market, and sell a book for you. Some of them are good, some are bad, and some are downright ugly. Based on her 30 years of experience as a professional writer and publishing professional, Sonja will explain the principle paths to publishing a book. She will also provide ample guidance about how to choose the best way for individual authors to publish and sell their own books whether it's a memoir, poetry, family history, or a first novel. She’ll teach you how to avoid the many financial and legal pitfalls (and there are many) in the current publishing jungle. This overview includes: a brief history of book publishing, tips on self-editing like a professional, the best way to judge a book by its cover, the elements of good book design, how and where to print your books, and how to choose the best publishing path for your book.

*There are no required texts for this course.*

**Sonja Hakala** has been a professional writer for more than 30 years in newspapers, magazines, and book publishing. In addition, she’s worked as an editor, designer, and marketing consultant with national book publishing companies and individual authors. She is the author of four novels, dozens of short stories, and numerous books of non-fiction.

**2 sessions, 9:00 AM – 11:00 AM**
**October 31 & November 7, 2018**
**DOC House – Hanover, NH**
**Course Fee: $40**
**Subject: (400) Instructional**

**Splash...Watercolor...**

For painters who have done some watercolor painting, want more, and have watercolor paint and brushes and paper. Supplies are expensive; I advise the following:

- Up to seven tubes of top quality paint, which should include the three primary colors (yellow, blue, and red).
- Two or more good brushes, which should include a round and a flat.
- A block of top-quality cold press paper.

These are suggested supplies to augment what you have. Let’s get together to paint from different sources for six weeks, once a week, for three hours. The sources will be still-life set-ups, Plein Air when weather permits, painting from photos and from memory, and playing with some gimmicks like salt and other additives. This class is for painters with a little, some, or a lot of experience and a sense of adventure. My function will be to demonstrate when needed, and to pass on what I know that would help in composition and dealing with the mercurial materials of pigment, paper, and water.

*There are no required texts for this course.*

**Stephanie Reininger** has been making art all her life. She majored in art in college, but it was later when her children were older that she chose watercolor because it was easy do amidst the laundry and cooking. Her subject matter is rendered loosely, recording her life and travels. She has lived in many places, teaching and painting for the love of it.

**6 sessions, 10:00 AM – 1:00 PM**
**September 12 through October 24, 2018**
**NO CLASS September 19!**
**Stephanie’s Studio – Lyme, NH**
**Course Fee: $80**
**Subject: (100) Arts**
Beekeeping for Beginners

For those of you who are interested in the life of bees and the wonder of their organization, industry, and beneficial environmental impact, this new course will provide background. Essential tools to start your own hive, including sourcing bees, equipment, lifecycle management, harvesting honey, etc. will be explored by the group. Class experiences are encouraged. Eight sessions with lectures, demonstrations, and speakers comprise the course structure. Readings are optional but encouraged.

There are optional texts and an optional reading packet for this course.

Barbara Bazarian: As a retired full-time resident of Quechee with advanced degrees in Teaching from UMass/Amherst and school counseling from Marymount University, I have enjoyed many years working with students teaching art, school counseling, and later providing support as a paraprofessional. My passions are everything horses, staying fit with an active lifestyle, gardening, reading, and, you guessed it, beekeeping. In addition to beekeeping, I now sell my natural honey as “Barb’s BEST.”

After retirement from Verizon, Harvey Bazarian was AGM at NEC American and was an investor/Executive in Go Packets Networks, a VOIP start-up. He has been active in the Quechee Club Board, President of Our Court Tennis, UVM Alumni affairs, and many Church and benevolent groups. He has a B.S. from UVM and M.B.A. from Babson College as well as study at Penn State University.

8 sessions, 10:30 AM – 12:30 PM
September 26 through November 14, 2018
Hanover Community Center – Hanover, NH
Course Fee: $80
Subject: (400) Instructional

The Six Wives of Henry VIII

Most of us know King Henry VIII from movies, television mini-series, novels, or stories. How much is true and how much is fiction? This six-part course will explore the life and times of Henry VIII and his wives. Each session will focus on one of Henry’s wives.

Some of the questions we will address are: What was life like during the 16th Century? What was Henry really like? Why was Henry’s claim to the English throne questionable? How did his wives and their families play a role in his actions and thinking?

This is an interactive course utilizing both lecture and discussion, which will explore the key people, the importance of religion, and the impact of sports, sex, and marriage in the Tudor Court. Additional topics will include the impact of a single portrait, the plague, period “cuisine,” and 16th Century entertainment. Finally, we will dispel some old myths, and explore how and why Henry VIII still impacts us today.

There are no required texts for this course.

Laurence Harper has been fascinated with history and its effects on our lives today and our future. He is particularly interested in two periods of history, Tudor England and the period from 1933 to 1950. After his graduate work at Dartmouth, he worked as a consultant, starting and managing his own firm for 24 years, focusing on marketing and strategy for both governments and corporations globally. Currently, he owns two businesses; one counseling individuals and nonprofits, and a photography firm.

6 sessions, 11:30 AM – 1:30 PM
September 26 through October 31, 2018
DOC House – Hanover, NH
Course Fee: $60
Subject: (700) Social Science
Wednesday

Life, Love, Art, and Gardens in the Cornish Art Colony, 1880-1920

So friendly and generous in spirit were the original members of the Cornish Art Colony that there is almost more lore than substance in much of what is written about them, now over 125 years since the summer community began. In this course, we will dig into the accounts written by the residents themselves to develop a deeper understanding of what their lives were like up here in “Little New York,” as they themselves called it. We’ll peel away the later tendency of many to romanticize what their artistic, social, and family lives were by our study of the artwork, gardens, and many first-person, contemporary accounts and correspondence from 1880-1916. Much of the material we will study has never been published, as the unpretentious but erudite “Colonists” valued the privacy of their community, but fortunately were lively writers who enjoyed the contemporary practice of keeping journals.

There are required texts for this course.

This is the fifth course Jo Evarts has taught in the OSHER@Dartmouth fall term. She earned her B.A. in English and Art History from Wellesley College, and her Ed.M. from Harvard. The Cornish Colony is an area of particular interest to Evarts. Evarts is the editor and publisher of The Complete Hoot, the comprehensive online calendar and information on the arts and events in the Upper Valley (www.thecompletehoot.com).

8 sessions, 11:30 AM – 1:30 PM  
September 26 through November 14, 2018  
DOC House - Hanover, NH  
Course Fee: $80  
Subject: (100) Arts

Wednesday

Dante’s Commedia

Reading Dante takes a degree of background information and some basic skills, but it also takes nerve, commitment, and support. The goal of this course is to introduce you to the pleasures of the Commedia across all three of its zones - hell, purgatory and heaven - and give you what you need to explore this journey with pleasure, instruction, and even inspiration. We will focus on specific cantos rather than on coverage, so that you will learn how to read Dante and how to understand how what he is up to can deeply shape your experience, both of the text and of what we might call - in terms he did not use but would have understood - your own self-awareness. Classes will consist of a brief lecture, small group discussion, and general debate and questioning. We will use a good prose translation - that of John Sinclair - with notes and background, drawing on other translations from time to time as supplements. The reading will not be long but it will have its challenges. By the end of the class, you should be able to launch your own boat on the sea of this great poem and navigate by finding your own aids.

There is a required text for this course.

Cleo McNelly Kearns works in the fields of comparative religion, continental philosophy, and cultural theory. She has written two major books; one on the influence of India on the poet T.S. Elliot, and one on the understanding of sacrifice in the Christian tradition, both published by Cambridge University Press. She has published widely in journals in religious studies, theology, and literature, most recently on Christian and Western understandings of Hinduism. Cleo lives in Vermont and is a Visiting Scholar at Dartmouth College.

3 sessions, 1:00 PM – 3:00 PM  
October 3 through October 17, 2018  
Horse Meadow Senior Center - North Haverhill, NH  
Course Fee: $40  
Subject: (300) Humanities
Fighting Back Through Film - Workers’ Challenge To Industrial Exploitation

Unionism appears to be dying a slow death in the United States today. This is very different from years ago when one was proud to be a union member. A few years ago workers at a Volkswagen plant in Tennessee, in an open and honest election, voted against joining the UAW Union. The reasons for this are many and complex and we shall be discussing this issue. As far back as The Middle Ages peasants and poor laborers have attempted to challenge the powers that control their lives. Some of you might recall the attempt by textile workers and weavers (the Luddites) in the early 19th Century in England to stop the introduction of power looms which would make their work redundant. In virtually all cases these attempts were brutally crushed by the powers that be. There is a long and often violent tradition in Europe and in America of workers trying to achieve decent conditions of employment by challenging the economic status quo. Through the use of film this course will examine how workers, in different countries, fought back often with tragic results for the protesters. Among the pictures to be screened are: The Organizer (Italy), The Molly Maguires (USA), Germinal (France), Matewan (USA), and The Angry Silence (Britain). Hopefully, this class will prove to be both exciting and challenging and will open the door for discussions of labor/management differences today.

There are no required texts for this course.

Mark Lewis: Since sneaking away from high school in New York City to go to movies, I have found that films are in many ways the most approachable and universal form of artistic medium. My love of film has only grown over the years as I discover new writers and directors. Having taught over most of my adult life, I enjoy sharing my passion for moving pictures with OSHER@Dartmouth members.

4 sessions, 2:00 PM – 4:00 PM
September 26 through October 17, 2018
DOC House – Hanover, NH
Course Fee: $40
Subject: (100) Arts

From the Page to the Stage - How Opera Comes to Life

A modern La Boheme. A Hollywood western Elixir of Love. A traditional Madame Butterfly or a contemporary work like Glory Denied that hasn’t been staged before. How are opera productions created? From the director’s first ideas and concept, through collaboration with set, lighting and costume designers, to the rehearsal process with singers and maestro, to the realization of the performance on the stage, director Helena Binder takes you through the process of developing a production and shares the experiences that result in what the audience sees on opening night.

There is an optional text for this course.

Helena Binder: A theatre professional for 40 years, Helena’s innovative and imaginative productions have been seen at many of the finest opera companies in the U.S. including New York City Opera, Dallas, Minnesota, Atlanta, Pittsburgh, Portland, and Anchorage Opera, among others. Named a Union Notable by her alma mater Union College, she holds an M.A. from New York University and studied acting at Circle in the Square. Seen in regional theatre in the U.S. and abroad, she has been on the faculty of Union College, Boston University and New England Conservatory, and is a coach in public speaking.

www.helenabinder.com

4 sessions, 2:00 PM – 4:00 PM
September 26 through October 17, 2018
DOC House – Hanover, NH
Course Fee: $40
Subject: (100) Arts

8 sessions, 1:30 PM – 4:30 PM
September 26 through November 14, 2018
Wheelock Terrace – Hanover, NH
Course Fee: $80
Subject: (100) Arts
Food Fight:
The Origin of the Low Fat Diet

Every grocery store is stocked with items that tout “Low Fat” and “Diet” as their main selling points. Your doctor was trained in medical school to recommend these. These are a direct result of a 1979 Senate Committee Report, *Diet and the Killer Diseases*, that urged the food industry and doctors support the low fat diet. These recommendations remained unchallenged for over 30 years. During that period, the United States has had a steady rise of obesity and diabetes. Is there a relationship? This course examines the science and politics that led to this recommendation. We will begin with basics of dietary fats and their roles in health, then play a simulation game based on the Congressional hearings. Our class will decide during the simulation whether to agree or disagree with the recommendations based on the scientific evidence available in 1979. After the simulations, we will discuss the current state of nutritional research and the challenges of applying scientific methods to diet. We will discuss the various types of studies reported in the media and how a person can be a skeptical reader. We will try to discern what really constitutes a healthy diet.

*The text for this course will be available electronically and can be purchased in print from the Osher@Dartmouth office.*

David Henderson is Professor of Chemistry Emeritus at Trinity College, Hartford. He now lives in Hanover. He has been involved for the past 14 years in developing simulation games to introduce students to important issues in religion, science, and public policy as part of the Reacting to the Past program. These courses have been well-received here at Osher@Dartmouth.

5 sessions, 2:00 PM – 4:00 PM  
*September 26 through October 24, 2018*  
*Kendal at Hanover – Hanover, NH*  
*Course Fee: $60*  
*Subject: (500) Interdisciplinary*

Thomas Jefferson:
The American Enigma

In April 1962, President John Kennedy welcomed American Nobel Prize winners to the White House with the following observation:

“I think this is the most extraordinary collection of talent, of human knowledge, that has ever been gathered together at the White House, with the possible exception of when Thomas Jefferson dined alone.”

Thomas Jefferson was one of the most consequential politicians in American history. Every school child knows that Jefferson authored the Declaration of Independence. But he was so much more: He was our third President. He was a scientist, an inventor, a theologian, and an architect of renown (having designed the only private residence that appears on U.S. currency). And he was the founder of an innovative world-class university. Thomas Jefferson’s interests were broad and deep; his accomplishments, many. He was the consummate Renaissance man.

But Thomas Jefferson was also a human being, flawed like the rest of us. Was he a hypocrite? Was he, as some have alleged, a racist? Was he a philanderer? And why has Thomas Jefferson prompted one of the nastiest “food fights” that academia has ever seen?

Over six weeks, we will explore these and other facets of the life and times of Thomas Jefferson.

*There are no required texts for this course.*

James Bays is a 1971 graduate of Dartmouth and earned his law degree at “Mr. Jefferson’s university,” the University of Virginia. While in law school, taking full advantage of the free admission afforded residents of Charlottesville, Virginia, Jim made multiple visits to Mr. Jefferson’s home at Monticello and developed a life-long interest in America’s third President. He even uses a pewter cup designed by Mr. Jefferson as the receptacle for his daily “adult beverage.”

6 sessions, 2:00 PM – 4:00 PM  
*September 26 through October 31, 2018*  
*DOC House – Hanover, NH*  
*Course Fee: $60*  
*Subject: (700) Social Science*
iPad & iOS 11

Apple released iOS 11 in September 2017, and it has many significant new features and improvements. Most iPad users, in particular, will be interested in learning about the new features and upgrading their devices. The goals are for those attending to become comfortable and use the new features including integration with iCloud and iTunes.

There will be an optional reading packet for this course.

Dave Halpert has been a senior technical manager for several Upper Valley and Boston based hi-tech companies over the past 35 years. He is a 1977 Dartmouth graduate and also a graduate of Thayer School of Engineering. He has been involved with developing many innovative software products in use by major U.S. companies. Mr. Halpert holds six U.S. Patents. He has been an iPad user since the very first iPad was released.

4 sessions, 2:00 PM – 4:00 PM
October 3 through October 24, 2018
Kilton Library - West Lebanon, NH
Course Fee: $40
Subject: (400) Instructional

Mindfulness for Everyone: An Introduction to Mindfulness Meditation Practices

Mindfulness teachings in the west primarily grew out of the Buddhist tradition. This class will include reference to the Buddhist roots of mindfulness but will do so in a manner that is compatible with many belief systems. The primary focus of the class will be to introduce various meditation practices and also mindfulness strategies to be used in daily life. Through talks, short videos, guided meditations, interactive exercises, and discussion, the class will help participants learn to become more present, less reactive toward the inevitable ups and downs of modern life, and more connected to the wisdom of the body and heart. The course is appropriate for those new to mindfulness and also those with experience who wish to reinvigorate their practice. Each class builds upon the previous one, therefore it is suggested that participants commit to attending all four sessions. Practicing meditation outside of class, approximately 20 minutes/day, is highly recommended for all participants. Guided meditations and readings will be provided to support the establishment of a home meditation practice.

There will be a reading packet for this course.

Landon Hall holds a Master of Arts in English, is a Trained Teacher of Mindfulness-based Stress Reduction (MBSR) and Mindful Self-Compassion (MSC). She is also currently enrolled in a mindfulness teacher certification program with Jack Kornfield and Tara Brach. She has been practicing meditation with Valley Insight Meditation Society for over 10 years. Prior to teaching mindfulness, she taught college English and Literature as an Adjunct Assistant Professor at Colby-Sawyer College.

4 sessions, 2:00 PM – 4:00 PM
October 24 through November 14, 2018
DOC House - Hanover, NH
Course Fee: $40
Subject: (400) Instructional
Wednesday

Intro to Acrylic Paints

We will begin with exploring the use of acrylic paint. I will provide brushes, paints, and practice canvases to practice techniques. The techniques are A Fade, Impressionism, and Hard Edge. Practicing these will help you when you decide what painting you want to do. Please bring a photo of something you would like to paint. I will go over these with each person and give individualized instruction as needed. No experience is necessary, just a desire to paint.

A lab fee of $10 is required (check payable to Janet Rae). There are no reading packets or textbooks for this course.

Janet P. Rae taught Art at the Richmond Middle School for 37 years. Prior to that, her B.A. is from Edinboro University in PA. She has also done graduate work at the University of Hawaii.

6 sessions, 2:30 PM – 4:30 PM
September 5 through October 17, 2018
NO CLASS September 19!
Hanover Community Center – Hanover, NH
Course Fee: $60
Lab Fee: $10 (check payable to Janet Rae)
Subject: (100) Arts

Wednesday

The Well-Told Story

You have a story to tell, but aren’t sure how best to tell it. Do you begin at the beginning and go forward, or at the end and circle back? How do you move your narrative along its round-about path without becoming entangled in it? If your story is a memoir, how personal should you let yourself be? If it’s fiction, how do you develop a cast of characters your reader can believe in? These are a few of the issues you can expect to confront in this workshop, as the group responds to the stories you and others will create, submit and share.

Participants should arrive at the first session with something already written that they are willing to share with their classmates. There are no required texts for this course.

Geoffrey Douglas is the author of four nonfiction books and more than 100 magazine pieces, many of them widely anthologized. An adjunct professor of creative writing at the University of Massachusetts, he has been a fellow at the Bread Loaf Writers Conference and a writer-in-residence at several schools and universities. He is a regular contributor to Yankee magazine, and lives in the Upper Valley.

4 sessions, 4:30 PM – 6:30 PM
September 26 through October 17, 2018
DOC House – Hanover, NH
Course Fee: $40
Subject: (400) Instructional
Wednesday

The Musical Hit Parades

We have been fascinated by the Hit Parade for many years. It represents so many different things to us and often just makes us fans of music when we’d rather not. This course will look at the dynamics of the hit parade(s), the changes in it over the years - like how it is determined, anyway - and what it means in the long view of the relationship of popular music and our cultural shenanigans. We will look at the eras of music through the lens of the hit parade to see what gives. We will have performers share their talent and their takes on the music as well as light readings, and watch vignettes from our pop music history.

There are no required texts for this course.

Ford Daley has had a lifelong interest in non-classical music, and since childhood has been a performer, student, and teacher. He loves to teach and share experiences and ideas about music and its impact on our lives. He sings, plays guitar, harmonica, and Dobro.

Julia Labier has always been totally in love with music. She has been Ford’s unofficial co-leader for several courses and has filled a variety of roles including memory jogger and local talent scout. Julia has been a performer most of her life, as a Whipple Hill Gang member, and is now the Julia half of Daley With Julia.

6 sessions, 4:30 PM – 6:30 PM
September 26 through October 31, 2018
DOC House – Hanover, NH
Course Fee: $60
Subject: (100) Arts

Wednesday

Influenza: Mother Nature’s Worst WMD (Weapon of Mass Disease)

Influenza (“flu”) is perhaps the most dangerous yet most under-appreciated infectious disease affecting Mankind. It has a complicated natural history involving numerous bird species as well as non-human mammals. This mix makes it possible for new strains of influenza virus to be created almost each year. Thus, humans are constantly trying to keep up with what will confront them that year. Different strains of flu can have different qualities of pathogenicity (ability to create illness) as well as different qualities of virulence (severity of disease). We sometimes speak of a “mild” flu year and sometimes a “severe” flu year. There is also the possibility of a pandemic (global outbreak of usually severe disease). At least one pandemic was a global nightmare of never-before-seen killing proportions. Flu is usually what keeps public health officials awake at night. This course will be composed of four sessions of two hours each. It will cover the natural history and human history of the disease; a review of prevention and control strategies; an examination of the 1918 (interestingly misnamed) “Spanish flu,” which was the deadliest in recorded history; and we will end the course up with a discussion about what is needed to protect and preserve social order from this disease.

There are no reading packets or textbooks for this course.

Paul Etkind is a retired public health epidemiologist who concentrated primarily on infectious diseases. He worked at the local, state, and national levels, and was (and continues to be) active in professional organizations. His academic background includes a Bachelor's degree in Biology from Clark University in Worcester, MA, and a Masters and Doctoral degree from the School of Public Health at Yale University.

4 sessions, 4:30 PM – 6:30 PM
October 24 through November 14, 2018
DOC House – Hanover, NH
Course Fee: $40
Subject: (500) Interdisciplinary
Wikipedia - A Look Under the Hood

When we search for something online, Wikipedia often offers the top result. We are happy to receive the answer so quickly and are likely to believe Wikipedia over other sites on the Internet. Yet all articles on Wikipedia are not of equal quality. How can we assess the quality of an article that we are reading? In this course, we will explore how Wikipedia works, what are the principles on which it operates, and how to understand the quality of what we are reading.

Class members may identify topics that interest them, assess the quality of what’s currently on Wikipedia, and identify what could be done to make improvements.

This course is for those who enjoy the pursuit of knowledge, who rely on Wikipedia, who wish to know the reliability of what they are reading and who may wish to leave the state of knowledge in Wikipedia better than they found it.

Supporting material will be provided for this course. Participants will derive the most benefit if they bring their own laptop or tablet to the course.

Stephen Flanders: B.S., M.Arch., M.I.T. School of Architecture; M.E. Dartmouth Thayer School of Engineering. Flanders is a retired research supervisory engineer from the U.S. Army Cold Regions Research and Engineering Laboratory. Among his interests are editing and creating articles in Wikipedia. He has created or substantially expanded biographical articles pertaining to people in science, technology, politics, academics, and the arts.

4 sessions, 9:00 AM – 11:00 AM
September 20 through October 11, 2018
DOC House - Hanover, NH
Course Fee: $40
Subject: (400) Instructional

U.S. Diplomacy, Aid, and Soft Power

Soft power in international affairs refers to diplomacy, negotiations, enticements such as economic assistance, and publicity and cultural attractions, in order to achieve national objectives. It contrasts with the hard power of threats, propaganda, coercion, military force, and undercover operations.

This course will deal with the application of soft power by the United States in the world today. It will emphasize the work of the U.S. Department of State, the Agency for International Development, other U.S. government agencies, and the U.S. role in multilateral organizations such as the World Bank and the United Nations. It will also stress the positive influence of democracy, free elections, the media, and popular entertainment.

It will be an active course, involving lectures, videos, readings, and discussions. Participants will also work in groups to address and report on specific issues. One or two books will be required.

Josette Murphy Malley, a professional anthropologist, is retired from the World Bank, where she specialized in the evaluation of development programs worldwide. She graduated from the University of California (Ph.D.) and the University of Paris.

Raymond Malley is a retired Senior Foreign Service Officer of the U.S. Department of State and Agency for International Development, with 30 years of negotiating and management experience worldwide. He is also a retired business executive and Air Force Officer. He is a graduate of the Fletcher School of Law and Diplomacy.

6 sessions, 9:00 AM – 11:00 AM
September 20 through October 25, 2018
DOC House - Hanover, NH
Course Fee: $60
Subject: (200) Current Affairs
Theocracy: Can American Democracy Survive Fundamentalism?

Have you ever wondered what the heck is going on with Christian fundamentalists in America these days? America has been embroiled in a culture war, and it’s rooted in religious convictions. In our time, religious purism and zeal have become the most significant cause of conflict between nations and power struggles within nations. During the past forty years there has been extraordinary growth in the impact of religion on nations throughout the world, including the U.S. Its political influence has dramatically expanded. In large part, this has caused the current crisis in American politics. In *Theocracy: Can Democracy Survive Fundamentalism?* author P. J. Tierney examines political efforts by fundamentalists, particularly in the U.S. Drawing upon current events, history, psychology, ethics, political science, and the Bible itself, this course delves into contemporary Christian fundamentalism in its efforts to advance the vision of a form of American theocracy. It also offers practical suggestions to strengthen democracy within pluralistic American society.

The required text for this course will be *Theocracy: Can Democracy Survive Fundamentalism?* Each of the eight sessions will involve a presentation by the author and group discussions.

Phil Tierney has been an Episcopal priest for more than 40 years. He has earned degrees in Philosophy, Theology, and Psychotherapy. He has served chaplaincies at Georgetown University, Virginia Tech, and the Foxcroft and Madeira Schools. He served eight churches in six states and two other countries. He has written two books, and volunteers at various churches and non-profit organizations.

8 sessions, 9:00 AM – 11:00 AM
September 20 through November 8, 2018
Kendal at Hanover - Hanover, NH
Course Fee: $80
Subject: (300) Humanities

Imagine a highly developed, complex civilization disappearing virtually overnight, leaving only tantalizing evidence of its greatness to puzzle modern researchers. Ancient Maya ruins in Mesoamerica and those of the Anasazi in the Southwest offer mute testimony of once thriving cultures that suddenly, mysteriously, collapsed. Why? Human life is rooted in the soil, both literally in our land-based agriculture over the last ten thousand years, and metaphorically in our more recent urban cultures. Soil and water management have been closely tied to the advances, declines, and regeneration of simple human societies and complex civilizations for millennia, especially in our quest to grow food in challenging environments with unstable climates and too little or too much water. Using the Maya and Anasazi as case studies, we'll employ modern science and history to unravel the mysteries of ancient cultural change. The course requires no previous background: brief lectures and occasional films will introduce participants to the nature of these civilizations and the relevant science and history necessary to our task. But the emphasis will be on extensive discussion. Our joint exploration will challenge us to examine our perceptions of what constitutes “modern,” “sustainable” human culture in light of disturbances of ecosystems and challenges to complex societies. There will be a reading packet for this course. Participants may expect approximately 50 pages of reading per week.

Bruce James received a B.A. in chemistry and environmental studies from Williams, followed by M.S. and Ph.D. degrees in soil science from UVM. During these studies, he developed a keen interest in interdisciplinary learning related to the course topic that he used in his teaching at the University of Maryland, College Park, for 29 years. Now retired, he continues to thrive on new learning and ideas related to sustainability, environmental science, soils, environmental history, and agriculture.

8 sessions, 9:00 AM – 11:00 AM
September 20 through November 8, 2018
DOC House - Hanover, NH
Course Fee: $80
Subject: (500) Interdisciplinary
**Thursday**

**Sketchbook Journaling:**
Using Watercolor and Hand-Lettering to Explore and Remember

Patti and Gael have collaborated to design a new, lively, and colorful class for everyone who wants to begin, return to, or expand their illustrated journaling practice. Using simple but effective watercolor techniques, Patti will guide us through an evocative watercolor piece, and Gael will teach you how to finish off your journal entry page with artful hand-lettering that will add just the right amount of zing to your journal. In this class we will explore how a sketchbook is the perfect place to gather and record your memories and everyday observations: a glimpse of nature, a beloved family heirloom, an unforgettable trip, or even an honored family recipe will be topics of our sketchbooks. We are not concerned with creating a fine work of art, but rather a quick image in watercolor and words that express our thoughts. Patti and Gael will provide examples of their own work and the works of artists who have inspired them. Both veteran teachers, they will gently guide and support participants with demonstrations and practice to guide new learning. Treat yourself with this class and give your inner critic some needed time off! We are going to play, paint, letter, and have fun by elevating our sketchbook journal pages into fond treasures.

*There are no required texts for this course.*

**Patti Warren** is a retired art teacher and elementary school principal. She is very happy to be teaching art again and specializes in watercolor. She loves finding grace and beauty in everyday items, which translates well to journaling.

**Gael Clauson** is a retired reading specialist who has an affection for lettering and watercolor. She is also a self-proclaimed pen/marker hoarder and can be seen stalking stationery stores. Gael lives in Vermont and is a demo baker at King Arthur Flour.

6 sessions, 9:00 AM – 11:00 AM
September 27 through November 1, 2018
AVA Studios - Lebanon, NH
Course Fee: $60
Subject: (100) Arts

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**Thursday**

**Einstein’s Pathway to Discovering Relativity**

This course will trace the steps taken by Einstein and others that lead to the discovery of Relativity. We will then examine some of the more interesting effects of relativity including four-dimensional spacetime, relativistic simultaneity, and the interchangeability of energy and mass. The class will show why the “intuitive” notions of separate space and time are incorrect and following Einstein’s logic we will derive the notion of four-dimensional spacetime as the replacement. Events that we see as simultaneous are assumed to be simultaneous to everyone observing these events. Relativity shows that this, too, is incorrect. We will examine why this is and explore other characteristics of Relativistic Simultaneity. Intuitively, we experience mass and energy as separate entities. This, too, is incorrect. We will follow Einstein's logic and derive the famous formula E=MC² showing that energy and mass are indeed interchangeable and discuss examples including atomic energy. This class will involve some mathematical concepts. These will be reviewed in class as they occur.

*There are no required texts for this course.*

**Roy Finney** holds 1st Class Honors degrees in Physics and Mathematics from Imperial College, London. After graduating in 1966, he entered the nascent mini-computer industry centered in Boston, moving to the computer software industry in the mid-eighties. He retired as president of a corporation providing proprietary application software to industrial and financial organizations.

6 sessions, 9:00 AM – 11:00 AM
October 11 through November 15, 2018
DOC House - Hanover, NH
Course Fee: $60
Subject: (600) Natural Science
**Our Complex Electric Grid**

When you turn on a light at your house, somewhere a power plant (or a wind turbine) makes a little more power in order for that light to go on. Electricity supply and electricity demand must be equal at all times. That equality is the work of “the grid” and those who maintain it. The grid is a carefully engineered miracle. This course is designed to help people understand how the grid operates, and how grid-level decisions affect their lives and electricity bills. Participants will learn about the grid, its economics, and its politics. This course will include lectures, some reading, discussion, a field trip, and participant reports on selected topics. There will be four sessions. The first session will be about the physical grid. Two guest lecturers will describe how electricity is made and delivered. The second session covers money and policy on the grid. Our focus will be on the role of ISO-NE (the grid operator). Topics include energy auctions, forward capacity payments, and the winter reliability projects. After these two sessions, we will be ready for the third session, our field trip to ISO-NE headquarters in Massachusetts. Please be prepared to spend much of the day with the group on the field trip day. The fourth class will include discussions, student reports, and reflections on our experience with the grid operator.

*Please note: Participants must have access to the Internet. Grid information is only available through websites. There are no required texts for this course.*

**Meredith Joan Angwin** worked for utilities for over 25 years. She has a Masters degree in Physical Chemistry and utility experience with renewables, fossil fuels, and nuclear energy. Currently she is one of two Vermont representatives to the Coordinating Committee of the ISO-NE Consumer Liaison Group.

4 sessions, 9:00 AM – 11:00 AM  
October 25 through November 15, 2018  
NOTE: Session on November 8 will be an off-site field trip from approximately 9:00 AM to 3:00 PM!  
DOC House – Hanover, NH  
Course Fee: $40  
Subject: (200) Current Affairs

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**Two Definitive Thomas Hardy Novels**

This course will involve a close reading of Thomas Hardy’s two most popular novels, *Far from the Madding Crowd* and *Tess of the D’Urbervilles*. Classes will consist almost entirely of discussion, though I will begin with a review of Hardy’s life. For each session, I will provide a set of questions which, I hope, will stimulate discussion of important issues in the week’s reading. But these are only that, stimulants, and the classes will actually be guided by participants’ interests, though I am never shy about including my own. Thomas Hardy was the last great English novelist of the 19th Century. In many ways he moved the novel into areas of coverage and forms that are what we would consider modern. He abandoned the happy ending and the popular plot that involved two nice young people discovering love, but not doing anything about it till they were married on the last page. He focused on a section of rural England he called Wessex, and described the local and rapidly disappearing way of living of his mainly working class characters. His people had largely lost a sustaining religion and lived in a world that was distinctly not arranged for their satisfaction. The two novels we will read come from the beginning and the end of Hardy’s career. The primary characters have contrasting lives, but share unconventionally admirable characters. This course will last eight weeks. We will spend four sessions on each novel, with reading assignments split as equally as possible.

*There are two required texts for this course.*

**Steve Rounds** was an English major at Hamilton and did his Ph.D. at Indiana in 19th Century British Literature. After some college teaching, he joined the Foreign Service and enjoyed a 28-year career that included seven overseas tours in five countries. He and his wife retired to the Upper Valley in 2005.

8 sessions, 9:30 AM – 11:30 AM  
September 20 through November 8, 2018  
Horse Meadow Senior Center – North Haverhill, NH  
Course Fee: $80  
Subject: (300) Humanities
Eight Great Knitters and What We Can Learn From Them

Most knitters know that their craft is both outwardly utilitarian and inwardly satisfying. This course attempts to explore each of those dimensions through the writings and work of eight published knitters: Mary Thomas, Elizabeth Zimmermann, Barbara Walker, Mary Walker Phillips, Kaffe Fassett, Priscilla Gibson-Roberts, Dave Cole, and Linda Skolnik. The course will help participants appreciate the authors’ contributions to the craft – in the tools and techniques of knitting, its topology and structure, the beauty and utility of knitting, the endless array of stitch patterns, the use of color in knitting, knitting as art, knitting as a public statement, and the act of knitting as mindful practice. Participants will receive readings from each of the eight subject knitters. Participants will also be encouraged to knit sample knitting patterns representative of each. The course will be offered over eight weeks; each session will include a presentation on the subject knitter, an opportunity for participants to try out knitting patterns, and plenty of time for the sharing of knitting experience. The course is open to all interested persons, both novice and seasoned knitters, as well as those interested in learning a new craft.

There will be a reading packet for this course.

Judith Esmay is a retired lawyer, a New Englander since 1992, and a life-long knitter. She has since 1994 served as administrator and leader of Education for Ministry, an extension of the University of the South. She is canon to the Episcopal Bishop of New Hampshire and has been a member of the Hanover Planning Board since 2001, its chair since 2009. Judith collects knitting books; her knitting library includes 500 titles. She is blessed by a large and loving family, all of whom wear whatever she knits for them.

8 sessions, 10:30 AM – 12:30 PM
September 13 through November 8, 2018
NO CLASS September 27!
St. Thomas Church – Hanover, NH
Course Fee: $80
Subject: (100) Arts

DNA & Genealogy

What is DNA testing all about and how can it help you build your family tree? Learn how to get the most out of your DNA testing results. Learn what your ethnicity estimate really means and how to utilize the best features of each testing company’s website. We will cover DNA testing by the main four companies and touch on third-party sites. A study guide, Genetic Genealogy in Practice by Blaine T. Bettinger and Debbie Parker Wayne, is optional but highly recommended. This course will focus on autosomal DNA testing, but will also touch on the X and Y chromosomes as well as mitochondrial DNA.

There is an optional text for this course.

Lana Leggett-Kealey is a professional genealogist who has worked with DNA in genealogy. She helps clients make sense of their DNA testing results and determine how to apply its features to family relationships. She is a member of the National Genealogical Society and the Assoc. of Professional Genealogists. She has a P.L.C.G.S. from U. of Toronto and a certificate from Boston U. in Genealogical Studies. She is a graduate of Progen and a member of the NGSQ study group. Lana holds a Ph.D. in chemistry from Arizona State University.

4 sessions, 11:00 AM – 1:00 PM
October 11 through November 1, 2018
Hanover Community Center – Hanover, NH
Course Fee: $40
Subject: (400) Instructional
Thursday

Linguam Latinam Discite!
Prima Lingua

At the request of some members, we will offer a course in Latin that in a mere eight weeks will give you a basic knowledge of the system on which the romance languages are built. We will look at syntax (that’s grammar) and see how that changed through the centuries. Each week there will be a simple reading assignment which shows you how the topics we’ve covered work and will give you a chance to read some Latin. We’ll do the grammar stuff in class so bring scrap paper! Along the way, we’ll undoubtedly cover a bit of Roman and European history as it relates to language as it comes up. And we will celebrate our achievements Roman style!

There is a required text for this course.

Susan Brown has lived in the area for more than 42 years. She holds degrees from Cornell and Dartmouth. She taught Latin, French, and English for too long to mention. She has traveled extensively in Italy and Greece. In 2000 she won the Wiencke Award, presented by the Classics Association of New England, for excellence in teaching. Now retired and loving it, she volunteers for CASA, Northern Stage, and makes brooms at the Enfield Shaker Museum. Her music CDs are available at Amazon, etc.

8 sessions, 11:30 AM – 1:30 PM
September 20 through November 8, 2018
DOC House – Hanover, NH
Course Fee: $80
Subject: (300) Humanities

Thursday

1918! When Stars Were Born

Curtain up! Light the lights! Are you ready for your close-up look into the lives and performances of stars born 100 years ago? Join us to discover (or rediscover) through extensive video and audio entertainment the great actors, musicians, comedians, dancers, and performers born in 1918. Hear both the joy and often heartbreakingly tragic stories behind the lives of these American icons. Truly a 100th anniversary celebration! With in-depth focus on: Leonard Bernstein, Rita Hayworth, Pearl Bailey, Jerome Robbins, Patty Andrews (The Andrews Sisters), Alan J. Lerner, Ida Lupino, Jack Paar, and William Holden. Also including career highlights of Art Carney, Elmore James, Cindy Walker, Marian McPartland, John Forsythe, Robert Walker, Efrem Zimbalist, Jr., Eddy Arnold, and many more. Video highlights from films, TV, and stage, including West Side Story, My Fair Lady, Camelot, The King and I, Gypsy, Fiddler on the Roof, and Hello, Dolly!. Was there something in the water in 1918 that changed the future course of Broadway, film, dance, and television as well as country, blues, and popular music? Come see. “There’s no business like show business!”

There are no reading packets or textbooks for this course.

John Peterman’s passion for the performing arts began as his father directed students Ann-Margret, Mandy Patinkin, Christine Ebersole, and others who would go on to Broadway or Hollywood fame. Later, John formed a rock and roll band and wrote songs for a record reviewed as being “the 60’s greatest garage band album.” John most recently served for 23 years as Headmaster at Brookwood School in MA, where he started a performing arts program considered to be the model for elementary school arts education.

8 sessions, 11:30 AM – 1:30 PM*
September 20 through November 8, 2018
DOC House – Hanover, NH
Course Fee: $80
Subject: (100) Arts

*Some class sessions may run later due to film length.
**Thursday**

Drawing for Watercolor Painters

A class designed for painters to improve their drawing skills specifically for watercolorists. Lessons will focus on line, form and perspective. Correct drawing provides the bones for your painting! A successful painting starts with a drawing that is well composed, with an inviting point of view that leads the viewer’s eye through the painting.

*There are no required texts for this course.*

Patti Warren and Rosalie desGroseilliers are sisters who have followed similar paths in life. Both retired art teachers and school administrators, they are lifelong watercolor students and teachers. They bring over 50 years of combined art instruction and they often paint together. Their paintings have been exhibited at juried shows in New Hampshire and Vermont.

*6 sessions, 11:30 AM – 1:30 PM  
September 27 through November 1, 2018  
AVA Studios - Lebanon, NH  
Course Fee: $60  
Subject: (100) Arts*
Thursday

Global Public Health Security: The Role of Infectious Disease Control & Eradication

New infectious diseases have been identified as important security risks for the U.S. Recently, global public health security has been mentioned in the media, with increased concern about diseases like Zika, Ebola, and others. International responses to disease outbreaks have provided global benefits. This seven-session course will review the risks from new and emerging infectious diseases, within the context of Global Public Health realities, and the status of surveillance and response systems. We will discuss the experiences with the responses to SARS (Severe Acute Respiratory Syndrome) and Ebola Virus Disease outbreaks, with a focus on public health aspects, and also conduct a simulation exercise responding to a rapidly developing outbreak of a previously unknown disease. In addition, the public health, management and cross-cultural aspects of the successful smallpox eradication effort and the ongoing polio eradication initiative will be reviewed. The format for the course will be PowerPoint presentations, videos, class discussions, a guest speaker, and a simulation exercise. Links to selected articles will be provided, as well as a reading list.

There is no required reading for this course. The course will focus on public health, management and cross-cultural aspects, so previous knowledge of medicine, infectious diseases or epidemiology is not required.

Alan Schnur took part in the smallpox and polio eradication efforts and was Team Leader, Communicable Disease Control in the World Health Organization China office during the SARS outbreak in 2003. Upon retirement, after almost 30 years with WHO, he worked as an instructor with the Boston University Geneva Program. He has authored or co-authored 14 book chapters and journal articles, including on smallpox and polio eradication and SARS.

7 sessions, 2:00 PM – 4:00 PM
September 20 through November 1, 2018
Kendal at Hanover – Hanover, NH
Course Fee: $80
Subject: (500) Interdisciplinary

Thursday

A Dream Dreams Group

Dreams are a doorway and pathway to our unconscious, deeper self. This eight-week group will introduce participants to a Dreamwork process formulated by Montague Ullman and Nan Zimmerman. This process is a non-threatening, Jungian approach that always honors the right and power over any dream shared, with the intent of obtaining the reactions of the other participants that may - or may not - lead to further insights for the dreamer. This process/approach can be carried on by participants in their daily future life.

There is a required text for this course.

Philip Eller: This group facilitator has had a 50-year career in social work and psychological counseling and group work. He has led Dreams Group on college campuses and in community settings. He has a Master’s degree in counseling and a variety of professional skills that are applied in this special group.

8 sessions, 2:00 PM – 4:00 PM
September 20 through November 8, 2018
DOC House – Hanover, NH
Course Fee: $80
Subject: (400) Instructional
Thursday

Spain’s Turbulent History in the 20th Century

Spain was considered a backwater country in the eyes of the world during the 20th Century but what happened in the former world power had a profound influence on world history. The issues that the nation of Spain had to deal with over this 100-year period still resonate in the problems we face today. A widening chasm between the left and the right, religious intolerance, the rise of Fascism, anti-Semitism, regional separatism and the need for reconciliation were all factors that Spain had to endure in this time period. Some efforts were successful; many were not. The citizens of Spain went through many governments of varying types. Monarchies rose and fell and rose again. A civil war devastated and impoverished the people and a repressive dictatorship did little to lighten their load or spirits. Only in the last two decades of the century was there a return to any sense of normalcy, and a successful Summer Olympics in 1992 put a capstone on the rebuilding efforts of España. There are still problems that we read about today but legality rather than violence seems to be the route that Spaniards are now embracing. We will examine through lecture and discussion the very tumultuous 100-year history of Spain since 1900 and look back briefly to earlier centuries to see what events may have contributed to the upheavals of Spain in the 20th Century.

There is an optional reading packet for this course.

Bob Rougvie is a graduate of Suffolk University in Boston with a B.A. in History. He has had a long career in the wood products industry in New England. Prior to retirement, he was president of a machinery distribution corporation for 23 years. He is an avid reader of history with a particular interest in the period prior to WWII.

6 sessions, 2:00 PM – 4:00 PM
October 4 through November 8, 2018
Hanover Community Center – Hanover, NH
Course Fee: $60
Subject: (700) Social Science

Thursday

Art and the Garden

Gardens and flowers have been a source for pleasure and subject matter through the ages. Through slides and discussion we will explore the cultural significance and art forms of gardens, ancient to contemporary, unusual gardens created by artists, and art structures created for the garden. Two movies - Painting The Modern Garden: From Manet to Matisse and The American Impressionist Garden - will be shown in the last two sessions. This is an art appreciation course, not a painting course.

There are no required texts for this course.

Ann Semprebon received her B.A. and M.A in art from UCLA. She has taught art to all ages in public schools and other institutions. She has lengthy experience in painting and growing flowers in her home Garden Studio.

4 sessions, 2:00 PM – 4:00 PM
October 11 through November 1, 2018
The Greens at Hanover – Hanover, NH
Course Fee: $40
Subject: (100) Arts
Quantum Spirituality

Does converging the reality of quantum physics, rationality, in the physical world, and the mystery of God, in the world of spirituality, offer an opportunity to master the great waves of change emerging as a global crisis in our times? We’re engaged with conflicting value decisions about climate change, immigration, opioid addiction, sexual exploitation, racism, an explosive prison population, income distribution, political chaos, and endless wars. In this course, we explore and offer skills in building a bridge between the mystery of a presence, where the world of rationality and intellect, and God (spirit, in the world of spirituality) converge for change in relationships, practice, and knowledge to strength, wisdom, personal power, and the value of success in worldly affairs.

Come join us.

There are no required reading packets or texts for this course.


4 sessions, 2:00 PM – 4:00 PM
October 25 through November 15, 2018
DOC House – Hanover, NH
Course Fee: $40
Subject: (500) Interdisciplinary

Grasses and Autumn Botany

Fall is a great time to discover plants as they mature. Trees and shrubs show their true colors. Late wildflowers are at their peak. Nuts and berries abound. Grasses show their seeds. Ferns are showing much more than fronds.

We will begin with the basics of identifying late-season characteristics of common trees, shrubs, and wildflowers using fruits, leaves, and remnants of the growing season. Jim Kennedy will help us find the gestalt of our most common grasses - identifying them at a distance by where and how they are growing. Alice Schori will share her tricks of the trade for fall wildflowers, including the notorious goldenrods and asters.

Each class will be a field trip close to Hanover. We will explore local natural areas in September on leisurely walks through fields forests and wetlands. We will also discuss the maintenance of lawns, pastures, grasslands, meadows, and woodlands, and how to manage and protect these ecosystems. Our field books will be Newcomb’s Wildflower Guide, and the Peterson Field Guides for Trees, Shrubs, and Ferns. We will be supplying handouts and "cheat sheets" for plant identification.

Jim Kennedy is a Landscape Architect and Wetland Scientist based in Etna, NH. He graduated from the SUNY College of Environmental Science and Forestry at Syracuse, and has practiced for over 50 years, specializing in land planning, conservation, and wildlife habitat management. He is currently focusing on grasslands, meadows, and pollinator habitat. Jim has led several OSHER@Dartmouth courses on wetlands and natural landscapes.

Alice Schori (graduate of Oberlin College) is a field botanist who has studied native plants through the New England Wild Flower Society since the mid-1990s. She has done botanical surveys for conservation organizations and the Towns of Hanover and Lyme and spent nine summers doing similar work for the White Mountain National Forest.

4 sessions, 2:30 PM – 5:00 PM
September 6 through September 27, 2018
Various
Course Fee: $60
Subject: (600) Natural Science
Songwriting - To Free Literary Characters Who Wish to Sing

What if a beloved character from a short story, poem, children’s book, or adult novel leaped off the page and started to sing? What would that song sound like? Feel like? Groove to or swing to? Can you imagine Hester Prynne from *The Scarlet Letter* singing the blues, or would it be more like Aretha Franklin belting out the stealth *Respect* anthem? How about Mary Shelley’s Frankenstein or Mark Twain’s Huckleberry Finn? What about the Friend in Hafiz’s poems? Can a cat sing? Clarence the Copy Cat from Patricia Lakin’s children’s book now stands a chance.

You pick the poem, the novel, the short story. We evoke the lyrics and music, together. Let’s free some literary characters who wish to sing! Bring your favorite piece of literature, an unwavering commitment to be silly, serious, and creative - all at the same time - to co-write songs that our characters would love to sing (and we will sing together in a culminating literary cabaret). No prior instrumental or songwriting experience is necessary. Just an openness to experiment, delve into the worlds of literature and music.

*There is a required text for this course.*

Lois Fein discovered the magic of songwriting at a pivotal point in her life composing original contemporary folk music with David Wilcox and John Stewart of the famed Kingston Trio. She recorded her first album of 15 original songs in 2006 called *Step Into the Water* (www.LoisFein.com). Lois loves to help people write their own songs – to delight children or grandchildren, woo your beloved, or to simply express your unique voice to create the soundtrack of your life.

6 sessions, 5:00 PM – 7:00 PM
September 20 through October 25, 2018
Upper Valley Music Center - Lebanon, NH
Course Fee: $60
Subject: (100) Arts

Mercury, Gemini & Apollo: NASA’s Golden Age, A 50-Year Retrospective

Do you recall NASA’s “Golden Era” of the 1960s and early 1970s? Were you involved in any way in these programs? This course takes you back, from the early suborbital flights of the one-man Mercury capsule through the experimental Gemini flights to the breathtaking lunar landings of the Apollo missions and beyond. A number of questions will be asked, discussed and answered: What were the specific goals of each flight and why? What was learned, and what unexpected challenges were faced and overcome? What roles did research universities have in NASA’s success? What about the sociopolitical climate of the time (e.g., Viet Nam, student unrest, program funding)? How was Mission Control organized? What was the management hierarchy of NASA during this era? Which contractors were selected and what did they do? Who were selected as astronauts and what criteria did they need to meet? Who flew which flights and why? What technological advances resulted (directly or indirectly) as a result of these missions? A chronological review of flights and the rationale for mission planning will be covered, as well as astronaut selection and crew assignments. The course will conclude with a “What did we learn?” and “Where are they now?” summary.

*There will be a reading packet for this course.*

Dan DeMars has lived in Norwich, VT since 1996 with his wife and two sons. As a child, he was fascinated by space flight, notably the Apollo lunar landings. Over the decades, Dan has collected documentation on NASA’s Mercury, Gemini & Apollo programs and has met several NASA astronauts over the years (e.g., Cernan, Bean, Lovell, and Carpenter). Professionally, he has served as a management consultant to academia, to the biotech industry, and to independent secondary (preparatory) schools.

8 sessions, 5:00 PM – 7:00 PM
September 20 through November 15, 2018
NO CLASS October 18!
DOC House - Hanover, NH
Course Fee: $80
Subject: (500) Interdisciplinary
Beyond Bliss: Buddha, Jung and Spira

Is seeking to be free from suffering actually a hindrance to the happiness we seek? We will discuss the basic themes in Buddhism, Jungian Psychology, and Adaita philosophy, looking for common threads and understanding. Our goal is to experience these teachings in a more subjective way, rather than only intellectually. With a slight shift in perspective, perhaps new meanings of who we think we are will be revealed. A brief meditation and a lecture will be presented each week, along with a short reading or video. Optional assignments for homework will be offered for those who wish more in-depth work. Keeping a personal journal during the course is highly recommended.

There are no required reading packets or texts for this course.

Patricia Cashman has been intrigued with psychology, mythology, and eastern philosophy for over 30 years. She has a M.A. in Holistic Counseling from Salve Regina University. She writes cathartic poetry and her love of teaching is palpable. Patricia lives in VT with a cat named Artemis Pumpkin.

6 sessions, 5:30 PM – 7:00 PM
September 27 through November 1, 2018
DOC House - Hanover, NH
Course Fee: $60
Subject: (300) Humanities

Ingredient - Unveiling the Essential Elements of Food

There are ingredients and then there are Ingredients. The difference? An ingredient is basil, tomato, pasta- items that make up a dish. An Ingredient (capital I) is sugars, lipids, proteins- the vital building blocks that make up everything we cook. Over eight weeks we will take an in-depth look at each Ingredient and their qualities to discover how food really works. We will be guided by the work of author Ali Bouzari and his book, *Ingredient: Unveiling the Essential Elements of Food* and study the book chapter by chapter. Each week we will dive deep into one of the eight Ingredients. Through discussion and hands on experiments in the kitchen, we will illustrate the properties of each Ingredient to gain a better understanding on how each works, alone and in conjunction with other Ingredients. Our goal in this class is to understand how the components of food work, so no matter what your skill level in the kitchen is, you will have a better appreciation how recipes work, and of the food you eat. Using Ali Bouzari’s guide, we will shift our focus from secret ingredients to the secret of Ingredients.

There is an optional text for this course.

Lindsay Smith is the Food Educator for the Co-op Culinary Learning Center. Lindsay brings with her a lifelong passion for supporting local, sustainable agriculture and seasonal eating. She loves to cook and make the kitchen an accessible place for people of all ages. Lindsay also brings a wealth of teaching experience, especially in unconventional classrooms.

8 sessions, 9:00 AM – 11:00 AM
September 21 through November 9, 2018
Lebanon Co-op - Lebanon, NH
Course Fee: $80
Lab Fee: $64 (after registration, submit payment to Lebanon or Hanover Co-op’s Member Services desk before first class session)
Subject: (600) Natural Science
The Pitchforks Are Coming

Entrepreneur Nick Hanauer has stated that unless his fellow billionaires “stop drinking the neo-liberal Kool-Aid,” the “pitchforks are coming.” In this course, we will examine a number of critical and unresolved public issues including the elephant in the room, income/wealth inequality, the exploding debt, the challenges of immigration and racism, and the growing moral/tribal divide in this nation. Failure to understand these issues about which we are so divided will result in any one of at least four different outcomes: public upheaval (“pitchforks”), catastrophe (war or depression), some kind of autocracy or plutocracy, or a democratic political reform (think Progressive Era and New Deal). The focus will be on understanding these and related issues, and we will speculate on the future outcomes. Sign up if you are interested in better understanding the roots of what divides Americans and in thoughtful and energetic debate and discussion.

Most of the readings will be on Google Docs (students must have Internet access) and there will be a modest charge for printed materials. Three to four hours of reading for each class for those who want real benefit.

Jim Wilson taught history and economics for nearly fifty years before retiring to the Upper Valley. He lives in Strafford, VT, and has taught numerous courses on how our economy works and the challenges it faces.

7 sessions, 9:00 AM – 11:00 AM
September 28 through November 9, 2018
DOC House – Hanover, NH
Course Fee: $80
Subject: (200) Current Affairs

Real Men Don’t Cry, or What Happened to the Western, Anyhow?

We will cinematically explore in a variety of Westerns certain masculine images constructed on experience and behavior codes which demand physical strength, determination, courage and endurance. The traditional Westerns of John Ford, Howard Hawks, George Stevens, and others seem to have disappeared, only to be replaced by non-Western films which feature boy-hero comedies, superpower fantasies, and films featuring male actors in a man-child role or extended adolescence. In the 1953 movie *Shane*, child actor Brandon de Wilde calls out to departing Western hero Alan Ladd, “Shane! Come back!” The unspoken meaning seems to ask: “Teach us how to be men.” Possible films to be screened include:

- *Stage Coach* (1939, Ford)
- *High Noon* (1952, Zinnemann)
- *The Searchers* (1956, Ford)
- *Shane* (1953, Stevens)
- *Oxbow Incident* (1943, Wellman)
- *Red River* (1948, Hawks)
- *High Plains Drifter* (1972, Eastwood)

There are no required texts for this course.

While a student at the Universite de Poitiers, Don Watson discovered the French fascination with American Westerns. He also learned to appreciate the New Wave Cinema. He retired from teaching French and Latin at Hanover High School while he still had a sense of humor. In 1991, he started the Sister City Exchange program between Hanover and Joigny, France. He has an M.A. from the University of Chicago and an M.L.S. from SUNY-Albany.

7 sessions, 9:00 AM – 12:00 PM
October 5 through November 16, 2018
DOC House – Hanover, NH
Course Fee: $80
Subject: (100) Arts
An Introduction to Svaroopa® Vidya Meditation

Learn the ancient practice of meditation, as taught by the sages of old, following the path of many who have come before. This course consists of three weekly two-hour classes and will give you tools to live from the deepest dimension of your own being through Svaroopa® Vidya, technology based in yoga’s tantric system. Beyond the poses of yoga or stress relief, the true goal is the bliss of your own being, named svaroopa in the ancient texts. We will explore the wisdom of the ancient texts, as well as how your mind gets in the way - getting lost in events, situations, and other people - preventing you from knowing the deeper dimensions within you. Practice with easy-to-use tools that carry you beyond your mind into bliss, to find and live in the inner knowing. This course is for anyone; beginners or experienced meditators. You will have tools with which to practice in between sessions, and will come away with a deeper sense of your own being, finding that the Self is so close to you, closer than your own breath.

There are no required texts or reading packets for this class.

Annie Ross found her passion for Eastern Philosophy while earning a B.A. from the University of Vermont, 1979. Her study since 2008 at Svaroopa® Vidya Ashram in Downingtown, PA has led to several certifications: Certified Svaroopa® Yoga teacher (CSYT 700), Embodyment® Yoga Therapist, Svaroopa® Vidya Meditation Teacher and others in philosophy and vichara (the practice of self-inquiry). She is certified in Ayurvedic Marma Treatments. Ayurveda is the Indian science of medicine and sister science to yoga.

3 sessions, 10:00 AM – 12:00 PM
September 14 through September 28, 2018
The Center for Integrative Health – Hanover, NH
Course Fee: $40
Subject: (400) Instructional

Hot Topics at the Cold Regions Lab

This short course will feature research scientists and engineers from the Cold Research and Engineering Laboratory (CRREL) in Hanover, NH, who will be discussing ongoing projects that address significant challenges to military and civilian communities. The discussion series will open with a history of CRREL, explaining the rationale for establishing a federal lab specializing in cold regions research and engineering. Working from this basis, the other presentations will describe current major projects. One class will involve a tour of the unique and world-renowned laboratory facilities. The overall aim of this class is to provide a perspective on the broad range of issues that are tackled by the CRREL research staff, many of which benefit our local community. Jackie Richter-Menge and Janet Hardy will co-lead and coordinate this session, supported by other members of the CRREL research and engineering staff. They have all participated in field trips that have taken them to cold, remote, and extreme environments. Results of their work have been presented and published in many national and international venues.

There are no required texts for this course.

Jackie Richter-Menge is a research engineer, recently retired from CRREL. Results from her investigations on the Arctic sea ice cover have improved the operational capabilities of surface vessels and submarines and helped us to better understand the role that the polar regions play in the global climate system.

Janet Hardy is a physical scientist at CRREL with a background in snow hydrology research. She currently serves as the program manager for CRREL’s EPOLAR program, providing engineering expertise to the National Science Foundation in their management of the U.S. Antarctic Program.

4 sessions, 10:30 AM – 12:30 PM
September 28 through October 19, 2018
Hanover Community Center – Hanover, NH
Course Fee: $40
Subject: (600) Natural Science
In Search of Arthur: Exploring Early Welsh Literature on the King of the Britons

Who was King Arthur? Was he real or just an undying legend? In this course we will study several early works created in or imported into pre-Norman England from Wales, with hints at some Irish influences. We will explore the writings by Geoffrey of Monmouth particular to Arthur. Framing our reading throughout the course will be The Discovery of Arthur by Geoffrey Ashe. First published in 1985, this startling study was reissued in an updated edition in 2005 as recent archaeological discoveries have supported many of Ashe’s formerly criticized ideas. Yes, there likely was an “Arthur” and this class will explore in detail why this should be true.

There are two required texts and a reading packet for this course.

Sarah Welsch worked in academic and trade book publishing as a marketing and sales manager and acquiring editor for 40 years before retiring in 2014. At Dartmouth, she headed up the Sales & Marketing department at the University Press of New England from 1998-2008. Sarah has a B.A. in English from Smith College (where she specialized in the Celtic influences on British Victorian literature) and an M.A. from Northwestern University in American Literature of the 19th Century. She has lived in and traveled throughout Wales, and visited Glastonbury and other key Arthurian “sites” in Britain.

8 sessions, 10:30 AM – 12:30 PM
September 28 through November 16, 2018
Hanover Community Center – Hanover, NH
Course Fee: $80
Subject: (500) Interdisciplinary

Backstage@Northern Stage: Oslo

Are you fascinated by foreign politics? Have you wondered what goes into producing professional theater? This course will lead you on a journey from page to stage as we kick off Northern Stage’s 22nd season with Oslo, a sweeping political drama by JT Rogers. Inspired by the true story of the back-channel talks, unlikely friendships, and quiet heroics that led to the 1993 Oslo Peace Accords between the Israelis and Palestinians, this Tony Award-winning drama is a deeply personal story set against a complex historical canvas. This course is a series of experiential workshops and discussions led by members of Northern Stage’s Leadership Team; special guests including former Egyptian Ambassador Ezzedine Choukri Fishere, and members of the Oslo design team and cast. Topics may include:

• From Politics to Performance: Delve into the political context and real-life events behind JT Rogers’ Oslo with Producing Artistic Director Carol Dunne, Oslo Director Peter Hackett, and special guest Ezzedine Choukri Fishere
• Managing a Theater: An insider’s look at the balancing act of the not-for-profit theater scene with Managing Director Eric Bunge
• Design to Reality: Meet members of our production and design team and discover the process of bringing designs to life
• Playing Politics: Members of the Oslo company shed light on the actor’s process from casting through performance
• Plus, additional special events

There is a required text for this course.

Northern Stage: Entering its 22nd Season, Northern Stage is Vermont and New Hampshire’s only LORT-D non-profit professional theater. With a mission to change lives, one story at a time, Northern Stage brings national and area talent together on an intimate stage in diverse classic, contemporary, and new plays and musicals. Annually, we serve more than 3,500 students with extensive educational programs and 30,000 attendees enjoy main stage productions.

4 sessions, 5:00 PM – 7:00 PM
September 7 through September 28, 2018
Barrette Center – White River Junction, VT
Course Fee: $40
Subject: (100) Arts
Travel Journals

Participants will learn techniques to record travel, far and near, in small sketchbooks. Watercolor, pencil, pen, and ink will be used. Bring photos that we can explore, along with sharing memories. A bit of art background helpful and not required.

There are no required texts for this course.

Jo Tate graduated from McGill University Montreal, studied at St. Martin’s School of Art in London, and got her M.A. in Education at the University of Bridgeport, CT, and Silvermine College of Art. She taught and painted in CT before retiring to Norwich and AVA Gallery in Lebanon, NH, where she has exhibited and taught since 2000. She is a member of art societies in VT and CT. Her works appear in private collections and she loves creating animal portraits.

4 sessions, 10:30 AM – 12:30 PM
October 20 through November 10, 2018
Hanover Community Center - Hanover, NH
Course Fee: $40
Subject: (100) Arts

Midterm Madness…
The 2018 Elections

The 2014 midterms had the lowest % of voter turnout of any national seats in 41 of the past 44 midterm elections. Only F.D.R. in 1934, Bush in 2002, and Clinton in 1998 escaped. Republican gerrymandering could impact the results. Some suggest Democrats would need at least a 10-point plurality in the overall popular vote to win the 24 House seats necessary to regain control. The Senate will be even more problematic. Many incumbents are retiring, making analysis more difficult. We can’t predict what will happen but we can be sure the Twitter feed will dominate the views of millions of Americans. Social media, fake news, polling reliability, and dark money will also be front and center, not to mention the actions of Congress. There is always the prospect of the unknown, like missiles from North Korea or a Middle East crisis. The Mueller investigation and/or its fallout will remain front and center. This class will provide a deep dive into the prospects for the 2018 elections following as many of the races as we can… 435 House seats, 33 Senate positions, and 36 Gubernatorial spots, including two-year terms for Vermont and NH are up for grabs. There’ll be no text but we’ll provide a reading packet and additional background material. The course will conclude shortly after the election so we will be able to evaluate our assessments. We’ll proceed with a mixture of lecture and discussion as we play active roles on the front lines of democracy in action!

Maynard Goldman is a graduate of the University of Michigan with a B.A. in Political Science, a J.D. from Harvard Law School and a Certificate from an Executive Program at the Harvard Business School. A longtime political participant in campaigns on both sides of the aisle, he also served as an Adjunct Assistant Professor at Colby Sawyer College. This will be his ninth Osher course.

7 sessions, 10:30 AM – 1:00 PM
October 4, 11, 18, 25; November 1, 8, 16
Hilton Garden Inn - Lebanon, NH
Course Fee: $90 (higher fee due to location)
Subject: (200) Current Affairs
**Thursdays & Fridays**

**It’s About Time**

Certifiably smart people have said that “time” is a basic feature of reality, but others, equally certifiable, have argued that it is derivative, or merely something we project to make sense of reality, or a complete illusion. We will discuss the views from philosophy, physics, and science fiction. We will compare Newton’s time to Einstein’s, but if you never met an equation that you liked, fear not. Our approach will be diagrams, not equations. Some questions: If it is true that x will happen, does that imply no one could stop x (fatalism)? Does the past exist? The future? How long is the present? Would an omniscient God see a “moving now?” Could there be two “nows,” moving along the time line? In different directions? Is *Groundhog Day* possible? A second dimension of time? What gives time its direction? Could there be time without change? Does science fiction time travel require a “super time” or diverging universes? Does the shooting-your-grandfather paradox preclude backwards time travel – or only show that time travelers will never have happened to shoot their grandfathers? Some of the concepts will be abstract and mind-bending, but no special background in math, physics or philosophy will be needed. **Readings and films available online.** Representative musings:

- [http://lawrencecrocker.blogspot.com/2014/06/groundhog-day-movie-as-metaphysics.html](http://lawrencecrocker.blogspot.com/2014/06/groundhog-day-movie-as-metaphysics.html) (1st two sections)
- [http://lawrencecrocker.blogspot.com/2014/06/is-moving-now-illusion-if-god-is.html](http://lawrencecrocker.blogspot.com/2014/06/is-moving-now-illusion-if-god-is.html)

**Gene Lariviere** is a retired pediatrician who has led many programs at OSHER@Dartmouth, ranging from wine evaluation to history topics.

**Course materials will be shared electronically.**

**6 sessions, 9:00 AM – 11:00 AM**

**September 12, 14, 21, 26, 28; October 3**

**Fireside Inn - West Lebanon, NH**

**Course Fee:** $75 (higher fee due to location)

**Subject:** (700) Social Science

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**Wednesdays & Fridays**

**1968: That Was the Year That WAS - 50 Years Later**

The ‘60s were one of the wildest decades in U.S. history, and 1968 was the year when everything seemed to happen. The Tet Offensive, Eugene McCarthy in NH, L.B.J. drops out, R.F.K. is in but is assassinated, Martin Luther King, Jr. is killed and dozens of cities erupt in anger, the Chicago Democratic Convention, Black Power salute at the Olympics, Nixon wins a squeaker over H.H.H., Apollo 8 orbits the moon... and there’s more, much more. Dig out your muumuu, let your Afro grow out, bring the pictures of your arrest at the rally, put a flower in your hair, and join us for a trip down memory lane.

**Course materials will be shared electronically.**

**Gene Lariviere** is a retired pediatrician who has led many programs at OSHER@Dartmouth, ranging from wine evaluation to history topics.

**6 sessions, 9:00 AM – 11:00 AM**

**September 12, 14, 21, 26, 28; October 3**

**Fireside Inn - West Lebanon, NH**

**Course Fee:** $75 (higher fee due to location)

**Subject:** (700) Social Science

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**Larry Crocker** received his Ph.D. in philosophy from Harvard, with emphasis on philosophy of science and logic, and taught philosophy for several years at the University of Washington. He then practiced law, prosecuted criminals, and taught law at NYU. From 2004 thru 2012 he taught at Dartmouth classes in philosophy of law, crime and punishment, ethics, political and social philosophy, philosophy of science, and philosophy of religion.

**7 sessions, 2:00 PM – 4:00 PM**

**October 4, 11, 18, 25; November 1, 8, 16**

**Hilton Garden Inn - Lebanon, NH**

**Course Fee:** $90 (higher fee due to location)

**Subject:** (600) Natural Science
OSHER@Dartmouth Art Gallery

OSHER@Dartmouth Student Exhibit
July 2 - August 29

OSHER@Dartmouth Study Leader Stephanie Reininger has provided instruction and help in watercolor techniques to dozens of our members. This exhibit will feature work by several members who have studied with Stephanie, including:

Karen Baumgartner
Patricia Bertozzi-Buck
Jerry Churchill
Gael Clauson
Debby Crowell
Leah Goat
Stephanie Gordon
Winkie Kelsey
Jean Kluk
French McConnaughey
Sze Pang
Stephanie Reininger

The OSHER@Dartmouth Art Gallery is open during regular office hours:

Mondays through Thursdays
8:30 AM to 4:30 PM

Fridays
8:30 AM to 1:00 PM

7 Lebanon Street, Suite 107, Hanover, NH 03755

Charles Buell got his academic formation at Middlebury and New York University, but went into marketing for academic publishers. In retirement, he has returned to the study of social history and has offered a number of OSHER@Dartmouth courses over the years.

6 sessions, 12:00 PM – 2:00 PM
September 12, 14, 21, 26, 28; October 3
Fireside Inn – West Lebanon, NH
Course Fee: $75 (higher fee due to location)
Subject: (700) Social Science

The Puritans: From England, to Massachusetts, to the Pacific Ocean

This course will study the long-term influence of the Puritan migration in America. How did a small English group seeking religious freedom in 1630 manage to influence America’s structure of self-government, the American Revolution, the industrial revolution, and social and cultural reform movements like women’s rights and abolitionism – to say nothing of education at all levels? In exploring these broad events, we will also look into families that helped lead these ideals. In the 17th Century this would include the Winthrops, the Mathers, and a few other players. In the 18th Century, the Adams and Hancock clans will be featured. In the 19th Century, we will look at the Beecher, Perkins, and Lowell families. The class will consist of short lectures and significant discussion time, with occasional visuals and sound clips to vary the presentations. There will be short reading assignments in the required book, American Nations by Colin Woodard, along with free additional materials provided to participants.

Registration opens on Monday, July 30th!
OSHER@Dartmouth
SUMMER LECTURE SERIES 2018

Our Divided Country:
How to Find Common Ground

SPEAKERS
July 12: Steve Levitsky
July 19: Dr. Damon Tweedy
July 26: Kathy Edin
August 2: Steve Yale-Loehr
August 9: Sen. George Mitchell
August 16: Susan Dentzer

Tickets
Cost: $25 per lecture
Pay at the door, or
Purchase online: osher.dartmouth.edu
Call: (603) 646-0154
Mail:
OSHER@Dartmouth
7 Lebanon St. (Ste. 107)
Hanover, NH 03755
Email questions to: osher@dartmouth.edu

THURSDAYS • JULY 12 - AUGUST 16
9:00 AM TO 11:30 AM
SPAULDING AUDITORIUM
12 LEBANON ST., HANOVER, NH
Please read instructions on page 73 before completing your registration! 

You must be a member of Osher@Dartmouth to register for a course. Membership fees are listed below. Call (603) 646-0154 if you have any questions. Registration opens on Monday, July 30. Members can submit paper applications starting Thursday, July 26. Mail to: Osher Lifelong Learning Institute at Dartmouth, 7 Lebanon St., Suite 107, Hanover, NH 03755

NAME ____________________________________________

NAME BADGE (Name you prefer to appear on your name badge) _______________________________________

MAILING ADDRESS ______________________________________________________________

TOWN/CITY ____________________________________________ STATE ___________ ZIP _______

TELEPHONE _____________________________ E-MAIL _____________________________

Would you prefer to receive your Osher welcome letter via e-mail or post?

E-mail ☐ Post ☐

Would you be interested in serving as class representative for the course(s) you selected?

Yes ☐ No ☐

List your course selections in order of preference:

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How many of the courses listed above do you wish to take?  1  2  3  4  5

Courses over this total will be treated as back-up selections should your first choices be unavailable. Remember: During the first week of registration, members can only register for TWO COURSES MAXIMUM. If you are interested in taking more courses this term, please list them, bearing in mind that these additional registrations will not be processed until Monday, August 6.

Course Costs:

- Mini-Courses (8 hrs. or less) = $40
- Regular Courses (9-13 hrs.) = $60
- Full-Length Courses (14 hrs. or more) = $80

Membership (if not a current member):

☐ $70 per person (expires June 30, 2019)

Please send PAYMENT IN FULL for all courses you have requested. If paying by check, make it payable to DARTMOUTH COLLEGE.

AMOUNT ENCLOSED: ________________

Reminder: All registrations are on a first-come, first-served basis. We will begin processing paper applications when the office opens on Monday, July 30.
NAME ________________________________________________

NAME BADGE (Name you prefer to appear on your name badge) ______________________________

MAILING ADDRESS ________________________________________________________________

TOWN/CITY ____________________________ STATE _______ ZIP __________

TELEPHONE ____________________________ E-MAIL ________________________________

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E-mail ☐ Post ☐

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Please send PAYMENT IN FULL for ALL courses you have requested. If paying by check, make it payable to DARTMOUTH COLLEGE.

AMOUNT ENCLOSED: ________________
WE’VE UPDATED OUR REGISTRATION PAGE!

Our online registration site is designed to work more efficiently with mobile devices, laptops, and desktops!

See page 73 for more details, or visit osher.dartmouth.edu to view our guide for online registration!
**CODE OF CONDUCT**

In the spirit of fostering understanding, each OSHER@Dartmouth member is encouraged to share opinions and ideas. OSHER@Dartmouth class participants do not attempt to “convert” others because there is a mutual respect for each member’s experiences, ideas, value systems, and beliefs. The true focus of an OSHER@Dartmouth class is the critical examination of issues and opinions. Each participant’s point of view carries equal weight. Consensus is not a goal. We encourage participants with all points of view to attend and become engaged through discussion and civil debate.

**MEMBERSHIP**

You must be a current member of our program to participate in our courses. Our annual membership year runs from July 1 through June 30. Membership is open to anyone regardless of age, academic background, or college affiliation.

**Standard Annual Membership:** $70 per person (expires June 30, 2019)

New or non-active members must pay their membership fee prior to registration.

OSHER@Dartmouth members can check their membership status by using their username and password to log in to their account via osher.dartmouth.edu.

- After logging in, select ‘My Account’ from the top menu bar.
- When your account information appears, scroll to the bottom of the page and select the ‘Memberships’ tab.
- You should now see a list of each OSHER@Dartmouth membership you have possessed since 2013. Each membership includes a start date, an end date, and current status (Active, Expired, Canceled, etc.).
- If your membership is not current, you can purchase a new membership or renew your expired membership by clicking the ‘Select new membership...’ link below the membership list.

**ATTENDANCE & CANCELLATIONS**

Please make sure your schedule will permit you to attend the majority of the sessions of any full-length course you select, and ALL sessions of any mini-course you select. If you wish to drop a course (see “Refund Policy on page 71), or find you are unable to continue participating in a course, contact the OSHER@Dartmouth office.

If minimum enrollment for a course is not achieved, a course may be cancelled. If a course is cancelled prior to the start of term for this or any other reason, registrants will receive a seat in their alternate course selection, if available. If an alternate course was not selected or is unavailable, the office will process a refund of the fees for the cancelled course.

If weather or other unexpected events should make it necessary to cancel a class session, participants will be notified as soon as the cancellation has been confirmed.* If weather is questionable, PLEASE contact your Study Leader before leaving home. Cancelled sessions may be re-scheduled at the request of the Study Leader and in cooperation with the office.

*While the office may suggest or require cancellation of a course session due to weather or other events, the decision to cancel usually comes from the Study Leader and is passed along to participants by the Study Leader and Class Representative.
**REFUND POLICY**

Participants may request or receive a refund of their course fees for the following reasons:

- If a course is cancelled by OSHER@Dartmouth or the Study Leader(s), registrants will receive a full refund of their course fee.
- Members who withdraw from a course at least 14 days prior to its first session will receive a refund of their course fee minus a $10.00 administrative fee for each dropped course.
- Members who withdraw from a course less than 14 days prior to its first session are not eligible to receive a refund of course fees** or special fees related to the course.
- If a member requests a transfer from one course to another, a refund of the difference in costs will be processed if the transfer is from a course with a higher fee into a course with a lower fee. If the transfer involves courses with equivalent fees, no refunds or charges will apply. If the transfer is from a course with a lower fee into a course with a higher fee, the member is responsible for paying the difference in costs.
- Please contact the office via phone or e-mail to withdraw from a course, as this function is not available via your online registration account. Study Leaders and Class Representatives cannot process withdrawal requests.

**An exception to this policy may be made if the member's health will prevent participation in their course. In such cases, a refund request for course fees must be submitted in writing to the Osher office. A $10.00 administrative fee per course will be applied to this type of refund request. This type of exception does not apply to special fees.**

**ONLINE ACCESS**

In order to access your online account in the OSHER@Dartmouth registration system, you need to know your username and password. These items are assigned randomly when your account is first opened. If you do not know your username and/or password, you can retrieve and reset this information by clicking on the “Forgot Password?” link on our website.

We have instructions on username and password retrieval on our website:  
http://osher.dartmouth.edu/docs/password_reset_guide.pdf
Online registration should be easier on mobile devices, laptops, and desktops!
An October 2017 update provided a new look for our online registration site. The basic structure of the site remains the same, but we encourage members to take a few minutes to log in to their account prior to the opening day of registration in order to take a look at the changes to the site. A “How to Register” guide is available online at osher.dartmouth.edu.

OPENING WEEK OF REGISTRATION - LIMIT TWO COURSES PER MEMBER

During the opening week of registration (July 30 - August 3) each OSHER@Dartmouth member will be able to register for a MAXIMUM of two (2) courses. This policy will remain in effect until August 6, when the two-class limit will expire, and all members may enroll for as many courses as they wish until registration is closed for the term.

To prepare for this registration process, we suggest you perform two actions prior to July 30:
1. Log in to your account and verify your membership status. If you do not have an active membership for our 2017-2018 membership year, you will need to either purchase a new membership, or renew your expired membership before you can register for classes. It definitely saves time to take care of membership prior to the registration period.
2. If you are interested in taking more than two courses this term, decide which two you wish to select during the first week of registration. When the second week begins on August 6, you can add more courses.

This procedure was initiated during our fall 2017 registration period based on suggestions and feedback from members. We cannot promise that this policy will guarantee placement in your desired courses. It is intended to provide a more balanced opportunity for members to receive placement in popular courses.

REGISTRATION OPENS MONDAY, JULY 30 AT 12:01 AM!
Starting Monday, July 30, register online at http://reg130.imperisoft.com/Dartmouth/Search/Registration.aspx

- Registration for courses is on a first-come, first-served basis.
- If applications for a course exceed class size, names will be added to a wait-list.
- Payment in full is due upon submission of your registration. Online payment can be made via MasterCard or Visa.

**NOTE:** If you log in and visit the page for a specific class prior to the opening day of registration, the registration link for that class will not automatically appear when registration opens. You will need to refresh your page in order to view and select the registration link.

**COURSE DATES:**
Fall Term 2018 begins the week of September 3, 2018.*
Courses end the week of November 16, 2018.*

**COURSE COSTS:**
- $40 for any Mini-Course (8 hours or less)
- $60 for any Regular Course (9 to 13 hours)
- $80 for any Full-Length Course (14 hours or more)

*Some classes may start earlier or end later.
**COURSE REGISTRATION**

**REGISTRATION BY MAIL**

WE WILL ACCEPT PAPER APPLICATIONS BEGINNING July 26.

We will begin processing paper applications on the opening day of registration.

We will continue to accept paper applications at our 7 Lebanon St. office after registration has opened. Please remember:

- You must be a current member to enroll in courses. If you are unsure of your membership status, please contact our office.
- List courses in order of preference. Please select a course only if you can attend a majority of the classes.
- Submit separate forms for each registrant. (Photocopies are acceptable.)
- Fill out the form completely. Incomplete forms may slow or prevent processing of your registration.
- As soon as your payment is processed, you will receive confirmation via e-mail (or by post if you do not have an e-mail account).

*Mailing your application prior to the opening date of registration does NOT guarantee enrollment in a course.*

**REGISTRATION ASSISTANCE**

Need help with online registration?

Visit our website for complete step-by-step instructions, or consider taking advantage of our on-site registration assistance, when staff and volunteers will be available to process your registration in person. On-site assistance will be available on July 30 at the following location:

7 Lebanon Street, Suite 107, Hanover, NH

*After July 30, help with registration will remain available at 7 Lebanon Street during regular office hours.*

Don’t miss our “How to Register” guide - find it at osher.dartmouth.edu!

**TECH CAFÉS**

Our free Tech Cafés offer our members a chance to ask questions about their mobile devices (laptop, smartphone, tablet, etc.). They are also an excellent opportunity to receive training and instruction on accessing your OSHER@Dartmouth account and registering for courses. Tech Cafés are offered several times each term; no registration is required.

Visit osher.dartmouth.edu to view our current schedule!

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If any information changes after this catalog goes to press, we will post those changes on our website.

Visit osher.dartmouth.edu and click the “Courses” page to check for changes and updates to the information included in this catalog.
COURSE INFORMATION AND COMMUNICATION

Here is a short guide to the types of communications you should receive regarding your course:

• When your registration is processed, our registration system will generate a confirmation of registration for each course you have selected. You will receive the following notifications, depending on the method of your registration:
  - **Online registrations** should receive two e-mail messages from the osher@dartmouth.edu account. These messages are automatically sent by our registration system. One should include confirmation of your placement in your course*, while the other should contain payment information regarding your registration. (If you register for more than one course, you will receive a separate e-mail message for each course.)
  - **Registrations processed by office staff and paid via credit card** should receive a message confirming payment information and course registration.
  - **Registrations submitted via paper application, and any registration paid via cash or check,** will receive a confirmation of placement in your course(s). A separate receipt for your payment will be presented if you submit a cash payment in person. If you mail in your payment, your account will reflect your payment and registration status - please notify the office if you require a printed receipt for payment and registration.

• At least two weeks prior to your first class session, the osher@dartmouth.edu account will send you a welcome message via e-mail. **SAVE THIS E-MAIL FOR FUTURE REFERENCE.** This message will contain the following**:
  - Your course schedule and location information (see page 8 for course locations)
  - The name and contact information for your Study Leader(s)
  - The link to your online course folder (We recommend you use one of the following browsers: Google Chrome, Mozilla Firefox, or Safari. Folder links may not work with Internet Explorer.)

• **Your Study Leader(s)** will send class information (their own welcome note, the course syllabus, preparatory materials, etc.) directly to each participant.

• If there is a reading packet for the course, it will usually be available (via pre-order as well as pre-payment, if a charge applies) from the Osher office prior to the first class session. We also offer these files online in the course Google Drive folder whenever possible. **Please remember to order your packet from the office at least 24 hours prior to your desired pick-up time, as we will not have copies available without advance notice.**

*We will supply this welcome e-mail to every class participant with an e-mail account. If you have requested that the office supply your welcome letter through the post, you may still receive this e-mail in addition to the printed copy. (Welcome letters sent via post usually take two to three days to arrive.)

COURSE MATERIALS - LAB FEES AND OTHER EXPENSES

**Lab Fees:** Some courses may require a lab fee. Lab fees are based on the needs or parameters of the course, and can vary. Lab fees are an additional cost, separate from the course fee and materials fee.

**Materials Fees:** Some study leaders may ask class participants to purchase materials for their course. The cost of these materials should not exceed a $60 total. The materials fee may include reading materials used in the class, such as hand-outs, photocopies, reading packets, and required textbooks.* If you would prefer to receive your materials in print instead of online, you should contact our office AND discuss your preferences and options with your study leader. After confirming your choice with your study leader, be sure to notify the OSHER@Dartmouth office if you will NOT be receiving printed materials for your course.

*Each course is allowed a maximum number of printed pages at no cost. When that maximum is exceeded, the office must begin calculating a charge to cover printing costs, which is charged to the class participants receiving those materials.
READING PACKETS AND PHOTOCOPIES

**Reading Packets:** This term applies to any material needed prior to your first class session. Your OSHER@Dartmouth welcome letter should include information regarding these materials and any potential fees involved. *These items must be ordered from our 7 Lebanon Street office at least 24 hours prior to your desired pick-up time.* Fees for reading packets and related materials must be paid when you request these items. **NOTE:** Fees are only charged for printed copies of requested materials - if you choose to refer to the online version of the reading packet, no fee will be charged.

**Photocopies:** Some courses (particularly those involving peer editing of original writing) may require class participants to share printed copies of their work with their classmates. Class participants may visit the OSHER@Dartmouth office at 7 Lebanon Street in Hanover during regular office hours to make copies of materials required for their class. Please contact the office prior to your visit to notify staff members of your needs.

OSHER@Dartmouth reserves the right to take photographs or videos during the operation of any program and to use them, whether taken by a representative of OSHER@Dartmouth or by other participants, for promotional purposes. By enrolling in an OSHER@Dartmouth program, participants agree to allow their images to be used in such photography. Participants who prefer that their images not be used are asked to communicate this to the photographer or videographer on site so that arrangements can be made to locate the participant outside of the range of camera equipment.
Membership in Osher Lifelong Learning Institute at Dartmouth...

**Becoming a member is easy…**

To become a member, eligible for all Osher@Dartmouth courses, activities, and events, and to receive mailings and participate in as many courses as you wish, simply:

A. Purchase a membership. Annual membership year runs from July 1 – June 30.
B. Visit our website to create an account, pay a membership fee, and register for courses. (If you have ever participated in an Osher@Dartmouth program, you already have an account - you do not need to create a new one.)
C. Complete the paper application in this catalog and send it in, along with your membership fee.

**Being a member is most rewarding…**

Members, regardless of age, academic background or college affiliation, participate in a variety of stimulating, provocative, and intellectual activities and courses, including a series of monthly films, frequent lectures, and several social events throughout the year.

While enrolled in an Osher@Dartmouth course(s), you are granted borrowing privileges and use of the renowned Dartmouth College Libraries for the duration of the current membership year, as well as the chance to participate in a special orientation tour of Baker-Berry Library each term.

Finally, Osher@Dartmouth activities offer opportunities to meet new friends at any of a wide variety of special academic and social events featured throughout the year.

**And there’s an annual Summer Lecture Series you won’t want to miss…**

During July and August, we offer an intriguing lecture series focused on timely subjects by guest speakers from varied backgrounds. This year’s series will focus on “Our Divided Country: How to Find Common Ground” and will take place on Thursdays from 9:00 AM to 11:30 AM in Spaulding Auditorium, Hanover, NH. The series will run from July 12 through August 16, 2018.

Further information and cost of courses and activities are available from the Osher@Dartmouth office at 7 Lebanon Street, Suite 107 in Hanover, N.H. Monday–Thursday from 8:30 AM–4:30 PM and Friday from 8:30 AM–1:00 PM.

Osher Lifelong Learning Institute at Dartmouth
7 Lebanon Street, Suite 107, Hanover, NH 03755–2112
Tel: (603) 646-0154 E-mail: osher@dartmouth.edu
Website: osher.dartmouth.edu
Visit us on Facebook at https://www.facebook.com/OsherDartmouth

Image on front cover by Osher@Dartmouth member Darla Bruno.
Upcoming Events

Check our website for more info! Visit osher.dartmouth.edu today!

Tuesday, July 31
Lecture: Christopher W. Schmidt, “The Sit-ins” - 4:30 pm,
Life Sciences Center - Room 100, Hanover

Monday, August 20
Film: Guess Who’s Coming to Dinner - 11:00 am, Nugget Theatres

Wednesday, September 19 - NO CLASSES!

Wednesday, September 26
Film: M*A*S*H - 1:00 pm, Nugget Theaters