



OSHER@Dartmouth

Discovering the new. The provocative. The timeless.



**Registration
Opens
Tuesday,
February 18
at 12:01 am!**

2020 SPRING COURSE CATALOG

NORTHERN
STAGE

CHANGING LIVES, ONE STORY AT A TIME...

KING LEAR

BY WILLIAM SHAKESPEARE
DIRECTED BY STEPHEN BROWN-FRIED
JANUARY 22 - FEBRUARY 9



Citrus

BY CELESTE JENNINGS
DIRECTED BY
JAMEEKA HOLLOWAY-BURRELL
FEBRUARY 26 - MARCH 15

MILLION DOLLAR QUARTET

BY FLOYD MUTRUX & COLIN ESCOTT
DIRECTED BY CAROL DUNNE
APRIL 15 - MAY 24



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FRIDAY, FEBRUARY 7 • 7:00 PM

LOH ON LOCATION:
FIRST CONGREGATIONAL CHURCH OF LEBANON

JOHNNY GANDELSMAN

Grammy winner (Yo-Yo Ma's
Silkroad Ensemble) plays
Bach's cello suite on violin

UPCOMING

SAT
3/28

A BOWIE CELEBRATION

Diamond Dogs and Ziggy Stardust performed live



An idea of continued learning...

OSHER@Dartmouth is short for the Osher Lifelong Learning Institute at Dartmouth. We were founded in November, 1990 by 38 members of the Upper Valley intrigued with the “idea of continued learning.” Our founders relished the challenge of self-administered and peer-taught discussion programs. Over 30,000 people have participated in our programs since we were founded 29 years ago.

A volunteer-run learning organization for Upper Valley adults...

As a self-supporting department of Dartmouth College, OSHER@Dartmouth provides educational opportunities that encourage discovery and stimulate thinking through participation in courses, lectures, and related travel programs.

With over 1,500 members, we are one of the largest and most extensive lifelong learning institutes in the country.

Mission – Vision – Core Values

OSHER@Dartmouth’s Mission:

To provide outstanding lifelong educational opportunities to those in the greater Upper Valley.

OSHER@Dartmouth’s Vision:

To be recognized as a national leader for excellence in lifelong education.

Core Values:

- An unwavering commitment to lifelong education;
- Membership open to all, regardless of educational background;
- A diverse, high quality program, led by dedicated volunteers;
- A welcoming social environment, within and beyond the classroom;
- An appropriate fee structure that provides for financial sustainability, member affordability, innovation, and growth;
- Strong and continuing two-way relationships with Dartmouth College and the Osher Foundation; and
- Excellence in everything we do.

LETTER FROM THE PRESIDENT

January, 2020

Winter is here, but it is not a pretty one as I sit in a chair writing and trying to ignore the sleet, freezing rain, and snow mix going on outside. Where have the old-fashioned New England blizzards gone that gave us depths of snow to ski and frolic in? Today's winter mess invites me to find things to remember (such as the January 16 celebration in the DOC House of Lisa King's 25th anniversary as the Program Manager for ILEAD/OSHER@Dartmouth) and to look forward to (such as OSHER@Dartmouth's impending move to One Court Street in Lebanon).

Looking ahead invites a look at the past to understand how we got to where we are and whether the past provides any lessons for our future.

Recently, Barb Jones, longtime ILEAD and OSHER@Dartmouth member, provided me copies of a few items related to the founding of ILEAD/OSHER and I want to share with you a story about the key founder of ILEAD, Tom Campion.

In 1990, Tom retired from Dartmouth. He quickly found he was getting bored with retirement and was looking for something to keep his mind active and to respond to his need to continue to learn about new things.

Fortunately for Tom then - and for all of us today - Tom got a call from Steve Calvert who was in charge of an adult education program at Dartmouth that sponsored a summer alumni college. Steve told Tom he believed Dartmouth needed a year-round adult education program and asked Tom to get it started as a self-sustaining, self-directed activity run by "volunteers who would lead classes using the Socratic method." Tom was in full agreement and set teams to organize what soon became The Institute for Lifelong Education at Dartmouth, with the appropriate acronym ILEAD. The recognized starting date was November 1990 with a membership of 38. Tom was the obvious choice to be the first ILEAD president.

ILEAD was formally incorporated under the Provost's Office by Dartmouth President James Freedman in 1991. ILEAD's first classes, five in number, also started in 1991. The courses were "Myths" (taught by Ginia Allison, who still helps guide us today), "Great Decisions", "Healthcare in the US", "The Odyssey", and "The Scarlet Letter" (taught by Tom Campion).

What Tom Campion stood for - education as the elixir of life, and the importance of continuing education to keep the mind active after retirement - remains the impetus for OSHER@Dartmouth today. In honor of his inspiration and accomplishments, the Thomas B. Campion

LETTER FROM THE PRESIDENT

Award for Exceptional Service is presented annually to individuals who have demonstrated they have followed his example.

Thus in 2020 we will be celebrating the 30th anniversary of the founding of ILEAD/OSHER@ Dartmouth as well as the 25th anniversary of the hiring of Lisa King as the Program Manager of ILEAD/Osher. While we have had 15 presidents since 1990, it is Lisa who has provided the necessary continuous professional management and knowledge that brought us to where we are today. Last year OSHER@Dartmouth offered 178 courses serving our 1,400 members. Tom Campion would be delighted with that news.



Bill Sullivan
President

SPRING 2020 TERM: MARCH 23 - MAY 22

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**SPRING 2020 TERM DATES:
MARCH 23 - MAY 22**

CLASSROOMS & LOCATIONS

Courses in this catalog will take place at the following locations. Visit the 'Locations' page of our website at osher.dartmouth.edu/locations/ for online links to each site. If a course listed here does not contain an address or phone number, information will be included in the welcome packet for the course.

Blackberry Hill Art Center	33 Blackberry Hill Rd, Orford, NH 03777	603-353-4312
Center for Integrative Health	45 Lyme Rd. #200, Hanover, NH 03755	603-643-0066
Hood Museum	6 East Wheelock St., Hanover, NH 03755	603-646-2808
Hotel Coolidge	39 South Main St., White River Junction, VT 05001	892-683-5502
Kendal at Hanover	67 Cummings Rd., Hanover, NH 03755	603-643-8900
Lebanon Co-op Culinary Ctr.	12 Centerra Parkway, Lebanon, NH 03766	603-643-4489
Montshire Museum of Science	1 Montshire Rd., Norwich, VT 05055	802-649-2200
OSHER@Dartmouth	One Court Street, Lebanon, NH 03766	603-646-0154
R.W. Black Community Center	48 Lebanon St., Hanover, NH 03755	603-643-5315
St. Thomas Church	9 West Wheelock St., Hanover, NH 03755	603-643-4155
Stephanie's Studio	see syllabus for location and contact information	
Upper Valley Music Center	8 South Park St., Lebanon, NH 03766	603-448-1642
The Village at White River Junction	101 Currier St., White River Junction, VT 05001	802-526-5005

OSHER@DARTMOUTH

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*These volunteers help to guide, promote, and develop OSHER@Dartmouth offerings.
Please contact us for more information about volunteering on a committee.*

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**Ex Officio*

GIFTS RECEIVED

The following list contains names of donors who contributed to our Friends of Osher Annual Drive from November 2019 through January 5, 2020. We received gifts that totalled \$37,903 from 278 individuals. We thank all of our donors for their generosity.

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The generous gifts these donors provided will promote OSHER@Dartmouth's growth and long-term stability by helping to expand program offerings and enable us to remain accessible and affordable to the Upper Valley community and beyond. Their gifts maintain affordability of membership dues and course fees, supplement scholarships, purchase equipment for classrooms, help to pay for offsite classroom rentals, and enable us to move towards our long-term goal of obtaining a more permanent location.

TERM AT A GLANCE

TIME **COURSE TITLE** **STUDY LEADER**..... **SUBJECT** **LOCATION**..... **PAGE**

MONDAYS

9:00 AM - 11:00 AM	Writing Poems	Herzberg & Vickers	HUMANITIES	One Court Street	13
9:00 AM - 11:00 AM	Triumph of the Human Spirit	Jed Williamson	SOCIAL SCIENCE	One Court Street	13
9:00 AM - 11:00 AM	How to Deal with Difficult People	Steven Shama	INSTRUCTIONAL	One Court Street	14
9:00 AM - 11:00 AM	Is the American Dream Dead?	Robert Gasser	CURRENT AFFAIRS	One Court Street	14
10:00 AM - 1:00 PM	Salt, Fat, Acid, Heat	Lindsay Smith	INSTRUCTIONAL	Co-op Culinary Ctr.	15
11:30 AM - 1:30 PM	Andre Dubus' Writings	Brian Blanchette	HUMANITIES	One Court Street	15
11:30 AM - 1:30 PM	American...Short Stories	Jim Adler	ARTS	One Court Street	16
1:00 PM - 3:00 PM	Political Rep. & Gerrymandering	Linda Fowler	SOCIAL SCIENCE	R.W.Black Comm. Ctr.	16
2:00 PM - 4:00 PM	Books That Changed My Life	Harry Dean Brown	INTERDISCIPLINARY	Kendal	17
2:00 PM - 4:00 PM	<i>Svaroopa</i> ® Yoga	Annie Ross	INSTRUCTIONAL	Ctr. Integ. Health	17
2:00 PM - 4:00 PM	Mixed Media Art Journaling	Kate Farricker	ARTS	One Court Street	18
2:00 PM - 4:00 PM	The American 1920s	Bob Jakoubek	SOCIAL SCIENCE	One Court Street	18

TUESDAYS

9:00 AM - 11:00 AM	Women & Investing	Moquin & Glennon	INSTRUCTIONAL	One Court Street	19
9:00 AM - 11:00 AM	Women's Suffrage in America	John Ferries, et al.	SOCIAL SCIENCE	One Court Street	19
9:00 AM - 11:00 AM	Mindfulness Meditation	Stephen O'Dwyer	INSTRUCTIONAL	One Court Street	20
9:00 AM - 12:00 PM	China's Grand Strategy	Sarwar Kashmeri	SOCIAL SCIENCE	One Court Street	20
11:30 AM - 1:30 PM	Revolution Revised	Vic Henningsen	SOCIAL SCIENCE	One Court Street	21
11:30 AM - 1:30 PM	Shakespeare's Greatest Comedies	Marilyn Roberts	HUMANITIES	One Court Street	21
11:30 AM - 1:30 PM	Aristotle's Ethics and Politics	Joe Ronan	HUMANITIES	One Court Street	22
2:00 PM - 3:30 PM	Myth & Metaphor	Patricia Cashman	HUMANITIES	One Court Street	22
2:00 PM - 4:00 PM	Personal Media Literacy	Scott Rappoport	SOCIAL SCIENCE	One Court Street	23
2:00 PM - 4:00 PM	Thus Spoke Zarathushtra	Werner Kleinhardt	HUMANITIES	One Court Street	23
2:00 PM - 4:00 PM	Mah Jongg	Mary Ann Holbrook	INSTRUCTIONAL	One Court Street	24
2:30 PM - 4:30 PM	Natural Landscape Design	Jim Kennedy	NATURAL SCIENCE	Kendal	24
4:30 PM - 6:30 PM	Merle Haggard: The Soul of Country	Daley, Labier & Barker	ARTS	One Court Street	25

WEDNESDAYS

9:00 AM - 11:30 AM	Remembrance of Things Past	Joe Medicott	HUMANITIES	One Court Street	25
9:00 AM - 11:00 AM	D.H. Lawrence's <i>Women in Love</i>	Phyllis Deutsch	HUMANITIES	One Court Street	26
9:00 AM - 11:30 AM	Great Decisions 2020	Sanders & Wooster	CURRENT AFFAIRS	One Court Street	26
9:00 AM - 11:30 AM	Watercolor for...Watercolor Painters	Stephanie Reininger	ARTS	Stephanie's Studio	27
10:00 AM - 12:00 PM	Playfully Poetic	Page Coulter	ARTS	Kendal	27
10:00 AM - 12:00 PM	The Greatest Show on Earth III	Maynard Goldman	SOCIAL SCIENCE	Hotel Coolidge	28

WEDNESDAYS, CONT.

10:00 AM - 12:00 PM	Spring Wildflowers & Ferns (Wed.)	Alice Schori	NATURAL SCIENCE	Various	28
11:00 AM - 1:00 PM	Ceramic Art by Native Americans	Jeanne Shafer	ARTS	Hood Museum	29
11:30 AM - 1:30 PM	The Biology of Marine Mammals	Rob Nawojchik	NATURAL SCIENCE	One Court Street	29
12:00 PM - 2:00 PM	Comedians of the 50s and 60s	Maynard Goldman	ARTS	One Court Street	30
1:00 PM - 4:00 PM	In Your Genes: Genetic Technology	Iain Sim	NATURAL SCIENCE	One Court Street	30
2:00 PM - 4:00 PM	Canada Today	Raymond & Josette Malley	CURRENT AFFAIRS	One Court Street	31
2:00 PM - 4:00 PM	Nuclear Weapons: The Early Years	John Lamperti	SOCIAL SCIENCE	One Court Street	31
3:00 PM - 5:00 PM	How to Build a Habitable Planet	Smith, Haynes & Martin	NATURAL SCIENCE	Montshire Museum	32

THURSDAYS

9:00 AM - 11:00 AM	Charities and Their Directors	Neil Castaldo	CURRENT AFFAIRS	One Court Street	32
9:00 AM - 11:00 AM	The State of the Union	Jim Wilson	CURRENT AFFAIRS	One Court Street	33
9:00 AM - 11:00 AM	NASA's Golden Age	Dan DeMars	INTERDISCIPLINARY	One Court Street	33
9:00 AM - 11:00 AM	Anne Frank in the World	Phyllis Deutsch	HUMANITIES	One Court Street	34
10:00 AM - 12:00 PM	Hand-knitted Hats	Judith Esmay	ARTS	St. Thomas Church	34
10:00 AM - 12:00 PM	Spring Wildflowers and Ferns (Thu.)	Alice Schori	NATURAL SCIENCE	Various	35
11:30 AM - 1:30 PM	Opening Poetry... Greater Enjoyment	Dan Collison	HUMANITIES	One Court Street	35
11:30 AM - 1:30 PM	When Stars Were Born: 1919	John Peterman	ARTS	One Court Street	36
11:30 AM - 1:30 PM	Actually Reading the Constitution	Larry Crocker	SOCIAL SCIENCE	One Court Street	36
11:30 AM - 1:30 PM	Perspectives on the Holocaust	Thomas Burke	SOCIAL SCIENCE	One Court Street	37
2:00 PM - 4:00 PM	NEW REVELATION	Charles Johnson	INTERDISCIPLINARY	One Court Street	37
2:00 PM - 4:00 PM	African Roundtable	Norman Miller	SOCIAL SCIENCE	TBD	38
2:00 PM - 4:00 PM	Not Your Usual Music Appreciation	Moby Pearson	ARTS	One Court Street	38
3:30 PM - 5:30 PM	Hand-building with Clay	Dianne Burger	ARTS	Blackberry Hill Art Ctr.	39

FRIDAYS

9:00 AM - 11:00 AM	Useful Tools for Life Planning	Richard Davis	INSTRUCTIONAL	One Court Street	39
9:00 AM - 11:00 AM	How Much Money...to Retire?	Evan Roberts	INSTRUCTIONAL	One Court Street	40
9:00 AM - 11:00 AM	Death Writing Considered	Lee Webster	HUMANITIES	One Court Street	40
9:00 AM - 11:00 AM	Writing in Circles	Stephen Hackman	HUMANITIES	One Court Street	41
9:00 AM - 11:00 AM	Roots of Civilization in Soil	Bruce James	INTERDISCIPLINARY	One Court Street	41
9:00 AM - 12:00 PM	Take a Hike! Ok, I'm Ready to Learn	Watson & Cook	ARTS	One Court Street	42
11:30 AM - 1:30 PM	Curious Minds of Transcendentalists	Marc Smith	HUMANITIES	One Court Street	42
11:30 AM - 1:30 PM	Music of Jon Appleton	Jon Appleton	ARTS	The Village	43
11:30 AM - 1:30 PM	English Gardens: A Social History	Barbara Stern	ARTS	One Court Street	43
1:30 PM - 3:30 PM	Benjamin Britten's <i>War Requiem</i>	Mark Nelson	ARTS	Upper Valley Music Ctr.	44
2:00 PM - 4:00 PM	Intro to <i>Svaropa</i> ® Vidya Meditation	Annie Ross	INSTRUCTIONAL	Ctr. Integ. Health	44

TERM AT A GLANCE

TIME **COURSE TITLE** **STUDY LEADER**..... **SUBJECT** **LOCATION**..... **PAGE**

SPECIAL SCHEDULES: SEE COURSE DESCRIPTIONS FOR SCHEDULE SPECIFICS

MONDAYS/WEDNESDAYS

2:00 PM - 4:00 PM.....Active FrenchGloria Finkelstein HUMANITIESOne Court Street 45

TUESDAY/THURSDAY

11:30 AM - 1:30 PMPlant-Based Nutrition.....Beth Perera..... INSTRUCTIONAL.....Co-op Culinary Ctr..... 45

Writing Poems/ Making Them Better

MONDAYS

9:00 AM - 11:00 AM
8 sessions (16.00 hrs.)
Course Fee: \$80

30-Mar to 18-May
One Court Street
HUMANITIES

Since there has been writing, there has been poetry. Poetry is an art, and a poem is a made thing, created and constructed. Like all made things, there are ways to do it “right.”

As with any form of art, most of us find getting it exactly “right” is rare. We do try to make our poetry as effective as possible. We want the poem to have an impact, and that’s one reason we work to craft it with care.

Craft can be taught, and the purpose of this course is to understand why this matters and to familiarize participants with tools that will help express your creative thoughts, feelings, and ideas with as much power as you intend. Class participants will accomplish this by reading the work of published poets, writing and presenting poems of your own, and learning the art of critique.

There are no required reading materials.

Don Herzberg

Don Herzberg has lived with his family in Vermont since 1980, practicing medicine first at Dartmouth-Hitchcock and then in a private group. He earned an M.F.A. in Poetry Writing from New England College in 2004. He has published poems in magazines and has produced two books with his wife, coupling his poems with her artwork. He is now self-publishing his book *Dancing on Earth*.

Betsy Vickers

Betsy Vickers is a graduate of Bennington College and has an M.F.A. from The Art Institute of Chicago. She worked previously creating print media and websites for educational programs, with an emphasis on study abroad. She has been dedicated to writing poetry since 1995, but also continues to write in other genres including essay and memoir. Betsy has taken many ILEAD/OSHER@Dartmouth classes and lead Osher courses - “Environmental Autobiography” and “Words and Pictures.”

Triumph of the Human Spirit – High Mountains, Vast Oceans, Extreme Cold, Remote Settings

MONDAYS

9:00 AM - 11:00 AM
8 sessions (16.00 hrs.)
Course Fee: \$80

30-Mar to 18-May
One Court Street
SOCIAL SCIENCE

Growing up on a 60-acre game farm, I spent many hours outside wondering if I would ever experience deep adventures found in tales such as *Kon-Tiki*, *Endurance*, *Annapurna*, *Book of the Eskimos*, and *Out of This World*. I often asked myself, what allows some to survive the harshest of conditions in a variety of remote environments – whether as an explorer or just engaged in every day survival? Why do some live and others perish?

We’ll screen several contrasting documentaries – from Shackleton’s Antarctic epic *Endurance* to Tori McClure - the first woman to row solo across the Atlantic Ocean; from Joe Simpson’s crawl out of a crevasse in Patagonia to Kalahari bushman Karoha running down his prey; from escaped POW Heinrich Harrar’s *Seven Years in Tibet* to *Arctic Dance* – the story of Olas and Mardy Murie’s extensive field research; from a year in a village in the Siberian Taiga with hunter/trappers to 13-year-old Mongolian girl Aisholpan becoming an eagle huntress. The content of each provide the basis for us to examine both the environmental and human challenges in which odds are overcome by extraordinary fitness of mind and body, and to discuss what commonalities and differences we find in these very different people.

Participants will be asked to identify some of THEIR favorite examples, which may be included.

There is an optional reading packet.

Jed Williamson

Jed is President Emeritus of Sterling College, former faculty member at UNH, and Outward Bound School Director. He is a practitioner and consultant in education and outdoor pursuits. He compiled the Accreditation Standards for Adventure Programs and was editor of *Accidents in North American Mountaineering* for 40 years. His own life in harsh environments include expeditions in Alaska, China, and Russia; a ski traverse of the Brooks Range; and hunting with the Hudza in Tanzania.

How to Deal with Difficult People...and Look Forward to It! The Positive Messages These People Bring to Our Lives

MONDAYS

9:00 AM - 11:00 AM
3 sessions (6.00 hrs.)
Course Fee: \$40

6-Apr to 20-Apr
One Court Street
INSTRUCTIONAL

Difficult people bring forth emotions in us that we'd prefer not to have. We'll find creative ways of dealing with these people, so you make peace, not war! Participants will be asked to suggest difficult scenarios, for example, the angry, demanding, or controlling person. We will generate many different approaches to solving these frustrating situations.

What role does empathy play in understanding the difficult person? What are the specific ways and words to use to make people feel valued, feel listened to, feel cared about? Handouts will be provided giving answers and approaches to life's most frustrating interactions. The sessions will be touching and filled with humor.

Guaranteed to be memorable, practical, and life/spirit enriching! You'll learn specific techniques and phrases to use to defuse a difficult person and calm their behavior. You'll learn ways to make them feel valued and cared about. You'll learn how to set boundaries on a person's unacceptable behavior. You'll discover ways of stopping people from stealing your joy and techniques on how to find the positives in almost every situation.

There will be suggested reading for this course and there may be some required reading as well.

Steven Shama

Steve has degrees from Columbia College, Temple University School of Medicine, and the Harvard School of Public Health. He is a professional speaker and a storyteller with inspirational stories and concrete examples that help people communicate and connect in these challenging times. This particular session has been given by him throughout the country, Canada, and Israel for the last 25 years and to thousands of people.

Duped? Is the American Dream Dead?

MONDAYS

9:00 AM - 11:00 AM
4 sessions (8.00 hrs.)
Course Fee: \$40

6-Apr to 27-Apr
One Court Street
CURRENT AFFAIRS

This course will explore the origins and development of our belief in the "American Dream."

From Jefferson and de Tocqueville, through *The Great Gatsby* and into the age of Trump, we'll examine different interpretations of the American Dream and address important questions. Does it still exist? Should it? If so, in what form? Is some version of an American Dream central to our democracy?

There are no required texts.

Robert Gasser

I have a B.A. in English from Rutgers University, a law degree from Columbia Law School, and one year study at Hong Kong University as Rotary Foundation Fellow. I am a retired Prosecutor and the father of the Drug Court program in Grafton County and first State wide coordinator of that program in NH. I have taught three times for Osher on this program.

Cooking the Book: Salt, Fat, Acid, Heat

MONDAYS

10:00 AM - 1:00 PM

4 sessions (12.00 hrs.)

Course Fee: \$60

Lab Fee: \$60, payable to Co-op at first session

27-Apr to 18-May

Co-op Culinary Ctr.

INSTRUCTIONAL

Join us at the Co-op Learning Center for a unique cooking class. Guided by the lessons from *Salt, Fat, Acid, Heat* by Samin Nosrat, we will explore each of these elements and its roles, functions, and effects on taste in a dish.

Each week we will put our lessons into practice to create a meal to share. You will leave empowered and inspired and a more intuitive cook.

SALT: Most professional cooks agree that knowing how to use and taste for salt properly is the single-most important skill a cook can have. We will discuss the whys and hows of using salt, so you can consistently produce delicious, balanced dishes.

FAT: Fat - simultaneously reviled and beloved - is the key to all of the textures that make our food interesting and exciting to eat. You will learn that fat is something to celebrate and you will come to understand how using fat properly can actually make your food less greasy and more healthful.

ACID: A cook who knows how to use and balance acid in a dish can transform even the most mundane foods into something amazing. Acid is the least about science, and the most about your palate, so we will taste, taste, and taste again, then discuss how to think about acid in planning a dish.

HEAT: A handful of variables determine whether high heat or low, dry heat or wet, a covered pan or lidless, is best. Once you learn how to identify and approach these variables, decisions about what to cook, and how, will be a lot more straightforward and a lot less intimidating.

Optional Text:

- ***Salt, Fat, Acid, Heat: Mastering the Elements of Good Cooking* - Samin Nosrat (ISBN-13: 978-1476753836)**

Lindsay Smith

Lindsay Smith is the Food Educator for the Co-op Culinary Learning Center. Lindsay brings with her a lifelong passion for supporting local, sustainable agriculture and seasonal eating. She loves to cook and make the kitchen an accessible place for people of all ages. Lindsay also brings a wealth of teaching experience, especially in unconventional classrooms.

Entering the World of Andre Dubus' Writings

MONDAYS

11:30 AM - 1:30 PM

8 sessions (16.00 hrs.)

Course Fee: \$80

23-Mar to 11-May

One Court Street

HUMANITIES

"Read a Dubus story and you don't think much about the brilliance of the craft because you're too busy becoming immersed in the lives of his characters and you come to know them as you might your sister or your brother, your son or your daughter. ... Can one writer's words make us more human? The words of Andre Dubus can - and do."

- Peter Orner, author

Join me in exploring the short stories, novellas and essays of the incomparable Andre Dubus. This author tackles all themes pervading families and individuals in living every day: violence and poverty, faith and family, loyalty and righteousness, marriage and immorality, guilt and redemption. His story writing is so deep it has been called "too deep for tears." He has been called the American Chekhov, pretty lofty company.

Participants should expect to read three to four stories/essays, a maximum of 80- 100 pages, prior to each class so we can engage in conversive analysis of each work. Lively class participation makes for a great experience for all.

I hope you will join me to discover/rediscovers this stalwart of American Literature.

Required Text:

- ***We Don't Live Here Anymore; Collected Short Stories and Novellas, Vol. 1* - Andre Dubus (ISBN-13: 978-1567926163)**
- ***The Winter Father; Collected Stories and Novellas, Vol. 2* - Andre Dubus (ISBN-13: 978-1567926170)**

There is a required reading packet.

Brian Blanchette

After graduating from Massachusetts College of Pharmacy with a B.S., Brian moved to Lebanon, NH and worked as a pharmacist in the Upper Valley. Now retired, he spends his time on two of his passions - his family and reading. A lifelong book lover, he is determined to read all books missed over the years and sharing the experience. Having completed a course on John Updike as Study Leader, Brian has found the perfect way to explore great books and authors - take or lead an Osher literary course.

American Contemporary Short Stories

MONDAYS

11:30 AM - 1:30 PM

23-Mar to 18-May
NO CLASS 30-Mar

8 sessions (16.00 hrs.)
Course Fee: \$80

One Court Street
ARTS

While even a fine novel may ramble a bit at times, a great short story wastes not a word, focusing like a laser to illuminate some significant aspect of the human condition. Perhaps for this reason, short stories are often considered to be the most perfect – and demanding – form of fiction writing. In this course we will sample a number of outstanding contemporary American short stories. Each week we will read and discuss three, both “classics” by widely recognized fine writers and the very latest “best of the best,” as compiled in *The Best American Short Stories of 2019*. We will typically be reading (and ideally then re-reading) 50-75 pages per week.

NOTE: Some of the stories we will be reading will take us into unfamiliar worlds, with situations and circumstances that some readers may find somewhat challenging.

Required Texts:

- *The Best American Short Stories of 2019* - Anthony Doerr, guest editor (ISBN-13: 978-1328484246)
- *The Granta Book of the American Short Story, Volume Two* - Richard Ford, editor (ISBN-13: 978-1847080400)

Jim Adler

Jim Adler moved to the Upper Valley 24 years ago following a 28-year career as an international advertising agency executive. As a Dartmouth undergraduate, he gave up his English major to acquire an M.B.A. from Tuck on the “three-two” plan, thus irrevocably selling his soul to the real world. He has been looking for ways to offer penance ever since.

Political Representation and Gerrymandering

MONDAYS

1:00 PM - 3:00 PM

30-Mar to 13-Apr

3 sessions (6.00 hrs.)
Course Fee: \$40

R.W. Black Comm. Ctr.
SOCIAL SCIENCE

Since the earliest days of the Republic, state legislatures have drawn boundaries for state and congressional legislative districts in order to advantage a particular political party. Always controversial, gerrymandering in the last decade has sparked lawsuits and widespread citizen action to establish alternative procedures.

In this course, we examine the history of gerrymandering, the potential harms it poses for democratic accountability, and the various alternatives that reformers have proposed. In week one, we examine the concept of representation and how gerrymandering potentially harms citizens’ interests. In week two, we evaluate key decisions in the state and federal courts that have affected redistricting practices since the Supreme Court’s famous “one-man-one-vote” decision in 1962. In week three, we turn to remedies, ranging from non-partisan commissions, to litigation under state constitutional protections, to alternative forms of voting.

There is a required reading packet.

Linda Fowler

Linda Fowler is Professor of Government and Frank Reagan Chair in Policy Studies, Emerita, at Dartmouth College, where she remains an active teacher and scholar since retiring in 2014. She served as Rockefeller Center director from 1995-2004. Fowler has received multiple awards for teaching and scholarship, publishing three books and scores of articles and book chapters on Congress, interest groups, and elections. She holds degrees from Smith College and the University of Rochester.

Books That Changed My Life

MONDAYS

2:00 PM - 4:00 PM

23-Mar to 27-Apr

6 sessions (12.00 hrs.)

Kendal

Course Fee: \$60

INTERDISCIPLINARY

Almost fifty years ago, a friend pressed a book into my hands. The book was *Memories, Dreams, Reflections* by Carl Jung. Insights from the book have affected just about every aspect of my thinking.

To press a few books into other people's hands, so to speak, I've compiled a list of books that might inspire us to analyze some of the personal and social issues we think about most. Those issues cross a variety of disciplines including psychology, history, religion, and science. The course will consider one book in each meeting, and the format of the course will be about half lecture and half discussion. Don't worry about reading all the books. Just choose whatever you think would interest you most and be prepared to benefit from the main ideas of the rest.

- *Memories, Dreams, Reflections* - Carl Jung
- *The Book on the Taboo Against Knowing Who You Are* - Alan Watts
- *Zen Physics* - David Darling
- *Miracles* - C. S. Lewis
- *American Nations* - Colin Woodard
- *Games People Play* - Eric Bern

The books listed above may involve a total cost exceeding \$60; bear in mind that participants are not required to purchase all titles listed.

Harry Dean Brown

Dean Brown earned a B.A. in Government at Dartmouth and an M.A. in Political Science at Duke University. He taught Constitutional Law and related courses on the university level while living in West Berlin, Germany. Dean also lived a year in New Zealand as a high-school student. He credits his years abroad with giving him a perspective on life that broadened his approach to life's pressing questions. A former congressional press secretary and foreign-policy advisor, he now hosts a television show called *Raising Questions* that gently challenges conventional ways of approaching politics, psychology, and religion.

Svaroopa® Yoga -

Gentle, Deep and Profound

MONDAYS

2:00 PM - 4:00 PM

30-Mar to 20-Apr

4 sessions (8.00 hrs.)

Ctr. Integ. Health

Course Fee: \$40

INSTRUCTIONAL

Based on a significantly different paradigm in yoga poses, the practice of this unique style is both physical and more than physical. In *Svaroopa*® yoga we specialize in 'core opening,' spinal decompression, through releasing the tensions in the layers of muscles wrapped around your spine.

Using precise alignments to create an inner opening from tail to top, this style redefines strength, giving you stamina and vitality through releasing deep tensions and recapturing your essential aliveness. This yoga is precise and compassionate at the same time, using props such as blankets and blocks to meet your body where it is. *Svaroopa*® yoga is body friendly, yoga that anyone can do regardless of experience or fitness level. Not exercise, Yoga International describes it this way: "*Svaroopa*® Yoga is a scientific maximization of your body's capacity, dissolving the tensions that inhibit your body's natural functioning and inherent healing capacity."

This four-week course is experiential; you will learn the 'Magic Four' poses that open your spine from tail to top, and be able to bring the practice home with you, finding ease of movement and bliss.

There are no required reading materials.

Annie Ross

Annie Ross found her passion for Eastern Philosophy while earning a B.A. in Comparative Religion from the University of Vermont, 1979. Her study since 2008 at *Svaroopa*® Vidya Ashram in Downingtown, PA has led to several certifications: Certified *Svaroopa*® Yoga teacher (CSYT 700), *Embodiment*® Yoga Therapist, *Svaroopa*® Vidya Meditation Teacher and others in philosophy and vichara (the practice of self inquiry). She is certified in Ayurvedic Marma Treatments. Ayurveda is the Indian science of medicine and sister science to yoga.

Mixed Media Art Journaling

MONDAYS

2:00 PM - 4:00 PM

4 sessions (8.00 hrs.)

Course Fee: \$40

6-Apr to 27-Apr

One Court Street

ARTS

Lab Fee: \$30, to be paid directly (via cash or check) to Study Leader at first class session

"Art is the only way to run away without leaving home."
- Twyla Tharp

Mixed media art is completely open-ended and anyone can create it. No previous art ability is required for this course. I believe that everyone has some artistic impulses inside of them. We will provide a time and place for them to come out and play! We will not be composing any type of writing. We are making art!

In this incredibly fun class we will become familiar with an assortment of art supplies: inks, paints, gesso, stencils, modeling pastes, rubber stamps, and thick gel mediums. We will be using assorted colors, wet and dry elements, and working in a simple 6x6 watercolor-papered journal. We will work on multiple pages at once, with no set rules aside from the guidelines I will be giving you.

The \$30 lab fee will cover the journal, paints, spray inks, gesso, two glue sticks, texture paste, assorted additional paper elements, and a few other minor supplies. Please bring the following to class with you: two empty cans (or cups) for water for the brushes, a roll of paper towels, plain baby wipes (small package is enough), a heat tool or a hair dryer (either is fine), scissors, an old gift or credit card (we will be scraping), and a roll of wax paper. I will have brushes to share, along with rubber stamps, inkpads, stencils, and assorted decorative papers.

There is no required reading material.

Kate Farricker

Kate Farricker is the (retired) owner of a rubber stamp store, called AbsolutelyEverything, located in Massachusetts. She has been teaching mixed media arts, altered books, card-making, and assorted jewelry classes for eighteen years. She has relocated to the Upper Valley recently and is eager to start teaching again.

The American 1920s

MONDAYS

2:00 PM - 4:00 PM

6 sessions (12.00 hrs.)

Course Fee: \$60

13-Apr to 18-May

One Court Street

SOCIAL SCIENCE

During the 1920s a French writer visited the United States and was astounded. The nation "has again become a new world," wrote André Siegfried. "The American people are creating on a vast scale an entirely new social structure....it may even be a new age."

This "new age" saw the emergence of a consumer economy, the growth of mass entertainment, and stunning changes in manners and morals. Perhaps inevitably, all this change led to bitter cultural conflict; the "Roaring Twenties" was the decade of the Ku Klux Klan, and battles over prohibition, evolution, and immigration.

From our vantage point of nearly a century later, we'll examine these dramatic changes and the deep divisions they caused. We'll also consider the Republican governments of the era, whose policies of tax reduction, a unilateral approach to foreign relations, high tariffs, and severe restriction of immigration seem to have contemporary relevance.

There is an optional reading packet.

Bob Jakoubek

Bob Jakoubek has been a study leader for several OSHER@Dartmouth courses on 20th century history and politics. He studied history at Indiana and Columbia and is the co-author of *These United States*, a textbook. He served as historical consultant for the ten volume *Twentieth Century America* and has written numerous books of history and biography for young adults.

Women & Investing

TUESDAYS

9:00 AM - 11:00 AM

2 sessions (4.00 hrs.)

Course Fee: \$40

31-Mar to 7-Apr

One Court Street

INSTRUCTIONAL

This two-session course provides unbiased basic financial instruction designed for women. It will assist women in understanding the sometimes enigmatic world of finance. The first session includes techniques to detect/prevent fraud. We shall also cover how to evaluate salespeople, advisers, and unscrupulous selling practices. The second session includes special considerations for investing when retired, an introduction to common investments, and simple estate planning concepts. We will review recent studies on senior investing, psychological tendencies, and common investing mistakes. Free educational materials will be provided, and there will be extensive Q & A time. Men are welcome to participate.

There are no required reading materials.

Kevin Moquin

Barry Glennon

Kevin Moquin is Senior Staff Attorney at the NH Bureau of Securities Regulation, and has been with the Bureau for 17 years. He supervises Bureau examinations and acts as hearing officer. He is a graduate of Suffolk University Law School. Barry Glennon joined the Bureau of Securities Regulation in 2001 and was appointed Director in 2012. He was previously employed by Chubb Life/Jefferson Pilot Financial Insurance Company in Concord, NH. He is a lifelong Manchester resident.

100th Anniversary of Women's Suffrage in America

TUESDAYS

9:00 AM - 11:00 AM

5 sessions (10.00 hrs.)

Course Fee: \$60

14-Apr to 12-May

One Court Street

SOCIAL SCIENCE

The 19th Amendment, giving women the right to vote, was ratified on August 18, 1920. The uphill battle for women's suffrage had taken many years. We'll cover the whole story, each session featuring a different lecturer.

Liz Tentarelli will present an overview of the suffrage movement, including the tactics used by various groups to publicize women's demands, and the changing roles of women in society and in the workforce that influenced public opinion. Liz was president of the League of Women Voters NH and is giving lectures on the 19th Amendment to local LWV chapters in NH.

Joanna Henderson will cover some courageous suffragists, the leaders of the movement, and the members of women's organizations who lobbied endlessly for women's civil rights, from Susan B. Anthony to Alice Paul. Where did they agree, where did they differ, and what tactics did they use to achieve their end? Joanna earned degrees from UVM and Dartmouth and served as Director of Admissions at Colby-Sawyer.

Brenda Watts will cover pioneering suffragettes from minority groups – Blacks and Native Americans – who became activists within their constituencies for the right to vote as part of their overall push for social justice. Brenda earned degrees from Michigan State and Indiana and has led educational programs in schools and hospitals.

David Bashaw will cover women who stridently fought against women's suffrage, including many women in the South who thought that adding black women to the already-empowered black men would give blacks majority voting control there. David worked in marketing and general management positions for Gillette and P&G and has taught several courses for Osher.

John Ferries will cover the tortuous struggle to get the 19th Amendment ratified, including the raucous, cliff-hanging battle in Tennessee to become the clinching 36th state. John earned degrees from Dartmouth and Tuck and has served on the Leadership Council of Osher and as Co-Chair of its Summer Lecture Series.

There are no required reading materials.

Liz Tentarelli

Joanna Henderson

Brenda Watts

David Bashaw

John Ferries

Mindfulness Meditation: Establishing or Deepening a Daily Practice

TUESDAYS

9:00 AM - 11:00 AM
6 sessions (12.00 hrs.)
Course Fee: \$60

14-Apr to 19-May
One Court Street
INSTRUCTIONAL

Mindfulness meditation has its origins in the 2,500-year-old Buddhist Tradition. In recent years it has been extensively studied, and current science supports the benefit of mindfulness for a wide range of physical and mental health conditions. Research shows mindfulness can reduce stress; reduce chronic physical pain; boost the immune system; reduce emotional reactivity; increase self-awareness; improve attention and concentration; enhance positive emotions; cultivate well-being; and positively impact the brain.

This course will explore the principles of mindfulness for the purpose of establishing, or deepening, a personal meditation practice, and applying these principles to daily life. Our approach to mindfulness practice will follow the Vipassana (or Insight Meditation) tradition, and the Buddha's original teaching on the topic, *The Discourse on Establishing Mindfulness*. Individuals will gain an understanding of mindfulness of breathing, of the body, of emotions, of thoughts and of the mind itself; obstacles to mindfulness; working with difficult emotions, thoughts and circumstances; and cultivating positive emotions and gratitude.

Each class will be a combination of lecture, guided practice, video or audio presentation, and group discussion. Participants will be given home assignments for the purpose of developing a daily meditation practice, as well as strategies to enhance the continuity of mindfulness in daily life.

Required Text:

- ***The Issue at Hand: Essays on Buddhist Mindfulness Practice* - Gil Fronsdal (ISBN-13: 978-0615162867)**

Stephen O'Dwyer

Stephen is delighted to be offering this course again for OSHER@Dartmouth. He has been a meditation practitioner in the Vipassana tradition for nearly thirty years. A Neuromuscular Therapist specializing in the treatment of chronic pain with manual therapy, he also offers individual and organizational coaching in Mindfulness skills. He is currently training with Jack Kornfield and Tara Brach through the Mindfulness Meditation Teacher Certification Program.

China's Grand Strategy

TUESDAYS

9:00 AM - 12:00 PM
2 sessions (6.00 hrs.)
Course Fee: \$40

24-Mar & 14-Apr
One Court Street
SOCIAL SCIENCE

The Belt and Road Initiative (BRI) is China's ambitious project to connect itself to more than 70 countries in Central Asia, Europe, Africa, and the Middle East through new roads, rails, ports, sea lanes, and air links. This \$1.3 trillion cornerstone of Chinese foreign policy is positioning China at the center of over half of world trade.

Far more than a mere infrastructure investment, the BRI is a masterful grand strategy to create nothing less than a new world order based on the Chinese model of government and its financial institutions. Yet, as the passing of the baton of the world leadership takes place, the U.S. seems curiously incapable or uninterested in devising a counterstrategy even though loss of American influence and power could lead to the end of the postwar liberal world order.

We'll unpack the BRI, examining how it forms the heart of China's grand strategy and how that will permit China to supersede American influence in Asia. Is the BRI a form of neocolonialism? Should U.S. businesses treat it as a business opportunity? Is the BRI China's version of the Marshall Plan – or the Chinese equivalent of putting a man on the Moon?

We'll begin with an interactive exchange of information guided by assigned reading, which will permit us to develop a proposed U.S. response to the BRI. The class will feature lecture and discussion with an emphasis on active exchange of ideas.

Required Text:

- ***China's Grand Strategy* - Sarwar Kashmeri (ISBN-13: 978-1440867903)**

Sarwar Kashmeri

International relations specialist, author, and commentator, Sarwar Kashmeri is noted for his expertise on U.S. global strategy and national security. He speaks frequently to business, foreign policy and military audiences. *China's Grand Strategy: Weaving a New Silk Road to Global Primacy* (2019) is his third book. It's a centennial book of the Foreign Policy Association where Sarwar is a Fellow. He's also an Applied Research Fellow of the Peace and War Center of Norwich University.

Revolution Revised: The Founders in the 1790s

TUESDAYS

11:30 AM - 1:30 PM

24-Mar to 19-May
NO CLASS 12-May

8 sessions (16.00 hrs.)
Course Fee: \$80

One Court Street
SOCIAL SCIENCE

United in making an American Revolution, the Founders fought over its meaning as they attempted to implement their ideals during the 1790s. Former friends became bitter enemies, battling over the nature of a government facing familiar challenges: crippling debt; tax revolts; declining influence in world affairs; threats to national security; and poisonously divisive politics.

Reading Joseph Ellis's *Founding Brothers*, supplemented by the work of other historians and many primary sources, we'll examine competing visions of the American Revolution that collided during the 1790's as well as the interplay of events and personalities of the decade. We'll seek to understand the Founders, their culture and times on their own terms.

Participants must be open to new interpretations of the founding generation and willing to wrestle with painful contradictions like their simultaneous embrace of freedom and slavery. In the process we'll extend our own capacities for historical analysis.

This course completes the arc of the American revolutionary story traced in 2019's "Making of the American Revolution" and "Habit of Rebellion" courses, though it isn't necessary to have taken those to enjoy this one. Short lectures to provide background, but we'll emphasize discussion. Participants should expect 60 – 75 pages of reading per week.

Required Text:

- *Founding Brothers* - Joseph Ellis (ISBN-13: 978-0375705243)

There is a required reading packet.

Vic Henningsen

A graduate of Yale, Stanford, and Harvard, Vic was a ranger-naturalist with Vermont's Dept. of Forests & Parks before teaching history for many years at Phillips Academy in Andover, Massachusetts. He's also been a visiting scholar at Dartmouth, a summer research fellow at the Massachusetts Historical Society and the Thomas Jefferson Foundation at Monticello, and a regular commentator on Vermont Public Radio. He co-chairs OSHER@Dartmouth's Curriculum Committee.

Shakespeare's Greatest Comedies: As You Like It and Twelfth Night

TUESDAYS

11:30 AM - 1:30 PM

31-Mar to 19-May

8 sessions (16.00 hrs.)
Course Fee: \$80

One Court Street
HUMANITIES

At the close of the Elizabethan period, William Shakespeare achieved the height of his comic powers in two brilliant romantic comedies, *As You Like It* and *Twelfth Night*. Featuring love triangles, unrequited lovers, court jesters, strong women, and disguised characters, these comedies have been beloved by readers and theatrical audiences alike. In this course, we will discover how Shakespeare created such masterpieces.

Besides examining the influence of earlier dramatic and comedic traditions, we will explore how Shakespeare blends different levels of humor, combines multiple plots, develops comic characters, and draws on literary and dramatic conventions to convey timeless commentary about the power of love and the extent of human folly. By the end of the course, learners will have developed new insights into the genre of comedy and gained the skills and confidence to interpret other plays and poems by Shakespeare and his contemporaries.

Although it will include a few brief lectures, the course will be primarily discussion-based. Readings will include an annotated edition of each play and several relevant articles and book excerpts.

Required Texts:

- *As You Like It* - William Shakespeare (ISBN-13: 978-1904271222)
- *Twelfth Night* - William Shakespeare (ISBN-13: 978-1903436998)

There is a required reading packet.

Marilyn Roberts

Marilyn Roberts is Professor Emeritus of English at Waynesburg University. During her graduate studies at Columbia University and Newcastle University, she specialized in the plays of Shakespeare and his contemporaries. Besides teaching Shakespeare for many years at the college level, she has published articles about Shakespeare, Jane Austen, and other authors. After summering in the Upper Valley for many years, she is now a full-time resident of Norwich.

Aristotle's Ethics and Politics in Today's Disjointed World

TUESDAYS

11:30 AM - 1:30 PM
6 sessions (12.00 hrs.)
Course Fee: \$60

14-Apr to 19-May
One Court Street
HUMANITIES

We will look at key parts of Aristotle's *Nicomachean Ethics* and his *Politics* to see whether his views make sense today. In the *Ethics*, Aristotle makes what seems to us now to be a crazy claim - that the best life for us is a political life. Given how nasty and mendacious politics seems to be now, how in the world could that make sense? We will explore what Aristotle in the *Ethics* lays out as a good life and also how he views politics in his *Politics*. We will also do more modern readings on Aristotle and maybe even draft a guest speaker.

Required Text:

- ***Aristotle's Nicomachean Ethics* - Aristotle (with Bartlett) (ISBN-13: 978-0226026756)**
- ***Aristotle's Politics* - Aristotle (with Carnes Lord) (ISBN-13: 978-0226921846)**

There is a required reading packet.

Joe Ronan

Joseph Ronan is a lawyer practicing in Norwich, with an interest in philosophy and literature. B.A., Haverford College, M.A. Rutgers- Camden, J.D., LL.M., New York University School of Law.

Myth & Metaphor: Language of the Soul

TUESDAYS

2:00 PM - 3:30 PM
8 sessions (12.00 hrs.)
Course Fee: \$60

31-Mar to 19-May
One Court Street
HUMANITIES

In this course we will be discussing the psyche and how to interpret it's symbolic language. Myths and metaphors, like dreams, have a unique way of saying what cannot be said. This course will help you understand what is often mistranslated, individually and collectively as humans. We will read *Myths to Live By* by Joseph Campbell and *Suicide and the Soul* by James Hillman. We will delve into Jungian psychology and also touch upon eastern philosophical themes. Participants need to have some background in basic psychology or philosophy. Each week there will be moderate reading assignments, lecture, and focused class discussion. Writing assignments are optional, such as journaling, poetry, or short stories.

Required Texts:

- ***Myths to Live By* - Joseph Campbell (ISBN-13: 978-0140194616)**
- ***Suicide and the Soul* - James Hillman (ISBN-13: 978-0882142272)**

Patricia Cashman

Patricia Cashman has been intrigued by mythology, psychology, and philosophy for over 30 years. She has an M.A. from Salve Regina University in Holistic Counseling and Human Development. She follows her bliss with teaching, dancing, running, and writing poetry. Patricia lives in Newbury, VT among the apple trees and hungry chickadees.

The Pinocchio Signal – Personal Media Literacy in the Information Age

TUESDAYS

2:00 PM - 4:00 PM

5 sessions (10.00 hrs.)
Course Fee: \$60

24-Mar to 28-Apr
NO CLASS 21-Apr
One Court Street
SOCIAL SCIENCE

Most adults consider themselves educated and rational consumers of information. Yet many commonly accept misleading or immaterial statements and contrived statistics or graphics as “truths” that then become the basis of personal belief sets. This is especially a reality in both the political and commercial spheres. The most pernicious and most manipulative marketing technique is the use of half-truths. Of half-truths, Mark Twain spoke eloquently that “A half-truth Is The Most Cowardly Of Lies” since they cannot be disproven as fact but are invariably irrelevant to the underlying question.

This course examines the truths that we believe as self-evident to see if they are not a partial product of the fears and instincts inherited from our hunter-gatherer ancestors. In addition, how words or statements are communicated in ways that appear to be substantive factual information but contribute no meaningful insight will be discussed.

Another aspect critical to finding the “wheat from the chaff” in the storm of received information is the ability to recognize valid and meaningful conclusions when data is presented graphically or statistically. Modern human beings out of necessity accept simple quick information characterizations developed by others such as charts or simple statistics. However, how do we know if that assessment or characterization is “accurate”? This course presents evaluation processes and clues that may aid in deciding their validity.

There are no required reading materials.

Scott Rappeport

Scott lives in Sunapee, and holds an engineering degree from Lehigh University and a Ph.D. in Earth Sciences from Stanford University. He has worked for the USGS, Exxon Research, AT&T Bell Laboratories, and General Dynamics, conducting offshore geophysical studies and design/development of marine high reliability systems. He follows English Premier League soccer, loves the outdoors, and is keenly interested in history and climate and the role of human psychology in game theory.

Thus Spoke Zarathushtra

TUESDAYS

2:00 PM - 4:00 PM

8 sessions (16.00 hrs.)
Course Fee: \$80

31-Mar to 19-May
One Court Street
HUMANITIES

Discussion of Friedrich Nietzsche’s best known work, which he published 1883. Zarathushtra was a prophet who probably lived some 3,000 years ago in the southern part of Turkmenistan near the border with Persia. Nietzsche chose the name Zarathustra because of the similarity of his protagonist with the ancient prophet. The historical Zarathushtra, being an independent, critical thinker, argues with his god Ahura Mazda (the great god in old Parsi) in the Gathas fragment, which was discovered in the 18th century. Nietzsche was an independent thinker who argued about previous philosophies and about religion. In my judgment none of the following philosophers achieved an equal mode of insight and analysis.

Required Text:

- *Thus Spoke Zarathushtra* - Friedrich Nietzsche (any edition)

Werner Kleinhardt

Werner is a Professor, Emeritus, of Dartmouth College. He considers himself a skeptical humanist since he survived torture and five years of the Gulag. He graduated from the College Francais in Berlin, studied history, philosophy, political sciences, classics, and European literatures. His Ph.D. came from the University of Hamburg. He taught at the Sorbonne before coming to Dartmouth in 1965. He is the author of several fiction and non-fiction books.

Mah Jongg: The Game of the Sparrows

TUESDAYS

2:00 PM - 4:00 PM
4 sessions (8.00 hrs.)
Course Fee: \$40

7-Apr to 28-Apr
One Court Street
INSTRUCTIONAL

Mah Jongg is a popular Chinese tile game played with four people. The American version of Mah Jongg came to be in 1937 when the National Mah Jongg League was formed in New York City. Tiles are exchanged to duplicate a set hand from the Official Standard Hands and Rules card, a necessary tool to play the game. The card changes each year.

In this course, you will learn the names of the tiles, suits, hand combinations, and strategy to allow you to excitedly call out, "Mah Jongg!"

This will be a hands-on class, with explanation and instruction provided at the start of each session, followed by time to practice what has been covered. Many Mah Jongg groups follow the optional practice of betting on each game, usually for loose change. We will learn the betting practice, but not bet. OSHER@Dartmouth has an anti-gambling policy to which we will adhere.

Required Materials:

- **2020 Official Standard Hands and Rules Card - National Mah Jongg League**

Optional Texts:

- **Mah Jongg Made Easy - National Mah Jongg League**
- **A Beginner's Guide to American Mah Jongg - Elaine Sandberg (ISBN-13: 978-0804838788)**

Mary Ann Holbrook

Mary Ann Holbrook arrived in Hanover, NH, coming from Baltimore, MD, in 1963. Her children were raised in Hanover. She practiced nursing for 20 years at the Dartmouth Hitchcock Medical Center. She became an Osher member in 2001 and was chair of the Membership Committee, responsible for many social functions, including the organization's 20th anniversary party. She led a travel group to Spain and has taught Mah Jongg for several terms. She is currently a curator for the OSHER@Dartmouth Art Gallery.

Natural Landscape Design

TUESDAYS

2:30 PM - 4:30 PM
5 sessions (10.00 hrs.)
Course Fee: \$60

14-Apr to 12-May
Kendal
NATURAL SCIENCE

What is a "natural landscape"? Our landscapes have been thrown out of balance by forest fragmentation, invasive plants, climate change, wildlife explosions, and disease-carrying insects. Landowners are busy mowing lawns, cleaning woods, and managing forests to their tastes. This course will explore our local fields, forests, and wetlands, and how they can be designed and maintained to function as diverse ecosystems, while remaining attractive to all.

We will begin with a description of our local natural community types - the vegetation, soils, hydrology, and wildlife habitat that make up our natural landscape. We will study some basic landscape design principles of form and function, and compare tidy yards with messy meadows, cleaned forests with dirty woods, and detention ponds with waterfowl marshes.

We will then go on field trips to local landscapes with managed meadows, shrub edges, forests, and wetlands. Guest naturalists and land managers will assist us in interpreting natural history, landscape ecology, and how landscapes can be designed and managed for different uses. Students will be encouraged to look at their own properties or local natural areas, and how to design them as bio-diverse landscapes.

There is an optional reading packet.

Jim Kennedy

Jim Kennedy is a licensed Landscape Architect and Wetland Scientist based in Hanover, NH. A graduate of SUNY College of Environmental Science and Forestry at Syracuse, he has practiced design, land planning, conservation, and wildlife habitat management throughout New England. He currently serves on the Hanover Conservation Commission and the Connecticut River Joint Commissions. Jim has lead many Osher courses on wetlands, natural landscapes, and botany.

Merle Haggard: The Soul of Country

TUESDAYS

4:30 PM - 6:30 PM

6 sessions (12.00 hrs.)

Course Fee: \$60

31-Mar to 5-May

One Court Street

ARTS

Merle is acknowledged to be one of the biggest stars in country music with 31 #1 hits and a bunch of national awards. His performance history is outstanding, and he became popular with all kinds of people, not just the country folks. We will cover his career with all its substance, but will also learn about his song-writing style, the subject matter he covered, and the way his life - a very dramatic one - interacted with his music. We will watch Youtube videos of his work, read articles about him, and listen to local performers talk and perform his works.

There are no required texts.

Ford Daley

Ford's interest in non-classical music started in childhood. He loves to share musical experiences and ideas and its impact on our lives. He sings and plays guitar, harmonica, and Dobro.

Julia Labier

Julia Labier has always been in love with music. She has been a performer most of her life, as a Whipple Hill Gang member, and is now half of "Daley With Julia."

Paul Barker

Paul Barker is a life-long singer and has vast knowledge of secular and religious music. He performs with the Lyme Church Choir, the choral group "Full Circle," the Doo-Wop group "The Charades," and as tenor for the "Pawley Daley Duo."

Remembrance of Things Past: Writing Memoirs

WEDNESDAYS

9:00 AM - 11:30 AM

8 sessions (20.00 hrs.)

Course Fee: \$80

25-Mar to 13-May

One Court Street

HUMANITIES

"Remembrance" is a memoir-writing course designed so that everyone will write and read his or her work in class. The format is simple: Writers read their work aloud; others follow the reading with photocopies. Then everyone "critiques" the work. That is, everyone evaluates what they've heard on the basis of form, content, and technique. Don't worry about reading aloud. Your classmates will be supportive and helpful in their evaluations.

This is the 27th time that "Remembrance" has been offered at OSHER@Dartmouth. Those who have taken this course before are welcomed back. Those who have not taken this course will be welcomed as well.

Required Text:

- ***Writing About Your Life - William Zinsser***
(ISBN-13: 978-1569243794)

Joe Medicott

Joe graduated from Dartmouth in 1950. He worked as a newspaper reporter before taking an M.A. at Trinity College and a Ph.D. at the University of Washington in Seattle. He taught at several universities and at Deerfield Academy.

D.H. Lawrence's *Women in Love*

WEDNESDAYS

9:00 AM - 11:00 AM

5 sessions (10.00 hrs.)

Course Fee: \$60

8-Apr to 6-May

One Court Street

HUMANITIES

D.H. Lawrence's novel, *Women in Love*, was published in the U.S. on November 9, 1920. Stunning and maddening in equal parts, it was championed by literary critics in the 1950s for its moral seriousness, lauded by critics in the 1960s for its focus on human sexuality, crushed by feminist critics in the 1970s as phallogocentric and misogynist, and revived by contemporary scholars who illuminate Lawrence as an inventive modernist, environmentalist, and feminist.

Born into a miner's family in Nottinghamshire in 1885, Lawrence's life was brief and peripatetic. In March 1912 he met Frieda Weekley, the German wife of a professor at Nottingham University College. The two fled England for the continent two months later and married in July 1914. Until Lawrence's death from tuberculosis in 1930, they traveled constantly, living on four continents.

Usually broke and often in poor health, Lawrence's output is astonishing. He authored novels, short stories, poems, plays, essays, travel books, translations, literary criticism and thousands of letters. Of the novels, *WL*, written in a cottage in Cornwall in 1916, is considered his greatest. Reading 125 pages of the novel each week, we will examine the central theme of *WL* - the need to create relationships and lives that transcend the directives of the ego - within the historical framework of Edwardian England, European modernism, and World War I.

Required Text:

- ***Women in Love* - D.H. Lawrence (ISBN-13: 978-0141441542)**

There is a required reading packet.

Phyllis Deutsch

Phyllis holds a Ph.D. in modern European history from New York University. For several years, she taught history at NYU, Columbia University, The New School for Social Research, and the University of Pennsylvania. For 15 years, she served as editor-in-chief at University Press of New England, where she published dozens of books of literary criticism. She is currently a Lecturer in the Institute for Writing and Rhetoric at Dartmouth College.

Great Decisions 2020

WEDNESDAYS

9:00 AM - 11:30 AM

8 sessions (20.00 hrs.)

Course Fee: \$80

25-Mar to 13-May

One Court Street

CURRENT AFFAIRS

During this eight-week course we will explore some of the great issues of the day, and develop our individual positions on U.S. foreign policy direction and actions. Each week, participants will focus their broad range and depth of life knowledge and experience on one of eight current foreign policy topics furnished by the Foreign Policy Association (FPA). This is a very active discussion course. Each week, all participants will read the brief background material provided by the FPA, and one or two volunteers from the group will prepare a more in-depth, 5- to 10-minute introduction to the issue. This is then followed by a vigorous but controlled discussion of the background and options leading to positions on U.S. policy actions. Guest specialists may also participate.

This year's topics include:

- Climate Change and the Global Order
- India and Pakistan
- Red Sea Security
- Modern Slavery and Human Trafficking
- U.S. Relations with the Northern Triangle
- China's Road into Latin America
- The Philippines and the U.S.
- Artificial Intelligence and Data

Required Text:

- ***Great Decisions 2020 - Foreign Policy Association* (purchase from the OSHER@ Dartmouth office)**

John Sanders

John is Dartmouth Class of 1964, and practiced cardiac surgery at Northwestern University Medical School and DHMC for 40 years. This will be John's third year as a co-leader of "Great Decisions."

Jim Wooster

Jim received his undergraduate degree from Dartmouth College, as well as an M.S. degree in Engineering and Business Administration (the Tuck-Thayer Program). After serving in the Navy, he had a career with New England Telephone and NYNEX. Jim has been co-leader of the "Great Decisions" course for the past 19 years.

Watercolor for Enthusiastic Watercolor Painters

WEDNESDAYS

9:00 AM - 11:30 AM

6 sessions (15.00 hrs.)

Course Fee: \$80

15-Apr to 20-May

Stephanie's Studio

ARTS

We'll meet upstairs in my Lyme studio, where each week I'll present a challenge or project or focus to get us working. We're in this together and I will demonstrate as needed or when I have something specific to teach. Sharing ideas and appreciating one another's work is encouraged. Participants should be experienced enough to love working in watercolor and look forward to 2 ½ hours of painting. Please bring your own mug for coffee or tea.

This class is limited to eight participants.

There are no required reading materials.

Stephanie Reininger

Stephanie has been making art all her life. She majored in art in college, but it was later when her children were older that she chose watercolor because it was easy to do amidst the laundry and cooking. Her subject matter is rendered loosely, recording her life and travels. She has lived in many places, teaching and painting for the love of it.

Playfully Poetic

WEDNESDAYS

10:00 AM - 12:00 PM

8 sessions (16.00 hrs.)

Course Fee: \$80

25-Mar to 13-May

Kendal

ARTS

This class is for experienced as well as beginner poets. We will discuss both classic and contemporary forms of poetry. There will be in-class exercises each week.

Each week I will present a published poem for us to analyze. The challenge for the following week will be based on one aspect of that poem. Class members will be asked to write a poem at home, and present it each week.

The object of the class is to stretch our writing process by trying new forms and methods. Please bring paper to each class as well as copies of your poem for other members of the class.

There are no required reading materials.

Page Coulter

Page Coulter has taught poetry to both children and adults for many years. Her poems are collected in six published books of poetry. She has an M.A.L.S. graduate degree from Wesleyan University, and lives in Sandwich, New Hampshire.

The Greatest Show on Earth III: The Primaries

WEDNESDAYS

10:00 AM - 12:00 PM

4 sessions (8.00 hrs.)

Course Fee: \$40

29-Apr to 20-May

Hotel Coolidge

SOCIAL SCIENCE

The Spring edition of this trilogy of courses addresses the party caucuses and primaries that run from January to June. While it's often true that the winner can be determined well before the conclusion of this marathon, the Cinderella effect may not be quite so obvious this year.

With a long list of candidates, increasingly complicated eligibility rules for debates, and the movement of some key states to earlier dates, how will the field be narrowed? A split between progressives and moderates has enlivened the contest: Which side will prevail or will there be a move towards the center as the calendar advances? The reliability of polls, impact of social media, and dark money will also be discussed.

This has already been one of the most muddled electoral contests in recent history and it's likely to stay that way. The Mueller report is behind us but the impact of impeachment activity continues. We cannot predict how this will end but clouds will hang over the race until the campaign has been decided.

Join us for lively discussion as we try to make sense of this part of the roller-coaster-ride which promises to bring more people to the polls than ever before. We will drill down on the "swing states" (including NH) which are most likely to determine the results. And we will continue to revisit the axiom that "you just can't make this stuff up."

There are no required texts.

Maynard Goldman

Maynard Goldman is a graduate of the University of Michigan with BA in Political Science; a J.D. from Harvard Law School; and a Certificate from Harvard Business School. He has many years of experience with candidates at all levels of government and on both sides of the aisle.

Spring Wildflowers and Ferns - Wednesday Class

WEDNESDAYS

10:00 AM - 12:00 PM

4 sessions (8.00 hrs.)

Course Fee: \$40

6-May to 27-May

Various

NATURAL SCIENCE

Are you eager to get to know your neighbors – that is, your neighbors in the plant kingdom? Would you like to hone your plant identification skills while watching the approach of spring? This series of field trips will start at the Native Plant Trust's Plainfield Sanctuary, a sheltered slope near the Connecticut River where spring usually arrives early.

In subsequent weeks, we'll visit Lebanon's Boston Lot, Hanover's Mink Brook Nature Preserve, and finally some higher elevations in Hanover or Lyme, depending on how the season is progressing. Exploring a variety of plant communities, we'll become familiar with some of the common ferns and spring flowers of the Upper Valley. Some discussion of phenology (the study of how living things time natural events) and recognition of invasive, non-native species will be included.

During this four-week class, we will find and examine as many different plants as we can and practice using keys to identify them. Field trips will meet rain or shine, but may be rescheduled to avoid torrential downpours or thunderstorms. Excursions will be mostly on easy terrain, but will include some moderate hills and maybe a bit of bushwhacking. But never fear - we will always proceed at a botanist's pace (=slow!).

Optional Texts:

- ***Newcomb's Wildflower Guide* - Lawrence Newcomb (ISBN-13: 978-0316604420)**
- ***Peterson Field Guide to Ferns: Northeastern and Central North America, 2nd Edition* - Boughton Cobb, Cheryl Lowe, Elizabeth Farnsworth (ISBN-13: 978-0618394067)**
- ***Wildflowers of New England* - Ted Elliman & New England Wild Flower Society (ISBN-13: 978-1604694642)**

Alice Schori

Alice (graduate of Oberlin College) is a field botanist who studied native plants through the New England Wild Flower Society starting in the mid-1990s. She has performed botanical surveys for conservation organizations and the Towns of Hanover and Lyme, and spent nine summers doing similar work for the White Mountain National Forest.

Form, Function and Relation: Ceramic Art by Native Americans at the Hood Museum of Art

WEDNESDAYS

11:00 AM - 1:00 PM

3 sessions (6.00 hrs.)

Course Fee: \$40

22-Apr to 6-May

Hood Museum

ARTS

The Hood Museum of Art will showcase two parallel ceramic exhibitions featuring both historic Native American pottery alongside contemporary works of Courtney Leonard. This class will examine the versatility of ceramic objects as they relate to the basic principle: good design is where form follows function. Are there exceptions to this rule?

Themes pertaining to the continuity of traditional ceramic practices will be compared to modern clay forms that display social and political commentary.

Courtney Leonard is a member of the Shinnecock Nation on Long Island, New York, where culture historically revolved around whaling and water. Her multimedia exhibition includes ceramics and video that confront the viewer to reflect on their own relationship with nature and sustainability. Courtney Leonard creates ceramics to explore the question, “Can a culture sustain itself when it no longer has access to the things that make it a culture?”

There are no required texts.

Jeanne Shafer

In the 1990s, the Hood Museum of Art established itself as an ‘object based teaching museum’. This form of teaching with direct art engagement is what Jeanne Shafer enjoys. No longer are the days where students sit looking at art history slides; art is in the present. Jeanne has a Masters in Art History from Indiana University and is grateful to the Hood for allowing her to teach these past eighteen years for Osher courses.

Whales, Dolphins, Seals, & Sea Lions: The Biology of Marine Mammals

WEDNESDAYS

11:30 AM - 1:30 PM

5 sessions (10.00 hrs.)

Course Fee: \$60

15-Apr to 13-May

One Court Street

NATURAL SCIENCE

Marine mammals include some of the most iconic species in the animal kingdom. The term “charismatic megafauna” certainly applies to these animals. What’s more charismatic than a bottlenose dolphin? Or more mega than a blue whale?

Because of their broad appeal, many people have at least a passing knowledge of some of these species, but therein lies a problem. So much has been written and said about these animals, sometimes it’s hard to separate fact from fiction. Much of what we read in the popular literature, or hear in the public media, is hyperbolic or downright wrong.

In this course we will examine the diversity of marine mammals. We will discuss many aspects of marine mammal biology, including evolution, anatomy, physiology, taxonomy, ecology, behavior, and conservation. We will review some of the latest scientific advances in marine mammalogy.

The instructor will draw from his many experiences working with marine mammals. His presentations will feature his photographs of marine mammals from around the world. For participants, a biology or science background is recommended but not necessary.

There is an optional reading packet.

Rob Nawojchik

Rob Nawojchik received a B.S. in biology from Cornell and an M.S. in systematic ichthyology from the Univ. of Washington. For 14 years, Rob was the Staff Biologist at the Mystic Aquarium in Connecticut, where, in part, he coordinated the marine mammal and sea turtle stranding program for CT and Rhode Island. Rob was then a Sr. Marine Biologist at a firm in Texas. He now lives in the Upper Valley and leads yearly trips to Baja California to observe and photograph whales and other marine life.

From Gags to Riches: Comedians of the 50s and 60s

WEDNESDAYS

12:00 PM - 2:00 PM
4 sessions (8.00 hrs.)
Course Fee: \$40

1-Apr to 22-Apr
One Court Street
ARTS

Getting old is not for sissies! And watching the news every night may not be helpful to your emotional or physical well being. This course is designed to take our minds off current events, recall fond memories and bring some laughter into our lives.

The age of television begat Milton Berle, Ed Sullivan, Steve Allen, and Jack Paar, among others. Clubs like the hungry I, Basin Street East, 2nd City, and the Crescendo presented headliners of the day. Some comics survived the end of vaudeville while many new and younger talents emerged. Think of Mort Sahl, Lenny Bruce, Nichols and May, Jonathan Winters, Buddy Hackett, Shelley Berman, Phyllis Diller, to name a few. But they were only the beginning, as we also saw George Carlin, Rodney Dangerfield, Tom Lehrer, Jackie Gleason, Flip Wilson, Lucille Ball, Stan Freberg, and the list goes on and on...

This era also coincided with the rise of Las Vegas as a major entertainment venue which in turn created more demand for the Rat Pack, Sid Caesar, Ernie Kovacs, Mel Brooks, and Joan Rivers, among others.

Clearly we can't highlight everyone, but we'll select a group for each session, review what was memorable about their styles, and save some time to laugh.

WARNING: Although four-letter words were not "de rigueur" in those days, it is likely they will be present in some of this material. And some language may not be "politically correct" in this day and age.

There are no required texts.

Maynard Goldman

Maynard Goldman has been a study leader for seven years. This is one of his courses designed to "take a break" from the usual political fare. He witnessed many of these great talents and will have some stories to tell in addition to clips of material which should keep all of us in good humor.

In Your Genes: Another Year of Advances in Genetic Technology

WEDNESDAYS

1:00 PM - 4:00 PM
1 sessions (3.00 hrs.)
Course Fee: \$40

22-Apr to 22-Apr
One Court Street
NATURAL SCIENCE

Can we escape the tyranny of our genes? Does our government's plan to collect DNA from every migrant in detention represent another step towards a surveillance state? Should gene editing of human embryos be permitted to overcome a common genetic deafness? Is CRISPR gene editing the only hope for saving the global banana industry?

From Alzheimer's to Zolgensma, in this seminar-style session we will review the advances made over the past year in the development and application of the new genetic technologies. Although the content will be shaped by the news of the last twelve months, we may expect to learn more about how our genes influence a number of traits and medical conditions; how genetic technology is advancing healthcare; where politics is intruding in scientific research. We will also catch up on some of the developments that featured in last year's review.

This session is back by popular demand from students who attended my seminar in spring 2019, but anyone should enjoy this course if they are curious about how the fast developing understanding of the human genome and the development of new genetic technologies are affecting our lives today and shaping the future. No specialist knowledge of genetics is needed.

There are no required texts.

Iain Sim

Iain Sim has a Ph.D. degree in Microbiology and 30+ years of experience in the pharmaceutical and biotech industry discovering and developing new drugs in the fields of virology, oncology, and immunology. He has led Osher studies on notable historical figures, as well as courses that examined the impact of the human genome sequencing on healthcare, and on medical science's ability to modulate the palette of our genes for therapeutic benefit.

Canada Today

WEDNESDAYS

2:00 PM - 4:00 PM

4 sessions (8.00 hrs.)

Course Fee: \$40

25-Mar to 15-Apr

One Court Street

CURRENT AFFAIRS

Canada is one of the most prominent and influential countries in the world. It sits right on our doorstep, yet a surprising number of Americans have little knowledge of it and have never visited. There are many similarities between the two countries and they share a long history of friendly relations and cooperation. But there are also substantial differences and continuing frictions.

In this five-week course we will describe Canada and its many peoples, their cultures and way of life, particularly noting history and the resultant dual English-French society. We will review the administrative and government structure and politics, including the last national election and policies of the Trudeau administration, plus the economy, business, and finance. We will discuss the following topics, contrasting them with the U.S. when pertinent: Canada's universal health care system; education; family services and safety nets; income inequality; work and unemployment assistance; public safety; and retirement and old age. Also, trade; immigration and asylum policies; energy and global warming; and international relations and global cooperation

This will be an active course, including lectures, videos, readings on current events, and discussion. Some participants are likely to be knowledgeable and report on pertinent topics, and we might divide the class into groups to prepare special reports.

There is no required text. Reading materials may be distributed in class.

Raymond Malley

Josette Malley

Raymond and Josette Malley have given Osher/ILEAD courses for 19 years. Raymond was born in the U.S. of French-Canadian parents. He is a retired career diplomat of the U.S. Department of State with service worldwide, military officer, and businessman. Josette, born and raised in France, emigrated to the U.S. and earned a Ph.D. in Cultural Anthropology from the University of California. She worked worldwide with the World Bank. They visit relatives and friends often in Canada and France.

Nuclear Weapons: The Early Years

WEDNESDAYS

2:00 PM - 4:00 PM

6 sessions (12.00 hrs.)

Course Fee: \$60

1-Apr to 6-May

One Court Street

SOCIAL SCIENCE

This course will look at nuclear weapons from three points of view: a little about the science and technology they involve, how the big decisions were made about their creation and use, and finally meeting some of the human beings who were key parts of this process.

The conception and development of the first atomic bombs is a fascinating story, even when their importance for the world is left aside. The way decisions were made about them – we'll look only at the U.S. side – is important and, to me, anything but reassuring. Finally, many remarkable and fascinating people were involved; some such as J. Robert Oppenheimer are widely known, others like Joseph Rotblat much less so although they too played essential roles. And of course these three areas overlap and interact.

But the story of nuclear weapons is not just interesting history. The weapons that exist today would be capable of destroying most of human civilization if actually used in a nuclear war. This has not happened in the 75 years since the destruction of Hiroshima; ensuring that it *never* happens must be a fundamental policy goal for this country and others. I hope and believe that pondering how the nuclear age began can help us achieve that goal.

Required Text:

- ***The Nuclear Almanac* - Jack Dennis, editor (ISBN-13: 978-0201053319)**

John Lamperti

John Lamperti is a professor of mathematics emeritus at Dartmouth College. He has been interested in and concerned about nuclear weapons for many years, taught several freshman seminars about the arms race, and contributed three chapters to *The Nuclear Almanac* (MIT, 1982); he also worked on nuclear education with the American Friends Service Committee. His previous Osher courses in 2016 and 2017 dealt with Central America.

How to Build a Habitable Planet

WEDNESDAYS

3:00 PM - 5:00 PM

8 sessions (16.00 hrs.)

Course Fee: \$80

25-Mar to 13-May

Montshire Museum

NATURAL SCIENCE

In this course we will trace the evolution of Earth from the Big Bang to the present. Our guide in this journey will be the remarkable *How to Build a Habitable Planet*, written by Charles Langmuir at Harvard and the late Wally Broecker at Columbia. We will focus on the key events that have shaped our planet and given rise to the life that seems to make Earth unique.

Part of the story we will follow is the physical evolution of the universe that made Earth's formation possible. Part of the story is the planetary development of the Earth and how that led to primeval life. Another part of the story is the evolution of life on Earth and how life has survived our planet's changes. The final part of the story is the ongoing tragedy of humanity's forcing major degradation of the Earth's ecosystems.

We seek to provide a supportive atmosphere for discussion. We will provide suggested readings from the required text for each class. Participants who find the required text challenging may want to also get the optional text; it is lighter reading and makes a helpful companion.

Required Text:

- ***How to Build a Habitable Planet (2012 ed.)***
- Charles Langmuir and Wally Broecker
(ISBN-13: 978-0691140063)

Optional Text:

- ***A Short History of Nearly Everything* - Bill Bryson (ISBN-13: 978-0767908177)**

Martin Smith

Martin Smith always wanted to be a scientist and through good luck was able to enjoy a career in geophysics. Since retiring he's been teaching Osher courses and volunteering at the Montshire.

Rebecca Haynes

Rebecca Haynes is an educator at the Montshire where she leads numerous STEM activities. Earlier, she was a National Park ranger and worked at some great parks.

Randolph Martin

Randy Martin is a geophysicist and the founder of New England Research. He's lived in rural Royalton since 1982 in a house he built with his late wife, Therese Martin.

Charities and Their Directors: Opportunities, Responsibilities, and Pitfalls

THURSDAYS

9:00 AM - 11:00 AM

6 sessions (12.00 hrs.)

Course Fee: \$60

26-Mar to 30-Apr

One Court Street

CURRENT AFFAIRS

Local tax-exempt charities provide services and support to many in times of need. It has long been considered an honor to be elected to a charitable board, but times are changing. While still an honor, such volunteer service pairs opportunities for growth and success with a number of serious duties and responsibilities.

We'll focus on how charity Directors can do good while observing relevant state and federal rules relating to effort and conduct. For example, the NH Division of Charitable Trusts establishes rules of conduct for those in a fiduciary relationship with NH Charities. Violations can result in sanctions including censure and monetary damages. Despite this, many Directors who provide service, time and money to charities don't fully comprehend the scope of their duties.

This course will identify these duties with an emphasis on opportunities for successful service on a charitable board. We'll discuss problems, generate ideas, answer questions, and identify pathways to success.

This course is open to anyone who has served, is serving, or might serve as a Director or Trustee of at least one tax-exempt charity. It will include invited and surprise guest speakers representing local charities and regulatory agencies. Participants should expect to contribute to the conversation and offer ideas about the nature of service on a charitable board. The goal is to educate Directors and facilitate their success as they volunteer for causes that they love.

There are no required texts.

Neil Castaldo

Neil Castaldo has been a member of the NH Bar Association for 50 years. His practice specialty was representing numerous charities statewide. He served as Chief Legal Officer for DHMC and previously advised, as outside counsel, many of the hospitals in NH along with a number of other charities around the State. He was listed in several Best Lawyer publications in both health law and corporate law. See: <https://orr-reno.com/our-people/neil.f.castaldo/>

The State of the Union: Now and Beyond

THURSDAYS

9:00 AM - 11:00 AM

7 sessions (14.00 hrs.)

Course Fee: \$80

2-Apr to 14-May

One Court Street

CURRENT AFFAIRS

Your grandchildren's world promises to be very different from the one in which we have grown up. Living in a very divided nation, the future of the union is quite uncertain. Congress is marked by intense polarization, hyper-partisanship, and gridlock, failing to address the needs of all but a few. Notwithstanding these challenges and the outcome of the 2020 election, our government will need, over the coming decades, to address the "elephant in the room," the growing income and wealth gap that is suffocating our spirit, our hope, and our sense of unity.

The U.S. in 2050, the landscape your grandchildren will inherit, depends on whether, as a nation, we can effectively address critical and complex issues - political dysfunction, the increasing diversity of the population, looming fiscal challenges facing the federal government, widespread automation and technological change, the health care crisis, climate change, global pressures, and more. These challenges will not resolve themselves. The extent to which Congress will be able to respond to these challenges effectively will depend on whether politics in the U.S. will be polarized or pluralized.

The goal is to first of all gain a deeper understanding of our political dysfunction, including government by and for the few, then examine some of these ongoing challenges. Participants will be asked to do two to three hours of reading for each class.

Optional Texts:

- *The Soul of America* - J. Meacham (ISBN-13: 989-1326767569)
- *Our Kids* - R. Putnam (ISBN-13: 978-1476763839)
- *Strangers in Their Own Land* - A. Hochschild (ISBN-13: 654-1542678458)

Jim Wilson

Jim taught history and economics for nearly fifty years before retiring to the Upper Valley. He lives in Strafford, VT, and has taught numerous courses on how our economy works and the challenges it faces.

Mercury, Gemini & Apollo, NASA's Golden Age: A 50-Year Retrospective

THURSDAYS

9:00 AM - 11:00 AM

8 sessions (16.00 hrs.)

Course Fee: \$80

2-Apr to 21-May

One Court Street

INTERDISCIPLINARY

Do you recall NASA's "Golden Era" of the 1960's and early 1970's? Were you involved in any way in these programs? This retrospective course takes you back, from the post-WWII establishment of NASA to the early suborbital flights of the one-man Mercury capsule, through the experimental Gemini flights, to the breathtaking lunar landings of the Apollo missions.

In a manner that emphasizes the historical - rather than the technical - aspects of the program, a number of questions will be asked, discussed, and answered: Why was this a national imperative? What about the sociopolitical climate of the time (e.g., Vietnam, student unrest, program funding)? How were the missions planned and why? What were the specific goals of each flight? What was learned and what unexpected challenges were faced and overcome? What roles did research universities have in NASA's success? Who were selected as astronauts and what criteria did they need to meet? Who flew which flights and why? What societal advances resulted (directly or indirectly) from these missions?

A chronological review of flights and the rationale for mission planning will be covered, as well as astronaut selection and crew assignments. This interactive course uses PowerPoint, with videos included to enhance the historical content, and will conclude with a "What did we learn?" and "Where are they now?" summary.

There are no required reading materials.

Dan DeMars

Dan has lived in Norwich, VT since 1996 with his wife and two sons. As a child, he was fascinated by space flight, notably the Apollo lunar landings. Over the decades, Dan has collected documentation on NASA's Mercury, Gemini, and Apollo programs and has met several NASA astronauts over the years (e.g., Cernan, Bean, Lovell, and Carpenter). Professionally, he has served as a management consultant to academia, to the biotech industry, and to independent secondary (preparatory) schools.

Anne Frank in the World

THURSDAYS

9:00 AM - 11:00 AM

5 sessions (10.00 hrs.)

Course Fee: \$60

9-Apr to 7-May

One Court Street

HUMANITIES

Everyone knows – or thinks they know – the story of Anne Frank, the teenage diarist who went into hiding for two years with her family and four others during the Nazi occupation of the Netherlands. During this period, she wrote and revised her diary, with the intention of publishing it when the war ended. Instead, the residents of the annex at Prinsengracht 263 were apprehended in early August 1944.

Anne Frank died of typhus in the Bergen-Belsen concentration camp in winter 1945. Her diary was first published in Dutch in 1947. Since then, it has been published in over 60 languages.

Anne Frank has become a world-wide phenomenon. Her diary has inspired films, documentaries, and an award-winning Broadway play. Frank's face and wisdom grace posters, coffee cups, t-shirts, and jewelry.

This class will examine the contemporary Anne Frank industry through the lens of the diary itself. We will analyze the diary as a personal, historical, and literary document, delve into how the diary has been used to promote various cultural, political, and consumer-driven agendas, and how these agendas have affected historical truth. Classes will be discussion and debate. There will be 100-150 pages of reading per week.

Required Text:

- ***Anne Frank: The Diary of a Young Girl, Definitive Edition* - Anne Frank (ISBN-13: 978-0385480338)**

There is a required reading packet.

Phyllis Deutsch

Phyllis holds a Ph.D. in modern European history from New York University. For several years, she taught history at NYU, Columbia University, The New School for Social Research, and the University of Pennsylvania. For 15 years, she served as editor-in-chief at University Press of New England, where she specialized in publishing books in Jewish studies. She is currently a Lecturer in the Institute for Writing and Rhetoric at Dartmouth College.

Hand-knitted Hats

THURSDAYS

10:00 AM - 12:00 PM

6 sessions (12.00 hrs.)

Course Fee: \$60

26-Mar to 30-Apr

St. Thomas Church

ARTS

How many ways can you cover a head with knitting? This course will look into the history of hand knitted head coverings and study the architecture and structure of knitted hats over time and in various cultures and climes. Each participant will be encouraged to knit a hat and is asked to supply yarn and needles for the project. The study leader will provide a raft of patterns – simple watch cap to complex Tam O'Shanter beret, high fashion pillbox to high function balaclava, cloche to helmet – from a wide range of sources. All knitters, beginners and seasoned, will find something to knit and learn new ways of knitting.

There is an optional reading packet.

Judith Esmay

Judith Esmay is a seasoned knitter, lifelong lover of the structure and design of knitted garments, collector of books about knitting, retired lawyer, dedicated to the work of keeping heads warm in winter.

Spring Wildflowers and Ferns - Thursday Course

THURSDAYS

10:00 AM - 12:00 PM

7-May to 4-Jun
NO CLASS 28-May

4 sessions (8.00 hrs.)

Course Fee: \$40

Various
NATURAL SCIENCE

Are you eager to get to know your neighbors – that is, your neighbors in the plant kingdom? Would you like to hone your plant identification skills while watching the approach of spring? This series of field trips will start at the Native Plant Trust's Plainfield Sanctuary, a sheltered slope near the Connecticut River where spring usually arrives early.

In subsequent weeks, we'll visit Lebanon's Boston Lot, Hanover's Mink Brook Nature Preserve, and finally some higher elevations in Hanover or Lyme, depending on how the season is progressing. Exploring a variety of plant communities, we'll become familiar with some of the common ferns and spring flowers of the Upper Valley. Some discussion of phenology (the study of how living things time natural events) and recognition of invasive, non-native species will be included.

During this four-week class, we will find and examine as many different plants as we can and practice using keys to identify them. Field trips will meet rain or shine, but may be rescheduled to avoid torrential downpours or thunderstorms. Excursions will be mostly on easy terrain, but will include some moderate hills and maybe a bit of bushwhacking. But never fear - we will always proceed at a botanist's pace (=slow!).

Optional Texts:

- ***Newcomb's Wildflower Guide* - Lawrence Newcomb (ISBN-13: 978-0316604420)**
- ***Peterson Field Guide to Ferns: Northeastern and Central North America, 2nd Edition* - Boughton Cobb, Cheryl Lowe, Elizabeth Farnsworth (ISBN-13: 978-0618394067)**
- ***Wildflowers of New England* - Ted Elliman & New England Wild Flower Society (ISBN-13: 978-1604694642)**

Alice Schori

Alice (graduate of Oberlin College) is a field botanist who studied native plants through the New England Wild Flower Society starting in the mid-1990s. She has performed botanical surveys for conservation organizations and the Towns of Hanover and Lyme, and spent nine summers doing similar work for the White Mountain National Forest.

Opening Poetry to Greater Enjoyment: Six Simple Ways

THURSDAYS

11:30 AM - 1:30 PM

3 sessions (6.00 hrs.)

Course Fee: \$40

2-Apr to 16-Apr

One Court Street

HUMANITIES

Has an enthusiastic friend ever presented you a book by an acclaimed poet but you couldn't see what the fuss was about? You're in good company: a lot of good poetry is inaccessible at first. Good poetry is like good wine or a good performance - you can't enjoy them if the language or imagery is closed, the cork is stuck or the performance requires a ticket you don't have.

Fortunately, like using a corkscrew or handing an usher a ticket, the methods this course teaches will allow you to open up poems for your immediate enjoyment. Furthermore, as you get used to using them, the methods are like vineyard tours and backstage passes: you will learn and experience the behind-the-scenes secrets of how good poetry is made. We will use the techniques in enjoying a selection of great poetry by Mary Oliver, Elizabeth Bishop, Sharon Olds, Donald Hall, Billy Collins and others.

The course's first session is presented in an online YouTube video where I explain and demonstrate the six techniques; learn and review them at your convenience. Then, we will come together for the second and third sessions to share insights and discuss the poems. You will learn to relish the challenge and excitement a good poem brings. No matter your taste in poetry or whether you are a beginner or a long-time connoisseur of these or other poets, the techniques and our interactions will add richness to your future reading. Video and discussion format.

There is a required reading packet.

Dan Collison

Dan Collison has taught at Osher since 2013. He is a physician who enjoys researching and teaching how people cultivate greater opportunity and enjoyment in life through the humanities, technology, travel, and in community. A native of Iowa, he has lived in the Upper Valley nearly three decades.

When Stars Were Born: 1919

THURSDAYS

11:30 AM - 1:30 PM

5 sessions (10.00 hrs.)

Course Fee: \$60

2-Apr to 30-Apr

One Court Street

ARTS

Let's pull back the curtain on the fascinating lives and careers of these "American" performing artists: a 100th anniversary/birthday celebration! In addition to learning about these artists' personal and professional lives, we will also view performance videos and listen to their stories. One hour of history and entertainment each from Liberace, Nat King Cole, Howard Keel, Margot Fonteyn, Jennifer Jones, Gower and Marg Champion, Kitty Wells, Ernie Kovacs, Carol Landis, and Pete Seeger. Get ready for "mystery guests", "name that tune", and frequent trips "down the rabbit hole"!

There are no required texts.

John Peterman

John Peterman's passion for the performing arts began as his father directed students Ann-Margret, Mandy Patinkin, Christine Ebersole, and others who would go on to Broadway/Hollywood fame. Later, John formed a rock band and wrote songs for a record reviewed as being "the 60's greatest garage band album." John most recently served for 23 years as Headmaster at Brookwood School in MA, where he started a performing arts program considered to be a model for elementary school arts education.

Actually Reading the Constitution

THURSDAYS

11:30 AM - 1:30 PM

8 sessions (16.00 hrs.)

Course Fee: \$80

2-Apr to 21-May

One Court Street

SOCIAL SCIENCE

What does the U.S. Constitution say? We will focus on the language of the Constitution and the history that helps show what that language meant when it was ratified. We will touch only lightly on constitutional law as developed by the Supreme Court.

We will start with the question of whether the Constitution was constitutional. (There was a prior constitution.) Just what are constitutions and what is their force? Still in the first session, we will turn to the religion clauses. Then we will move to the foundational structure of the Constitution: congressional powers, executive powers, judicial powers, and states' rights. After that what we discuss will be a matter of class choice.

Possible topics include, but are not limited to: guns and swords; impeachment; emoluments; property rights; punishment; racial, gender, and orientation equality; plea bargaining; online privacy, and executive orders.

Class format will be lecture-discussion. Readings, in addition to the Constitution, will all be online, including a little case law. Access to the internet is very nearly a prerequisite.

There are no required texts.

Larry Crocker

Larry Crocker received his Ph.D. in philosophy from Harvard and taught philosophy at the University of Washington. He next practiced law, prosecuted criminals, and taught law at NYU. From 2004 thru 2012 he taught at Dartmouth classes in philosophy of law, crime and punishment, ethics, political and social philosophy, philosophy of science, and philosophy of religion. His blog is <http://lawrencecrocker.blogspot.com>.

Perspectives on the Holocaust

THURSDAYS

11:30 AM - 1:30 PM

4 sessions (8.00 hrs.)

Course Fee: \$40

30-Apr to 21-May

One Court Street

SOCIAL SCIENCE

The Holocaust, carried out by Adolf Hitler's Nazi Germany during World War II, was the most heinous organized crime of the 20th Century, if not all of human history. This four-session course will mix lecture and discussion as we address a number of important issues, especially the following:

1. How the years leading up to the Holocaust and centuries of prejudice and discrimination against Jews set the stage for the Nazis' deeds.
2. Why America and the rest of the world were slow to act on evidence of atrocities prior to the war.
3. How the Nazis organized and carried out the Holocaust.
4. Individual people of that time period.
5. Personal experiences of survivors and rescuers, the Righteous Among Nations.
6. How the Holocaust is viewed, discussed, and taught today.

There are no required readings.

Thomas Burke

Thomas Burke is a freelance writer, writing tutor, and history enthusiast who has developed a deep personal interest in the Holocaust. He is assisting a Holocaust survivor in compiling a memoir and has conducted extensive research over the past four years. He has developed this course in order to share and discuss his findings and his ongoing research with those who are interested in knowing more about the Holocaust.

NEW REVELATION

THURSDAYS

2:00 PM - 4:00 PM

4 sessions (8.00 hrs.)

Course Fee: \$40

9-Apr to 30-Apr

One Court Street

INTERDISCIPLINARY

It is time now for a greater understanding of God, Creator, Source, Author of all life. The world needs a New Revelation, for no current Religion can save the world. The past Revelations cannot prepare you for the thresholds of change that are now upon us – a world of declining resources, declining stability, diminishing food and water, where humanity needs preparation for a future that will be unlike the past. A New Revelation from beyond the world that is in the world to reach a deeper mind connection to God. In this course, we explore the reality of change and preparation for a critical mass of people to assure the destiny of the New Revelation. Come join us.

There are no required texts.

Charles Johnson

Dr. Charles E. Memusi Johnson, Secretary of Education, Massachusetts (1978-1980); Senior Consultant, Arthur D. Little, Inc. (Cambridge) (1974-1978); Vice President, Metropolitan Affairs, University of Cincinnati (1972-1974); Harvard Business School, Instructor (Cambridge (1969-1972); Associate Professor of Finance, Boston College (Chestnut Hill) (1966-1969); Associate Professor of Economics, Lovanium University, Kinshasa (Leopoldville), Republic of the Congo (1964-1966); CIA (1957-1966).

African Roundtable

THURSDAYS

2:00 PM - 4:00 PM

6 sessions (12.00 hrs.)

Course Fee: \$60

9-Apr to 14-May

TBD

SOCIAL SCIENCE

Much of our fascination with Africa today starts with the human story, the evolution of our ancestors, the “invention” of medicine, art, and religion, and the contemporary relations between humans, animals and their environment. Africa is also a complex 21st Century continent, and our focus will include two sessions on modern politics and economic development, including foreign aid issues.

Drawing on local expertise, the course co-directors have selected six specific themes that illustrate these universal topics:

1. African Prehistory and the Modern Fossil Discoveries in South Africa
2. African Traditional Medicine and Cross-Cultural Healing
3. Indigenous Religion, Spiritism and Witchcraft, as seen in African art
4. Contemporary Issues of African Wildlife and Conservation
5. The Role of Foreign Aid and Non-Governmental Organizations
6. Key Political Trends in Today's Africa

The course structure will be a 30-minute presentation on the topic, brief responses by two roundtable participants, and a full hour of class discussion and further questions. Invited guests include Dr. Jeremy DeSilva (Anthropology), Ambassador Roland Kuchel (Zambia and Eastern Europe), and Dr. Nelson Kasfir (Political Science). A reading packet will be provided, reserve readings will be available, and a related book will be available for sale. Break-out study groups can be arranged on topics such as medicine, religion, wildlife, African politics, etc.

There is a required reading packet.

Norman Miller

Norman Miller is Professor Emeritus at the Geisel School of Medicine, a social scientist, and lifelong African area specialist. He has published on African health, traditional medicine, Kenyan political history, wildlife, and African indigenous religions. With support from the National Science Foundation, he produced *Faces of Change*, an ethnographic film series from five regions of the world (Ph.D. Indiana, Swahili UCLA).

Not Your Usual Music Appreciation

THURSDAYS

2:00 PM - 4:00 PM

5 sessions (10.00 hrs.)

Course Fee: \$60

16-Apr to 14-May

One Court Street

ARTS

This course will cover the following topics:

Week 1: Strolling Through Music's Timeline

No small task, but we will take a piece or two from each historical era and listen to the transformation of musical styles from the 16th to 20th centuries and beyond. Plus, which composers knew each other and how did musical influence pass from one composer to another?

Week 2: Beethoven's Harp Quartet

A chance to delve deeply into my favorite Beethoven string quartet - from the plucking style 1st mvt to the poignant adagio, to the explosive scherzo and diverse finale with variations. Performances to include the Guarneri, Amadeus, Fine Arts, Italiano, Budapest quartets and more!

Week 3: Instrumental Altos – the Viola and English Horn

An exploration of these two soulful melancholy instruments, from their roles in the orchestra to beautiful excerpts found in chamber music and concertos. Plus a look back at their ancestral cousins – the viola d'amore and oboe da caccia.

Week 4: Abbey Road Turns 50!

When the remix of the Beatles' final album was released last September, it went straight to the top of the charts... again! We will listen to all the tracks as well as rehearsal outtakes and instrumental backings from each song.

Week 5: King of Choral Conductors

Robert Shaw's work remains to this day the gold standard for the choral repertory. Maestros Toscanini and Szell both handpicked him to be choral director for their respective orchestras. Thankfully, Shaw has left us a vast and diverse discography from which we will sample.

There are no required reading materials.

Moby Pearson

A graduate of Oberlin Conservatory, violinist Moby Pearson has performed with chamber ensembles and orchestras for over 45 years. He has toured the great concert halls in Europe with the Orpheus Chamber Orchestra and coached student ensembles in the middle east as a member of the Apple Hill Chamber Players. Presently he resides in Brattleboro and is on the faculty of the Brattleboro Music Center, where he teaches, conducts, and offers courses in music appreciation.

Hand-building with Clay

THURSDAYS

3:30 PM - 5:30 PM

4 sessions (8.00 hrs.)

Course Fee: \$40

Lab Fee: \$100

7-May to 28-May

Blackberry Hill Art Ctr.

ARTS

In this four-week, hands-on class, students will create functional and nonfunctional pieces using coils, slabs, and extrusions. Students will explore surface treatments and decoration with texture rollers and stamps with a large variety of colorful glazes to choose from. All materials and tools will be provided for you. Come and enjoy the freedom of creativity!

There are no required texts.

Dianne Burger

Dianne's love of clay began in 2006 at the Armory Art Center, where she developed her skills through regular classes and the Master Artist Workshop series. Dianne taught Clay Construction at the Armory Art Center and the Pineapple House Ceramic Studio in WPB, FL. She loves the process of bringing clay to life and helping others find that joy when creating their own pieces. Dianne owns and operates Blackberry Hill Art Center in Orford, NH. www.BlackberryHillArtCenter.com

Useful Tools for Life Planning

FRIDAYS

9:00 AM - 11:00 AM

3 sessions (6.00 hrs.)

Course Fee: \$40

20-Mar to 3-Apr

One Court Street

INSTRUCTIONAL

Giving The Gift of "Peace of Mind" to Yourself and Your Loved Ones!

Do you have a written Medical Advance Directive? Have you appointed a Medical Power of Attorney? Have you reviewed and updated it in the last five years? Do you know where all your important documents are? Have you communicated this information with your family? If you answer "No," to any of these questions, this course is for you! This course offers the tools that will allow you to say "Yes!" to these important questions.

1. **ENGAGE AND CONNECT:** Group discussion generates and encourages participants to plan ahead, stay active in your community, and identify important tasks.
2. **DECIDING AND HONORING – Advance Care Planning:** Participants receive Honoring Care Decisions approach developed by Dartmouth-Hitchcock Medical Center. You will also receive both NH and VT Advance Care forms. Presentations will include medical terminology, including dementia, necessary to better understand how to select your health care agent to carry out your health care wishes, and how to have conversations with family.
3. **PREPARING AND HONORING:** This tool provides a comprehensive list of essential information that can be used by the person(s) who will be responsible for managing or helping you manage your affairs if you have a significant illness, accident, become incapacitated, or at the time of your death.

All participants will purchase the Study Leader-supplied three-ring binder containing all of the materials, including PowerPoint materials.

There is a required reading packet.

Richard Davis

Richard (Dick) Davis has been involved in presenting various topics of "Aging" in the Upper Valley since he and his wife moved to Quechee in 2000 and then to Quail Hollow in 2015. He retired from the "business world" with a wide range of assignments, including director of manufacturing, president of a consumer products company, and consultant at University of Connecticut (Groton, CT) for Small Business Development Services of the SBA. He is a graduate of WPI and an emeritus trustee.

How Much Money is Enough to Retire?

FRIDAYS

9:00 AM - 11:00 AM
5 sessions (10.00 hrs.)
Course Fee: \$60

20-Mar to 17-Apr
One Court Street
INSTRUCTIONAL

People dream of retirement but often find the reality pretty complicated – even scary. This course aims to help those considering, entering, or in the early stages of retirement. We'll address questions like “How will my health insurance needs change when I retire and how do I handle that?” “How do I make the best use of Social Security and personal insurance options?” “Should I change my investment strategy once I'm no longer working?” “Have I put enough away to retire and how will taxes affect me in retirement” “And what about my heirs? What kind of estate planning makes sense?”

We'll use real world examples to help address and analyze these and other questions. Class participation and discussion are strongly encouraged. This interactive five-week course will be tailored to individual circumstances. You will learn to answer the big questions: “How much is enough?” “When can I confidently retire?”

We'll cover how to best review and manage your own assets, go over some of the common pitfalls that snag individual investors, and how best to avoid them.

There are no required texts.

Evan Roberts

Evan is a native of Cornwall, VT where he grew up on a dairy farm. He went on to major in Finance at Bryant University in Smithfield, RI, and now works on a team of financial advisors with Merrill Lynch, specializing in assisting individuals and businesses with retirement, succession, and benefit planning. Evan coaches lacrosse and volunteers at Kimball Union Academy in Meriden, New Hampshire, where he lives with his wife Sarah.

Mingling Sincerely My Tears With Yours: Condolence Letters, Obituaries, and Other Death Writing Considered

FRIDAYS

9:00 AM - 11:00 AM
2 sessions (4.00 hrs.)
Course Fee: \$40

1-May & 8-May
One Court Street
HUMANITIES

When Thomas Jefferson learned of the death of Abigail Adams, he wrote a stirring letter of condolence to his sometimes friend, sometimes enemy, John Adams, where he declared himself, “... tried in the school of affliction by the loss of every form of connection which can rive the human heart...” Not exactly a Hallmark sympathy card, our go-to when someone dies.

We struggle with writing simple letters of sympathy and hire others to write obituaries for the people we know best in our lives. And we are not alone - many of the most eloquent writers and notable public figures throughout history have created and broken the rules around death writing etiquette in spectacular fashion. They have also left breadcrumbs for us to follow when considering our own responses to people who have experienced the loss of a loved one.

Together we will explore the art of creating condolence letters, obituaries, and other forms of death writing by reading pieces by famous authors and taking a look at traditions and trends. Then we'll cast a fresh eye on what goes into satisfying and meaningful writing for both the sender and the receiver today.

There is a required reading packet.

Lee Webster

Lee Webster is author of several books and articles that support funeral reform. A writer, editor, and researcher for nonprofits, private schools, colleges and universities, her board service includes: Director of New Hampshire Funeral Resources, Education & Advocacy; President of the Green Burial Council; former President of the National Home Funeral Alliance; founding member of the Board of National End-of-Life Doula Alliance, NHPCO End-of-Life Doula Council, Conservation Burial Alliance.

Writing in Circles

FRIDAYS

9:00 AM - 11:00 AM

8 sessions (16.00 hrs.)

Course Fee: \$80

27-Mar to 15-May

One Court Street

HUMANITIES

Writing, aside from the perfunctory stuff we crank out at work or at the kitchen table, finds its source in solitude, but it cannot remain there if it is to come to fruition. Paradoxically, this is so even when we are “writing for ourselves.” We share our work as much to discover what we mean to say as to better express what we have already decided to say.

In writing circles, we learn with friends kind and honest enough to help us see. We will share and discuss our writing in search of ways for it to grow from where it is to where it might be. We will limber up from time to time by sharing brief extemporaneous writing exercises. We will study a few simple techniques for making writing a more enjoyable and productive undertaking.

Writing in Circles will work equally well for quite experienced writers and for beginners. We can accommodate everything from personal memoir to religious tracts, from novels to essays to sonnets. Participants may take the course as many times as they wish.

There is an optional reading packet.

Stephen Hackman

Stephen Hackman is a retired schoolteacher. His subjects were and are English and Philosophy. His interests are literature, music, art, film, walking, writing. He has an affinity for, and bears some resemblance to, vagabond dogs of uncertain provenance. He does his dog walking these days in Orange, NH and has lived in the Upper Valley, off and on, for 40 years.

Roots of Civilization in Soil: How Land and Water Use Underlie the Fate of Societies

FRIDAYS

9:00 AM - 11:00 AM

8 sessions (16.00 hrs.)

Course Fee: \$80

3-Apr to 22-May

One Court Street

INTERDISCIPLINARY

Imagine a highly developed, complex civilization disappearing virtually overnight, leaving only tantalizing evidence of its greatness to puzzle modern researchers. Ancient Maya ruins in Mesoamerica and those of the Anasazi in the Southwest offer mute testimony of once thriving cultures that suddenly, mysteriously, collapsed. Why?

Human life is rooted in the soil, both literally in our land-based agriculture over the last ten thousand years, and metaphorically in our more recent urban cultures. Soil and water management have been closely tied to the advances, declines, and regeneration of simple human societies and complex civilizations for millennia, especially in our quest to grow food in challenging environments with unstable climates and too little or too much water. Using the Maya and Anasazi as case studies, we'll employ modern science and history to unravel the mysteries of ancient cultural change.

This course requires no previous background: brief lectures and occasional films will introduce participants to the nature of these civilizations and the relevant science and history necessary to our task. The emphasis will be on extensive discussion. Our joint exploration will challenge us to examine our perceptions of what constitutes “modern,” “sustainable” human culture in light of disturbances of ecosystems and challenges to complex societies. Participants may expect approximately 50 pages of reading per week.

There is a required reading packet.

Bruce James

Bruce James received a B.A. in chemistry and environmental studies from Williams, followed by M.S. and Ph.D. degrees in soil science from UVM. During these studies, he developed a keen interest in interdisciplinary learning related to the course topic that he used in his teaching at the University of Maryland, College Park, for 29 years. Now retired, he continues to thrive on new learning and ideas related to sustainability, environmental science, soils, environmental history, and agriculture.

Take a Hike! Ok. I'm Ready to Learn.

FRIDAYS

9:00 AM - 12:00 PM
7 sessions (21.00 hrs.)
Course Fee: \$80

10-Apr to 22-May
One Court Street
ARTS

Join us for a seven-week armchair adventure available cinematically through both documentary and Hollywood type films such as *Trail Magic*, *the Grandma Gatewood Story* (A.T.), Brad Pitt's *Seven Years in Tibet*, or *A Walk in the Woods*, based on Bill Bryson's book of the same name, with Nick Nolte and Emma Thompson.

We will also hear, from co-facilitator Greg Cook, various stories about hiking and mountaineering, including the Appalachian Trail (A.T.), the Pacific Crest Trail, the Himalayas, etc.

These stories will help us understand why people of various ages, varied experiences and different backgrounds take up hiking and 'summitting', beyond the usual reasons such as, "It was there" or "To test myself."

We will host several outside speakers, and each film screening will be followed by discussion. Film study guides are provided by email.

In addition to those listed above, possible films include:

- *Wild* - Reese Witherspoon
- *Scream of Stone* - Werner Herzog
- *Eiger Sanction* - Clint Eastwood
- *Touching the Void* - Simpson and Yates, re-enacted

There are no required texts.

Don Watson

While a student at the Universite de Poitiers, Don Watson discovered the French fascination with American Westerns. He also learned to appreciate the New Wave Cinema. He retired from teaching French and Latin at Hanover High School while he still had a sense of humor. In 1991, he started the Sister City Exchange program between Hanover and Joigny, France. He has an M.A. from the University of Chicago and an M.L.S. From SUNY-Albany.

Gregory Cook

Gregory Cook is a retired Social Worker, M.S.W. at Dartmouth-Hitchcock Medical Center, Appalachian Trail Angel, and member of the 48 Four Thousand Footer Club.

The Curious Minds of Transcendentalists

FRIDAYS

11:30 AM - 1:30 PM
7 sessions (14.00 hrs.)
Course Fee: \$80

27-Mar to 8-May
One Court Street
HUMANITIES

The literary critic Harold Bloom has remarked that Emerson may be more relevant today than he was 200 years ago. The same could be said of the entire group that we loosely term "transcendentalists." This New England-based movement began in 1836 with the publication of Emerson's essay "Nature" and the first meeting of the Transcendentalist Club in Cambridge in the same year.

In this course we'll read essays of Emerson and Thoreau but also some other important figures such as Margaret Fuller, Bronson Alcott, George Ripley, and others. We'll also read selections from early influences on the movement like William Ellery Channing. Their thinking continues to have relevance for our contemporary world. Required reading will be about 40-50 pages per week.

The New England Transcendentalists were at once a social, spiritual, philosophic, and political movement. Their thinking has great relevance for our contemporary world. I like to create a classroom atmosphere marked by brisk and enjoyable discussions of the works assigned. I think the class may be fun. Why not?

Required Text:

- ***The American Transcendentalists* - Lawrence Buell, editor (ISBN-13: 978-0812975093)**

Marc Smith

Marc Smith received his doctorate in English from State University of New York at Buffalo. He has taught at Hilbert College, SUNY at Buffalo, Keene State College, and Franklin Pierce University. He was named a "Teacher of Excellence" by the New York State English Council and received an award for outstanding teaching by Sigma Tau Delta. He is a 45-year member of the Phi Beta Kappa Society and a published poet who has a particular interest in nineteenth century English and American literature.

Emotion and Meaning in the Music of Jon Appleton: Classical and Electronic

FRIDAYS

11:30 AM - 1:30 PM

6 sessions (12.00 hrs.)

Course Fee: \$60

10-Apr to 15-May

The Village

ARTS

Does a composer think about conveying specific emotions or meanings in music without reference to concrete ideas or texts? How does a composer convey the emotion and meaning of music? Each session will describe the process of composing music: For whom is the music being composed? What are the skills of the intended performers? Who are the composers who have influenced the composer?

No previous musical experience or knowledge of musical notation or music theory is required. Each session will focus on two or three pieces. Examples will be available on Spotify, iTunes, YouTube, or on the website: <https://www.dartmouth.edu/~library/digital/collections/music/ocn237122095/index.html>

There are no required texts.

Jon Appleton

Jon Howard Appleton (1939-) is a composer of both instrumental and electro-acoustic music. He is a professor emeritus at Dartmouth College. He has previously taught in Sweden, at the Moscow Conservatory of Music, the Massachusetts Institute of Technology, and at Keio University in Tokyo, Japan. He has been the recipient of Guggenheim, Fulbright, National Endowment for the Arts, National Endowment for the Humanities, Rockefeller Foundation, and American-Scandinavian Foundation fellowships.

English Gardens: A Social History

FRIDAYS

11:30 AM - 1:30 PM

5 sessions (10.00 hrs.)

Course Fee: \$60

17-Apr to 15-May

One Court Street

ARTS

"Oh, to be in England now that April's there!"

- Robert Browning

England has been described as "a nation obsessed with gardening," so it's no wonder it boasts many of the world's best-loved and most-visited gardens. In this course, we'll explore the social, economic, and political origins of this magnificent obsession.

Over the course of five weeks, we'll "tour" dozens of gardens to understand how the distinctive elements of English garden style arose from their historical context. After visiting the cottage and knot gardens of the 15th and 16th centuries, we'll move on to the formal gardens of the 17th century, the Arcadian landscape parks of the 18th century, the "plantomania" of Victorian Era gardens, and the quintessentially English perennial borders of the Edwardian Era and beyond.

This course will include slide lectures, class discussion, video, and a variety of assigned readings (about 20-25 pages per week).

Optional Text:

- ***The Story of the English Garden - Ambra Edwards (ISBN-13: 978-1911358251)***

There is a required reading packet.

Barbara Stern

Barbara taught landscape history and design at the New York Botanical Garden for many years and has traveled frequently to England to visit gardens. She has led numerous OSHER@Dartmouth courses on garden history and other topics, most recently "The Gilded Age." She lives in Lyme.

Preparing to Hear Benjamin Britten's *War Requiem*

FRIDAYS

1:30 PM - 3:30 PM

4 sessions (8.00 hrs.)

Course Fee: \$40

8-May to 29-May

Upper Valley Music Ctr.

ARTS

Benjamin Britten's *War Requiem* will be performed by the Dartmouth Symphony Orchestra with the Handel Society and Dartmouth Glee Club on May 22 and 23. The *War Requiem* is one of the monumental compositions for chorus and orchestra of the 20th century. Commissioned to mark the consecration of the restored Coventry Cathedral in 1962, it is a moving anti-war work for full orchestra, chamber orchestra, large choir, boys choir, organ, and three vocal soloists. Its texts include the traditional Latin text from the *Requiem Mass* and nine poems by Wilfred Owen. We will consider Britten's treatment of these texts, and his masterful shaping of sound textures to evoke them, as we prepare to hear this singular masterwork.

Admission to the performance is not included; participants should contact the Hopkins Center box office for tickets. Visit hop.dartmouth.edu for more information.

There are no required texts.

Mark Nelson

Mark holds degrees in music theory and composition from Yale, the University of Illinois, and Princeton. A multifaceted musician with wide-ranging musical interests, he is deeply committed to promoting among performers, audiences, and students the joys of musical discovery.

An Introduction to *Svaroopa*® Vidya Meditation

FRIDAYS

2:00 PM - 4:00 PM

3 sessions (6.00 hrs.)

Course Fee: \$40

3-Apr to 17-Apr

Ctr. Integ. Health

INSTRUCTIONAL

Learn the ancient practice of meditation, as taught by the sages of old, following the path of many who have come before. This course consists of three weekly two-hour classes and will give you tools to live from the deepest dimension of your own being through *Svaroopa*® Vidya, technology based in yoga's tantric system. Beyond the poses of yoga or stress relief, the true goal is the bliss of your own being, named *svaroopa* in the ancient texts.

We will explore the wisdom of the ancient texts, as well as how your mind gets in the way - getting lost in events, situations, and other people - preventing you from knowing the deeper dimensions within you. Practice with easy-to-use tools that carry you beyond your mind into bliss, to find and live in the inner knowing.

This course is for anyone; beginners or experienced meditators. You will have tools with which to practice in between sessions, and will come away with a deeper sense of your own being, finding that the Self is so close to you, closer than your own breath.

There are no required reading materials.

Annie Ross

Annie Ross found her passion for Eastern Philosophy while earning a B.A. in Comparative Religion from the University of Vermont, 1979. Her study since 2008 at *Svaroopa*® Vidya Ashram in Downingtown, PA has led to several certifications: Certified *Svaroopa*® Yoga teacher (CSYT 700), *Embodiment*® Yoga Therapist, *Svaroopa*® Vidya Meditation Teacher and others in philosophy and vichara (the practice of self inquiry). She is certified in Ayurvedic Marma Treatments. Ayurveda is the Indian science of medicine and sister science to yoga.

Active French

MONDAYS & WEDNESDAYS

2:00 PM - 4:00 PM 23-Mar; 25-Mar; 30-Mar;
1-Apr; 6-Apr

5 sessions (10.00 hrs.) One Court Street
Course Fee: \$60 HUMANITIES

Join this unique innovative French conversation class! Not your typical language program. No homework and no textbooks.

Experience learning French in a new EASY fun interactive way! LEARN and SHARE. French-themed topics include architecture, art, culture, films, food and wine, games and trivia, literature, music, storytelling, travel, and MORE! Watch your French vocabulary grow! All levels welcome.

There are no required texts.

Gloria Finkelstein

Gloria Finkelstein grew up in Montreal, lived in Paris, and has frequently traveled to France. She is the creator of “French Club with Madame G,” an innovative learning-by-doing immersive language arts program. Gloria enjoys helping others discover and experience French culture and lifestyle via Upper Valley French-themed workshops, events, and field trips to locations like the Howe Library, Co-op Food Store, Robert’s Flowers, Hood Museum, Farmers Markets, Dartmouth Greenhouse, and outdoor promenades.

Beyond the Basics:

Getting to Know Your Gut With Plant-Based Nutrition

TUESDAY & THURSDAY

11:30 AM - 1:30 PM 23-Apr & 28-Apr

2 sessions (4.00 hrs.) Co-op Culinary Ctr.
Course Fee: \$40 INSTRUCTIONAL

Lab Fee: \$10, payable by check or cash to Study Leader at first session

This course is designed for those who have already taken one of my Plant-Based cooking classes and everyone who is already eating plant-based. We’ll go beyond the basic four healthy food groups with NEW family favorite recipes (two per class), plus ground-breaking information on the GUT.

What is the gut microbiome? How does it affect our health? How do our microbes influence our food cravings? How many of them are there?

Follow your gut into this class for delicious recipes, fascinating information, and to continue your journey to optimal health...powered by plants!

Optional Text:

- ***The Microbiome Solution* - Robynne Chutkan (ISBN-13: 978-1583335765)**

Beth Perera

Beth discovered the benefits of eating plant-based (PB) when she experienced some health crises. She began studying plant-based diets, dropped animal products, felt great, then began collecting certifications in PB nutrition. Beth has studied under some of the world’s leading researchers in this field, and has been selected to teach other new instructors. Beth’s medical issues resolved themselves with simple diet changes, and now she strives to educate others on how they can take back control of their health.

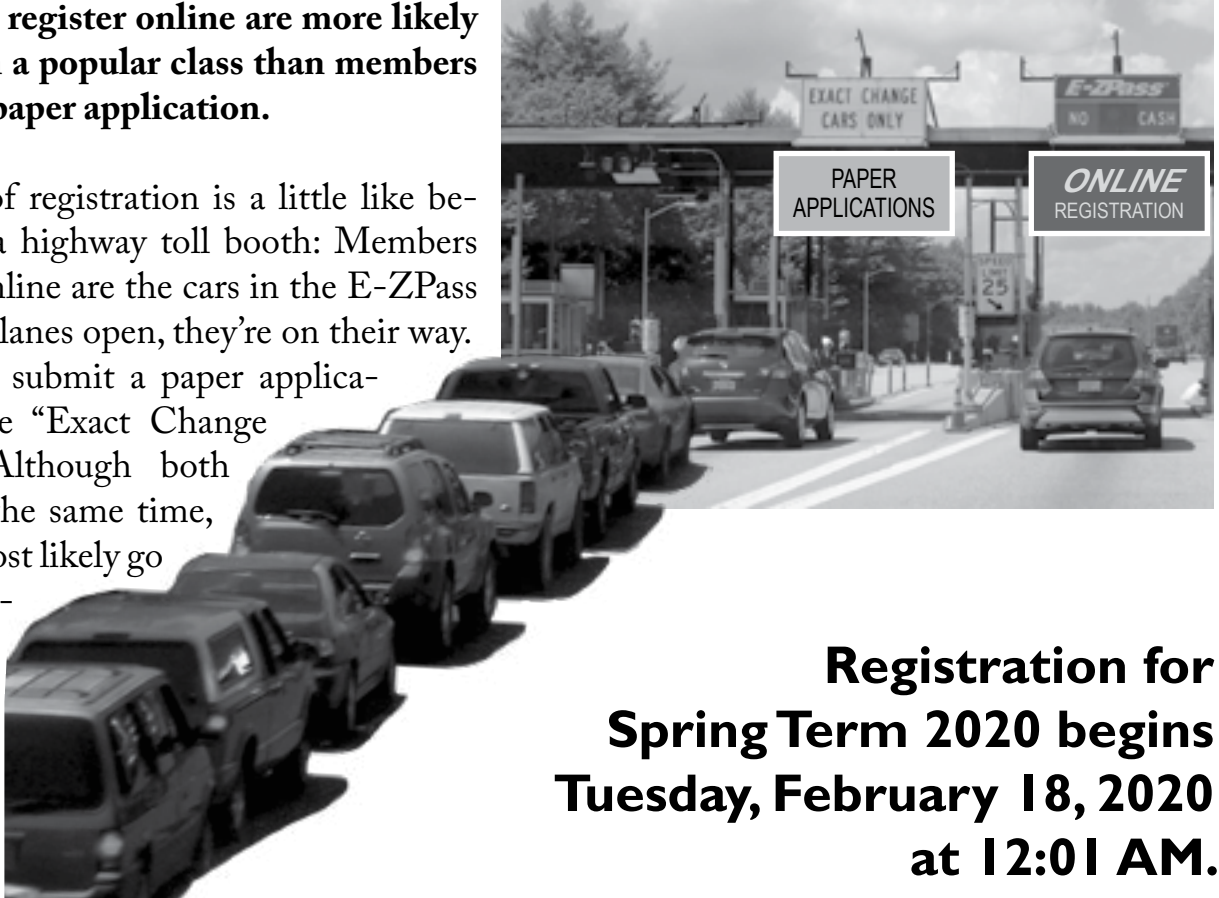
NOTES

ONLINE REGISTRATION OR PAPER APPLICATION? WHAT WORKS BEST?

Each term, our members ask office staff if there is a sure-fire way to guarantee that they receive placement in their desired courses. No staff member can guarantee absolute success for every registration, but the following tends to hold true term after term:

Members who register online are more likely to get a seat in a popular class than members who submit a paper application.

Opening day of registration is a little like being in line at a highway toll booth: Members who register online are the cars in the E-ZPass lane. Once the lanes open, they're on their way. Members who submit a paper application are in the "Exact Change Only" lane. Although both lanes open at the same time, this one will most likely go slower, meaning popular classes may fill up before you reach the front of the line.



**Registration for
Spring Term 2020 begins
Tuesday, February 18, 2020
at 12:01 AM.**

You have three options for registration:

1: Register online.

Before registration opens, practice at home by logging in to your account with your username and password. If you have trouble with the site, stop in to one of our Tech Cafés (see our website for dates and times), or make an appointment with an Osher staff member for a quick tutorial.

2: Be in the office the day registration opens.

Come to the office on opening day of registration. If you cannot come in yourself, ask a friend if they will bring in your application and payment along with theirs. NOTE: On the first day of registration, office phone lines will not open until the staff has helped all office visitors and all in-house paper applications have been processed.

3: Submit a paper application.

We accept paper applications two business days before registration opens, but Osher staff cannot process these applications until 8:30 AM on the day registration opens.

OSHER IS MOVING TO A NEW HOME!

In the late winter/spring of 2020, OSHER@Dartmouth will make a new home for our organization at One Court Street in Lebanon, NH.



This new location offers four brand-new classrooms and adjacent administrative space.

We hope the following information helps during this transition:

Staff has relocated to DOC House 2nd floor until One Court Street offices are completed.

The DOC House is located at 10 Hilton Field Road in Hanover, NH. While we are at DOC House, we recommend communicating with staff via phone or email before visiting the office.

We will use the weekly email to notify members of our official One Court Street move-in date when it is confirmed.

Until an official announcement appears in our weekly email, please address any correspondence to:

**OSHER@Dartmouth
7 Lebanon St., Suite 107
Hanover, NH 03755**

COURSE APPLICATION

**REGISTRATION OPENS ONLINE ON TUESDAY, FEBRUARY 18 AT 12:01 AM.
THE OFFICE WILL NOT ACCEPT PAPER APPLICATIONS BEFORE FRIDAY, FEBRUARY 14.**

Paper applications arriving prior to that date will be returned unprocessed.

You must be a member of OSHER@Dartmouth to register for a course. Membership fees are listed below.
Please submit a separate form for each registrant. Call (603) 646-0154 if you have any questions.

NAME _____

NAME BADGE (Name you prefer to appear on your name badge) _____

MAILING ADDRESS _____

TOWN/CITY _____ **STATE** _____ **ZIP** _____

TELEPHONE _____ **E-MAIL** _____

Would you prefer to receive your Osher welcome letter via e-mail or post?

E-mail

Post

Please select a course only if you are able to attend a majority of the classes.

List your course selections in order of preference:

	STUDY LEADER	COURSE NAME	COST
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____

How many of the courses listed above do you wish to take? **1 2 3 4 5**

Courses over this total will be treated as back-up selections should your first choices be unavailable.

During the first week of registration, members can register for THREE COURSES MAXIMUM.

Any additional selections listed here will be processed after the first week of registration has concluded.

Course Costs:*

Mini-Courses (8 hrs. or less) = \$40

Regular Courses (9-13 hrs.) = \$60

Full-Length Courses (14 hrs. or more) = \$80

*May vary in some instances

Membership (if not a current member):

\$70 per person annually (expires June 30, 2020)

\$110 per person, spring special (expires June 30, 2021)

Please send PAYMENT IN FULL for ALL courses you have requested. If paying by check, make it payable to DARTMOUTH COLLEGE.

AMOUNT ENCLOSED: _____

Reminder: All registrations are on a first-come, first-served basis.

Mail to: Osher Lifelong Learning Institute at Dartmouth, 7 Lebanon St., Suite 107, Hanover, NH 03755

NOTES

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3.	_____	_____	_____
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NOTES

COURSE REGISTRATION

ONLINE REGISTRATION

We strongly urge you to log in and check your account before registration opens!

To prepare for this process, we suggest you perform these actions prior to the opening date of registration:

1. Log in to your account.
2. Verify your membership status. If you do not have an active membership for our 2019-2020 membership year, you will need to either purchase a new membership, or renew your expired membership before you can register for classes.
3. If you are interested in taking more than three courses this term, decide which of your selections are your highest priority. When registration opens, you can register for your first three selections. You can register for more courses when the second week of registration begins.

We cannot promise that taking these steps will guarantee placement in your desired courses, but they should enable you to access the registration system more efficiently when registration opens.

OPENING WEEK OF REGISTRATION - LIMIT THREE COURSES PER MEMBER

REGISTRATION OPENS TUESDAY, FEBRUARY 18 AT 12:01 AM!

Starting Tuesday, February 18, register online at

<http://reg130.imperisoft.com/Dartmouth/Search/Registration.aspx>

- Registration for courses is on a first-come, first-served basis.
- If applications for a course exceed class size, names will be added to a wait-list.
- Payment in full is due upon submission of your registration. Online payment can be made via MasterCard or Visa.

NOTE: If you log in and visit the page for a specific class prior to the opening day of registration, the registration link for that class will not automatically appear when registration opens. You will need to refresh your page in order to view the 'Begin Registration' button.

COURSE DATES: Spring Term 2020 begins the week of March 23, 2020.*

Courses end the week of May 22, 2020.*

COURSE COSTS:** \$40: 8 hours or less

\$60: 9 to 13 hours

\$80: 14 hours or more

* Some classes may start earlier or end later.

**May vary in some instances.

OUR REGISTRATION SYSTEM DOES NOT SAVE CREDIT CARD INFORMATION!

**Your registration is not complete until
you manually enter your credit card information
and receive a confirmation of payment.**

COURSE REGISTRATION

REGISTRATION BY MAIL

We will accept paper applications beginning Friday, February 14.

Applications arriving prior to that date will be returned unprocessed.

Mailing your application prior to the opening date of registration does NOT guarantee enrollment in a course.

Paper applications will be processed on the opening day of registration.

REGISTRATION ASSISTANCE

Need help with online registration?

Visit our website for complete step-by-step instructions, or consider taking advantage of our on-site registration assistance, when staff and volunteers will be available to process your registration in person. On-site assistance will be available on the opening day of registration at the following location:

TEMPORARY LOCATION: DOC House (2nd floor office), 10 Hilton Field Road, Hanover, NH

After registration has opened, assistance will be available at DOC House during regular office hours.

Don't miss our "How to Register" guide - find it at osher.dartmouth.edu/courses.

INTERIM LOCATION

DOC House Office Hours:

Mondays - Thursdays: 8:30 AM to 4:30 PM

Fridays: 8:30 AM to 1:00 PM

TECH CAFÉS

Our free Tech Cafés offer our members a chance to ask questions about their mobile devices (laptop, smartphone, tablet, etc.). They are also an excellent opportunity to receive training and instruction on accessing your OSHER@ Dartmouth account and registering for courses. Tech Cafés are offered once a month; no registration is required.

Visit osher.dartmouth.edu/events to view our current schedule!

If any information changes after this catalog goes to press, we will post those changes on our website.

Visit osher.dartmouth.edu and click the "Courses" page to check for changes and updates to the information included in this catalog.

POLICIES AND FEES

MEMBERSHIP

You must be a current member of our program to participate in our courses. Our annual membership year runs from July 1 through June 30. Membership is open to anyone regardless of age, academic background, or college affiliation.

Standard Annual Membership: \$70 per person (expires June 30, 2020)

Spring Special Membership: \$110 per person (expires June 30, 2021)

New or non-active members must pay their membership fee prior to registration.

OSHER@Dartmouth members can check their membership status by using their username and password to log in to their account via osher.dartmouth.edu.

Our website also features guides to username and password retrieval.

- After logging in, select 'My Account' from the top menu bar.
- When your account information appears, scroll to the bottom of the page and select the 'Memberships' tab.
- You should now see a list of each OSHER@Dartmouth membership you have possessed since 2013. Each membership includes a start date, an end date, and current status (Active, Expired, Canceled, etc.).
- If your membership is not current, you can purchase a new membership or renew your expired membership by clicking the 'Select new membership...' link below the membership list.

ATTENDANCE & CANCELLATIONS

Please make sure your schedule will permit you to attend the majority of the sessions of any full-length course you select, and ALL sessions of any mini-course you select. If you wish to drop a course (see "Refund Policy" on next page), or find you are unable to continue participating in a course, contact the OSHER@Dartmouth office.

If minimum enrollment for a course is not achieved, a course may be cancelled. If a course is cancelled prior to the start of term for this or any other reason, registrants will receive a seat in their alternate course selection, if available. If an alternate course was not selected or is unavailable, the office will process a refund of the fees for the cancelled course.

If weather or other unexpected events should make it necessary to cancel a class session, participants will be notified as soon as the cancellation has been confirmed.* PLEASE check your e-mail and the OSHER@Dartmouth website (osher.dartmouth.edu)** before leaving the house each week, and contact your Study Leader if you are still in doubt. Cancelled sessions may be re-scheduled at the request of the Study Leader and in cooperation with the office.

**While the office may suggest or require cancellation of a course session due to weather or other events, the decision to cancel usually comes from the Study Leader and is passed along to participants by the Study Leader and Class Representative.*

***Visit osher.dartmouth.edu and scroll down the page to view our calendar. We will post cancellation notices as soon as possible.*

CODE OF CONDUCT

In the spirit of fostering understanding, each OSHER@Dartmouth member is encouraged to share opinions and ideas. OSHER@Dartmouth class participants do not attempt to "convert" others because there is a mutual respect for each member's experiences, ideas, value systems, and beliefs. The true focus of an OSHER@Dartmouth class is the critical examination of issues and opinions. Each participant's point of view carries equal weight. Consensus is not a goal. We encourage participants with all points of view to attend and become engaged through discussion and civil debate.

POLICIES AND FEES

FINANCIAL AID

Although our course fees are considerably less than those of many similar organizations, limited financial aid is available. Please call the OSHER@Dartmouth office for more information at (603) 646-0154.

FOOD AND DRINK

It is the responsibility of any participant with a food allergy(s) or specific nutritional concern(s) to make the final judgment if a food item is appropriate for them to consume. We ask our participants to remember this when registering for a food-specific course, and to please self-identify* as having any food allergies and/or specific health related dietary restrictions if participating in a class or event where refreshments are served.

NOTE: Please keep all food and drink away from audio-visual or other classroom equipment.

**We urge participants to communicate with their Study Leader(s) or anyone providing food or refreshment in class in order to ascertain the contents of the items the participant may consume. Ultimately, the participant must make the determination whether to consume or avoid the item(s) in question.*

REFUND POLICY

Please contact the office via phone or e-mail to withdraw from a course, as this function is not available via your online registration account. Study Leaders and Class Representatives cannot process withdrawal requests.

Participants may request or receive a refund of their course fees for the following reasons:

- If a course is cancelled by OSHER@Dartmouth or the Study Leader(s), registrants will receive a full refund of their course fee.
- Members who withdraw from a course at least 14 days prior to its first session will receive a refund of their course fee minus a \$10.00 administrative fee for each dropped course.
- Members who withdraw from a course less than 14 days prior to its first session are not eligible to receive a refund of course fees** or special fees related to the course.
- If a member requests a transfer from one course to another, a refund of the difference in costs will be processed if the transfer is from a course with a higher fee into a course with a lower fee. If the transfer involves courses with equivalent fees, no refunds or charges will apply. If the transfer is from a course with a lower fee into a course with a higher fee, the member is responsible for paying the difference in costs.

***An exception to this policy may be made if the member's health will prevent participation in their course. In such cases, a refund request for course fees must be submitted in writing to the Osher office. A \$10.00 administrative fee per course will be applied to this type of refund request. This type of exception does not apply to special fees.*

ONLINE ACCOUNT ACCESS

In order to access your online account in the OSHER@Dartmouth registration system, you need to know your username and password. These items are assigned randomly when your account is first opened. If you do not know your username and/or password, you can retrieve and reset this information by clicking on the "Forgot Password?" link on our website.

We have instructions on username and password retrieval on our website:
http://osher.dartmouth.edu/docs/password_reset_guide.pdf

COURSE MATERIALS

COURSE INFORMATION AND COMMUNICATION

Here is a short guide to the types of communications you should receive regarding your course:

- When your registration is processed, our registration system will generate a confirmation of registration for each course you have selected. You will receive the following notifications, depending on the method of your registration:
 - **When you register online or with a member of the office staff**, you should receive two e-mail messages from the **osher@dartmouth.edu** account. One will include confirmation of placement in the course, while the other will contain payment information regarding your registration. (You will receive a separate e-mail message for each course you successfully join.)
 - **Registrations submitted via paper application, and any registration paid via cash or check**, will receive a confirmation of placement in your course(s). A separate receipt for your payment will be presented if you submit a cash payment in person. If you mail in your payment, your account will reflect your payment and registration status - please notify the office if you require a printed receipt for payment and registration.
- At least two weeks prior to your first class session, the **osher@dartmouth.edu** account will send you a welcome message via e-mail. **SAVE THIS E-MAIL FOR FUTURE REFERENCE.** This message will contain the following*:
 - Your course schedule and location information
 - The name and contact information for your Study Leader(s)
 - The link to your online Google Drive folder
- **Your Study Leader(s)** will send class information (their own welcome note, the course syllabus, preparatory materials, etc.) directly to each participant. Depending on the Study Leader's preference, this information may arrive via email, or it may be available via the Google Drive folder for the course.
- If there is a reading packet for the course, it will usually be available (via pre-order as well as pre-payment, if a charge applies) from the Osher office prior to the first class session. We also offer these files online in the course Google Drive folder whenever possible. ***Please remember to order your packet from the office at least 24 hours prior to your desired pick-up time, as we will not have copies available without advance notice.***

**We will supply this welcome e-mail to every class participant with an e-mail account. If you have requested that the office supply your welcome letter through the post, you may still receive this e-mail in addition to the printed copy. (Welcome letters sent via post usually take two to three days to arrive.)*

LAB FEES AND OTHER EXPENSES

Lab or Clinic Fees: Some courses may require a lab or clinic fee. These fees are based on the needs or parameters of the course, and can vary. These fees are an additional cost, separate from the course fee and materials fee.

Materials Fees: Some study leaders may ask class participants to purchase materials for their course. The cost of these materials should not exceed a \$60 total. The materials fee may include reading materials used in the class, such as hand-outs, photocopies, reading packets,* and required textbooks.

**Each course is allowed a maximum number of printed pages at no cost. When that maximum is exceeded, the office must begin calculating a charge to cover printing costs, which is charged to the class participants receiving those materials.*

COURSE MATERIALS

NAME BADGES

First-time OSHER@Dartmouth members who register for a course receive a permanent name badge and lanyard. If you are registering for the first time this term, a name badge will be provided via mail, or placed in the course binder and will be distributed at your first class session of the term. If you do not receive your badge by the first session of your course, contact the OSHER@Dartmouth office.

Please maintain possession of your name badge - do not leave it with your class representative or store it in the class binder. If you lose your badge, you may order a replacement by contacting the OSHER@Dartmouth office for a \$5.00 fee.



READING PACKETS AND PHOTOCOPIES

Reading Packets: This term applies to any material needed prior to your first class session. Your OSHER@Dartmouth welcome letter should include information regarding these materials and any potential fees involved. *These items must be ordered from our office at least 24 hours prior to your desired pick-up time.* Fees for reading packets and related materials must be paid when you request these items. **NOTE:** Fees are only charged for printed copies of requested materials - if you choose to refer to the online version of the reading packet, no fee will be charged.

Photocopies: Some courses (particularly those involving peer editing of original writing) may require class participants to share printed copies of their work with their classmates. Class participants may visit the Osher office during regular office hours to make copies of materials required for their class. Please contact the office prior to your visit to notify staff members of your needs. Extensive photocopies may involve a fee; this fee is calculated on a case-by-case basis.

OSHER@Dartmouth reserves the right to take photographs or videos during the operation of any program and to use them, whether taken by a representative of OSHER@Dartmouth or by other participants, for promotional purposes. By enrolling in an OSHER@Dartmouth program, participants agree to allow their images to be used in such photography. Participants who prefer that their images not be used are asked to communicate this to the photographer or videographer on site so that arrangements can be made to locate the participant outside of the range of camera equipment.

The Media Revolution: Changing the World



Join us for our
second annual
live-stream
of the
Camden
Conference!

To Register:

Visit
osher.dartmouth.edu

or call
603.646-0154

February 21 - 23, 2020

OSHER@DARTMOUTH
STREAMING VENUE:
Dartmouth-Hitchcock
Medical Center, LEBANON



Live Stream Schedule:

Friday, February 21
7:30 PM

Saturday, February 22
8:45 AM - 4:30 PM

Sunday, February 23
9:30 AM - 12:30 PM

Pre-registration required.

Tickets:

- \$80 OSHER@Dartmouth members & Dartmouth College faculty/staff (ID required)
- \$95 Non-members
- FREE for Students

OSHER@Dartmouth
participation
sponsored by:



MEMBERSHIP IN OSHER@DARTMOUTH...

Becoming a member is easy...

To become a member, eligible for all OSHER@Dartmouth courses, activities, and events, and to receive mailings and participate in as many courses as you wish, simply:

- A. Purchase a membership. Annual membership year runs from July 1 – June 30.
- B. Visit our website to create an account, pay a membership fee, and register for courses. (If you have ever participated in an OSHER@Dartmouth program, you already have an account - you do not need to create a new one.)
- C. Complete the paper application in this catalog and send it in, along with your membership fee.

Being a member is most rewarding...

Members, regardless of age, academic background or college affiliation, participate in a variety of stimulating, provocative, and intellectual activities and courses, including a series of monthly films, frequent lectures, and several social events throughout the year.

While enrolled in an OSHER@Dartmouth course(s), you are granted borrowing privileges and use of the renowned Dartmouth College Libraries for the duration of the current membership year, as well as the chance to participate in a special orientation tour of Baker-Berry Library each term.

Finally, OSHER@Dartmouth activities offer opportunities to meet new friends at any of a wide variety of special academic and social events featured throughout the year.

And there's an annual Summer Lecture Series you won't want to miss...

During July and August, we offer an intriguing lecture series focused on timely subjects by guest speakers from varied backgrounds. Our 2020 series will take place on Thursdays in July and August. More info coming soon!



Osher Lifelong Learning Institute at Dartmouth
Tel: (603) 646-0154 E-mail: osher@dartmouth.edu
Website: osher.dartmouth.edu

Visit us on Facebook at <https://www.facebook.com/OsherDartmouth>

Image on front cover by OSHER@Dartmouth member Robert Nawojchik.

OSHER IS MOVING TO A NEW HOME!

In the spring of 2020, OSHER@Dartmouth will make a new home for our organization at **One Court Street in Lebanon, NH.**



Watch our weekly email for updates and moving schedule!

Until an official move-in date is published, please address any correspondence to:
OSHER@Dartmouth · 7 Lebanon St., Suite 107 · Hanover, NH 03755



Osher at the Movies

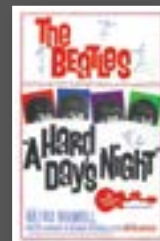
Join OSHER@Dartmouth members as we enjoy an afternoon at the movies! All films are shown at the Nugget Theaters in Hanover, NH. Films in this series are free and open to the public. Limited seating is available. All sessions feature free popcorn and a drawing for a Nugget gift card!



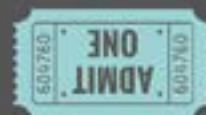
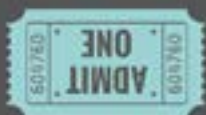
3:10 to Yuma
Wednesday,
March 18
1:00 PM



The Umbrellas of Cherbourg
Wednesday,
April 8
1:00 PM



A Hard Day's Night
Monday,
May 11
1:00 PM





OSHER@Dartmouth

Discovering the new. The provocative. The timeless.

7 Lebanon Street, Suite 107
Hanover, NH 03755-2112
osher.dartmouth.edu

*Watch for the official announcement of
our new mailing address
later this spring!*