Registration Opens Monday, November 25 at 12:01 am!

OSHER@Dartmouth
Discovering the new. The provocative. The timeless.

2020 WINTER COURSE CATALOG
2019-20 SEASON

A DOLL’S HOUSE, PART 2
A BROADWAY SMASH HIT
By Lucas Hnath
SEPTEMBER 18 – OCTOBER 6

JORDAN
THE FUTURE IS HERE...
CHANGE YOUR PASSWORDS
By Brenda Withers
OCTOBER 18 – NOVEMBER 3

THE SOUND OF MUSIC
A BELOVED FAMILY MUSICAL
Music by Richard Rodgers
Lyrics by Oscar Hammerstein II
Book by Howard Lindsay & Russel Crouse
NOVEMBER 20 – JANUARY 5

KING LEAR
A BOLD TAKE ON A THRILLING CLASSIC
By William Shakespeare
JANUARY 22 – FEBRUARY 9

CITRUS
INNOVATIVE & INSPIRING
WORLD PREMIERE
By Celeste Jennings
FEBRUARY 26 – MARCH 15

MILLION DOLLAR QUARTET
A ROCK-AND-ROLL EVENT TO REMEMBER
By Floyd Mutrux & Colin Escott
APRIL 15 – MAY 24

NORTHERNSTAGE.ORG | WHITE RIVER JUNCTION, VT | (802) 296-7000

FRIDAY, FEBRUARY 7 • 7:00 PM
LOH ON LOCATION:
FIRST CONGREGATIONAL CHURCH OF LEBANON

JOHNNY GANDELSMAN
Grammy winner (Yo-Yo Ma’s Silkroad Ensemble) plays Bach’s cello suite on violin
An idea of continued learning...

OSHER@Dartmouth is short for the Osher Lifelong Learning Institute at Dartmouth. We were founded in November, 1990 by 38 members of the Upper Valley intrigued with the “idea of continued learning.” Our founders relished the challenge of self-administered and peer-taught discussion programs. Over 30,000 people have participated in our programs since we were founded 29 years ago.

A volunteer-run learning organization for Upper Valley adults...

As a self-supporting department of Dartmouth College, OSHER@Dartmouth provides educational opportunities that encourage discovery and stimulate thinking through participation in courses, lectures, and related travel programs.

With over 1,600 members, we are one of the largest and most extensive lifelong learning institutes in the country.

Mission – Vision – Core Values

OSHER@Dartmouth’s Mission:
To provide outstanding lifelong educational opportunities to those in the greater Upper Valley.

OSHER@Dartmouth’s Vision:
To be recognized as a national leader for excellence in lifelong education.

Core Values:
• An unwavering commitment to lifelong education;
• Membership open to all, regardless of educational background;
• A diverse, high quality program, led by dedicated volunteers;
• A welcoming social environment, within and beyond the classroom;
• An appropriate fee structure that provides for financial sustainability, member affordability, innovation, and growth;
• Strong and continuing two-way relationships with Dartmouth College and the Osher Foundation; and
• Excellence in everything we do.
When I was busily engaged as an Osher Study Leader, a member of the Curriculum Committee, and also involved in the last four Summer Lecture Series, I had not given any thought to what else I might like to do to get more broadly involved in OSHER@Dartmouth. I did know this was the best educational, dynamic, and social organization anybody over 50 could ever hope to find to enrich the second part of their life. Thus when I got that phone call from John Sanders two years ago asking me to be his Vice President, I knew what the next step was. To get the call from John was an honor, to have the opportunity to lead OSHER@Dartmouth two years later was frosting on the cake.

As the new President I have been asked to discuss my hopes for OSHER@Dartmouth. Most important on the short-term list has been finalization of all the negotiations and planning that have been done over the past year in the Planning Committee to find an interim home for our organization once we lose access to the DOC House in April 2020. All that work came to fruition on October 1, 2019, when, on behalf of OSHER@Dartmouth, Dartmouth College signed a lease on second and third floor spaces in the building at One Court Street in Lebanon, NH.

What will take place now is the remodeling of those spaces to house four classrooms accommodating 82 students and all four members of our staff. Working with the manager and co-owner of One Court Street, we hope to start the move into the leased spaces in January 2020 and, in accordance with the terms of the lease, house the majority of our classes and staff offices there until June 30, 2026.

High on the long-term list is the return of OSHER@Dartmouth to Hanover in 2026. That goal was stipulated in our MOU with Dartmouth College regarding our 2020 move to Lebanon. Where we return to in Hanover will depend on the outcome of several planning studies currently underway at Dartmouth. We will stay in close contact with the Dartmouth Provost and Real Estate office to jointly examine the outcome of those studies to determine where OSHER@Dartmouth will fit in.

I believe OSHER@Dartmouth should strive to develop a membership of around 2,000, which would add about 400 to our present size. Our Marketing & Communications Committee will play a major role in attracting new members. When we add new members we also add new Study Leaders and a greater breadth of course offerings.
Our Curriculum Committee has done a magnificent job of recruiting new Study Leaders and courses. We all need to remind ourselves that our curriculum is what we are all about, and more of us need to volunteer to lead. I know I will resume developing courses once I adjust to the new job. Continuous learning is essential to continuous growth.

Having said all of the above, I freely confess I do not plan, read, or study continuously. Lois and I live in the Upper Valley because we love the outdoors and hate air conditioning. When we fully recover from broken bones and other maladies of aging, we hike, cross-country ski, walk the dog, chase the deer away, and enjoy the great northeast. We still dream of the days when we delighted in sailing the Maine Coast through the fog as well as under sun and stars.

Bill Sullivan
President
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### Winter 2020 Term Dates:

**January 13 - March 13**
Courses in this catalog will take place at the following locations. Visit the ‘Locations’ page of our website at osher.dartmouth.edu/locations/ for online links to each site. If a course listed here does not contain an address or phone number, information will be included in the welcome packet for the course.

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Center for Integrative Health</td>
<td>45 Lyme Rd. #200, Hanover, NH 03755</td>
<td>603-643-0066</td>
</tr>
<tr>
<td>Dartmouth Skiway</td>
<td>39 Grafton Turnpike Rd., Lyme Center, NH 03769</td>
<td>603-795-2143</td>
</tr>
<tr>
<td>D.O.C. House</td>
<td>10 Hilton Field Rd., Hanover, NH 03755</td>
<td>603-646-0154</td>
</tr>
<tr>
<td>Kendal at Hanover</td>
<td>67 Cummings Rd., Hanover, NH 03755</td>
<td>603-643-8900</td>
</tr>
<tr>
<td>Lebanese Co-op Culinary Ctr.</td>
<td>12 Centerra Parkway, Lebanon, NH 03766</td>
<td>603-643-4489</td>
</tr>
<tr>
<td>Osher@Dartmouth</td>
<td>One Court Street, Lebanon, NH 03766</td>
<td>603-646-0154</td>
</tr>
<tr>
<td>R.W. Black</td>
<td>48 Lebanon St., Hanover, NH 03755</td>
<td>603-643-5315</td>
</tr>
<tr>
<td>Community Center</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stanigar Home</td>
<td>see syllabus</td>
<td></td>
</tr>
<tr>
<td>The Village at White River Junction</td>
<td>101 Currier St., White River Junction, VT 05001</td>
<td>802-526-5005</td>
</tr>
<tr>
<td>Wendell A. Barwood Arena</td>
<td>45 Highland Ave., White River Junction, VT 05001</td>
<td>802-295-5036</td>
</tr>
</tbody>
</table>
**OSHER@Dartmouth**

**OFFICERS**

Bill Sullivan, President  
Steve Tofel, Vice President  
Vic Henningsen, Secretary  
Terry Martin, Treasurer

**LEADERSHIP COUNCIL**

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Tom Blinkhorn  
Toni Egger  
Maynard Goldman  
Barbara Jones  
Roland Kuchel  
Bruce Macdonald  
Jeff Roosevelt*  
John Sanders  
Laura Schneider  
Bill Secord  
Iain Sim  
Gene Yeates  
Mary-Ella Zietz* -  
Provost Office Liaison

**STANDING COMMITTEES**

_These volunteers help to guide, promote, and develop OSHER@Dartmouth offerings. Please contact us for more information about volunteering on a committee._

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Anne Baird  
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Charlie Buell  
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Ann Garland  
Sandra Hoeh  
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Joan Hartwell  
Richard Neugass  
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Communications Office Liaison  
Jeff Roosevelt  
Laura Schneider  
Bill Sullivan*  
Joe Tofel  
Steve Tofel

*Ex Officio
OSHER@DARTMOUTH

STANDING COMMITTEES, cont.

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Lynn Garfield

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Janette Hannah
Mary Ann Holbrook

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Office Phone: 603-646-0154

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*Ex Officio

2020 SUMMER LECTURE SERIES COMMITTEE

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Ginia Allison
Pete Bleyler
Tom Blinkhorn
Martha Clark
Mary Grizzard

Michael Grizzard
Corlan Johnson
Roland Kuchel
Deborah Luquer
Bruce Macdonald
Dennis Stern
Bill Sullivan*

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*Ex Officio
The following list contains names of donors who contributed to our Friends of Osher Annual Drive from November 2018 through June 2019. We received gifts that totalled $25,295 from 186 households. We thank all of our donors for their generosity.

The generous gifts these donors provided will promote OSHER@Dartmouth’s growth and long-term stability by helping to expand program offerings and enable us to remain accessible and affordable to the Upper Valley community and beyond. Their gifts maintain affordability of membership dues and course fees, supplement scholarships, purchase equipment for classrooms, help to pay for offsite classroom rentals, and enable us to move towards our long-term goal of obtaining a more permanent location.
## Term at a Glance

### Mondays

<table>
<thead>
<tr>
<th>Time</th>
<th>Course Title</th>
<th>Study Leader</th>
<th>Subject</th>
<th>Location</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30 AM - 11:30 AM</td>
<td>Hot Topics at the Cold Regions Lab…Richter-Menge, et al</td>
<td></td>
<td>NATURAL SCIENCE</td>
<td>DOC House</td>
<td>12</td>
</tr>
<tr>
<td>9:30 AM - 11:30 AM</td>
<td>Rousing the Muse</td>
<td>Stephen Hackman</td>
<td>HUMANITIES</td>
<td>DOC House</td>
<td>12</td>
</tr>
<tr>
<td>11:30 AM - 2:30 PM</td>
<td>Winter: French-themed Cooking…Gloria Finkelstein</td>
<td></td>
<td>ARTS</td>
<td>Co-op Culinary Center</td>
<td>13</td>
</tr>
<tr>
<td>12:00 PM - 2:00 PM</td>
<td>Mid-20th Century Scottish Fiction…Anne Shivas</td>
<td></td>
<td>HUMANITIES</td>
<td>DOC House</td>
<td>13</td>
</tr>
<tr>
<td>12:00 PM - 2:00 PM</td>
<td>The Anthroposphere</td>
<td>Jürgen Ewert</td>
<td>SOCIAL SCIENCE</td>
<td>DOC House</td>
<td>14</td>
</tr>
<tr>
<td>12:00 PM - 2:00 PM</td>
<td>Preserving Your Family History</td>
<td>Dan Collison</td>
<td>INSTRUCTIONAL</td>
<td>DOC House</td>
<td>14</td>
</tr>
<tr>
<td>2:00 PM - 4:00 PM</td>
<td>Swaroopa® Yoga</td>
<td>Annie Ross</td>
<td>INSTRUCTIONAL</td>
<td>Ctr. for Int. Health</td>
<td>15</td>
</tr>
<tr>
<td>2:30 PM - 4:30 PM</td>
<td>iPad &amp; iOS 13</td>
<td>Dave Halpert</td>
<td>INSTRUCTIONAL</td>
<td>DOC House</td>
<td>15</td>
</tr>
<tr>
<td>2:30 PM - 4:30 PM</td>
<td>Socialism, Fascism…Other “Isms”…Gerald Monroe</td>
<td></td>
<td>CURRENT AFFAIRS</td>
<td>DOC House</td>
<td>16</td>
</tr>
<tr>
<td>2:30 PM - 4:30 PM</td>
<td>Railroading: Glory Days…Charles Bohi</td>
<td></td>
<td>SOCIAL SCIENCE</td>
<td>DOC House</td>
<td>16</td>
</tr>
<tr>
<td>5:00 PM - 7:00 PM</td>
<td>The Five Mindfulness Trainings…Kuhl &amp; Gersen</td>
<td></td>
<td>INTERDISCIPLINARY</td>
<td>DOC House</td>
<td>17</td>
</tr>
</tbody>
</table>

### Tuesdays

<table>
<thead>
<tr>
<th>Time</th>
<th>Course Title</th>
<th>Study Leader</th>
<th>Subject</th>
<th>Location</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30 AM - 11:30 AM</td>
<td>The Decline and Fall of Empires…Roland Kuchel</td>
<td></td>
<td>SOCIAL SCIENCE</td>
<td>DOC House</td>
<td>17</td>
</tr>
<tr>
<td>9:30 AM - 11:30 AM</td>
<td>The Journey to Quantum Gravity…Roy Finney</td>
<td></td>
<td>NATURAL SCIENCE</td>
<td>DOC House</td>
<td>18</td>
</tr>
<tr>
<td>9:30 AM - 12:30 PM</td>
<td>Exploring Race and Racism in 2020…Ellen Bettmann</td>
<td></td>
<td>SOCIAL SCIENCE</td>
<td>One Court Street</td>
<td>18</td>
</tr>
<tr>
<td>10:30 AM - 12:30 PM</td>
<td>Woven Identities: Tribal Weaving…DeWitt Mallary</td>
<td></td>
<td>ARTS</td>
<td>R.W. Black Comm. Ctr.</td>
<td>19</td>
</tr>
<tr>
<td>12:00 PM - 2:00 PM</td>
<td>Chaucer’s Canterbury Tales…Peter Travis</td>
<td></td>
<td>HUMANITIES</td>
<td>DOC House</td>
<td>19</td>
</tr>
<tr>
<td>12:00 PM - 2:00 PM</td>
<td>20th Cen. American Photographers…Ellen Jonsson</td>
<td></td>
<td>ARTS</td>
<td>DOC House</td>
<td>20</td>
</tr>
<tr>
<td>2:00 PM - 4:00 PM</td>
<td>A Social History of Social Diseases…Paul Etkind</td>
<td></td>
<td>SOCIAL SCIENCE</td>
<td>One Court Street</td>
<td>20</td>
</tr>
<tr>
<td>2:30 PM - 4:00 PM</td>
<td>The Heroine’s Journey…Patricia Cashman</td>
<td></td>
<td>HUMANITIES</td>
<td>DOC House</td>
<td>21</td>
</tr>
<tr>
<td>2:30 PM - 4:30 PM</td>
<td>A Portrait Of Germany…Emerson &amp; Whittington</td>
<td></td>
<td>SOCIAL SCIENCE</td>
<td>DOC House</td>
<td>21</td>
</tr>
<tr>
<td>4:30 PM - 6:30 PM</td>
<td>Pickin’ Party…Daley &amp; Labier</td>
<td></td>
<td>ARTS</td>
<td>DOC House</td>
<td>22</td>
</tr>
<tr>
<td>5:00 PM - 7:00 PM</td>
<td>The Mighty Elephant…Fladung &amp; Hopkins</td>
<td></td>
<td>NATURAL SCIENCE</td>
<td>DOC House</td>
<td>22</td>
</tr>
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### Wednesdays

<table>
<thead>
<tr>
<th>Time</th>
<th>Course Title</th>
<th>Study Leader</th>
<th>Subject</th>
<th>Location</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30 AM - 11:30 AM</td>
<td>The Book of Genesis…Susan McCaslin</td>
<td></td>
<td>HUMANITIES</td>
<td>DOC House</td>
<td>23</td>
</tr>
<tr>
<td>9:30 AM - 11:30 AM</td>
<td>News Literacy…Dennis Stern</td>
<td></td>
<td>CURRENT AFFAIRS</td>
<td>DOC House</td>
<td>23</td>
</tr>
<tr>
<td>9:30 AM - 11:30 AM</td>
<td>Queens of Crime…Sonja Hakala</td>
<td></td>
<td>HUMANITIES</td>
<td>One Court Street</td>
<td>24</td>
</tr>
<tr>
<td>10:00 AM - 12:00 PM</td>
<td>Introduction to Aesthetics…Joseph Ronan</td>
<td></td>
<td>INTERDISCIPLINARY</td>
<td>R.W. Black Comm. Ctr.</td>
<td>24</td>
</tr>
<tr>
<td>12:00 PM - 2:00 PM</td>
<td>Knit and Crochet for Charity…Gail Fancher</td>
<td></td>
<td>ARTS</td>
<td>DOC House</td>
<td>25</td>
</tr>
<tr>
<td>12:00 PM - 2:00 PM</td>
<td>Before Glasnost…Barry Scherr</td>
<td></td>
<td>HUMANITIES</td>
<td>DOC House</td>
<td>25</td>
</tr>
<tr>
<td>12:00 PM - 2:00 PM</td>
<td>Get More Fun…in Your Travel…Dan Collison</td>
<td></td>
<td>TRAVEL</td>
<td>DOC House</td>
<td>26</td>
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<tr>
<td>12:00 PM - 2:30 PM</td>
<td>Essentials of Perennial Gardening…Carol Stanigar</td>
<td></td>
<td>NATURAL SCIENCE</td>
<td>One Court Street</td>
<td>26</td>
</tr>
<tr>
<td>Time</td>
<td>Course Title</td>
<td>Study Leader</td>
<td>Subject</td>
<td>Location</td>
<td>Page</td>
</tr>
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<tr>
<td><strong>WEDNESDAYS</strong>, cont.</td>
<td></td>
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<tr>
<td>2:30 PM - 4:30 PM</td>
<td>From the Page to the Stage</td>
<td>Helena Binder</td>
<td>ARTS</td>
<td>DOC House</td>
<td>27</td>
</tr>
<tr>
<td>2:30 PM - 4:30 PM</td>
<td>Bears of the World</td>
<td>Steven Tofel</td>
<td>NATURAL SCIENCE</td>
<td>DOC House</td>
<td>27</td>
</tr>
<tr>
<td>2:30 PM - 4:30 PM</td>
<td>Honoring the Dead in America</td>
<td>Lee Webster</td>
<td>SOCIAL SCIENCE</td>
<td>DOC House</td>
<td>28</td>
</tr>
<tr>
<td>2:30 PM - 4:30 PM</td>
<td>Seniors and Investing</td>
<td>Moquin &amp; Glennon</td>
<td>INSTRUCTIONAL</td>
<td>DOC House</td>
<td>28</td>
</tr>
<tr>
<td><strong>THURSDAYS</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00 AM - 12:00 PM</td>
<td>Sketchbook Journaling</td>
<td>Clauson &amp; Warren</td>
<td>ARTS</td>
<td>The Village</td>
<td>29</td>
</tr>
<tr>
<td>9:30 AM - 11:30 AM</td>
<td>Bread and Soil in Ancient Rome</td>
<td>Bruce James</td>
<td>INTERDISCIPLINARY</td>
<td>DOC House</td>
<td>29</td>
</tr>
<tr>
<td>9:30 AM - 11:30 AM</td>
<td>Introduction to Plato’s Republic</td>
<td>Josiah Homer</td>
<td>HUMANITIES</td>
<td>DOC House</td>
<td>30</td>
</tr>
<tr>
<td>9:30 AM - 11:30 AM</td>
<td>Lessons...Lifetime of Expeditions...Williamson &amp; Williamson</td>
<td></td>
<td>INTERDISCIPLINARY</td>
<td>DOC House</td>
<td>30</td>
</tr>
<tr>
<td>10:45 AM - 12:15 PM</td>
<td>Dartmouth Ski &amp; Snowboard Clinic..Priscilla Clark, et al</td>
<td></td>
<td>INSTRUCTIONAL</td>
<td>Dartmouth Skiway</td>
<td>31</td>
</tr>
<tr>
<td>11:30 AM - 1:30 PM</td>
<td>Courage 101: Building...Courage 101</td>
<td>George Spencer</td>
<td>INSTRUCTIONAL</td>
<td>R.W. Black Comm. Ctr.</td>
<td>31</td>
</tr>
<tr>
<td>12:00 PM - 2:00 PM</td>
<td>Toni Morrison: Three...Novels</td>
<td>Jon Stableford</td>
<td>HUMANITIES</td>
<td>DOC House</td>
<td>32</td>
</tr>
<tr>
<td>12:00 PM - 2:00 PM</td>
<td>Arthur Redux: A...Quest</td>
<td>Sarah Welsch</td>
<td>HUMANITIES</td>
<td>DOC House</td>
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<td>12:00 PM - 2:00 PM</td>
<td>Winter Botany: Buds and Bark</td>
<td>Schori &amp; Kennedy</td>
<td>NATURAL SCIENCE</td>
<td>Various</td>
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<td>1:00 PM - 3:00 PM</td>
<td>The Appalachian Trail</td>
<td>Greg Cook</td>
<td>SOCIAL SCIENCE</td>
<td>R.W. Black Comm. Ctr.</td>
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<tr>
<td>2:30 PM - 4:30 PM</td>
<td>Armchair Travel XI</td>
<td>Tom Wilson</td>
<td>TRAVEL</td>
<td>Kendal</td>
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<tr>
<td>11:30 AM - 2:00 PM</td>
<td>Da Vinci: Renaissance Foodie</td>
<td>Martha Lorden</td>
<td>SOCIAL SCIENCE</td>
<td>Co-op Culinary Center</td>
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<tr>
<td>2:00 PM - 4:00 PM</td>
<td>Intro to Svaroopa® Vidya Meditation .Annie Ross</td>
<td></td>
<td>INSTRUCTIONAL</td>
<td>Ctr. for Int. Health</td>
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<td>2:00 PM - 4:30 PM</td>
<td>Cooking...Caribb. &amp; Cnt. America...Carol Stanigar</td>
<td></td>
<td>INSTRUCTIONAL</td>
<td>Stanigar home</td>
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**SPECIAL SCHEDULES:** See course descriptions for schedule specifics

**TUESDAYS/THURSDAYS**

10:00 AM - 12:00 PM Introduction to Curling .Peter LaBelle, et al .INSTRUCTIONAL .Wendell A. Barwood Arena...

**WEDNESDAYS/THURSDAYS**

11:30 AM - 2:00 PM Da Vinci: Renaissance Foodie .Martha Lorden .SOCIAL SCIENCE .Co-op Culinary Center...
Hot Topics at the Cold Regions Lab

MONDAY
9:30 AM - 11:30 AM
4 sessions (8 hrs.)
DOC House
Course Fee: $40

This short course will feature research scientists and engineers from the Cold Research and Engineering Laboratory (CRREL) in Hanover, NH, who will be discussing ongoing projects that address significant challenges to military and civilian communities.

The discussion series will open with a history of CRREL, explaining the rationale for establishing a federal lab specializing in cold regions research and engineering. Working from this basis, the other presentations will describe current major projects. One class will involve a tour of the unique and world-renowned laboratory facilities.

The overall aim of this class is to provide a perspective on the broad range of issues that are tackled by the CRREL research staff, many of which benefit our local community.

There is an optional reading packet.

Jackie Richter-Menge

Jackie Richter-Menge, a civil engineer retired from CRREL, studied the impact of warming global temperatures on the Arctic sea ice cover.

Janet Hardy

Janet Hardy, a physical scientist also retired from CRREL, studied snow hydrology and helped NSF manage the U.S. Antarctic Program.

Martin Jeffries

Martin Jeffries is a Technical Director at CRREL responsible for developing cold regions science and engineering research at CRREL. His research as a geophysicist took him to Antarctica and the Arctic.

Rousing the Muse

MONDAY
9:30 AM - 11:30 AM
7 sessions (14 hrs.)
DOC House
Course Fee: $80

Most writing classes focus on editing works in progress. This course will focus on works emerging into process and on the imaginative and writerly skills by which works are conceived and developed. We will help writers to discover a fresh subject, a seminal paragraph or phrase or notion which might inform a new piece. Participants will develop facility with new genres and styles, explore fresh ways of expressing existing skills and of cultivating new ones. We will investigate options in voice, diction, point of view, modes of narration, and so on.

Class time will be devoted to a variety of activities, some very open-ended, some quite structured. These will include formal writing exercises and free writes as well as an array of compositional hoops, mazes, games, and calisthenics. Most writing will be done in class. We will share much of what we write.

The class is suitable for writers at all levels of skill or experience and should be as fun as it is edifying. It is suitable for writers in all genres. Participants may retake the course as many times as they like.

There are no required reading materials.

Stephen Hackman

Stephen Hackman is a retired schoolteacher. His subjects were and are English and Philosophy. His interests are literature, music, art, film, walking, and writing. He has an affinity for, and bears some resemblance to, vagabond dogs of uncertain provenance. He does his dog walking these days in Orange, NH and has lived in the Upper Valley, off and on, for 40 years.
Winter - L’hiver: French-themed Cooking Workshop

**MONDAY**
11:30 AM - 2:30 PM  
1 session (3 hrs.)  
Co-op Culinary Center  
Course Fee: $40  
Lab Fee: $25 (payment information will be included in course welcome packet)

Bonne Année! Cook like you are a Parisian! This hands-on class will enable you to create simple, colorful, and healthy dishes while learning easy French vocabulary. Bring your enthusiasm and appetite! Our group will enjoy a delicious bistro luncheon. Recipes will be available to take home.

There are no required reading materials.

**Gloria Finkelstein**

Gloria grew up in Montreal, lived in Paris, and has frequently traveled to France. She is the creator of “French Club with Madame G,” an innovative learning-by-doing immersive language arts program. Gloria enjoys helping others discover and experience French culture and lifestyle via Upper Valley French-themed programs at the Howe Library, Co-op Food Store, Robert’s Flowers, Hanover Farmer’s Market, and Dartmouth Greenhouse. Gloria is a graduate of McGill University and Columbia University.

Mid-Twentieth Century Scottish Fiction: the North-East Novels of Jessie Kesson

**MONDAY**
12:00 PM - 2:00 PM  
7 sessions (14 hrs.)  
CO-OP CULINARY CENTER  
Lab Fee: $25 (payment information will be included in course welcome packet)

In this class we will read Jessie Kesson’s three novels and a novella published between 1958 and 1985, all set in early to mid-twentieth century North-East Scotland.

We will begin with *The White Bird Passes*, a moving autobiographical novel following a young girl’s life of extreme poverty and hardship in a small North-East town in the years after WWI. The second novel *Glitter of Mica*, examines the relationships within a family and a community in a rural Scottish village in the changing post-war years of the 1940’s. *Another Time, Another Place*, her third novel, explores the cultural tensions between the local farm workers and a group of Italian POW’s settled on a Scottish farm during WWII. The novella *Where the Apple Ripens* is regarded as some of Kesson’s best writing. Here she explores the life of a young woman and her awakening sensuality within a repressive Calvinist society.

None of these novels are long or difficult reads though they are peppered with a rich Scots vocabulary and a Scots-English dictionary will be helpful. The writing is unflinching and moving; the subjects challenging. The classes will be collaborative, consisting of close reading and discussion, with biographical, cultural, geographical and historical context provided.

**Anne Shivas**

Anne Shivas is a Scot, a poet, and an Alexander Technique teacher. She grew up in and received her B.Ed. (Hons) in Edinburgh and her M.A. in Philosophy of Education in London. She lived in Jerusalem, Israel for ten years and has spent most of the past twenty years in the Upper Valley. She received her M.F.A. in poetry from Drew University. Her poetry book, *Whit Grace* was published in 2017. She has taught many previous ILEAD/OSHER@ Dartmouth classes, mostly on Scottish poetry and literature.
The Anthroposphere

MONDAY
12:00 PM - 2:00 PM
7 sessions (14 hrs.)
Course Fee: $80

According to the Aspen Global Change Institute, the anthroposphere encompasses the total human presence throughout the Earth system, including our culture, technology, built environment, and associated activities.

“God blessed them: and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it; and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.” (Genesis 1:28)

Is creating the “Anthroposphere” our destiny? We will discuss the complex topic of human impact on the environment. Besides the scientific analysis of environmental changes, we will explore how politics and religion influence the course of action in attempting to solve environmental problems. In dictatorial regimes the human impact on the biosphere can be ignored (e.g., in the former East Germany it was a crime to gather environmental data). In Western democracies we hear many different voices, ranging from complete denial of environmental problems to scaremongers.

The purpose of this course is to shed light on the development of the anthroposphere and to gain an understanding of the interaction between science and politics. Finally, we will discuss possible solutions to the crucial problem areas: human population growth, water and food supply, energy generation and consumption, and resulting changes in climate. The course will utilize online information.

There are no required reading materials.

Jürgen Ewert

Jürgen Ewert was born in 1949 and grew up in a small village near the Baltic Sea in East Germany. After finishing school in 1968 he studied at the Technical University of Ilmenau in the south of East Germany. In 1972 Jürgen started his work life as a design engineer at a large company in East Berlin, and in 1985 he joined the Academy of Science. Jürgen traveled to the United States in August 1989, shortly before the wall in East Berlin fell that November, and stayed in Woodstock, Vermont.

Legacy, Enjoyment, and Meaning in Preserving Your Family History: How to Begin

MONDAY
12:00 PM - 2:00 PM
3 sessions (6 hrs.)
Course Fee: $40

In researching and recording the history of one’s ancestors and kin, one soon learns what Faulkner wrote, namely, “The past is never dead. It’s not even past.” And, to paraphrase Alice Walker, “To know ourselves as we are, we must know our mothers’ and fathers’ names.” Family history is thus also an avenue for self discovery.

This course teaches how to begin, whether it’s just a few names and dates or a jumbled profusion of unmarked photos, clippings, and papers. Learn what is irreplaceable, e.g., photos, stories, and letters. Learn what decays, e.g., memories, newspapers and samplers, and how to preserve them. Learn to find help from libraries, historical societies but especially from fellow hobbyists, such as reaching out to old or newly discovered first through eighth cousins, who just might have key photos, old family bibles or other records. If details are sparse or there seem to be family secrets, learn to clothe bare names and dates or release any skeletons in your closet(s) with stories that bring your family history to life. Seemingly out of the woodwork, help and gratitude emerge as you recover and disseminate your family history through free or inexpensive resources.

Sessions include seed talks, handouts, demonstrations (collecting and organizing materials, oral history-taking, documenting, online archival research (Ancestry.com, newspapers, etc.) and Q&A.

There is a required reading packet.

Dan Collison

Dan Collison has taught at Osher yearly since 2013. He enjoys recovering, restoring, and preserving family histories, including those of others, and collaborating with fellow researchers and newly-discovered cousins all across the country. A native of Iowa, he is a physician who enjoys researching how people cultivate greater opportunity and enjoyment in life, including through the humanities, technology, and personal exploration.
Based on a significantly different paradigm in yoga poses, the practice of this unique style is both physical and more than physical. In Svaroopa® yoga we specialize in ‘core opening,’ spinal decompression, through releasing the tensions in the layers of muscles wrapped around your spine.

Using precise alignments to create an inner opening from tail to top, this style redefines strength, giving you stamina and vitality through releasing deep tensions and recapturing your essential aliveness. This yoga is precise and compassionate at the same time, using props such as blankets and blocks to meet your body where it is. Svaroopa® yoga is body friendly, yoga that anyone can do regardless of experience or fitness level. Not exercise, Yoga International describes it this way: “Svaroopa® Yoga is a scientific maximization of your body’s capacity, dissolving the tensions that inhibit your body’s natural functioning and inherent healing capacity.”

This four-week course is experiential; you will learn the ‘Magic Four’ poses that open your spine from tail to top, and be able to bring the practice home with you, finding ease of movement and bliss.

There are no required reading materials.

Annie Ross

Annie Ross found her passion for Eastern Philosophy while earning a B.A. in Comparative Religion from the University of Vermont, 1979. Her study since 2008 at Svaroopa® Vidya Ashram in Downingtown, PA has led to several certifications: Certified Svaroopa® Yoga teacher (CSYT 700), Embodyment® Yoga Therapist, Svaroopa® Vidya Meditation Teacher and others in philosophy and vichara (the practice of self inquiry). She is certified in Ayurvedic Marma Treatments. Ayurveda is the Indian science of medicine and sister science to yoga.

iPad & iOS 13

MONDAY
2:30 PM - 4:30 PM 20-Jan to 10-Feb
4 sessions (8 hrs.) DOC House
Course Fee: $40 INSTRUCTIONAL

Apple released iPadOS 13 in September 2019 and it has many significant new features and improvements. Most iPad users, in particular, will be interested in learning about the new features and upgrading their devices. The goals are for those attending to become comfortable and use the new features, including integration with iCloud and iTunes.

This is not a course for novices; some experience with an iPad is required.

There is an optional reading packet.

Dave Halpert

Mr. Halpert has been a senior technical manager for several Upper Valley and Boston-based hi-tech companies over the past 35 years. He is a 1977 Dartmouth graduate and also a graduate of Thayer School of Engineering. He has been involved with developing many innovative software products in use by major U.S. companies. Mr. Halpert holds six U.S. patents. He has been an iPad user since the very first iPad was released.
Socialism, Fascism and Assorted Other “Isms”

MONDAY
2:30 PM - 4:30 PM
7 sessions (14 hrs.)
20-Jan to 2-Mar
DOC House
Course Fee: $80
CURRENT AFFAIRS

American politicians are once again accusing their opponents of planning to introduce Socialism into the U.S. At the same time, the label “Fascist” also crops up. In light of their reentry into present political discourse, I think it would be instructive to examine the backstories of Socialism and Fascism - as well as related “isms”. These discussions may help us judge how accurate our current crop of politicians are when they throw around these terms.

Socialism and Fascism are not as easily defined as many of our journalists seem to think. In seven sessions this course will look at the origins of both, the roles they have played in modern history, and the degree to which they still exist in recognizable form. We will also look at several variations, including Nationalism, Populism, and Anarchism. The course will consist of lecture, discussion, and assigned readings.

There is a required reading packet.

Jerry Monroe is a retired Foreign Service Officer. He has taken a keen interest in the political and economic structures of the countries where he has served over a 38-year career.

Railroading: Glory Days to Glory Days

MONDAY
2:30 PM - 4:30 PM
2 sessions (4 hrs.)
17-Feb to 24-Feb
DOC House
Course Fee: $40
SOCIAL SCIENCE

Residents of northern New England can hardly be blamed for thinking that railroads are a thing of the past and no longer relevant. However, nothing could be further from the truth. Railroads are hauling more freight today than during their so called “glory days” in the 1920s. They have become so successful that people like Bill Gates have invested billions of dollars in companies like the Canadian National. Indeed, Warren Buffett liked the BNSF railway so much that he bought it lock, stock, and barrel for thirty billion dollars. Even passenger rail, while not profitable, is making something of a comeback as our roads and airways become more congested.

This two-session course will consist of four PowerPoint presentations about the rise of the railroads, their role in creating White River Junction, VT, their role in unifying Canada, and their role today. While no readings will be required, some supplemental materials may be supplied for those who want to study railroads beyond the scope provided by the PowerPoint presentations.

There are no required reading materials.

Charles Bohi

Charles, a retired high school teacher, has photographed railroads since 1961. This passion led to becoming a Fulbright Exchange Teacher in Edmonton and a “visiting scholar” at Brandon (Manitoba) University, where he delivered lectures on western Canadian railroads. He has also taught courses on railroading for Osher@Dartmouth. In addition, Bohi is author or co-author of four books and numerous articles on railway subjects, gives presentations to groups interested in railroads, and has been a member of the Transportation Committee of the Vermont House of Representatives.
The Five Mindfulness Trainings: A Global Ethic for a World in Peril

MONDAY
5:00 PM - 7:00 PM 20-Jan to 24-Feb
6 sessions (12 hrs.) DOC House
Course Fee: $60 INTERDISCIPLINARY

In his efforts to promote peace in the world, Zen master Thich Nhat Hanh devised the Five Mindfulness Trainings, a modern and secular version of the Buddha's teachings of the Five Precepts. He saw these Mindfulness Trainings as a "path out of suffering" that was not connected with any particular religion.

The Mindfulness Trainings are ethical guidelines that "offer concrete ways of practice that deepen our understanding and help us see people, situations, and our environment more clearly."

This six-week course will use The Mindfulness Survival Kit by Thich Nhat Hanh as the framework for weekly discussions and practices. The course will introduce participants to sitting and walking meditation and some of the fundamental concepts of Buddhist teachings that serve as the basis for the five Mindfulness Trainings. The goal of the course is to cultivate compassion for all those we read about in the daily news and encounter in our lives, and to develop ways to take care of our own anger, grief, despair, and fear.

Required Text:

There is an optional reading packet.

Gail Kuhl
Wayne Gersen

Gail and her husband Wayne have practiced mindfulness in the Plum Village tradition of Thich Nhat Hahn for fourteen years. They both facilitate sits at the Heart of the Valley Mindfulness Practice Center in Norwich, VT and organize retreats for practitioners in New England. Ms. Kuhl is a retired Human Services administrator. Mr. Gersen is a retired public school superintendent.

The Decline and Fall of Empires

TUESDAY
9:30 AM - 11:30 AM 21-Jan to 25-Feb
6 sessions (12 hrs.) DOC House
Course Fee: $60 SOCIAL SCIENCE

No, the “American Century” is not over, nor is there any power to rival the U.S. at this time. Yet, we are no longer the “indispensable nation” in a post-Soviet unipolar world. We again face rising economic and geopolitical competitors. This course examines the decline and fall of two empires—the Roman and British Imperium—that once ruled virtually unchallenged. With the participants’ help, we’ll look for clues as to how and why empires can lose their mojo, technological and economic edge, and balance of power. In addition to a reading packet, we shall also read J.G. Farrell’s The Siege of Krishnapur for fun and insights.

Required Text:

There is a required reading packet.

Roland Kuchel

Roland Kuchel is a retired ambassador and foreign service officer who is a passionate student of history and foreign affairs as a key to understanding our contemporary world. He majored in European history years ago at Princeton University. He has enjoyed leading Osher@Dartmouth courses on a variety of subjects.
Reality is Not What it Seems – The Journey to Quantum Gravity

TUESDAY
9:30 AM - 11:30 AM
7 sessions (14 hrs.)
Course Fee: $80
DOC House
NATURAL SCIENCE

Carlo Rovelli, an Italian theoretical physicist, is one of the founders of the loop quantum gravity theory and author of Seven Brief Lessons in Physics, an international bestseller translated into more than forty languages. His later book, titled Reality is Not What it Seems – The Journey to Quantum Gravity, has excellent reviews. This course will follow Rovelli’s wondrous journey from Democritus to Einstein and Dirac; from Michael Faraday to gravitational waves; and from classical physics to Rovelli’s own work in quantum gravity. This journey will show how our ideas of reality have evolved through scientific discoveries from the time of the Greeks to the present day, and lead to the vision of quantum gravity that Rovelli describes.

Rovelli invites us to imagine a marvelous world where space breaks up into tiny grains, time disappears at the smallest scales, and black holes are waiting to explode – a vast universe largely undiscovered.

Required Text:

There is a required reading packet.

Exploring Race and Racism in 2020

TUESDAY
9:30 AM - 12:30 PM
4 sessions (12 hrs.)
Course Fee: $60
One Court Street
SOCIAL SCIENCE

Widespread publicity about many aspects of race make it almost impossible to ignore the impact of racism in the United States. Concepts like “white supremacy,” a phrase previously used only to describe extreme overt bigots, has found its way into mainstream conversation. Increased understanding of the fact that racism has an impact on almost every aspect of life in this country has created the need for developing cultural competence and a common language for talking about race and racism. This course will use So You Want to Talk About Race by Ijeoma Oluo as a framework for exploring personal biases and systemic racism with a goal of creating greater understanding of this complex issue.

Required Text:
• So You Want to Talk About Race - Ijeoma Oluo (ISBN-13: 978-1580058827)

There is an optional reading packet.

Ellen Bettmann

Ellen Bettmann is a nationally-recognized leader in the field of anti-bias education. During her 17 years as national director of training and curriculum at the Anti-Defamation League she created programs that continue to be used in this country and abroad. She is the co-author of Hate Hurts: How Children Learn and Unlearn Prejudice (Scholastic, 2000). She created and facilitates Difficult Conversations About Race, a monthly community forum on race and racism. This is the fourth Osher course she has presented.

Roy Finney

Roy Finney holds 1st Class Honors degrees in Physics and Mathematics from Imperial College, London. After graduating in 1966, he entered the nascent mini-computer industry centered in Boston, moving to the computer software industry in the mid-eighties. He retired as President of a corporation providing proprietary application software to commercial and financial organizations.
Woven Identities: Tribal Weaving from Iran, Afghanistan, and Central Asia

**TUESDAY**
10:30 AM - 12:30 PM  
6 sessions (12 hrs.)  
Course Fee: $60  
ARTS

From ancient times through the early 20th century in the Near East, designs woven into utilitarian objects were one expression of tribal identity. The bags, bands, covers, and rugs of each tribal group manifest identity through colors, iconography, and function.

We will look at weavings from four broad tribal groups – the Kurdish and Shahsavan tribes of northwest Iran, the major tribal confederations of southwest Iran, the Baluch and related tribes of northeast Iran and northwest Afghanistan, and the Turkmen tribes of western Central Asia. We will examine how styles differ by general geographic region, how specific objects reflect the way particular groups lived, and what we know and don’t know about the origins and meaning of some of the designs.

In addition to looking at slides of weavings and of tribal life, there will be some opportunity to handle and examine actual weavings. Further reading will be encouraged but not required.

There are no required reading materials.

**DeWitt Mallary**
DeWitt Mallary has been collecting, studying, writing about, and dealing in Oriental rugs and textiles for more than 35 years. He has been a Contributing Editor of *HALI Magazine* (Carpets, Textiles, and Islamic Art), has presented papers and curated exhibitions at the American and International Conferences on Oriental Carpets, museums, and collectors groups around America and Europe, and edited the English edition of *Turkmen Carpets: A New Perspective*.

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Chaucer’s Canterbury Tales

**TUESDAY**
12:00 PM - 2:00 PM  
7 sessions (14 hrs.)  
21-Jan to 3-Mar  
DOC House  
HUMANITIES

In this course we will study selected tales from Chaucer’s fourteenth-century masterpiece, *The Canterbury Tales*. The tales address a variety of issues. The General Prologue reveals a great deal about the complexity of medieval society. The Knight’s Tale celebrates and critiques contemporary ideals of chivalry and of courtly love. The Miller’s Tale raises questions about the politics of bawdy humor. The Tale of the Wife of Bath speaks truth to power by foregrounding the church’s suppression of sexuality and by satirizing male fears of female autonomy. The Franklin’s Tale is a dreamy “medieval” romance that threatens to undermine its own romantic mystique. The Tale of the Pardoner is perhaps Chaucer’s most profound exploration of the angst and audacities of evil. The Prioress’s Tale is a challenging and troubling representation of the pieties of Christian antisemitism. The Nun’s Priest’s Tale is Chaucer’s next-to-last word on the power, joys, and problematics of literary creation. Finally, in his Retraction, Chaucer beseeches God that he might be forgiven for the sins of all of his poetic creations. The class will be conducted as an open-ended seminar; all students are invited to weigh in vigorously.

**Required Text:**

**Optional Texts:**

There is a required reading packet.

**Peter Travis**
Professor Peter Travis, recently retired from the Dartmouth English Department, has taught a variety of courses on medieval literature and other subjects. His major field of interest is Chaucer’s poetry. He is author of *Disseminal Chaucer: Re-reading The Nun’s Priest’s Tale* (2010) and co-editor of *Approaches to Teaching The Canterbury Tales* (Revised Version) (2015).
The World Through a Lens: 20th Century American Photographers

TUESDAY
12:00 PM - 2:00 PM  
28-Jan to 3-Mar
6 sessions (12 hrs.)  
DOC House
Course Fee: $60  
ARTS

Photographs impact our view of the world and are a compelling expression of our culture. During this course, participants will see some of the most interesting photographs of the 20th century from examples of the life work of outstanding photographers. The goal is to provide a deeper appreciation for the art of photography and its influence. Questions for discussion include: What is art photography? How is art photography different than photojournalism and documentary photography? What are the stories behind certain photographs? How do some photographs reflect the style of the time as demonstrated in architecture, fashion and fine art?

Participants will see the work of photographers in many different genres who use different techniques depending upon their intentions. During the sessions, we will discuss the impact of such publications as Camera Work, Life Magazine, Vogue, and National Geographic on the photographic arts and on our perception of world events. We will view photographs that illustrate different styles from “pictorialism” to “street photography,” and “modernism” to “photojournalism.” We will discuss the work of photographers from Ansel Adams and Diane Arbus to Garry Winogrand and John Zimmerman.

During the last session, participants will look the work of some controversial photographers. The final segment will focus on photographic manipulation from early days to the recent past. When can the truth be obfuscated by a photograph?

There is no required reading.

Ellen Jonsson

Ellen Jonsson received a B.F.A. from the Rhode Island School of Design and an M.B.A. from the University of Oklahoma. Photography has been her avocation. Her work has been featured in solo exhibits in Oklahoma at the Firehouse Art Center, the International Photography Hall of Fame and Museum, the Individual Artists of Oklahoma Gallery, and the Wichita Mountains Wildlife Refuge Visitor Center, in addition to participation in group shows.

A Social History of the Social Diseases

TUESDAY
2:00 PM - 4:00 PM  
18-Feb to 17-Mar
4 sessions (8 hrs.)  
One Court Street
Course Fee: $40  
SOCIAL SCIENCE

“Social diseases” have exacted a large toll on humanity, both at the individual as well as the population levels. They have affected many notable people over the centuries and have affected our history in many ways. These diseases have been particularly difficult to prevent and control because of the political, social and behavioral stigmas associated with them. Perhaps the fact that the name for these diseases, such as social diseases, VD, STD, and STI, continues to evolve is indicative of our changing attitudes and understanding of these diseases. The goal of this course is to familiarize students with this set of diseases that are spread through sexual contact. Background information will be provided on the clinical aspects of the diseases, as well as their epidemiologies. We will then examine and discuss the social history of some of these diseases, including their historical, health, and economic impacts. We will also examine how these diseases have been depicted in the arts.

There is an optional reading packet.

Paul Etkind

I am a retired public health epidemiologist who concentrated primarily on infectious diseases. I worked at the local, state, and national levels, and was (and continue to be) active in professional organizations. My academic background includes a Bachelor’s degree in Biology from Clark University in Worcester, MA, and Masters and Doctoral degrees from the School of Public Health at Yale University.
The Heroine’s Journey

TUESDAY
2:30 PM - 4:00 PM  
6 sessions (9 hrs.)  
DOC House  
HUMANITIES

This is a course designed to familiarize participants with the female archetype according to Jungian psychology. We will read *Women Who Run with the Wolves* by Clarissa Pinkola Estes, and use several of the stories, such as “Bluebeard” and “The Crescent Moon Bear” to decipher the heroine’s journey from darkness (unconsciousness) to light (consciousness). We will discuss the metaphoric images and how they speak to us about life and, most importantly, about our inner landscapes. Our understanding of these symbols can bring us into a deeper relationship with forgotten aspects of our soul (psyche).

This class will be a mixture of lecture and focused class discussion, along with the required reading of 30-40 pages a week and some writing assignments.

Required Text:

Patricia Cashman

Patricia has been intrigued with mythology, psychology, and eastern philosophy for over 30 years; theoretical physics fascinates her too. She has a M.A. in Holistic Counseling from Salve Regina University. Patricia writes poetry and lives in Vermont.

A Portrait Of Germany

TUESDAY
2:30 PM - 4:30 PM  
7 sessions (14 hrs.)  
DOC House  
SOCIAL SCIENCE

Every place has a story. Starting at a Roman portal on the far western edge of Germany and ending at Berlin’s iconic Brandenburg Gate, we’ll explore defining historic moments as we embark on a virtual trip through Germany. Each city or town, and the story we will connect to it, opens a window into Germany’s 2000-year old past and gives a glimpse into people’s lives, their distinctive way of thinking, their art and music, and their buildings.

We’ll begin our journey in the city of Trier, where Emperor Constantine introduced Christianity, head to Charlemagne’s palace at Aachen nearby, travel east to the medieval town of Quedlinburg before exploring Erfurt, the starting point of Martin Luther’s revolutionary ideas. Our next stops will include Bavaria, where we find evidence of the Counter- Reformation, and Weimar, a hub of the Enlightenment. In Heidelberg we will not only admire the Romantic castle ruins but also consider Napoleon’s influence and the new ideas of the French Revolution, which led to Germany becoming a nation. Next we visit Munich in the early 20th century where avant-garde innovations were labeled “degenerate” and prohibited. Our final destination is Berlin, a divided city that has become one.

This class will include slides of sights, artwork, and architecture, as well as music samples that will inspire discussion and ultimately paint the big picture of Germany’s history. Supplemental reading will be offered.

There is an optional reading packet.

Lee Emerson

Lee’s interest in Germany, notably its architectural heritage, began while teaching alongside Christiana for 15 years. Many joint trips to Germany followed. Lee has a B.A. from CT College and an M.F.A. from Cranbrook Art Academy. After growing up in West Germany and attending Heidelberg University, Christiana came to the U.S. with her American spouse. A musician by training, she taught school for 21 years. Lee and Christiana are principals in Travel Meets Culture, offering cultural tours to Germany.
Pickin’ Party

TUESDAY
4:30 PM - 6:30 PM  21-Jan to 25-Feb
6 sessions (12 hrs.)  DOC House
Course Fee: $60  ARTS

So many people have a guitar kicking around the house - or a mandolin, or a harmonica. And many have memories of playing with friends and sharing songs and good times. Well, OSHER@Dartmouth is out to recreate those wonderful memories by offering an active learning experience - the Pickin’ Party.

Participants should be able to play straightforward chords on their instrument, know some songs, have an interest in learning some more, and be interested in joining in singing. But we will also welcome those who just love to listen. Our “audience” will be an important part of the experience. We will be joined each week by local performers to share their thoughts and music with us.

The class will provide the opportunity to play informally together, share songs, and sing and play the songs we all know - or kind of know. Most weeks we will focus on a theme area of music - folk, blues, bluegrass, standards - and the leaders will share some background and thoughts about that area of music. We will work successively on some songs that we like, get good at playing them, and then gather them produce a final book or CD for all to take away.

There are no required texts.

Ford Daley

Ford Daley’s interest in non-classical music started in childhood. He loves to share musical experiences and ideas and its impact on our lives. He sings and plays guitar, harmonica, and Dobro.

Julia Labier

Julia Labier has always been in love with music. She has been a performer most of her life, both as a Whipple Hill Gang member, and now as half of “Daley With Julia.”

The Mighty Elephant: Past, Present and Future

TUESDAY
5:00 PM - 7:00 PM  21-Jan to 11-Feb
4 sessions (8 hrs.)  DOC House
Course Fee: $40  NATURAL SCIENCE

In 1930, as many as 10 million wild elephants roamed the African continent. But decades of poaching and conflict have decimated the African elephant population, leaving less than 415,000. In 2016, the International Union for Conservation of Nature reported that Africa’s elephant population had seen its worst decline in 25 years.

This class will delve into the world of the mighty elephant. We will cover elephant anatomy and behavior, the history of big game hunting, the continued demand for ivory, and the dwindling geographic distribution. The three biggest threats to these animals are poaching for ivory, habitat loss, and human-elephant conflict.

We will explore the successes and failures of current programs. How have Namibia’s conservancy programs led to the growth of desert elephant populations? What are the pros and cons of lifting the hunting ban in Botswana? Has China’s ivory ban deterred demand and sales? Which elephant conservation organizations are implementing programs that work in the real world?

Join us as we examine the elephant in the room via lectures, film clips and guest speakers. We will provide a reading packet, links to relevant materials, and a list of recommended readings.

There is an optional reading packet.

Bonnie Fladung

Bonnie J. Fladung specializes in nature, travel and adventure writing. She is the author of a children’s book about the big tuskers of Africa and co-author of an award-winning memoir of an African safari ranger.

Dan Hopkins

Dan Hopkins is the owner of GrassTrack Safaris, an adventure travel company specializing in authentic journeys into the African wilderness. He has led Osher groups on safari to Botswana and Namibia.
In the Beginning: The Book of Genesis

WEDNESDAY
9:30 AM - 11:30 AM  15-Jan to 5-Feb
4 sessions (8 hrs.)  DOC House
Course Fee: $40  HUMANITIES

Of all the great stories in the world, Genesis has more than a few: Adam and Eve and the serpent; Cain and Abel; Jacob wrestling the angel; Joseph and his brothers. After locating Genesis in its biblical context (hint: while it leads the canon, it was not the first written), we will read the entire book, including those pesky but instructive genealogies, to explore what it has to say about the foundation of the world, of the human race, and of the people of Israel and their effort to experience the divine.

Although a book of beginnings, it contains false starts and fitful progress, and ends in death. Our approach will be literary - paying attention to narrative techniques, the development of character, themes, and the use of genres - in order to appreciate the hold these stories have exerted over readers’ imaginations for more than two millennia. Any degree of familiarity with the Bible, including none, is welcome.

We will emphasize open inquiry and presume no particular theological point of view. There will be some occasional short lectures, but we will focus on discussion. Our sole required text will be the Bible.

Required Text:

Susan McCaslin
A graduate of Smith College and Harvard Divinity School, Susan McCaslin spent her career as a teacher and educational administrator, first at Harvard Divinity School and then for 27 years at Phillips Academy Andover where she taught in the Philosophy and Religious Studies Department and served as academic dean and associate dean of faculty. For Osher she has taught courses on the Hebrew Bible, or Old Testament, The Four Gospels, King David, and an introduction to Islam. She confesses that the Book of Genesis is among her favorite biblical texts.

News Literacy: How to Fact-Check Today’s Media

WEDNESDAY
9:30 AM - 11:30 AM  22-Jan to 19-Feb
5 sessions (10 hrs.)  DOC House
Course Fee: $60  CURRENT AFFAIRS

The 21st century has seen nothing less than a media revolution, with traditional news sources - daily newspapers, broadcast networks and newsweeklies - threatened with unprecedented competition from the internet and social media. Inconvenient truths are being attacked as “fake news.” And the next presidential election is just months away!

How did we get into this mess? Thanks to the internet, anyone can be a publisher or broadcaster, offering “alternative facts” and outlandish conspiracy theories to receptive audiences. Whether you’re a hard-core news junkie or a casual follower of current events, chances are you’re feeling overwhelmed.

In this course we will learn how to sharpen our critical reading skills to distinguish between “noise” and “news,” facts and lies. Through reading a variety of sources and discussing them in class, we will analyze how to assess accuracy and bias in news articles and to try to determine whether there even is such a thing as an “unbiased” news source. We will also examine the role of “gatekeepers,” those who decide what is news, whether they are editors at the Washington Post or Breitbart. There will be online reading materials for this course.

There are no required texts.

Dennis Stern

Dennis Stern has worked as a journalist and newspaper executive for most of his career, including 28 years at the New York Times. At the Times, he held various editing roles in the news department before moving to the business side to become deputy general manager. He gets his daily dose of news from numerous sources: in print from the Times, the Valley News and the Washington Post and on-line from at least a half-dozen web sites, some more trustworthy than others. He lives in Lyme.
Queens of Crime: An Introduction to the First Century of Great British Detective Fiction

WEDNESDAY
9:30 AM - 11:30 AM  5-Feb to 4-Mar
5 sessions (10 hrs.)  One Court Street
Course Fee: $60  HUMANITIES

When Dame Agatha Christie published her first mystery novel - *The Mysterious Affair at Styles* - in 1920, she not only broke new ground for women in publishing, she ushered in an era of detective fiction that continues unabated a century later. Of course, Christie was not alone as she pioneered “the Golden Age of detective fiction.” She had a lot of great companions, among them Dorothy Sayers, Margery Allingham, and Josephine Tey. These four authors were foremost among the women who ruled as the Queens of Crime from 1920 through the 1950s.

Nowadays, the type of mystery fiction that these authors pioneered is too often dismissed as “cozy,” as though murder and corruption are something of a lark. But Christie, Sayers, Allingham, and Tey were great writers, serious about their craft and astute observers of their society. Contemporary mystery writers acknowledge that the work of these authors brought the mystery genre a level of maturity that is worthy of respect and serious study.

This introductory course into the first century of great British detective fiction dives head-first into the work of these pioneering authors by reading a novel by each of them. The currently contemplated roster includes Sayers’ *Gaudy Night*, Christie’s *The Murder of Roger Ackroyd*, Tey’s *Brat Farrar*, and Allingham’s *The Tiger in the Smoke*. So grab a cup of tea and get ready for some great reading this winter.

Required Texts:

Sonja Hakala

Sonja Hakala is a professional writer. Her work has appeared in newspapers and magazines, and she is the author of several books including novels and non-fiction. After working as a marketing manager for a Vermont book publisher, Sonja began working with authors around the world to produce and independently publish their own work. She writes and publishes a new story each week on her blog (www.SonjaHakala.com), and her favorite type of book to read with a cup of tea has always been a mystery novel.

Introduction to Aesthetics: How Can We Know What Beauty Is?

WEDNESDAY
10:00 AM - 12:00 PM  5-Feb to 11-Mar
6 sessions (12 hrs.)  R.W. Black Comm. Ctr.
Course Fee: $60  INTERDISCIPLINARY

This course will explore classical and contemporary issues in aesthetics, including readings from philosophers and critics, as well as specific explorations of the visual arts, music, literature and architecture. We will review the neurological foundations of our sense of beauty with Lara Ronan, M.D., a member of the Dartmouth Medical School faculty; in a separate session with Kenneth Walden, a member of the Dartmouth philosophy department; and with Vivian Ladd, museum educator at the Hood Museum at Dartmouth. The latter session will occur at the Hood Museum, and will consist of an hour looking at specific pieces in the museum collection, followed by an hour-long classroom session.

Optional Text:

Joseph Ronan

Joseph Ronan is a practicing attorney with a strong interest in philosophy and the arts. He has a B.A. in philosophy from Haverford College, two law degrees from NYU and an M.A. in English from Rutgers-Camden. He has been course leader for Osher for a course on Aristotle and also for a course on T.S. Eliot and Wallace Stevens.
Put aside your personal projects and join me once a week for eight weeks to make blankets, hats, or scarves for charity. A list of projects and charities will be available for you to choose from. There will be some yarn available but be prepared to bring your own. All skill levels welcome. Bring your hooks and let’s get creative for charity!

There is an optional reading packet.

Gail Fancher

Gail has been knitting and crocheting for a half century. She’s eager to teach. A veteran, former member of 4-H, mother, spouse, and physician, she believes you can knit or crochet anywhere, any time. Knitting and crocheting are relaxing and satisfying.
Get More Fun and Adventure in Your Travel, Including Stay-cations and Day-Trips

WEDNESDAY
12:00 PM - 2:00 PM  
3 sessions (6 hrs.)  
Course Fee: $40

Get greater enjoyment from your local and distant travel by applying the alchemy of knowledge, preparation, and spontaneity. Think of an expert surfer: by researching where the waves are, by being able to read the weather, and by strengthening and practicing, he or she will be able to paddle out to the best spots and catch the best waves. Like the surfer, if the traveler doesn’t research or prepare, he or she will be stuck in mediocre or crowded venues, or won’t have the fitness, confidence, preparedness, equipment, or judgment to be able to respond in time to catch the great experiences that are at hand.

In this course, learn to prepare for travel with knowledge, equipment, fitness, and emotional resilience. Learn how to find the destinations that match your interests. Learn how to respond to the best opportunities your travel has to offer, whether it’s people, culture, sights, dining, lodging, nature, or your own physical and emotional experiences.

Course topics include budget (money, time, emotional energy, and physical ability), deal-breakers (e.g., dangers or illness), clothing, packing, the crucial skills of itinerary assembly and adjustment (online, guidebook and smartphone), transportation, orientation, dining, lodging, and equipment. Key concepts include Skurka’s Razor, Shlep’s Laws (all six) and Harrod’s Principle. Sessions include seed talks, demonstrations (luggage, clothing, electronics, research smartphone on-the-fly), Q&A, and participant sharing.

**There is a required reading packet.**

Dan Collison

Dan Collison has taught at Osher yearly since 2013. He enjoys local and distant exploration and adventure, including the myriad trails of the Upper Valley and the NH 4000-footers, trans-American bicycle travel, and the cultural by-ways of Europe. A native of Iowa, he is a physician who enjoys researching how people cultivate greater opportunity and enjoyment in life, including through the humanities, technology, and personal exploration.

Essentials of Perennial Gardening

WEDNESDAY
12:00 PM - 2:30 PM  
3 sessions (7.5 hrs.)  
Course Fee: $40

This course will cover all of the elements of Perennial Gardening, and is meant for both new and seasoned gardeners. Emphasis will be on the essentials of having a successful and beautiful garden, and will cover soil, light, compost, fertilizing, maintenance, and all of the elements that contribute to plant success and lovely spaces.

We will use slides to study three local gardens and their changes from May to October in our classroom this winter, and will schedule two tours to those gardens in the summer of 2020. The purpose of the course is to encourage participants to be creative, and to share the joy of gardening with Perennials.

**There are no required texts.**

Carol Stanigar

Carol has been gardening for 40 years and was self-taught until her retirement allowed her to study Horticulture at UNH. For 12 years she has operated a small business consulting, restoring, and designing gardens in the White Mountains. For the last six years she has field-tested special varieties and field grown them for retail sale.
From the Page to the Stage: How a Production Comes to Life

**WEDNESDAY**
2:30 PM - 4:30 PM
4 sessions (8 hrs.)
DOC House
Course Fee: $40

**ARTS**

A modern *La Bohème*. A Hollywood western *Elixir of Love*. A traditional *Madame Butterfly* or a contemporary work like *Glory Denied* that hasn’t been staged before. How are productions, and specifically opera productions, created? From the director’s first ideas and concept, through collaboration with set, lighting and costume designers, to the rehearsal process with singers and conductor, to the realization of the performance on the stage, director Helena Binder takes you through the process of developing a production and shares the experiences that result in what the audience sees on opening night.

**Helena Binder**
An actor and director for over 40 years, Helena’s innovative and imaginative productions have been seen at many of the finest opera companies in the U.S. including New York City Opera, Dallas, Minnesota, Atlanta, Pittsburgh, Portland, Wolf Trap and Anchorage Opera, among others. Named a Union Notable by her alma mater Union College, she holds an M.A. from New York University and studied acting at Circle in the Square. Director of Opera North’s recent *Macbeth*, she has been on the faculty of Union College, Boston University and New England Conservatory and is a coach in public speaking. www.helenabinder.com

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Bears of the World

**WEDNESDAY**
2:30 PM - 4:30 PM
5 sessions (10 hrs.)
DOC House
Course Fee: $60

**NATURAL SCIENCE**

There are eight species of bears in the world inhabiting North America, Europe, Asia, and South America. We’ll take a look at each species, from the Black Bears in our backyards to the Sun Bears of Southeast Asia, and examine their sources of food, their sleeping habits (they don’t all hibernate), and their chances for survival. Some populations need to be controlled, while others are on the brink of extinction.

We’ll hear from experts on bears and bear management. Where appropriate (and if available), documentary movies will be shown. We’ll also get the latest news about Hanover’s own travelling bear, Mink.

**Steven Tofel**
Steve Tofel encountered his first bear at age nine in Yellowstone National Park. Since then it has been a lifelong fascination. He and his wife, Linda, live in Thetford Center, VT.
Honoring the Dead in America: How Funerals Really Work

Wednesday
2:30 PM - 4:30 PM
3 sessions (6 hrs.)
DOC House
SOCIAL SCIENCE

19-Feb to 4-Mar
Course Fee: $40

How we care for our dead in the U.S. is a reflection of prevailing cultural, spiritual, and economic norms. Learn how the funeral industry came to be in the U.S., what influences are still at play, and how you can negotiate the purchase of professional goods and services to create a conventional funeral that meets your needs. Then take a step out of the funeral industry to discover the historical precedent for caring for our own at home, how to work with professionals and authorities, and what the legal ins and outs are of caring for our own dead from death to disposition.

We’ll debunk some myths about health and public safety, explore laws and policies, and explain how to create meaningful, affordable, and healing funerals that are family-directed and community supported. Considering the disastrous environmental repercussions inherent in both vault burial and cremation, people are eager to find dispositions that are dignified, affordable, and eco-conscious. We’ll talk about the redeeming qualities of green or natural burial, products such as Bios Urns, mushroom suits and reef balls, plus emerging processes that seek to replace current death practices with life-affirming activities and outcomes.

There is an optional reading packet.

Lee Webster

Lee is a writer, researcher, editor, and national public speaker on funeral reform. She has served on the boards of the National Home Funeral Alliance, Green Burial Council Conservation Burial Alliance, National End-of-Life Doula Alliance, and NHPCO EOLD Council, and is the founder and President of New Hampshire Funeral Resources, Education & Advocacy. Her latest book is Changing Landscapes: Exploring the Growth of Ethical, Compassionate and Environmentally Sustainable Green Funeral Service.

Seniors and Investing: Don’t Be the Next Victim, Protect Your Financial Future

Wednesday
2:30 PM - 4:30 PM
2 sessions (4 hrs.)
DOC House
INSTRUCTIONAL

4-Mar to 11-Mar
Course Fee: $40

This is a two-session course designed to provide seniors with investing and financial education. It will include significant time for questions and class interaction. The overall intent of the class is to provide participants with information to protect themselves. Seniors are frequently targeted by fraud perpetrators or by unscrupulous salespeople.

Course topics include: “How to Detect and Prevent Fraud,” “Understanding Investments,” and “Special Considerations When Investing While Retired.” We feel the best defense against investor fraud is a well-educated citizen. Extensive investor education materials will be distributed.

There are no required texts.

Kevin Moquin

Kevin Moquin is senior Staff Attorney for the New Hampshire Bureau of Securities Regulation with over 15 years of experience with the Bureau. He is considered an expert in the oversight and regulation of investment advisors.

Barry Glennon

Barry joined the New Hampshire Bureau of Securities Regulation in 2001. He was later appointed Deputy Director of Licensing & Administration, and then Director in 2012. Barry was previously employed by the former Chubb Life/Jefferson Pilot Financial Insurance Company in Concord, N.H. and is a lifelong Manchester resident.
Sketchbook Journaling: Using Watercolor and Hand-Lettering to Explore and Remember

THURSDAY
9:00 AM - 12:00 PM
7 sessions (21 hrs.)
Course Fee: $80
16-Jan to 27-Feb
The Village

Patti and Gael have collaborated once again to design a new, lively, and colorful class for everyone who wants to begin, return to, or expand their sketchbook journaling practice.

Using simple but effective watercolor techniques, Patti will guide us through an evocative watercolor piece, and Gael will teach us how to finish off our journal entry page with artful hand lettering that will add just the right amount of zing to your journal.

In this class we will explore how a sketchbook is the perfect place to gather and record your memories and everyday observations. We will tell you about our seasonal themes in our Welcome Letter, and we will reveal one lesson that will be a very fun and exciting field trip!

We are not concerned with creating a fine work of art, but rather a quick image in watercolor and words that express our thoughts. Patti and Gael will provide examples of their own work and the works of artists who have inspired them. Both veteran teachers, they will gently guide and support participants with demonstrations and practice to guide new learning.

Treat yourself with this class and give your inner critic some needed time off! We are going to play, paint, letter, and have fun by elevating our sketchbook journal pages into fond treasures.

There are no required texts.

Gael Clauson
Patti Warren

Patti Warren is a retired art teacher and elementary school principal. She is very happy to be teaching art again and specializes in watercolor. She loves finding grace and beauty in everyday items, which translates well to journaling. Gael Clauson is a retired reading specialist who has an affection for lettering and watercolor. She is also a self-proclaimed pen/marker hoarder and can be seen stalking stationary stores. Gael lives in Vermont and is a demonstration baker at King Arthur Flour.

Bread and Soil in Ancient Rome: Environmental Challenge and Cultural Response

THURSDAY
9:30 AM - 11:30 AM
6 sessions (12 hrs.)
16-Jan to 5-Mar
The Village

Ancient Rome flourished because it was supported by a mosaic of resilient ecosystems and challenging soil conditions that produced wheat for bread, grapes for wine, and olives for oil. This unusual triad of crops provided enough food to feed burgeoning metropolises, especially Rome, and fueled a military machine spread over a vast geographic region.

We’ll explore this combination of food challenges and cultural resilience based on our modern knowledge of the climate and geography of the Mediterranean Sea basin, linked to the science of its soils and ecosystems. Our focus will be on the transition from the Roman Republic in the 3rd century BC through civil wars, the assassination of Julius Caesar, and the nascent Roman Empire and Pax Romana 250 years later.

This narrative invites us to ask probing questions about Roman history and its lessons for the fate of 21st century societies facing similar challenges: What can we learn from events in this historical period of tumultuous transitions that speak to the evolution and resilience of our culture? What can it teach us about evolving ethics of environmental protection, in light of climate change, recurring wars, dynamic international relations, and food supplies grown regionally and traded from afar? How effective and sustainable is democracy in the face of such change and challenge?

Lectures based on discovery and questioning will set the stage for extensive discussion. Readings of approximately 50 pages per week will be assigned.

There is a required reading packet.

Bruce James

Bruce James received a B.A. in chemistry and environmental studies from Williams, followed by M.S. and Ph.D. degrees in soil science from UVM. During these studies, he developed a keen interest in interdisciplinary learning related to soils and history that he used in his teaching at the University of Maryland, College Park, for 29 years. Now retired, he continues to thrive on new learning and ideas related to sustainability, environmental science, soils, environmental history, and agriculture.
Introduction to Plato’s Republic

THURSDAY
9:30 AM - 11:30 AM 23-Jan to 27-Feb
6 sessions (12 hrs.) DOC House
Course Fee: $60 HUMANITIES

“Plato exhibits the rare union of close and subtle logic with the Pythian enthusiasm of poetry, melted by the splendor and harmony of his periods into one irresistible stream of musical impressions, which hurry the persuasions onward, as in a breathless career...there is scarcely any of his treatises which do not...contain the most remarkable intuitions into all that can be the subject of the human mind.”
– Percy Shelley

Are you interested in learning more about the philosophy of Plato, a tradition so rich, British philosopher A. N. Whitehead once famously mused that, “The safest general characterization of the European philosophical tradition is that it consists of a series of footnotes to Plato”? Then this course is for you.

The goal of this course is to introduce students to arguably one of Plato’s greatest works, the endlessly fascinating Republic. The course will dive into Plato’s Republic, primarily through reading, discussion, and interwoven with mini-lectures, in order to better understand the major themes and central ideas of this seminal work. We will investigate Plato’s ideas about knowledge, the cosmos, politics, ethics, the nature of reality, beauty, the soul and afterlife, human nature, etc. Other dialogues will be mentioned, but their reading is not necessary.

This course does not require any previous knowledge in philosophy, just an interest in getting to know the massively influential philosophy of Plato as elegantly presented in his Republic.

Required Text:

Josiah Horner
Josiah first fell in love with the works of Plato in college. He since has spent a couple years teaching in the Classical movement, where one of the thinkers he spent considerable time teaching was Plato. Most recently he taught a course on Plato in a study abroad program in Italy. He holds a B.A. in English from The Master’s University and an M.A. in Humanities from Cal. State Dominguez Hills.

Lessons From a Lifetime of Expeditions: Different Countries, Different Environments, and Different Cultures

THURSDAY
9:30 AM - 11:30 AM 23-Jan to 5-Mar
7 sessions (14 hrs.) DOC House
Course Fee: $80 INTERDISCIPLINARY

Three thousand nights camped in the woods and on mountains with family, friends, and students have taught us invaluable lessons about different cultures and great places on this planet. But travelling to exotic and remote environments has become commonplace. In Nepal, there are over 300,000 trekkers annually, for example, and over 1,000 people attempt to climb Mt. Everest. Among the visitors, who are the takers and who are the givers? What does “sustainable” mean in terms of effects on villages, their inhabitants, mountain forests and streams, the pathways, and even mountains themselves?

We’ll bring experiences gained from expeditions to, among other places, British Columbia, Russia, Bhutan, Tibet, Mongolia, and China; work with five Outward Bound schools; and serving on the boards of NOLS, Central Asia Institute, and the American Alpine Club. We’ll go beyond mission, goals and curricula to examine the educational and spiritual value of adventure and exploration. We hope participants will share their experiences so we may focus on collective reflection, learning, and challenge as we pose some essential questions.

There is an optional reading packet.

Jed Williamson
Jed is President Emeritus of Sterling College and former faculty at UNH. He is an educational and risk management consultant. He compiled Accreditation Standards for Adventure Programs and was Editor of Accidents in NA Mountaineering 1974-2014.

Perry Williamson
Perry had her own pottery studio for many years. She was the first woman instructor at Hurricane Island OB School. She worked as a fundraiser for political campaigns and Sterling College. She is now a watercolor painter.
Outdoor Winter Fun: Dartmouth Skiway Ski and Snowboard Clinic

**THURSDAYS**

10:45 AM - 12:15 PM  
9-Jan to 13-Feb

6 sessions (9 hrs.)  
Dartmouth Skiway

Course Fee: $60  
INSTRUCTIONAL

Lab Fee: $315, payable directly to the Dartmouth Skiway (payment instructions will be provided after registration concludes)

Enjoy winter fun and lots of camaraderie while building your ski or snowboard skills. This course gets you out for some winter fun at the Upper Valley's iconic Dartmouth Skiway! The Skiway’s professional instructors will work with you to build your skills, whether you are a beginner, an expert, or something in between. Specially tailored for OSHER@Dartmouth members, enjoy small classes with others at your skill level and the individualized instruction that is the hallmark of the Dartmouth Skiway Snowsports School. Après lesson lunch is part of the fun - with an included $15 lunch voucher* for each session at the Skiway’s new Thirty Trails Cafe. See you on the slopes! Rental equipment available.

* Lunch vouchers are only valid on day of class.

There are no required texts.

**Priscilla Clark**

Priscilla loves winter - and seriously considered wintering aboard her boat in Oslo Harbor and skiing at Lillehammer. You’ll find her skiing at the Skiway, volunteering with Zack’s Place adaptive ski program at Suicide Six, or, in the off-season, volunteering for favorite community non-profits and teaching floral design courses for OSHER@Dartmouth.

**Sean Norton**

Snowsports School Director and Upper Valley native Sean Norton is a PSIA-certified instructor in ski, snowboard, and tele. His teaching career began at the Skiway 12 years ago. Sean and his team enjoy helping snowsports enthusiasts build their skills.

Professional Ski & Snowboard Instructors

The Skiway’s professional, PSIA-certified ski instructors will teach this course. Instructors will be assigned based on participant’s skill levels.

Courage 101: An ‘Exercise’ Program for Building Personal Courage

**THURSDAY**

11:30 AM - 1:30 PM  
30-Jan to 5-Mar

6 sessions (12 hrs.)  

Course Fee: $60  
INSTRUCTIONAL

This class offers action-oriented, upbeat advice for conquering life’s problems - large and small. Based on my book, *Courage 101: True Tales of Grit & Glory*, students will read short, fast-paced 101 chapters from the book, which tell heroic tales from the arts, business, war, survival, and politics. Readings will be supplemented by famous books such as *Man’s Search for Meaning* by Viktor Frankl and *Endurance: Shackleton’s Incredible Voyage*, online mini-documentaries, and guest lecturers who tell their own tales of personal courage. Students can also tell their own tales of personal courage to the class.

There is a required reading packet.

**Required Texts:**


**George Spencer**

George Spencer is the Executive Editor of *Dartmouth Alumni Magazine*. He has also served as editor of business, health, lifestyle, and travel magazines for publishers, including *Time, Inc.* Spencer is the author of *Courage 101: True Tales of Grit & Glory*. Its 101 chapters each tell a little-known story of heroism on the part of a historical figure or unsung hero. Spencer has a J.D./M.B.A. from the University of Tennessee. His undergraduate degree is from Duke. His hobby is painting (www.stgeorgeart.net).
Toni Morrison: Three Important Novels

THURSDAY
12:00 PM - 2:00 PM
6 sessions (12 hrs.)
Course Fee: $60

Any time is right for reading Morrison’s work, but with her recent death a close look at three of the novels that won international attention would be both timely and respectful. In this course we will read *Song of Solomon* (1977), *Beloved* (1987), and *Jazz* (1992), books from the heart of a writing career that stretched over nearly a half-century. The characters in these three books are Black and the stories very much about Black experience, but like Faulkner who drew characters from the deep South of the Mississippi Delta, Morrison’s treatment of social history is deeply American and involves us all.

The reading for these six classes will be demanding (140-150 pages per week), but these books are hard to put down for people who enjoy great literature. Our classes will be discussion-based, always with an eye on the texts. Whether you will be rereading Morrison or approaching her work for the first time, there is a place for you in this course.

Required Texts:

Jon Stableford

Jon holds degrees from Williams College and Wesleyan University and for 43 years taught secondary school English, the last 34 of them at Phillips Academy, Andover, MA. In 2010, he and his wife Cindy retired to South Strafford, VT and have ever since had a close relationship with OSHER@ Dartmouth. He writes occasional pieces for the *Valley News*.

Arthur Redux: A Literary-Historical Quest into Early Welsh Influences on British History

THURSDAY
12:00 PM - 2:00 PM
6 sessions (12 hrs.)
Course Fee: $60

This new course begins in A.D. 1135, when British cleric Geoffrey of Monmouth wrote a remarkable book still in print today: *The History of the Kings of Britain*. Writing in Latin used by 12th century scholars and their Norman rulers, Geoffrey compiled material from earlier “histories,” but stated his primary source was one “ancient book in the British language that told in orderly fashion the deeds of all the kings of Britain.” He claimed he was given this “book” by Walter, the Archdeacon of Oxford, on that churchman’s return from a trip through Wales. Did such a book exist? Was this really Geoffrey’s primary source, and if so, can we retrieve it? Or did Geoffrey make it all up?

Scholars now think Geoffrey used two key works: *Historia Britonum* (a 9th century history attributed to the Christian historian Nennius) and *De Excidio et Conquestu Britanniae* (by Gildas, a 6th century Welsh monk). We will study both, along with the chapters on Arthur in *The History*, and a recent translation of *The Mabinogion* – the earliest accessible collection of mythic stories from Welsh “Britain” to mention “Arthur.”

Whether or not we can prove that the “ancient book” is part of a Welsh story cycle, this course may give students an understanding of Welsh influences on the literature and history of early Great Britain.

Required Texts:

There is an optional reading packet.

Sarah Welsch

Sarah Welsch worked in academic and trade book publishing as a marketing manager, acquiring editor, and sales manager for 40 years before retiring in 2014. At Dartmouth, she headed up the Sales & Marketing department at the University Press of New England from 1998 to 2008. Sarah has a B.A. in English from Smith College and an M.A. from Northwestern University. She has lived in and traveled throughout Wales, and visited many Arthurian “sites” in Britain.
Winter Botany: Buds and Bark

THURSDAY
12:00 PM - 2:00 PM
6-Feb to 27-Feb
4 sessions (8 hrs.)
Various
Course Fee: $40
NATURAL SCIENCE

Do you ever wonder about those dead “weeds,” bare trees, shrubs, and vines you see when you are out and about in the winter? Would you like to hone your winter plant identification skills while enjoying the outdoors on snowshoes? Even when leaves and flowers are gone, or all that remains is a dried stalk, we can look at habitat, overall shape, branching patterns, twigs, buds, bark, and remains of fruits or seeds to learn to recognize common trees, shrubs, and many other plants of the Upper Valley.

During this four-week class, we will find and examine as many different plants as we can and practice using winter keys to identify them. Weather permitting, part or all of each class will be a field trip. Field trips will be on easy terrain at a botanist’s pace (=slow!), but we may do some bushwhacking. The course syllabus will provide field trip information and meeting points.

Optional Texts:
• Fruit Key & Twig Key to Trees and Shrubs - William M Harlow (ISBN-13: 978-0486205113)
• A Field Guide to Trees and Shrubs: Northeastern and North-Central United States and Southern and South-Central Canada - George A Petrides (ISBN-13: 978-0395353707)

Alice Schori

Alice (graduate of Oberlin College) is a field botanist who has studied native plants through the New England Wild Flower Society since the mid-1990s. She has done botanical surveys for conservation organizations and the towns of Hanover and Lyme, and spent nine summers doing similar work for the White Mountain National Forest.

A National Treasure: The Appalachian Trail (and Random Acts of Kindness)

THURSDAY
1:00 PM - 3:00 PM
5-Mar to 12-Mar
2 sessions (4 hrs.)
Course Fee: $40
SOCIAL SCIENCE

Every summer, Norwich and Hanover streets fill with Appalachian Trail “through hikers”: NOBOs (or northbounders) who began their hike in Georgia in early spring, and SOBOs headed for Georgia from the trail’s northern terminus at Maine’s Mount Katahdin.

Who are these people? What motivates them to commit to such a demanding trek? Why, for example, would a 67-year-old grandmother set out to hike the entire trail - in 1955? What’s life like out there? Is it becoming overcrowded? Is it safe in light of a recent vicious attack and homicide? What have Norwich and Hanover done to become official “AT Hiker-Friendly Towns”?

This course takes a distinctly local perspective on a national treasure that runs right down Main Street. Hear from current AT hikers passing through and local volunteer “Trail Angels” supporting through-hikers on their quests.

There are no required texts.

Greg Cook

Gregory Cook is a retired Social Worker, M.S.W. at Dartmouth-Hitchcock Medical Center, Appalachian Trail Angel, and member of the 48 Four Thousand Footer Club.
Armchair Travel XI: The Far Corners of the Earth

THURSDAY
2:30 PM - 4:30 PM  16-Jan to 27-Feb
7 sessions (14 hrs.)  Kendal
Course Fee: $80  TRAVEL

This will be the 11th in the series of Armchair Travel courses offered over the last ten years. This time we are concentrating on distant and remote sites that feature impressive scenery and lots of wildlife. The places visited will include: Patagonia; Papua New Guinea; Greenland, Baffin Island, and Churchill, Manitoba; the Galapagos and other islands in the eastern Pacific; Midway Island and Palau; Antarctica, including the Falkland Islands and South Georgia; Fiji in the Pacific and the Maldives in the Indian Ocean; and the Canadian Rockies. If there is time, we may visit sites in Alaska, northern Maine, and the Caribbean islands. Some pictures taken while scuba diving will be shown. Optional readings will be available. For each site there will be introductory materials given to the class.

There is no required reading.

Tom Wilson

Tom is a retired pediatrician. He and his wife, Joan, have lived at Kendal for 17 years. They like to travel, to take lots of pictures, and to share their travel experiences. They have been on eight Osher Dartmouth Travel Study trips, including leading one to Egypt in 2009. Some of the previous Armchair Travel courses they have led have concentrated on national parks, Canada, mountains, oceans, and wildlife. The Wilsons take about six Osher Dartmouth courses each year.

America’s Reluctant Rise to World Leadership

THURSDAY
2:30 PM - 4:30 PM  23-Jan to 27-Feb
6 sessions (12 hrs.)  DOC House
Course Fee: $60  SOCIAL SCIENCE

We will examine, through lecture and discussion, America’s rise from a regional power in the 1880s to the position of one of the world’s major powers by 1944.

At times boisterous and at other moments hesitant, the United States inexorably moves to world power status throughout the first half of the 20th century. Expansionism, isolationism, colonialism, imperialism, our ties to immigrants’ countries of origin, the original ‘America First’ movement, industrialization, and military preparedness are all aspects that contributed to our aggressive/passive relationships with the rest of the world.

Significant personalities such as Teddy Roosevelt, Woodrow Wilson, Charles Lindbergh, Father Coughlin, Herbert Hoover, and FDR play their roles in America’s reluctant rise to greatness.

There is an optional reading packet.

Bob Rougvie

Bob Rougvie is a graduate of Suffolk University in Boston with a B.A. degree in History. He has had a long career in the wood products industry in New England. Prior to retirement, he was president of a machinery distribution corporation for 23 years. He is an avid reader of history with a particular interest in the period prior to WWII. He has recently led Osher Dartmouth courses on Vichy, France during WWII and the Spanish Civil War.
Ethan Quillen is an independent scholar. Before moving to the Upper Valley he lived and taught in California, Texas, Edinburgh, Paris, and Ljubljana. He holds degrees in religious studies, American studies, and church-state studies, and his Ph.D. was on the Atheist fiction of Ian McEwan. His publications have examined the Supreme Court, online religion, and fiction. He is currently writing an exhaustive history of Atheism, and the untold story of the aphorism, “There are no Atheists in foxholes.”

Discussion of the edition of his seventeen small essays which comment on fundamental and timeless issues of our unchanging nature and our public life. In my judgement, Bertrand Russell ranks high among the few truly skeptical thinkers of our time. The reading of this edition is required.

**Required Text:**

**Werner Kleinhardt**

Werner is a Professor, Emeritus, of Dartmouth College. He considers himself a skeptical humanist since he survived torture and five years of the Gulag. He graduated from the College Francais in Berlin, studied history, philosophy, political sciences, classics, and European literatures. His Ph.D. came from the University of Hamburg. He taught at the Sorbonne before coming to Dartmouth in 1965. He is the author of several fiction and non-fiction books.

Why is polygamy illegal in America, but animal sacrifice is not? Why are prayers in public schools illegal, but not prayers at town meetings? Why is public school religious education illegal, but having ‘under God’ in the Pledge of Allegiance is not? Why is it illegal to post the Ten Commandments inside one government building, but not on the outside of another? Do baked goods constitute religious expression, and if so, does that condone discrimination? Is the cross even a religious symbol anymore?

Together, these questions ask a larger one, in two parts: what is American religion, and how do we go about making sense of it? Questions made all that more complicated by the two religion clauses of the First Amendment, sixteen words that on one hand restrict the U.S. government from declaring a specific religion the official one, while on the other, permit every American the freedom to practice whatever religion they want: “Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof.”

Making sense of American religion is a challenging process, for which there is no simple solution. But it is doable. And that will be our goal with this course. Each week we will read two related Supreme Court case decisions that have directly addressed these issues, discuss the people involved, their beliefs, the Court’s final ruling, and how all of this might help us make better sense of the beautiful complexity that is religion in America.

**There is a required reading packet.**

**Ethan Quillen**

Ethan Quillen is an independent scholar. Before moving to the Upper Valley he lived and taught in California, Texas, Edinburgh, Paris, and Ljubljana. He holds degrees in religious studies, American studies, and church-state studies, and his Ph.D. was on the Atheist fiction of Ian McEwan. His publications have examined the Supreme Court, online religion, and fiction. He is currently writing an exhaustive history of Atheism, and the untold story of the aphorism, “There are no Atheists in foxholes.”
Murder, Mayhem, and Mystery on Trains!

**FRIDAY**

9:30 AM - 12:30 PM  
17-Jan to 14-Feb  
5 sessions (15 hrs.)  
The Village  
Course Fee: $80  
 ARTS

Perhaps you went somewhere recently by train, or you remember traveling by train as a child or even as a college student. In any case, we will view a series of films that use trains as a key setting for stories of mystery and murder. Certainly such films will help you forget your last crowded airplane flight as they indulge your nostalgia about roomy, comfortable train travel as well as carrying you along to enjoy the thrills of mysteries and thrillers, especially those of Alfred Hitchcock.

Possible films include:
*The Lady Vanishes* (May Whitty) 1938  
*Night Train to Munich* (British Agents and Nazis) 1940  
*Murder on the Orient Express* (Bacall, Bergman, Connery) 1974  
*That Kind of Woman* (Tab Hunter and Sophia Lauren) 1959  
*North By Northwest* (Eva Marie Saint) 1959  
Film Clip: *Closely Watched Trains* 1966

**There are no required texts.**

Don Watson

While a student at the Universite de Poitiers, Don Watson discovered the French fascination with American Westerns. He also learned to appreciate the New Wave Cinema. He retired from teaching French and Latin at Hanover High School while he still had a sense of humor. In 1991, he started the Sister City Exchange program between Hanover and Joigny, France. He has an M.A. from the University of Chicago and an M.L.S. From SUNY-Albany.

Fermentation: The Transformative Action of Microbes

**FRIDAY**

10:30 AM - 1:00 PM  
17-Jan to 14-Feb  
5 sessions (12.5 hrs.)  
The Village  
Course Fee: $60  
 INSTRUCTIONAL

It is important to never break the chain of traditions, because once it is one generation removed, it becomes very difficult to bring it back.
- Magnus Nilsson

The process of fermentation dates back thousands of years, allowing people around the globe to preserve a variety of ingredients found on their surrounding landscape. What may have started out as an accidental discovery has turned into a vital technique for many. From simple sauerkraut to cheese, to bread to botanical brews, we are rediscovering that these friendly bacteria also act like a whole team of tiny chefs layering flavor onto our foods.

People are coming back to fermentation for many reasons. For some it is simply flavor, for others it is for optimal gut health or healing, and still others are tapping into the traditional purpose of preservation. Whichever your reason, this class will lead you safely through the fermentation landscape and get you on your way to confidently creating your own ferments at home.

Over five weeks we will taste, make, and start to explore the world of fermentation. The basic outline for the class is:
Intro to the Wide World of Fermentation and Safety (plus tasting)  
The Gateway into fermentation: Sauerkraut and Kimchi  
Dairy: Yogurt and Simple Cheese  
Sourdough Culture  
Putting It All Together and Further Explorations...

**There are no required texts.**

Lindsay Smith

Lindsay Smith is the Food Educator for the Co-op Culinary Learning Center. Lindsay brings with her a lifelong passion for supporting local, sustainable agriculture and seasonal eating. She loves to cook and make the kitchen an accessible place for people of all ages. Lindsay also brings a wealth of teaching experience, especially in unconventional classrooms.
An Introduction to Svaroopa® Vidya Meditation

FRIDAY
2:00 PM - 4:00 PM 24-Jan to 7-Feb
3 sessions (6 hrs.) Ctr. for Int. Health
Course Fee: $40 INSTRUCTIONAL

Learn the ancient practice of meditation, as taught by the sages of old, following the path of many who have come before. This course consists of three weekly two-hour classes and will give you tools to live from the deepest dimension of your own being through Svaroopa® Vidya, technology based in yoga’s tantric system. Beyond the poses of yoga or stress relief, the true goal is the bliss of your own being, named svaroopa in the ancient texts.

We will explore the wisdom of the ancient texts, as well as how your mind gets in the way - getting lost in events, situations, and other people - preventing you from knowing the deeper dimensions within you. Practice with easy-to-use tools that carry you beyond your mind into bliss, to find and live in the inner knowing.

This course is for anyone; beginners or experienced meditators. You will have tools with which to practice in between sessions, and will come away with a deeper sense of your own being, finding that the Self is so close to you, closer than your own breath.

There are no required texts.

Annie Ross

Annie Ross found her passion for Eastern Philosophy while earning a B.A. in Comparative Religion from the University of Vermont, 1979. Her study since 2008 at Svaroopa® Vidya Ashram in Downingtown, PA has led to several certifications: Certified Svaroopa® Yoga teacher (CSYT 700), Embodyment® Yoga Therapist, Svaroopa® Vidya Meditation Teacher and others in philosophy and vichara (the practice of self inquiry). She is certified in Ayurvedic Marma Treatments. Ayurveda is the Indian science of medicine and sister science to yoga.

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Spring - Le printemps: French-themed Cooking Workshop

FRIDAY
11:30 AM - 2:30 PM 13-Mar to 13-Mar
1 sessions (3 hrs.) Co-op Culinary Center
Course Fee: $40 ARTS
Lab Fee: $25 (payment information will be included in course welcome packet)

Cook like you are a Parisian! This hands-on class will enable you to create simple, colorful, and healthy dishes while learning easy French vocabulary. Bring your enthusiasm and appetite! Our group will enjoy a delicious bistro luncheon. Recipes will be available to take home.

There are no required texts.

Gloria Finkelstein

Gloria grew up in Montreal, lived in Paris, and has frequently traveled to France. She is the creator of “French Club with Madame G,” an innovative learning-by-doing immersive language arts program. Gloria enjoys helping others discover and experience French culture and lifestyle via Upper Valley French-themed programs at the Howe Library, Co-op Food Store, Robert’s Flowers, Hanover Farmer’s Market, and Dartmouth Greenhouse. Gloria is a graduate of McGill University and Columbia University.

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Cooking in the Caribbean and Central America

FRIDAY
2:00 PM - 4:30 PM  
14-Feb to 13-Mar  
5 sessions (12.5 hrs.)  
Stanigar home  
Course Fee: $60  
INSTRUCTIONAL  
Lab Fee: $50 (payable at first class session)

Foods of the Caribbean and Central America vary by country, although many of the same basic ingredients are used by all. Colonization and the influence of African, Spanish, Indigenous Peoples, Indian, French and others all provide the subtle differences in cuisines throughout the region. This course will explore some of the popular dishes of the area and the use of some staples that are becoming available locally. The meals will be prepared and sampled by the class each day. There will be a $50 materials fee payable at the first class. The classes will be held at the Study Leader’s apartment in Lebanon.

There are no required texts.

Carol Stanigar

Carol grew up in Jamaica and became familiar with the various foods of the region when she became a Flight Attendant and had the opportunity to visit neighboring countries.

Introduction to Curling

SPECIAL SCHEDULE:
TUESDAY & THURSDAY
10:00 AM - 12:00 PM  
21-Jan; 23-Jan; 28-Jan; 30-Jan  
4 sessions (8 hrs.)  
Wendell A. Barwood Arena  
Course Fee: $40  
INSTRUCTIONAL  
Lab Fee: $40 (payable at first class session)

Did you watch the American men’s curling team win gold at the last Winter Olympics? Did you think that it looked like a fun game? Here is your chance to learn all about curling and to try your hand at the game.

Curling is an ancient game that began in Scotland hundreds of years ago, and is now played in many countries – notably Canada and the U.S. It is a game of skill that most people can pick up quickly, but it takes years to master. Curlers can play into their 80s using adaptive equipment and techniques, and many players pick up the game while they are in their 60s. The great part is that you can have fun and enjoy playing at any skill level.

Coached by experienced members of the Upper Valley Curling Club, you will learn the basics of delivery, sweeping, and strategy, and some history, terminology, and etiquette. Before the end of the course you will get to actually play the game under the tutelage of regular players. You must have good balance and some flexibility and strength, but do not think that Olympic players represent the average curler!

The club supplies all equipment; you just need to bring warm clothing and shoes with non-skid soles. In each two-hour session there will be breaks as needed to warm up. The class will be held mostly on the ice in the Wendell A. Barwood arena in White River Junction.

There are no required texts.

Peter LaBelle  
Lisa Holt  
Bob Holt  
Jay Flanders  
Dave Dugdale

Lisa, Bob, Jay, Dave, and Peter all play regularly with Upper Valley Curling in White River Junction, and in tournaments around New England and the east coast. Each of them has played at each of the four team positions, and has played in arenas and at dedicated curling facilities. They previously taught curling for OSHER@Dartmouth, and they teach curling regularly for Upper Valley Curling at the Barwood Arena. They have put together this course specifically for Osher students.
Not only was Leonardo Da Vinci fascinated with drawing plants, he may have preferred eating them. In this course, students explore period cookbooks inspiring the dining practices and diet of Da Vinci.

As scientist and artist, it’s no surprise Da Vinci took a keen interest in food in terms of both pleasure and health. We will look at his famous kitchen notebooks, which contain a history of his tenure as chef/banquet designer at the court of Sforza. We’ll also learn about Leonardo’s ingenious kitchen gadgets and household tips. We will enjoy two luncheons featuring the preferred rustic and humble, plant-based fare of the great man himself as well as the elevated banquet fare and libations of the Renaissance courts where he worked.

Let’s lift a glass in this quincentennial year of Da Vinci’s death and mangia bene with Leonardo - vegetarian, innovative kitchen designer, and observer of Renaissance culinary etiquette.

**There is an optional reading packet.**

**Martha Lorden**

Martha Esersky Lorden is a member of OSHER@Dartmouth’s Curriculum Committee and a retired teacher. A culinary historian, instructor, and food writer, she reviews cookbooks for Publishers Weekly and other trade publications. She is a member of the Culinary Historians of New York (CHNY) and the owner of Kitchen D’Or, a personal chef service here in the Upper Valley, and operates Martha’s On a Roll, a food truck. This is the 8th culinary history course she has taught for OSHER@Dartmouth.
Each term, our members ask office staff if there is a sure-fire way to guarantee that they receive placement in their desired courses. No staff member can guarantee absolute success for every registration, but the following tends to hold true term after term:

Members who register online are more likely to get a seat in a popular class than members who submit a paper application.

Opening day of registration is a little like being in line at a highway toll booth: Members who register online are the cars in the E-ZPass lane. Once the lanes open, they’re on their way. Members who submit a paper application are in the “Exact Change Only” lane. Although both lanes open at the same time, this one will most likely go slower, meaning popular classes may fill up before you reach the front of the line.

You have three options for registration:

1: Register online.
Before registration opens, practice at home by logging in to your account with your username and password. If you have trouble with the site, stop in to one of our Tech Cafés (see our website for dates and times), or make an appointment with an Osher staff member for a quick tutorial.

2: Be in the office the day registration opens.
Come to the office on opening day of registration. If you cannot come in yourself, ask a friend if they will bring in your application and payment along with theirs. NOTE: On the first day of registration, office phone lines will not open until the staff has helped all office visitors and all in-house paper applications have been processed.

3: Submit a paper application.
We accept paper applications two business days before registration opens, but Osher staff cannot process these applications until 8:30 AM on the day registration opens.
NAME ____________________________________________

NAME BADGE (Name you prefer to appear on your name badge) ________________________________

MAILING ADDRESS _____________________________

TOWN/CITY __________________________ STATE _____ ZIP _____

TELEPHONE __________________________ E-MAIL __________________

Would you prefer to receive your Osher welcome letter via e-mail or post?

E-mail ☐ Post ☐

Please select a course only if you are able to attend a majority of the classes.
List your course selections in order of preference:

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How many of the courses listed above do you wish to take?  1  2  3  4  5

Courses over this total will be treated as back-up selections should your first choices be unavailable.

Remember: During the first week of registration, members can only register for THREE COURSES MAXIMUM. If you are interested in taking more courses this term, please list them, bearing in mind that these additional registrations will be processed after the first week of registration has concluded.

Course Costs:*  
Mini-Courses (8 hrs. or less) = $40  
Regular Courses (9-13 hrs.) = $60  
Full-Length Courses (14 hrs. or more) = $80  
*May vary in some instances

Membership (if not a current member):
☐ $70 per person annually (expires June 30, 2020)

Please send PAYMENT IN FULL for ALL courses you have requested. If paying by check, make it payable to DARTMOUTH COLLEGE.

AMOUNT ENCLOSED: ________________

Reminder: All registrations are on a first-come, first-served basis.
Mail to: Osher Lifelong Learning Institute at Dartmouth, 7 Lebanon St., Suite 107, Hanover, NH 03755
NAME ____________________________

NAME BADGE (Name you prefer to appear on your name badge) ____________________________

MAILING ADDRESS ____________________________

TOWN/CITY ____________________________ STATE _____ ZIP _____

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Mail to: Osher Lifelong Learning Institute at Dartmouth, 7 Lebanon St., Suite 107, Hanover, NH 03755
Course Registration

We strongly urge you to log in and check your account before registration opens!

To prepare for this process, we suggest you perform these actions prior to the opening date of registration:

1. Log in to your account.
2. Verify your membership status. If you do not have an active membership for our 2019-2020 membership year, you will need to either purchase a new membership, or renew your expired membership before you can register for classes.
3. If you are interested in taking more than three courses this term, decide which of your selections are your highest priority. When registration opens, you can register for your first three selections. You can register for more courses when the second week of registration begins.

We cannot promise that taking these steps will guarantee placement in your desired courses, but they should enable you to access the registration system more efficiently when registration opens.

Opening Week of Registration - Limit Three Courses Per Member

Registration Opens Monday, November 25 at 12:01 AM!

Starting Monday, November 25, register online at http://reg130.imperisoft.com/Dartmouth/Search/Registration.aspx

• Registration for courses is on a first-come, first-served basis.
• If applications for a course exceed class size, names will be added to a wait-list.
• Payment in full is due upon submission of your registration. Online payment can be made via MasterCard or Visa.

NOTE: If you log in and visit the page for a specific class prior to the opening day of registration, the registration link for that class will not automatically appear when registration opens. You will need to refresh your page in order to view the 'Begin Registration' button.

Course Dates:
Winter Term 2020 begins the week of January 13, 2020.*
Courses end the week of March 13, 2020.*

Course Costs:**
$40: 8 hours or less
$60: 9 to 13 hours
$80: 14 hours or more

* Some classes may start earlier or end later. **May vary in some instances.

Our Registration System Does Not Save Credit Card Information!
Your registration is not complete until you manually enter your credit card information and receive a confirmation of payment.
Course Registration

REGISTRATION BY MAIL

We will accept paper applications beginning Thursday, November 21.

Applications arriving prior to that date will be returned unprocessed.

Mailing your application prior to the opening date of registration does NOT guarantee enrollment in a course.

Paper applications will be processed on the opening day of registration.

REGISTRATION ASSISTANCE

Need help with online registration?

Visit our website for complete step-by-step instructions, or consider taking advantage of our on-site registration assistance, when staff and volunteers will be available to process your registration in person. On-site assistance will be available on the opening day of registration at the following location:

7 Lebanon Street, Suite 107, Hanover, NH

After registration has opened, assistance will be available at 7 Lebanon Street during regular office hours.

Don’t miss our “How to Register” guide - find it at osher.dartmouth.edu/courses.

TECH CAFÉS

Our free Tech Cafés offer our members a chance to ask questions about their mobile devices (laptop, smartphone, tablet, etc.). They are also an excellent opportunity to receive training and instruction on accessing your OSHER@Dartmouth account and registering for courses. Tech Cafés are offered twice a month; no registration is required.

Visit osher.dartmouth.edu/events to view our current schedule!

If any information changes after this catalog goes to press, we will post those changes on our website.

Visit osher.dartmouth.edu and click the “Courses” page to check for changes and updates to the information included in this catalog.
MEMBERSHIP

You must be a current member of our program to participate in our courses. Our annual membership year runs from July 1 through June 30. Membership is open to anyone regardless of age, academic background, or college affiliation.

Standard Annual Membership: $70 per person (expires June 30, 2020)

New or non-active members must pay their membership fee prior to registration.

OSHER@Dartmouth members can check their membership status by using their username and password to log in to their account via osher.dartmouth.edu. Our website also features guides to username and password retrieval.

• After logging in, select ‘My Account’ from the top menu bar.
• When your account information appears, scroll to the bottom of the page and select the ‘Memberships’ tab.
• You should now see a list of each OSHER@Dartmouth membership you have possessed since 2013. Each membership includes a start date, an end date, and current status (Active, Expired, Canceled, etc.).
• If your membership is not current, you can purchase a new membership or renew your expired membership by clicking the ‘Select new membership...’ link below the membership list.

ATTENDANCE & CANCELLATIONS

Please make sure your schedule will permit you to attend the majority of the sessions of any full-length course you select, and ALL sessions of any mini-course you select. If you wish to drop a course (see “Refund Policy” on next page), or find you are unable to continue participating in a course, contact the OSHER@Dartmouth office.

If minimum enrollment for a course is not achieved, a course may be cancelled. If a course is cancelled prior to the start of term for this or any other reason, registrants will receive a seat in their alternate course selection, if available. If an alternate course was not selected or is unavailable, the office will process a refund of the fees for the cancelled course.

If weather or other unexpected events should make it necessary to cancel a class session, participants will be notified as soon as the cancellation has been confirmed.* PLEASE check your e-mail and the OSHER@Dartmouth website (osher.dartmouth.edu)** before leaving the house each week, and contact your Study Leader if you are still in doubt. Cancelled sessions may be re-scheduled at the request of the Study Leader and in cooperation with the office.

*While the office may suggest or require cancellation of a course session due to weather or other events, the decision to cancel usually comes from the Study Leader and is passed along to participants by the Study Leader and Class Representative.
**Visit osher.dartmouth.edu and scroll down the page to view our calendar. We will post cancellation notices as soon as possible.

CODE OF CONDUCT

In the spirit of fostering understanding, each OSHER@Dartmouth member is encouraged to share opinions and ideas. OSHER@Dartmouth class participants do not attempt to “convert” others because there is a mutual respect for each member’s experiences, ideas, value systems, and beliefs. The true focus of an OSHER@Dartmouth class is the critical examination of issues and opinions. Each participant’s point of view carries equal weight. Consensus is not a goal. We encourage participants with all points of view to attend and become engaged through discussion and civil debate.
**REFUND POLICY**

Please contact the office via phone or e-mail to withdraw from a course, as this function is not available via your online registration account. Study Leaders and Class Representatives cannot process withdrawal requests.

Participants may request or receive a refund of their course fees for the following reasons:

- If a course is cancelled by OSHER@Dartmouth or the Study Leader(s), registrants will receive a full refund of their course fee.
- Members who withdraw from a course at least 14 days prior to its first session will receive a refund of their course fee minus a $10.00 administrative fee for each dropped course.
- Members who withdraw from a course less than 14 days prior to its first session are not eligible to receive a refund of course fees** or special fees related to the course.
- If a member requests a transfer from one course to another, a refund of the difference in costs will be processed if the transfer is from a course with a higher fee into a course with a lower fee. If the transfer involves courses with equivalent fees, no refunds or charges will apply. If the transfer is from a course with a lower fee into a course with a higher fee, the member is responsible for paying the difference in costs.  

**An exception to this policy may be made if the member’s health will prevent participation in their course. In such cases, a refund request for course fees must be submitted in writing to the Osher office. A $10.00 administrative fee per course will be applied to this type of refund request. This type of exception does not apply to special fees.**

**FINANCIAL AID**

Although our course fees are considerably less than those of many similar organizations, limited financial aid is available. Please call the OSHER@Dartmouth office for more information at (603) 646-0154.

**FOOD AND DRINK**

It is the responsibility of any participant with a food allergy(s) or specific nutritional concern(s) to make the final judgment if a food item is appropriate for them to consume. We ask our participants to remember this when registering for a food-specific course, and to please self-identify* as having any food allergies and/or specific health related dietary restrictions if participating in a class or event where refreshments are served.

NOTE: Please keep all food and drink away from audio-visual or other classroom equipment.

*We urge participants to communicate with their Study Leader(s) or anyone providing food or refreshment in class in order to ascertain the contents of the items the participant may consume. Ultimately, the participant must make the determination whether to consume or avoid the item(s) in question.

**ONLINE ACCOUNT ACCESS**

In order to access your online account in the OSHER@Dartmouth registration system, you need to know your username and password. These items are assigned randomly when your account is first opened. If you do not know your username and/or password, you can retrieve and reset this information by clicking on the “Forgot Password?” link on our website.

We have instructions on username and password retrieval on our website: [http://oshers.dartmouth.edu/docs/password_reset_guide.pdf](http://oshers.dartmouth.edu/docs/password_reset_guide.pdf)
**Course Materials**

**Course Information and Communication**

Here is a short guide to the types of communications you should receive regarding your course:

- When your registration is processed, our registration system will generate a confirmation of registration for each course you have selected. You will receive the following notifications, depending on the method of your registration:
  - **When you register online or with a member of the office staff**, you should receive two e-mail messages from the osher@dartmouth.edu account. One should include confirmation of your placement in your course, while the other should contain payment information regarding your registration. (If you register for more than one course, you will receive a separate e-mail message for each course.)
  - **Registrations submitted via paper application, and any registration paid via cash or check**, will receive a confirmation of placement in your course(s). A separate receipt for your payment will be presented if you submit a cash payment in person. If you mail in your payment, your account will reflect your payment and registration status - please notify the office if you require a printed receipt for payment and registration.
- At least two weeks prior to your first class session, the osher@dartmouth.edu account will send you a welcome message via e-mail. **SAVE THIS E-MAIL FOR FUTURE REFERENCE.** This message will contain the following*:
  - Your course schedule and location information
  - The name and contact information for your Study Leader(s)
  - The link to your online Google Drive folder
- **Your Study Leader(s)** will send class information (their own welcome note, the course syllabus, preparatory materials, etc.) directly to each participant. Depending on the Study Leader’s preference, this information may arrive via email, or it may be available via the Google Drive folder for the course.
- If there is a reading packet for the course, it will usually be available (via pre-order as well as pre-payment, if a charge applies) from the Osher office prior to the first class session. We also offer these files online in the course Google Drive folder whenever possible. **Please remember to order your packet from the office at least 24 hours prior to your desired pick-up time, as we will not have copies available without advance notice.**

*We will supply this welcome e-mail to every class participant with an e-mail account. If you have requested that the office supply your welcome letter through the post, you may still receive this e-mail in addition to the printed copy. (Welcome letters sent via post usually take two to three days to arrive.)

**Lab Fees and Other Expenses**

**Lab or Clinic Fees:** Some courses may require a lab or clinic fee. These fees are based on the needs or parameters of the course, and can vary. These fees are an additional cost, separate from the course fee and materials fee.

**Materials Fees:** Some study leaders may ask class participants to purchase materials for their course. The cost of these materials should not exceed a $60 total. The materials fee may include reading materials used in the class, such as hand-outs, photocopies, reading packets,* and required textbooks.

*Each course is allowed a maximum number of printed pages at no cost. When that maximum is exceeded, the office must begin calculating a charge to cover printing costs, which is charged to the class participants receiving those materials.
Course Materials

Name Badges

First-time OSHER@Dartmouth members who register for a course receive a permanent name badge and lanyard. If you are registering for the first time this term, a name badge will be provided via mail, or placed in the course binder and will be distributed at your first class session of the term. If you do not receive your badge by the first session of your course, contact the OSHER@Dartmouth office.

Please maintain possession of your name badge - do not leave it with your class representative or store it in the class binder. If you lose your badge, you may order a replacement by contacting the OSHER@Dartmouth office for a $5.00 fee.

Reading Packets and Photocopies

Reading Packets: This term applies to any material needed prior to your first class session. Your OSHER@Dartmouth welcome letter should include information regarding these materials and any potential fees involved. These items must be ordered from our 7 Lebanon Street office at least 24 hours prior to your desired pick-up time. Fees for reading packets and related materials must be paid when you request these items. NOTE: Fees are only charged for printed copies of requested materials - if you choose to refer to the online version of the reading packet, no fee will be charged.

Photocopies: Some courses (particularly those involving peer editing of original writing) may require class participants to share printed copies of their work with their classmates. Class participants may visit the OSHER@Dartmouth office at 7 Lebanon Street in Hanover during regular office hours to make copies of materials required for their class. Please contact the office prior to your visit to notify staff members of your needs. Extensive photocopies may involve a fee; this fee is calculated on a case-by-case basis.

OSHER@Dartmouth reserves the right to take photographs or videos during the operation of any program and to use them, whether taken by a representative of OSHER@Dartmouth or by other participants, for promotional purposes. By enrolling in an OSHER@Dartmouth program, participants agree to allow their images to be used in such photography. Participants who prefer that their images not be used are asked to communicate this to the photographer or videographer on site so that arrangements can be made to locate the participant outside of the range of camera equipment.
Holiday Party

Wednesday, December 11
3:00 PM - 5:00 PM
DOC House

Join us for drinks and hors d'oeuvres with friends and fellow members.

The event is open to all members and guests.
Register: osher.dartmouth.edu
The Media Revolution: Changing the World

February 21 - 23, 2020

OSHER@DARTMOUTH
STREAMING VENUE:
Dartmouth-Hitchcock
Medical Center, LEBANON

603-646-0154 • Tickets available at osher.dartmouth.edu
Becoming a member is easy…
To become a member, eligible for all OSHER@Dartmouth courses, activities, and events, and to receive mailings and participate in as many courses as you wish, simply:

A. Purchase a membership. Annual membership year runs from July 1 – June 30.
B. Visit our website to create an account, pay a membership fee, and register for courses. (If you have ever participated in an OSHER@Dartmouth program, you already have an account - you do not need to create a new one.)
C. Complete the paper application in this catalog and send it in, along with your membership fee.

Being a member is most rewarding…
Members, regardless of age, academic background or college affiliation, participate in a variety of stimulating, provocative, and intellectual activities and courses, including a series of monthly films, frequent lectures, and several social events throughout the year.

While enrolled in an OSHER@Dartmouth course(s), you are granted borrowing privileges and use of the renowned Dartmouth College Libraries for the duration of the current membership year, as well as the chance to participate in a special orientation tour of Baker-Berry Library each term.

Finally, OSHER@Dartmouth activities offer opportunities to meet new friends at any of a wide variety of special academic and social events featured throughout the year.

And there's an annual Summer Lecture Series you won't want to miss…
During July and August, we offer an intriguing lecture series focused on timely subjects by guest speakers from varied backgrounds. Our 2020 series will take place on Thursdays in July and August. More info coming soon!

Further information and cost of courses and activities are available from the OSHER@Dartmouth office at 7 Lebanon Street, Suite 107 in Hanover, N.H. Monday-Thursday from 8:30 AM–4:30 PM and Friday from 8:30 AM–1:00 PM.

Osher Lifelong Learning Institute at Dartmouth
7 Lebanon Street, Suite 107, Hanover, NH 03755-2112
Tel: (603) 646-0154     E-mail: osher@dartmouth.edu
Website: osher.dartmouth.edu
Visit us on Facebook at https://www.facebook.com/OsherDartmouth

Image on front cover by OSHER@Dartmouth member Alessandro Iuppa.
Osher at the Movies

Join OSHER@Dartmouth members as we enjoy an afternoon at the movies! All films are shown at the Nugget Theaters in Hanover, NH. Films in this series are free and open to the public. Limited seating is available; please register at osher.dartmouth.edu. All sessions feature free popcorn and a drawing for a Nugget gift card!

<table>
<thead>
<tr>
<th>Movie Title</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Man Who Knew Too Much</td>
<td>Monday, January 13</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>My Cousin Vinny</td>
<td>Tuesday, February 11</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>3:10 to Yuma</td>
<td>Wednesday, March 18</td>
<td>1:00 PM</td>
</tr>
</tbody>
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OSHER OFFICE IS MOVING!

The OSHER@Dartmouth office will be shifting locations as our new home at One Court Street is prepared. We hope the following information helps during this transition:

7 Lebanon Street office closes permanently
Friday, December 13, 2019

Staff will relocate to DOC House 2nd floor until One Court Street offices are completed.
While we are at DOC House, we recommend communicating with staff via phone or email before visiting the office.

OSHER@Dartmouth staff observes winter break
Tuesday, December 24, 2019 through Wednesday, January 1, 2020

We will use the weekly email to notify members of our official One Court Street move-in date when it is confirmed.