



Osher Lifelong  
Learning Institute  
at Dartmouth

# Course Catalog

## Winter 2021

**NOTE:**  
**This PDF is**  
**not interactive.**

**Links and buttons**  
**are not functional.**

**Visit**  
**[osher.dartmouth.edu](https://osher.dartmouth.edu)**  
**to view our**  
**interactive catalog.**

Use arrows to turn pages.

Click course titles in the  
Term at a Glance  
on pages 4-6 to jump to  
that course.

Registration opens on  
November 23!

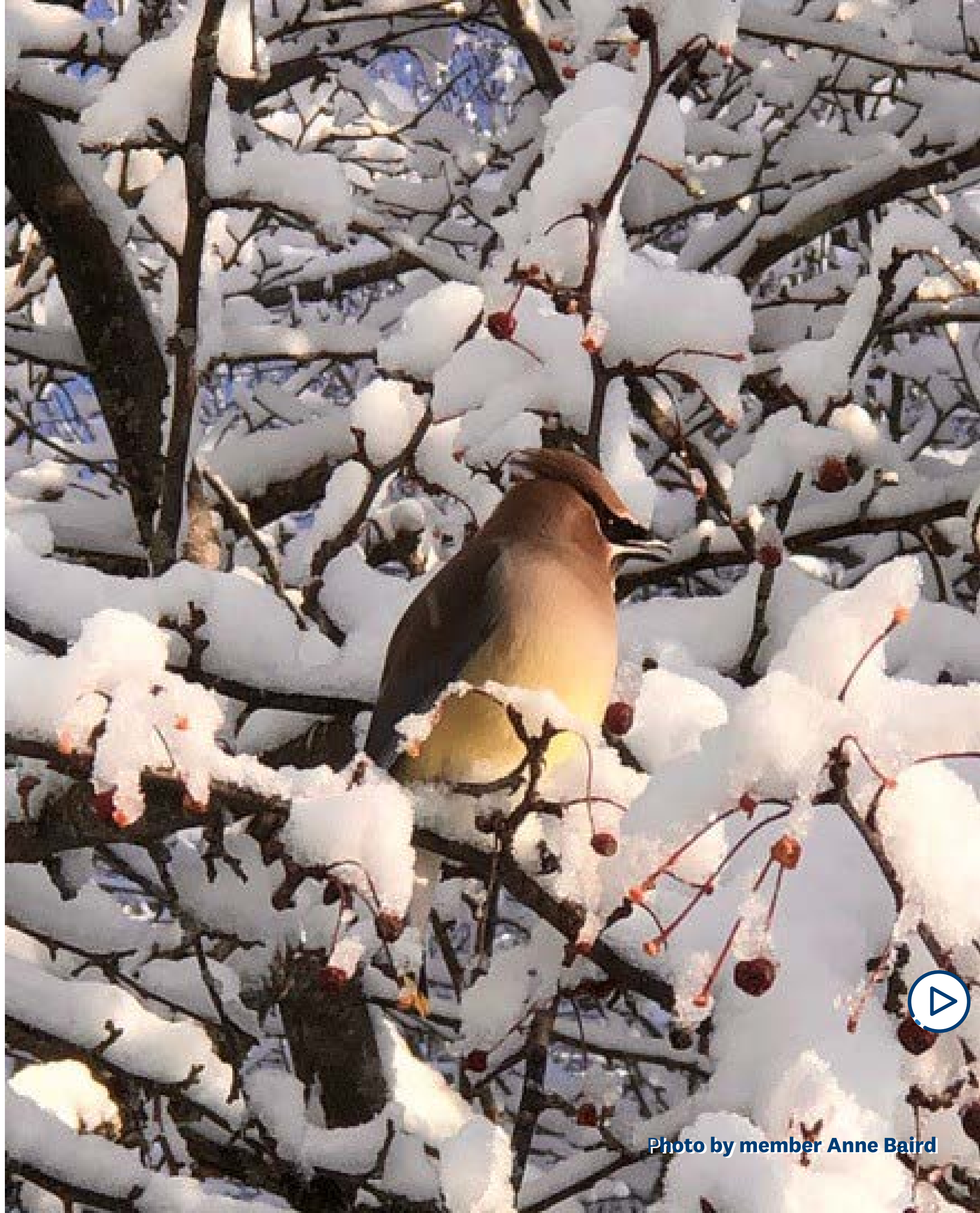


Photo by member Anne Baird



## Osher Lifelong Learning Institute at Dartmouth

# An idea of continued learning...

**O**sher at Dartmouth is short for the Osher Lifelong Learning Institute at Dartmouth. We were founded in November, 1990 by 38 members of the Upper Valley intrigued with the “idea of continued learning.” Our founders relished the challenge of self-administered and peer-taught discussion programs. Over 30,000 people have participated in our programs since we were founded 30 years ago.

As a self-supporting department of Dartmouth College, Osher at Dartmouth provides educational opportunities that encourage discovery and stimulate thinking through participation in courses, lectures, and related travel programs.

With over 1,500 members, we are one of the largest and most extensive lifelong learning institutes in the country.

## Mission – Vision – Core Values

### Osher at Dartmouth’s Mission:

To provide outstanding lifelong educational opportunities to those in the greater Upper Valley.

### Osher at Dartmouth’s Vision:

To be recognized as a national leader for excellence in lifelong education.

### Core Values:

- An unwavering commitment to lifelong education;
- Membership open to all, regardless of educational background;
- A diverse, high quality program, led by dedicated volunteers;
- A welcoming social environment, within and beyond the classroom;
- An appropriate fee structure that provides for financial sustainability, member affordability, innovation, and growth;
- Strong and continuing two-way relationships with Dartmouth College and the Osher Foundation; and
- Excellence in everything we do.





# Letter from the President

November 3, 2020

As you will note in this catalog, 54 Osher at Dartmouth Study Leaders have volunteered to present an impressive list of courses to keep our minds fully engaged through the coming winter. This will mark the third straight term that all courses take place using the Zoom platform rather than in-person classes. As we are all only too well aware, this drastic change was brought about by the world-wide covid pandemic. The bright side of taking an Osher winter term course via Zoom will be that you do not have to drive to class. To borrow from the Post Office slogan, neither ice, nor sleet, nor snow will stop us from learning!

Very few of us knew anything about Zoom prior to the appearance of COVID-19. The Osher Staff have done a magnificent job of quickly responding to this challenge, providing Study Leaders and class members with all instruction necessary for the successful use of Zoom technology. This success is marked by the fact that 1,014 Osher members signed up to take 60 fall term courses. Not only are those courses being taken by members from the Upper Valley region, but 81 individuals from 20 US states and foreign countries such as Canada, France, and the United Arab Emirates have also joined Osher at Dartmouth and are taking a fall course using Zoom. Remember, if you are planning to travel, Zoom enables you to take your course with you. You will not have to miss a single class.

Now, with that incentive, carefully look through this catalog of courses and sign up to take one, or two, or more to keep your mind productively engaged through the miseries of the winter and the pandemic. You owe it to yourself!



Bill Sullivan  
President



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Get Involved



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**Registration opens November 23!**

# Term at a Glance

Time	Course Title	Study Leader	Subject	Page
<b>MONDAYS</b>				
9:00 AM - 11:00 AM .....	Wikipedia—A Look Under the Hood .....	Stephen Flanders.....	INSTRUCTIONAL .....	10
9:30 AM - 11:30 AM .....	Triumph of the Human Spirit.....	Jed Williamson .....	INTERDISCIPLINARY .....	11
10:30 AM - 12:30 PM.....	Cooking With The Neighbors.....	Carol Stanigar .....	INSTRUCTIONAL .....	12
12:00 PM - 2:00 PM .....	Scotland’s “Makar”, A Laureate’s Writing .....	Anne Shivas .....	HUMANITIES .....	13
12:00 PM - 2:00 PM .....	Our World After the Cold War .....	Jürgen Ewert.....	SOCIAL SCIENCE .....	14
12:00 PM - 2:00 PM .....	Hitting a High C! .....	Paul Brogan.....	ARTS .....	15
2:30 PM - 4:30 PM.....	Making Sense of American Religion: Off the Beaten Path .....	Ethan Quillen .....	HUMANITIES .....	16
2:30 PM - 4:30 PM.....	21 <sup>st</sup> Century Seniors in the Workforce.....	Carol Ann Moore .....	SOCIAL SCIENCES .....	17
2:30 PM - 4:30 PM.....	Writing a “Legacy Letter” .....	Jay Sherwin .....	HUMANITIES .....	18
4:30 PM - 6:30 PM.....	Exploring the Wines of Europe .....	Catherine E. Johnson....	INTERDISCIPLINARY .....	19
4:30 PM - 7:30 PM.....	Broadway and the Great American Songbook .....	Raymond Uy.....	ARTS .....	20
5:00 PM - 7:00 PM.....	Germany—30 Years After the Unification (Sect. 1) .....	Anette Isaacs .....	CURRENT AFFAIRS.....	21
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9:00 AM - 11:00 AM .....	Electrifying the World: For Climate, For People .....	Bob Hargraves .....	NATURAL SCIENCE .....	23
10:30 AM - 12:30 PM.....	Portrait of a Mind...Thomas Jefferson (Sect. 1 - starts 19-Jan)..	Vic Henningsen .....	SOCIAL SCIENCE .....	24
10:30 AM - 12:30 PM.....	Portrait of a Mind...Thomas Jefferson (Sect. 2 - starts 23-Feb).	Vic Henningsen .....	SOCIAL SCIENCE .....	25
12:00 PM - 2:00 PM .....	Cops and Us (Police/Community Relations) .....	David Singer.....	CURRENT AFFAIRS.....	26
12:00 PM - 2:00 PM .....	Still Talking About Race and Racism in 2021.....	Ellen Bettmann .....	SOCIAL SCIENCE .....	27
2:00 PM - 4:00 PM .....	A History of Israel and Zionism .....	Alan Fuchs .....	SOCIAL SCIENCE .....	60
2:30 PM - 4:30 PM.....	Masters of English Language Poetry .....	Joseph Ronan .....	HUMANITIES .....	28
2:30 PM - 4:30 PM.....	Beyond the Curb: Recycling 101 .....	Marc Morgan .....	INTERDISCIPLINARY .....	29
2:30 PM - 4:30 PM.....	Essentials Of Perennial Gardening .....	Carol Stanigar .....	NATURAL SCIENCE .....	30
4:30 PM - 6:30 PM.....	Elvis Presley: An American Tragedy .....	Daley, Labier & Barker ...	ARTS .....	31
5:00 PM - 7:00 PM.....	Germany—30 Years After the Unification (Sect. 2).....	Anette Isaacs .....	CURRENT AFFAIRS.....	32

**cont.**

REGISTER



***Click on any line to navigate to the listed course.***

**Registration opens November 23!**

# Term at a Glance, cont.

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9:30 AM - 11:30 AM.....	A Tribute to Stars Born in 1920 .....	John Peterman .....	ARTS .....	35
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10:00 AM - 12:00 PM .....	Perspectives on the Holocaust .....	Thomas Burke.....	SOCIAL SCIENCE .....	37
12:00 PM - 2:00 PM .....	THE LAST IMPRESARIO: “This is no way to make a living...” .....	Maynard Goldman.....	ARTS .....	38
12:00 PM - 2:00 PM .....	How Much Money is Enough to Retire? .....	Evan Roberts .....	INSTRUCTIONAL .....	39
2:30 PM - 4:30 PM.....	On the Road Through German History - Part 1.....	Emerson & Whittington..	SOCIAL SCIENCE .....	40
2:30 PM - 4:30 PM.....	From Snapshot to Wall Art.....	Wayne King .....	ARTS .....	41
4:30 PM - 7:30 PM.....	Music Enrichment for Health and Wellness .....	Raymond Uy.....	ARTS .....	42
THURSDAYS				
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11:00 AM - 1:00 PM.....	On the Origin of Specie: The History of Money and Currency....	Woody Canaday .....	SOCIAL SCIENCE .....	61
12:00 PM - 2:00 PM .....	Four Novels by Louise Erdrich.....	Jon Stableford .....	HUMANITIES .....	45
12:00 PM - 2:00 PM .....	A Taste of August Wilson’s “Century Cycle” .....	Toni Egger .....	HUMANITIES .....	46
1:00 PM - 3:00 PM .....	Active French .....	Gloria Finkelstein.....	HUMANITIES .....	62
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2:00 PM - 4:00 PM .....	An Introduction to Svaroopa® Vidya Meditation.....	Annie Ross .....	INSTRUCTIONAL .....	48
2:30 PM - 4:30 PM.....	Hot Topics at the Cold Regions Lab .....	Richter-Menge, et al.....	NATURAL SCIENCE .....	49
4:30 PM - 6:30 PM.....	African Wildlife: Endangered and Vulnerable Species.....	Fladung & Hopkins.....	NATURAL SCIENCE .....	50
4:30 PM - 6:30 PM.....	What Is It About Rome? .....	Cleo Kearns.....	HUMANITIES .....	63

cont.

REGISTER



Click on any line to navigate to the listed course.

Registration opens November 23!



# Term at a Glance, cont.

Time	Course Title	Study Leader	Subject	Page
FRIDAYS				
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9:30 AM - 11:30 AM.....	Poking the Climate Beast: Science and Ethics .....	Bruce James .....	INTERDISCIPLINARY .....	52
9:30 AM - 12:30 PM .....	Smiles of a Summer Night.....	Don Watson .....	ARTS .....	53
11:30 AM - 1:00 PM .....	Comedy—Origins and Highlights .....	Abe Vorensky.....	ARTS .....	54
2:30 PM - 4:30 PM.....	Cooking the Book: <i>Mastering the Art of French Cooking</i> .....	Lindsay Smith .....	ARTS .....	55
TUESDAYS & THURSDAYS				
9:00 AM - 11:00 AM .....	George Eliot’s <i>Middlemarch</i> .....	Phyllis Deutsch .....	HUMANITIES .....	56
9:00 AM - 11:00 AM .....	D.H. Lawrence’s <i>Women in Love</i> .....	Phyllis Deutsch .....	HUMANITIES .....	57
12:00 PM - 1:30 PM.....	Esclarmonde de Foix - Medieval Resistance Fighter .....	Rai d’Honoré .....	HUMANITIES .....	58

REGISTER



**Click on any line to navigate to the listed course.**  
**Registration opens November 23!**

# Winter 2021 Registration

**Contact Osher at Dartmouth:**

**(603) 646-0154**

**Mondays - Thursdays**

**8:30 AM to 4:30 PM**

**Fridays**

**8:30 AM to 1:00 PM**

***The Osher office will be closed  
from December 19, 2020 through  
January 4, 2021. Osher staff will  
not be available during this time.***

Registration opens Monday, November 23, 2020 at 12:01 AM.

You can register online by [visiting our registration page](#) and logging in to your Osher account (see below)

OR

As of 8:30 AM on November 23, Osher at Dartmouth staff members will be available to help you register over the phone.

**We are sorry, but registration by paper application is NOT available for the Winter 2021 term.**

## WHEN YOU ARE READY TO REGISTER...

- Have the list of your desired courses handy; make sure you know the name of the Study Leader and course title.
- You will need either a Mastercard or Visa available to process payment. (The Osher registration system does not save credit card account information.)

**Use the arrows to turn pages.**

**Click course titles in the  
Term at a Glance on pages 4-6  
to jump to that course.**

**Registration opens on  
November 23!**

## LOGGING IN TO YOUR ACCOUNT

You need to know your username and password to log in to your account.

Watch a step-by-step guide here:

[Click here to view a short step-by-step video!](#)

Having trouble?

[Click here to retrieve your username & reset your password!](#)



# Policies

As you register for courses, please take time to review Osher at Dartmouth's policies and procedures, available at the links below.

## [Code of Conduct](#)

[Attendance](#)

[Cancellations](#)

[Course Communication](#)

[Dropping a Course](#)

[Financial Aid](#)

[Food & Drink](#)

[Lab & Materials Fees](#)

[Membership](#)

[Name Badges](#)

[Online Courses](#)

[Photographs & Videos](#)

[Protocol for Emergency Medical Situations During Class](#)

[Reading Packets & Photocopies](#)

[Registration](#)

[Sexual Harrassment Statement](#)

**Use the arrows to turn pages.**

**Click course titles in the  
Term at a Glance on pages 4-6  
to jump to that course.**

**Registration opens on  
November 23!**



# **Winter Term 2021 Courses**

**Term runs January 11 - March 20**

**Use the arrows to turn pages.**



**Each of the following courses contains a direct registration link;  
clicking on that link takes you to the Osher at Dartmouth registration site.**

**Registration opens on November 23 at 12:01 AM!**



**MONDAY**

**9:00 AM - 11:00 AM**

**25-Jan to 15-Feb**  
**4 sessions (8 hours)**

**Course Fee: \$45**  
**INSTRUCTIONAL**



## Stephen Flanders

B.S., M.Arch., M.I.T. School of Architecture;  
M.E. Dartmouth Thayer School of Engineering.  
Flanders is a retired research supervisory  
engineer from the U.S. Army Cold Regions  
Research and Engineering Laboratory. Among  
his interests are editing and creating articles  
in Wikipedia. He has created or substantially  
expanded biographical articles pertaining  
to people in science, technology, politics,  
academics, and the arts.

# Wikipedia— A Look Under the Hood

**W**hen we search for something online, Wikipedia often offers the top result. We are happy to receive the answer so quickly and are likely to believe Wikipedia over other sites on the Internet. Yet all articles on Wikipedia are not of equal quality. How can we assess the quality of an article that we are reading? If we see something that needs improvement, what can we do?

In this course, we will explore how Wikipedia works, what are the principles on which it operates, and how to understand the quality of what we are reading.

Class members may identify topics that interest them, assess the quality of what's currently on Wikipedia, and identify what could be done to make improvements.

**There are no required texts.**

Class members may choose to tackle one or more topics to make those improvements with my assistance.

This course is for those who enjoy the pursuit of knowledge, who rely on Wikipedia, who wish to know the reliability of what they are reading, and who may wish to leave the state of knowledge in Wikipedia better than they found it.



**REGISTER**



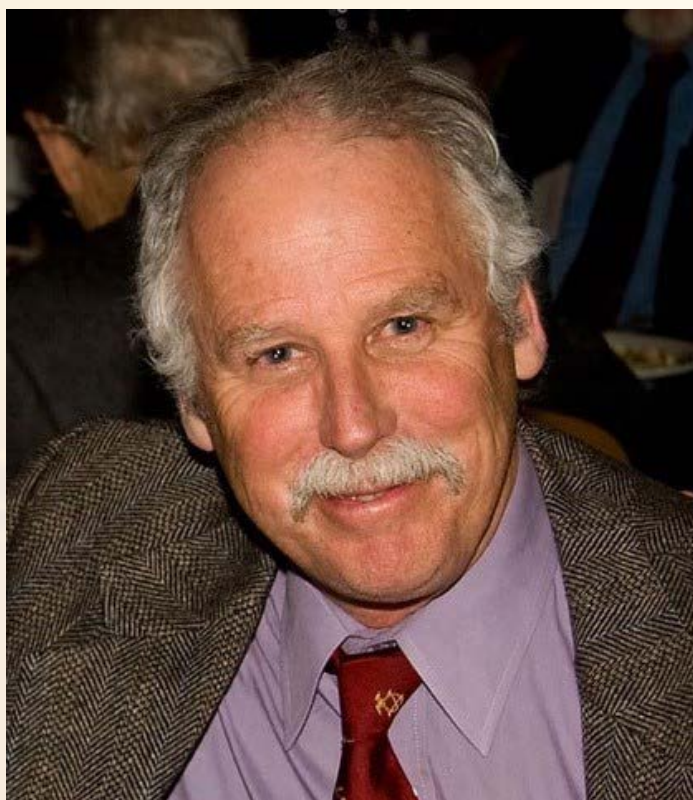
**Term  
at a  
Glance**



**10**



**MONDAY**  
**9:30 AM - 11:30 AM**  
**18-Jan to 08-Mar**  
**8 sessions (16 hours)**  
**Course Fee: \$85**  
**INTERDISCIPLINARY**



## Jed Williamson

Jed is President Emeritus of Sterling College, former faculty member at UNH, and Outward Bound School Director. He is a practitioner and consultant in education and outdoor pursuits. He compiled the Accreditation Standards for Adventure Programs and was editor of *Accidents in North American Mountaineering* for 40 years. His own life in harsh environments include expeditions in Alaska, China, and Russia; a ski traverse of the Brooks Range; and hunting with the Hudza in Tanzania.

# Triumph of the Human Spirit— High Mountains, Vast Oceans, Extreme Cold, Remote Settings

**G**rowing up on a 60-acre game farm, I spent many hours outside wondering if I would ever experience deep adventures found in tales such as *Kon-Tiki*, *Endurance*, *Annapurna*, *Book of the Eskimos*, and *Out of This World*. I often asked myself, what allows some to survive the harshest of conditions in a variety of remote environments—whether as an explorer or just engaged in every day survival? Why do some live and others perish?

We'll screen several contrasting documentaries—from Shackleton's Antarctic epic *Endurance* to Tori McClure, the first woman to row solo across the Atlantic Ocean; from Joe Simpson's crawl out of a crevasse in Patagonia to Kalahari bushman Karoha running

**There is an optional online reading packet.**

down his prey; from escaped POW Heinrich Harrar's *Seven Years in Tibet* to *Arctic Dance*, the story of Olaus and Mardy Murie's extensive field research; from a year in a village in the Siberian Taiga with hunter/trappers to 13-year-old Mongolian girl Aisholpan becoming an eagle huntress. The content of each provide the basis for us to examine both the environmental and human challenges in which odds are overcome by extraordinary fitness of mind and body, and to discuss what commonalities and differences we find in these very different people.

Participants will be asked to identify some of THEIR favorite examples, which may be included.



**REGISTER**



**Term  
at a  
Glance**





**MONDAY**

**10:30 AM - 12:30 PM**

**11-Jan to 01-Mar**

**8 sessions (16 hours)**

**Course Fee: \$85**

**INSTRUCTIONAL**

# Cooking With The Neighbors

**T**his course will introduce you to some of the new immigrants to the Upper Valley and to the different foods and cooking techniques in their cultures. It will include Indian, Scandinavian, Thai, and Caribbean foods. The hope is that we can form new understanding of and friendships with our neighbors by “breaking bread together.” The classes will be instructional and we will use slides and videos to demonstrate. Recipes will be provided for each dish presented.

**There are no required texts.**

## Carol Stanigar

Carol Stanigar is a retired Flight Attendant who has various interests and hobbies. Being an immigrant who has travelled a great deal, she has a unique perspective on peoples, foods, and the immigrant experience.



**REGISTER**



**Term  
at a  
Glance**



**12**



**MONDAY**

**12:00 PM - 2:00 PM**

**11-Jan to 01-Mar**

**8 sessions (16 hours)**

**Course Fee: \$85**

**HUMANITIES**



## Anne Shivas

Anne is a Scot, a poet, and an Alexander Technique teacher. She grew up in and received her B.Ed (Hons) in Edinburgh and her M.A. in Philosophy of Education in London. She lived in Jerusalem, Israel for ten years and has spent most of the past twenty years in the Upper Valley. She received her M.F.A. in poetry from Drew University. Her poetry book, *Whit Grace*, was published in 2017. She has taught many previous Osher classes, mostly on Scottish poetry and literature.

# Scotland's "Makar", A Laureate's Writing

Jackie Kay is Scotland's current Poet Laureate or "Makar," the official title. We will read three of her books over the course. Her memoir *Red Dust Road*, her novel *Trumpet* and a book of her poetry, *Fiere*.

Kay's work is deeply humane and moving, full of warmth and humor. Her writing is both broad in scope and yet deeply personal—from the story of a famous Scottish Jazz trumpeter and the secret truth of his life, to Jackie's own story of adoption, her life as a young black gay woman in a very non-racially diverse society, her search for her own birth-parents and her use of both Scots-language and Igbo, the language of her birth father, threading her poems. These

### Required Texts:

- *Trumpet* - Jackie Kay (ISBN-13: 978-0375704635)
- *Red Dust Road* - Jackie Kay (ISBN-13: 978-1509858392)
- *Fiere* - Jackie Kay (ISBN-13: 978-0330513371)

are books to lift our spirits and warm our souls through the winter.

The classes will be collaborative, consisting of close reading and discussion, with biographical, cultural, geographical, and historical context provided.



**REGISTER**



**Term  
at a  
Glance**





# MONDAY

12:00 PM - 2:00 PM

18-Jan to 08-Mar

8 sessions (16 hours)

Course Fee: \$85

**SOCIAL SCIENCE**



## Jürgen Ewert

Jürgen Ewert was born in 1949 and grew up in a small village near the Baltic Sea in East Germany. After finishing school in 1968 he studied electrical engineering at the Technical University of Ilmenau. In 1972 Jürgen started working as a design engineer at a large company in East Berlin and joined the Academy of Science in Berlin in 1985. Jürgen had an opportunity to travel to the United States in August 1989, shortly before the Berlin wall fell that November. Jürgen lives in Woodstock, Vermont.

# Our World After the Cold War

**D**o you remember where you were on these days: 11/9/1989, 9/11/2001, and 11/9/2016? I couldn't believe my eyes and ears when these events occurred! My life in the U.S. had just started around the time when the Berlin Wall fell on 11/9/1989. Seeing the pictures on the news, my first thought was: "That must be one of these American Reality Shows." On a business trip in Germany on 9/11/2001, I watched the towers of the World Trade Center burning on German TV, in fear of the coming apocalypse. After Trump's victory speech on 11/9/2016 there was only silence in the room.

We will explore the changes to our world from the time when the Cold War ended to the present, and discuss topics like:

- Who won the Cold War?
- Rising tensions in united Germany after the fall of the Berlin Wall.

**There are no required texts.**

- Developments in the former Eastern Bloc countries and the former states of the Soviet Union.
- The impact of the 2001 terrorist attacks on Western democracies.
- The mission of the U.S. military and NATO in the new world order.
- The role of the UN in conflict situations and in the effort to protect our living space.
- Is the leading role of the U.S. in science, technology and economy compromised by challengers like China, India and Japan?

In our discussions we will evaluate the interconnections among these events over the passage of time. The course will be presented using PowerPoint slides, video clips, and online information.



**REGISTER**

**Term  
at a  
Glance**

**14**

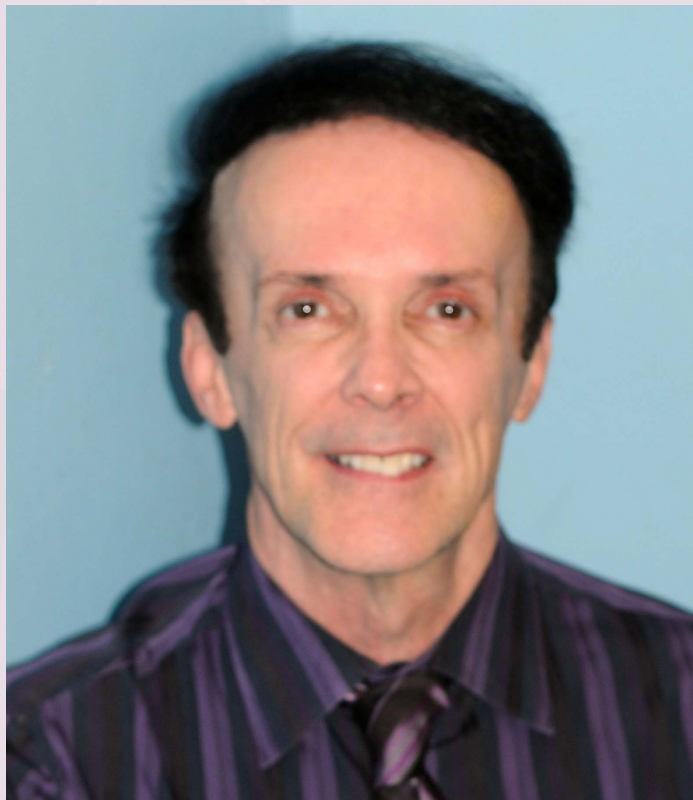


**MONDAY**

**12:00 PM - 2:00 PM**

**15-Feb to 08-Mar**  
**4 sessions (8 hours)**

**Course Fee: \$45**  
**ARTS**



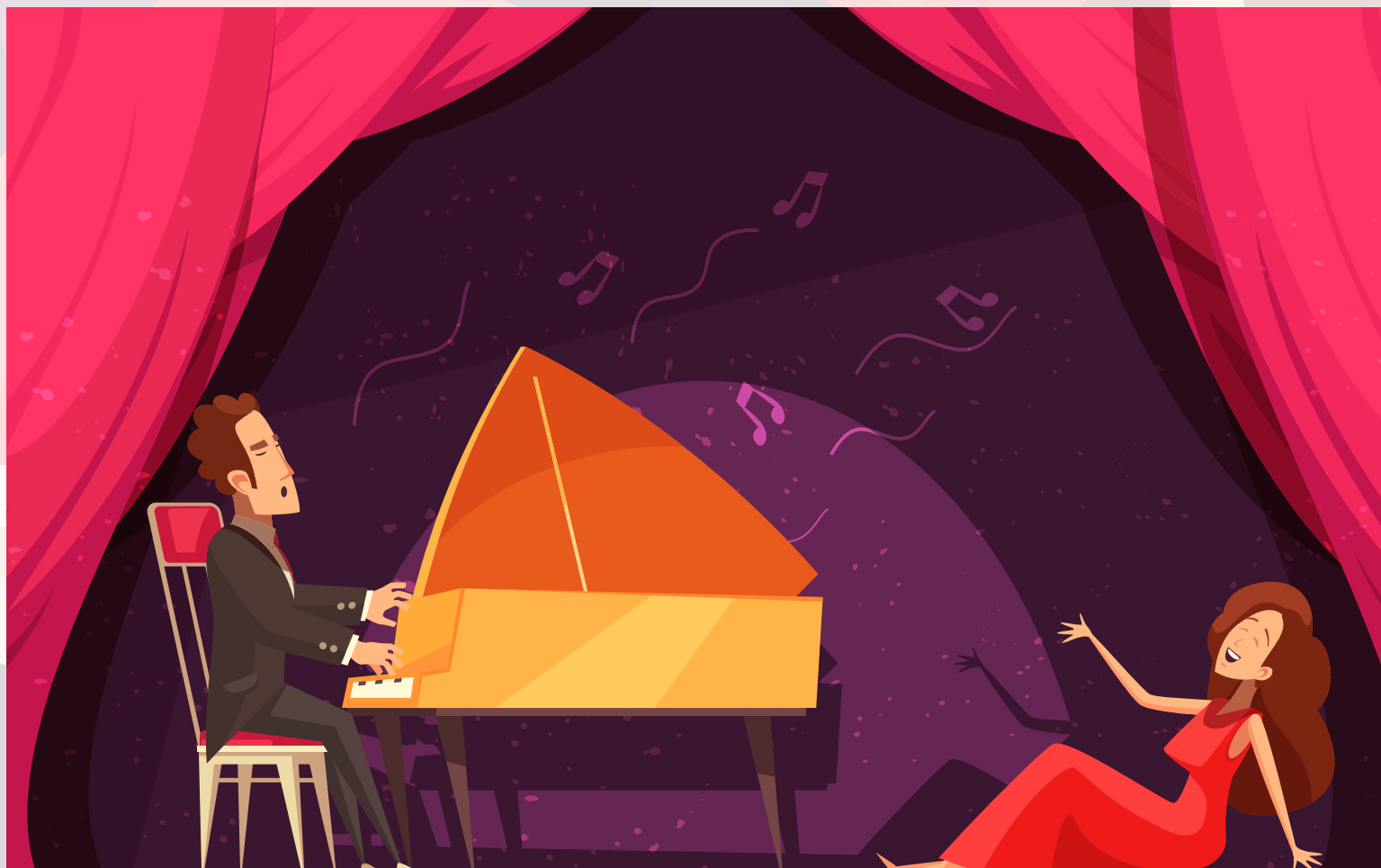
## Paul Brogan

Paul Brogan handled Public Relations for the Jeanette MacDonald International Fan Club from 1977 until 1983. His love for films and music is lifelong.

## Hitting a High C!

**D**uring the 1930s, 40s and into the 50s, some of the most popular musical films starred sparkling sopranos. Jeanette MacDonald, Deanna Durbin, Kathryn Grayson, and Jane Powell are just a few of those we'll watch, learn about, and be surprised by their impact upon the musical film. Come and enjoy this chapter of musical history.

**There are no required texts.**



**REGISTER**



**Term  
at a  
Glance**



**15**

**MONDAY**

**2:30 PM - 4:30 PM**

**25-Jan to 15-Mar**

**8 sessions (16 hours)**

**Course Fee: \$85**

**HUMANITIES**



## Ethan Quillen

Ethan Quillen is an independent scholar. Before moving to the Upper Valley he lived and taught in California, Texas, Edinburgh, Paris, and Ljubljana. He holds degrees in religious studies, American studies, and church-state studies, and his Ph.D. was on the Atheist fiction of Ian McEwan. His publications have examined the Supreme Court, online religion, and fiction. He is currently writing an exhaustive history of Atheism, and the untold story of the aphorism, “There are no Atheists in foxholes.”

# Making Sense of American Religion: Off the Beaten Path

**W**hen it comes to religion, the United States is indeed exceptional. Americans live in a society where they’re not only free from an established ‘state church,’ but where they have access to a unique never-ending marketplace of religious choice as well. America is the Walmart® of religious marketplaces, an industrial-sized superstore offering both foreign and domestic merchandise on a rotating basis. This seemingly boundless accessibility is the global exemplar of religious liberty, which also makes making sense of American religion a challenging process, for which there is no simple solution.

But it is doable. That will be our goal with this course. The path less traveled can seem foreign, odd, even ridiculous, but sometimes also enlightening, for it is in exploring the unorthodox, the heretical, the unconventional,

**There is a required online reading packet.**

where we might also find insights perhaps not previously considered. In discussing the less mainstream “items for sale” in the American religious marketplace, such as Mormonism, Scientology, and The Church of the Flying Spaghetti Monster, we’re likewise granted the opportunity to see a more complete picture of American religion.

With this course, we will travel that path together, reading the sacred texts used by these religions, and engaging in lively discussions of their histories, their beliefs, and their role in American culture. Hopefully, in the process, we will discover why sometimes taking the path less traveled can make all the difference.



**REGISTER**

**Term  
at a  
Glance**

**16**



**MONDAY**  
**2:30 PM - 4:30 PM**  
**01-Feb to 08-Mar**  
**6 sessions (12 hours)**  
**Course Fee: \$65**  
**SOCIAL SCIENCES**

# 21<sup>st</sup> Century Seniors in the Workforce

**W**hat are our expectations for seniors' participation in and contributions to the 21<sup>st</sup> century economy and work?

Work is rapidly undergoing fundamental change as new technologies, especially artificial intelligence, change the nature of work in many industries. Organizations are being redesigned, not only to accommodate new ways of working in a digital world, but also to be more inclusive and to right racial injustices and workforce inequities. Today's workplace is becoming more diverse, more connected, and more digital than ever before.

At the same time our workforce is aging. As Boomers reach retirement age in increasing numbers, many seek to continue in current jobs,

**Reading materials will be available online.**

or to develop encore careers, often with a sense of giving back. What opportunities do seniors have and offer in the new digital economy? How does lifelong learning come into play? What may be barriers to seniors' continued participation in the workforce?

This course introduces current research on aging and work in the 21<sup>st</sup> century—research that is changing expectations, and is certain to provoke discussion. Readings and additional references, including expert presentations in publicly available webinars, will mostly be available on the Web. Classes will run 90 – 120 minutes.

## Carol Ann Moore

After a career in professional education, academic program management, and educational research, Cam is now turning her attention to emerging research on work and aging in the 21<sup>st</sup> century. She earned an undergraduate degree at Wellesley College (chemistry), a doctoral degree at Stanford University (educational research) and M.B.A. at MIT Sloan School.



**REGISTER**

**Term  
at a  
Glance**

**17**



**MONDAY**

**2:30 PM - 4:30 PM**

**15-Feb**

**1 session (2 hours)**

**Course Fee: \$45**

**HUMANITIES**



## Jay Sherwin

Jay Sherwin created the Life Reflections Project to educate people about legacy letters, ethical wills and other legacy documents. He has practiced law, given away money for five different charitable foundations, worked as a philanthropy consultant and served as a hospital chaplain. He has extensive experience teaching and facilitating adult learning programs.

More information is available on his website at [www.jaysherwin.com](http://www.jaysherwin.com).

# Writing a “Legacy Letter”

**T**his one-session encore class is designed to introduce the concept of “legacy letters” and to encourage participants to craft their own legacy document. A legacy letter (also called an “ethical will”) is a written document that allows people to share their life lessons, express their values, and transmit their blessings to future generations. Writing a legacy letter is a rewarding experience that creates an enduring gift for children, grandchildren, and other loved ones.

The class includes discussion and brief writing exercises to help participants examine their life histories, explore their values, and capture important insights. It offers advice, encouragement, and a model structure to help participants draft and complete a legacy document that can be shared with family and friends.

**There are no required texts.**



**REGISTER**

**Term  
at a  
Glance**

**18**



**MONDAY**

**4:30 PM - 6:30 PM**

**18-Jan to 08-Mar**  
**8 sessions (16 hours)**

**Course Fee: \$85**  
**INTERDISCIPLINARY**

# Exploring the Wines of Europe

**J**oin Sommelier Catherine Johnson in an in-depth exploration of the wines of Europe. This class is an opportunity to gain foundational knowledge of classic European styles, both on the page and in the glass. We will examine iconic wines, as well as lesser-known regional treasures, by delving into the history, traditions, and laws that govern winemaking. We will then apply our knowledge practically, exploring when and how to serve these wines at our own tables.

The following topics will be covered in this course:

- Europe's major wine regions: grapes, styles, classification, and history
- How to read and understand a European wine label: learn to discern the great classics as well as everyday gems
- How to analyze wine in the glass: basics of olfaction, tasting and observing wine
- Wine pairing and application: classic pairings, common mistakes, and seasonality

**There is an optional online reading packet.**

**NOTE: Norwich Wines & Spirits will be provided with a list of wines for this course; class members are not obligated to purchase from this location, nor are they required to make any purchase, although tasting each wine in question will serve to enhance class discussions and overall experience.**

## Catherine Elizabeth Johnson

Catherine Johnson is a Certified Sommelier through The Court of Master Sommeliers, Americas. She has been actively involved in the wine industry for over a decade and has worked as a sommelier in various settings such as restaurants, boutique tasting rooms, wine education, importation and distribution, and small-group tours of major European wine regions. Catherine has a passionate, yet playful approach to teaching and strives to continue her education.



**REGISTER**



**Term  
at a  
Glance**



**MONDAY**

**4:30 PM - 7:30 PM**

**22-Feb**

**1 session (3 hours)**

**Course Fee: \$45**

**ARTS**



## Raymond Uy

Raymond Uy, D.M.A. is an award-winning music educator/lecturer. As a conductor and singer, he has performed in venues including Carnegie Hall, Lincoln Center, MSG, and Radio City Music Hall. More info at [raymonduy.com](http://raymonduy.com).

# Broadway and the Great American Songbook

The musical theater, popular songs and standards of the 20<sup>th</sup> century include enduring classics that still warm hearts and evoke nostalgia. In this course, Broadway and the Great American Songbook will be enjoyed, using live performance demonstrations and recorded examples. From Irving Berlin to Richard Rodgers, many rich examples from the Great American Songbook will be included in the presentation. Compositional style, vocal technique, and the external influences of the era will also be discussed. The course promises to be both informational and entertaining.

**There are no required texts.**



**REGISTER**

**Term  
at a  
Glance**

**20**



**MONDAY**

**5:00 PM - 7:00 PM**

**22-Feb**

**1 session (2 hours)**

**Course Fee: \$45**

**CURRENT AFFAIRS**



## Anette Isaacs

Anette Isaacs, M.A., is a German Historian and public educator who has been presenting hundreds of programs on more than 30 different topics in the Chicagoland area and in South Florida. Ms. Isaacs holds Master's Degrees in American Studies, Political Science, and History, and is an adjunct faculty member at the lifelong learning departments of five colleges in Illinois.

# Germany—30 Years After the Unification (Sect. 1)

Last October the Germans celebrated the 30<sup>th</sup> anniversary of the German Unification. These last three decades have been a difficult but also miraculous time in the country's modern history.

Join German Historian Anette Isaacs, M.A. for a riveting discussion of how Europe's most populous nation dealt with the challenges

**There are no required texts.**

of bringing two countries together that had been painfully separated for 45 years. Discuss the problems that arose and the solutions that were found in order to create this "New Germany!"



**REGISTER**



**Term  
at a  
Glance**



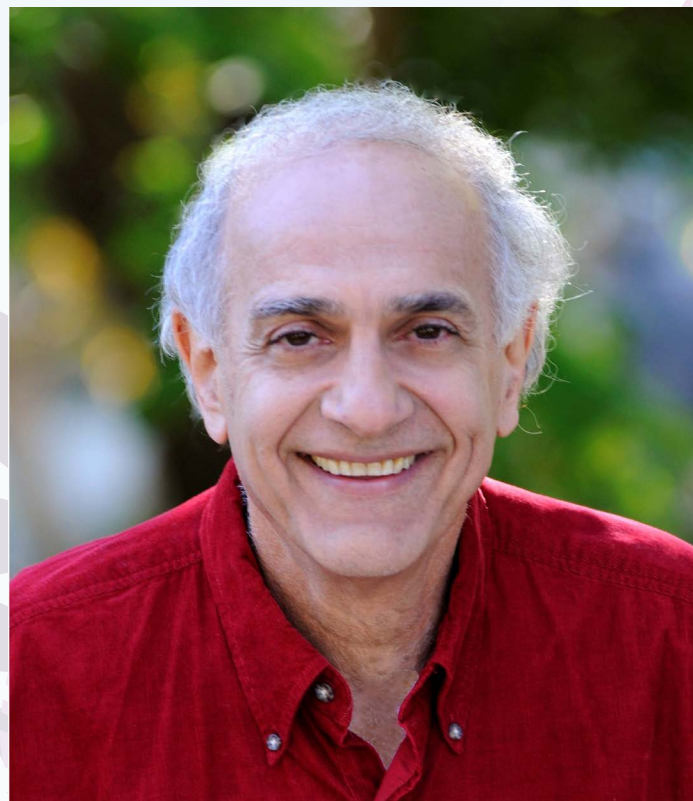
**TUESDAY**

**9:00 AM - 11:00 AM**

**12-Jan to 26-Jan**  
**3 sessions (6 hours)**

**Course Fee: \$45**

**INSTRUCTIONAL**



## Steven Shama

Steve has degrees from Columbia College, Temple University School of Medicine, and the Harvard School of Public Health. He is a professional speaker and a storyteller with inspirational stories and concrete examples that help people communicate and connect in these challenging times. This particular session has been given by him throughout the country, Canada, and Israel for the last 25 years and to thousands of people.

# How to Deal With Difficult People... and Look Forward to It! The Positive Messages These People Bring to Our Lives

**D**ifficult people bring forth emotions in us that we'd prefer not to have. We'll find creative ways of dealing with these people, so you make peace, not war! Participants will be asked to suggest difficult scenarios, for example, the angry, demanding, or controlling person. We will generate many different approaches to solving these frustrating situations.

What role does empathy play in understanding the difficult person? What are the specific ways and words to use to make people feel valued, feel listened to, feel cared about? Handouts will be provided giving answers and approaches to life's most frustrating interactions. The sessions will be touching and filled with humor.

**There may be suggested reading for this course and there may be some required reading as well, all available online.**

Guaranteed to be memorable, practical, and life/spirit enriching! You'll learn specific techniques and phrases to use to defuse a difficult person and calm their behavior. You'll learn ways to make them feel valued and cared about. You'll learn how to set boundaries on a person's unacceptable behavior. You'll discover ways of stopping people from stealing your joy and techniques on how to find the positives in almost every situation.



**REGISTER**



**Term  
at a  
Glance**



**22**



**TUESDAY**

**9:00 AM - 11:00 AM**

**19-Jan to 09-Feb  
4 sessions (8 hours)**

**Course Fee: \$45  
NATURAL SCIENCE**



## Bob Hargraves

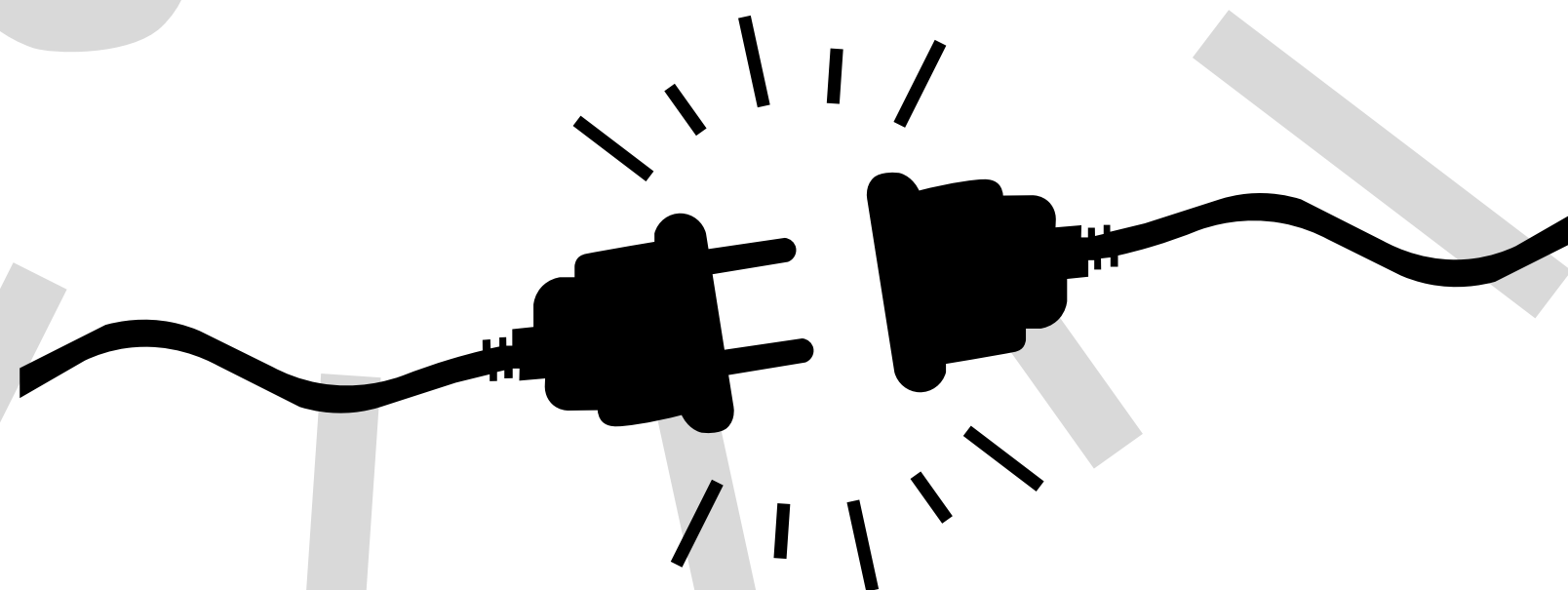
Robert Hargraves has given previous Osher courses on energy policy, internet money, Wikipedia, and the conflict between science and politics. He is a Brown physics Ph.D. and long-ago Dartmouth faculty member. He is a cofounder of a fission energy venture.

# Electrifying the World: For Climate, For People

**B**urning fossil fuel exacerbates global warming, but its ample energy enables modern civilization. Oil production and atmospheric CO<sup>2</sup> continue their rise through 2019. Even so, three billion people still get less electricity than your refrigerator uses. Replacing combustion energy with cheap, 24x7, CO<sup>2</sup>-free electricity can end energy poverty and the climate crisis. Topics include:

- Fission, fear, and facts.
- Why renewables failed: politics, science.
- Heating and cooling.
- Electrifying transportation: wires, batteries, synfuels.
- Electrifying metals: smelting, cement sintering, chemical manufacturing.
- Nurturing people: water, fertilizer, prosperity, children.

**There are no required texts.**



**REGISTER**

**Term  
at a  
Glance**

**23**



**TUESDAY**

**10:30 AM - 12:30 PM**

**19-Jan to 02-Feb  
3 sessions (6 hours)**

**Course Fee: \$45  
SOCIAL SCIENCE**



## Vic Henningsen

A graduate of Yale, Stanford, and Harvard, Vic was a ranger-naturalist with Vermont's Dept. of Forests & Parks before teaching history for many years at Phillips Academy in Andover, Massachusetts. He's also been a visiting scholar at Dartmouth, a summer research fellow at the Massachusetts Historical Society and the Thomas Jefferson Foundation at Monticello, and a regular commentator on Vermont Public Radio. He serves on Osher at Dartmouth's Curriculum Committee.

# Portrait of a Mind: Three Letters from Thomas Jefferson (Sect. 1)

One of the great correspondents of his or any age, Thomas Jefferson wrote more than 18,000 letters. Addressed to audiences private and public, they vividly illuminate both his inner and outer life. We'll dive into this rich trove of evidence to meet Jefferson at three personally and publicly important moments: in 1782, 1820, and 1826. Analyzing a single letter written at each time will offer insight into the character of the man one biographer aptly called the "American Sphinx."

Readings will be limited to the three letters and a variety of supporting materials. Participants must read the documents provided with extreme care and prepare to discuss them in detail. Short opening lectures will set the stage, but the majority of each class will focus on careful analysis and discussion of one letter.

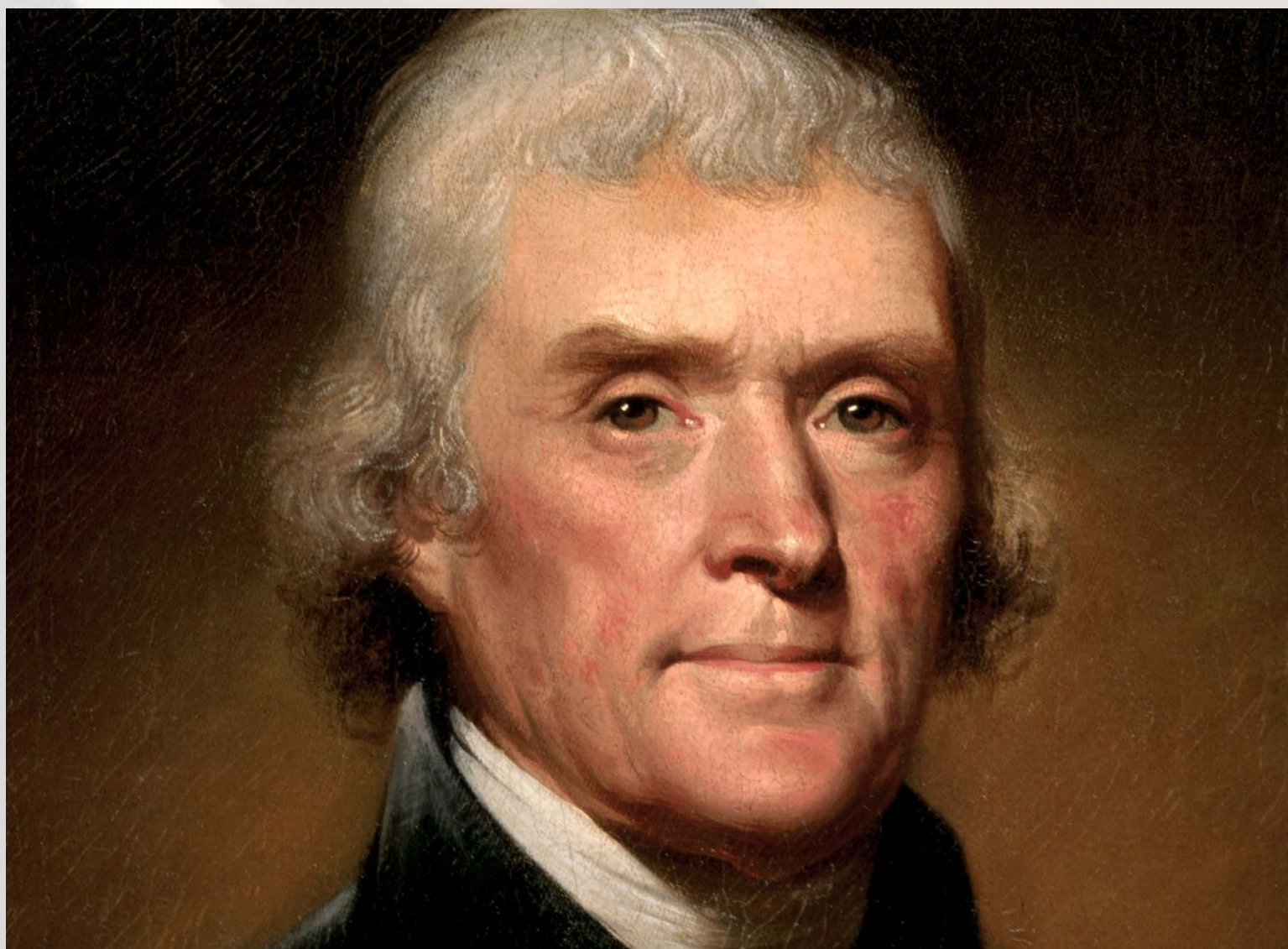
**There is a required reading packet.**

**Optional Text:**

- **Thomas Jefferson - R. B. Bernstein (ISBN-13: 978-0195181302)**

Primary documents are keys historians use to unlock the past. Properly examined, even one short letter opens a whole new world. This course is intended for those curious about how scholars go about doing that, as well as for those interested in learning more about Jefferson and his time.

Previous background in this period of American history or the details of Jefferson's life and career are welcome but not required. Those interested may wish to consult the excellent short biography listed above as an optional text.



**REGISTER**



**Term  
at a  
Glance**



**24**



**TUESDAY**

**10:30 AM - 12:30 PM**

**23-Feb to 09-Mar**  
**3 sessions (6 hours)**

**Course Fee: \$45**  
**SOCIAL SCIENCE**



## Vic Henningsen

A graduate of Yale, Stanford, and Harvard, Vic was a ranger-naturalist with Vermont's Dept. of Forests & Parks before teaching history for many years at Phillips Academy in Andover, Massachusetts. He's also been a visiting scholar at Dartmouth, a summer research fellow at the Massachusetts Historical Society and the Thomas Jefferson Foundation at Monticello, and a regular commentator on Vermont Public Radio. He serves on Osher at Dartmouth's Curriculum Committee.

# Portrait of a Mind: Three Letters from Thomas Jefferson (Sect. 2)

One of the great correspondents of his or any age, Thomas Jefferson wrote more than 18,000 letters. Addressed to audiences private and public, they vividly illuminate both his inner and outer life. We'll dive into this rich trove of evidence to meet Jefferson at three personally and publicly important moments: in 1782, 1820, and 1826. Analyzing a single letter written at each time will offer insight into the character of the man one biographer aptly called the "American Sphinx."

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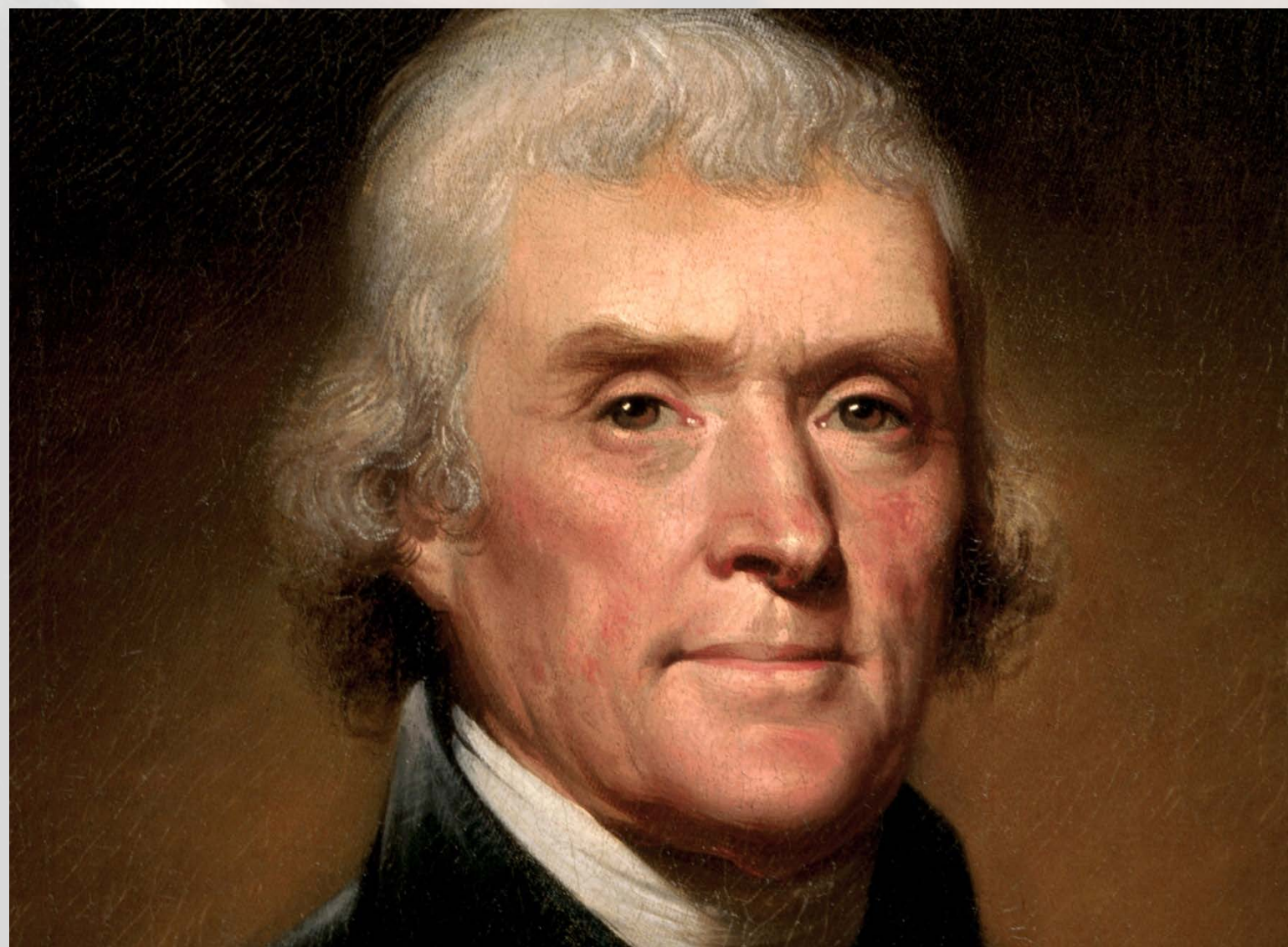
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**REGISTER**



**Term  
at a  
Glance**



**25**



**TUESDAY**  
**12:00 PM - 2:00 PM**  
**26-Jan to 23-Feb**  
**5 sessions (10 hours)**  
**Course Fee: \$65**  
**CURRENT AFFAIRS**

# Cops and Us (Police/Community Relations)

**C**OPS AND US, LET'S TALK. Few issues have vaulted to the forefront of public attention and concern as dramatically as the relations between police and the communities they have sworn to "protect and serve." Amplified by the COVID-19 crisis and national political polarization, a relationship that should be founded on mutual trust and respect seems to have descended into a maelstrom of hostility, confrontation and physical violence. Your participation is both needed and important!

This course provides an opportunity for participants to engage with a diverse group of professionals in the field—police, judges, prosecutors, mental health specialists, and others—in a thoughtful discussions of issues such as:

- Racial discrimination
- Use of force in the arrest process, if arrest is deemed necessary

**There is a required reading packet.**

- Collaboration between officers and mental health professionals
- The value of public forums, including Osher
- Transparency, including records and available video, both private and police
- Street protest, marches, and demonstrations
- Civility and respect

Each class will begin with a 15-20 minute presentation by a professional or professionals, followed by a full and open discussion—a candid give-and-take—which will require that all involved leave preconceptions "at the door." While we may not resolve the problem under discussion, we should all leave more knowledgeable and reflective than we arrived.

## David Singer

David Singer served as a Vermont police officer for 20 years and headed the DWI task force in Orange and Windsor counties. He worked as a Det. Sgt. In Domestic Violence and Child Sexual Abuse task forces and taught both subjects at the Vt. Police Academy. In 2004 he won election as side judge and attended Vt. Law School. Subsequently, he presided in both civil and traffic courts. Since retirement, David has been concerned about the problems in police/community relations.



**REGISTER**



**Term  
at a  
Glance**





**TUESDAY**

**12:00 PM - 2:00 PM**

**02-Feb to 09-Mar**

**6 sessions (12 hours)**

**Course Fee: \$65**

**SOCIAL SCIENCES**



## Ellen Bettmann

Ellen Hofheimer Bettmann is a nationally-recognized leader in the field of anti-bias education. She is the co-author of *Hate Hurts* (Scholastic, c. 2000) and numerous training manuals and articles. She created and leads Difficult Conversations About Race, a monthly community forum that addresses race and racism. She serves on the Advisory Board of the Adirondack Diversity Initiative.

# Still Talking About Race and Racism in 2021

**W**idespread publicity about many aspects of race make it almost impossible to ignore the impact of racism in the United States. White supremacy, a phrase that was previously used to describe only extreme, overt bigotry, has found its way into mainstream conversation about race. Increased understanding about systemic racism and its impact on almost every aspect of life in the USA has created a need for developing cultural competency in talking about race and racism. This course will use *So You Want To Talk About Race* by Ijeoma Oluo as a framework for increasing understanding about both personal biases and systemic racism, with a goal of contributing to the fight against racial oppression.

**There is a required reading packet.**

**Required Texts:**

- ***So You Want To Talk About Race* - Ijeoma Oluo (ISBN-13: 978-1580056779)**



**REGISTER**

**Term  
at a  
Glance**

**27**



**TUESDAY**

**2:30 PM - 4:30 PM**

**12-Jan to 02-Mar**

**8 sessions (16 hours)**

**Course Fee: \$85**

**HUMANITIES**



## Joseph Ronan

Joseph Ronan is a lawyer practicing in Norwich, with an interest in philosophy and literature. He has a B.A., Haverford College, M.A. Rutgers-Camden, and a J.D., LL.M., New York University School of Law.

# Masters of English Language Poetry

This course will review key poems from many of the “masters” of English-language poetry (e.g., Wordsworth, Shakespeare, Yeats, Eliot) as well as some lesser-known poets. We will also be focusing on work by people of color and women, some very well known, others maybe less so. We will spend a short time on each poet, so this will be a bit of a “greatest hits” exercise. We will focus on reading poems out loud, and participants will be encouraged to volunteer to do so.

### Optional Text:

- ***Norton Anthology of Poetry, 6th ed.* - Ferguson, et al (ISBN-13: 978-0393679021)**



**REGISTER**



**Term  
at a  
Glance**





**TUESDAY**

**2:30 PM - 4:30 PM**

**19-Jan to 09-Mar**  
**8 sessions (16 hours)**

**Course Fee: \$85**  
**INTERDISCIPLINARY**



## Marc Morgan

Marc Morgan has worked in the Solid Waste/ Recycling Industry for more than 20 years. He served as New Hampshire's Coordinator, ran his own consulting company, and has peered into many dumpsters to better understand how we generate waste and how to reduce its impact. Marc currently manages the Solid Waste Division for the City of Lebanon; a program that manages waste from 22 towns in New Hampshire and Vermont.

# Beyond the Curb: Recycling 101

**E**ver wonder what happens to your trash or recycling when it gets picked up at the curb or you toss it in a dumpster? Come demystify recycling and learn what happens next. Learn about the Solid Waste Hierarchy, Recycling Markets (both domestic and export), how your trash has a global impact, and much more of the stinky truth. We will also talk about what contaminates recyclables, emerging technologies, and how our behavior needs to change to make a truly lasting impact.

**There are no required texts.**



**REGISTER**

**Term  
at a  
Glance**

**29**



**TUESDAY**  
**2:30 PM - 4:30 PM**  
**02-Mar to 16-Mar**  
**5 sessions (10 hours)**  
**Course Fee: \$65**  
**NATURAL SCIENCE**

# Essentials Of Perennial Gardening

**T**he course will cover all of the elements of perennial gardening, and is meant for both new and seasoned gardeners. Emphasis will be on the essentials of a beautiful garden and will cover soils, light, design, maintenance, and everything that contributes to the success and enjoyment of the garden.

We will be using slides that show the progression of blooming from May to October in three local gardens this winter, and we will schedule visits to those gardens this summer. The purpose of this course is to encourage the participants to be creative, and to give them the tools to succeed in creating beautiful gardens.

**There are no required texts.**

## Carol Stanigar

Carol has been gardening for over 40 years and was self-taught before her retirement allowed her to study Horticulture at UNH. For the last 12 years she has had a small business consulting, restoring, and designing gardens in the White Mountains and field growing rare varieties for retail sales.



**REGISTER**



**Term  
at a  
Glance**



**30**



**TUESDAY**  
**4:30 PM - 6:30 PM**  
**26-Jan to 02-Mar**  
**6 sessions (12 hours)**  
**Course Fee: \$65**  
**ARTS**

# Elvis Presley: An American Tragedy

**W**ell, it had to happen. Finally, in our long-running popular music courses, we have come to Elvis Presley. And we had to. He was one of the most groundbreaking, integrative, and successful performers of all time, although not that well respected—initially—by the music world (or parents). The melding together of the white and black music of his time was the foundation of rock music that followed, and his influence has grown even after his death.

**There are no required texts.**

Elvis was a true force for years in music, movies, and TV. He influenced and popularized many other musicians as well. His personal life was an absolute tragedy—thus the subtitle—and we will look at the impact of that, too. As usual, we will have local musicians perform their favorite Elvis songs for us and talk about him from their perspective. It should be fun for us all.

## Ford Daley

Ford's interest in non-classical music started in childhood. He loves to share musical experiences and ideas and its impact on our lives. He sings and plays guitar, harmonica, and Dobro.

## Julia Labier

She's has always been in love with music. She has performed most of her life, as a Whipple Hill Gang member, and is now half of "Daley With Julia."

## Paul Barker

He is a life-long singer and has vast knowledge of secular and religious music. He performs with the Lyme Church Choir, the choral group "Full Circle," the Doo-Wop group "The Charades," and as tenor for the "Pawley Daley Duo."



**REGISTER**



**Term  
at a  
Glance**



**TUESDAY**

**5:00 PM - 7:00 PM**

**02-Feb**

**1 session (2 hours)**

**Course Fee: \$45**

**CURRENT AFFAIRS**



## Anette Isaacs

Anette Isaacs, M.A., is a German Historian and public educator who has been presenting hundreds of programs on more than 30 different topics in the Chicagoland area and in South Florida. Ms. Isaacs holds Master's Degrees in American Studies, Political Science, and History, and is an adjunct faculty member at the lifelong learning departments of five colleges in Illinois.

# Germany—30 Years After the Unification (Sect. 2)

Last October the Germans celebrated the 30<sup>th</sup> anniversary of the German Unification. These last three decades have been a difficult but also miraculous time in the country's modern history.

Join German Historian Anette Isaacs, M.A. for a riveting discussion of how Europe's most populous nation dealt with the challenges

**There are no required texts.**

of bringing two countries together that had been painfully separated for 45 years. Discuss the problems that arose and the solutions that were found in order to create this "New Germany!"



**REGISTER**



**Term  
at a  
Glance**



**32**



# WEDNESDAY

9:30 AM - 11:30 AM

13-Jan, 27-Jan, 10-Feb & 24-Feb  
4 sessions (8 hours)

Course Fee: \$45  
**CURRENT AFFAIRS**

## Current Events Roundtable

**T**his course is somewhat of an experiment, for no more than 12 people interested in current events – national politics, the economy, recent history, social issues that divide us, the impact of Covid and the election, etc. The plan is to meet for 90-120 minutes every other week for eight weeks. Prior to each class I will comment on three to five issues in the news and send out one, possibly two articles from the news that might stimulate thoughtful discussion.

Following a short initial presentation, I will be the “prompter” and moderator. Each participant will be expected to contribute his or her thoughts on one or more of the topics mentioned and introduce issues in the news they find interesting. The emphasis will be

**There are no required texts.**

on thoughtful give and take, not on ranting and fighting for airtime. Participants will be encouraged to send interesting and relevant articles to the class or to bring new ideas to the discussions. This is for folks who seek thoughtful discussion and exchange of views on important current issues, who are eager to hear what other people think while also being willing to contribute in a substantive way.

The exact format will be subject to modification as we engage, and I hope to have an occasional guest via Zoom. Be prepared to go with the flow. Lively and substantive discussion is the primary goal.

## Jim Wilson

Jim taught history and economics for nearly fifty years before retiring to the Upper Valley. He lives in Strafford, VT, and has taught numerous courses on how our economy works and the challenges it faces.



**REGISTER**



**Term  
at a  
Glance**



**33**



# WEDNESDAY

9:30 AM - 11:30 AM

20-Jan to 03-Mar  
7 sessions (14 hours)

Course Fee: \$85  
HUMANITIES



## Brian Blanchette

After graduating from Massachusetts College of Pharmacy with a B.S., Brian Blanchette moved to Lebanon, NH and was a pharmacist in the Upper Valley for thirty-five years. He always loved reading and writing, and upon retiring planned to read every book possible. Having taught two Osher courses on John Updike's works these past two Fall semesters, he decided on local flavor with three authors he read from their works since his move north. He already has plans for a Spring 2021 course ready to go.

# Some Local Flavor in Fiction: Three Novels From VT and NH

The Twin States of New Hampshire and Vermont are renowned for many things... breathtaking foliage and sights of Nature bedecked in the splendor of all the seasons, skiing and water sports, yard sales and farmers' markets are a few. Often overlooked is the estimable output, past and present, of great, good, and fairly good literature from authors hailing from these states or from afar, but with the settings of their books within these neighboring borders.

I'm inviting you to join me in sampling some fairly (Fairlee?) recent home-grown fiction provided by two Vermont authors, Chris Bohjalian and the recently deceased Howard Frank Mosher, and Ernest Hebert from my side of the river in New Hampshire. This course will tackle a novel from each author for us to review, critique, and decide if, like our cuisine and local brews, North Country literature has its own flavor.

There is an optional reading packet.

### Required Texts:

- *Midwives* by Chris Bohjalian (ISBN-13: 978-0375706776)
- *A Stranger in the Kingdom* by Howard Frank Mosher (ISBN-13: 978-0618240104)
- *The Dogs of March* by Ernest Hebert (ISBN-13: 978-0874517194)

We will read *Midwives* (Bohjalian), *A Stranger in the Kingdom* (Mosher) and *The Dogs of March* (Hebert) over the course of seven weeks. I think this will provide an interesting look at authors and books that have well represented our two states and provide plenty of fodder for us to sift through for that nugget in disguise. Weekly reading will be 175 pages at most and I found each book to move quickly. I hope you will join me for these regional stories to be read and discussed during our darkest, coldest months.



REGISTER



Term  
at a  
Glance



34



# WEDNESDAY

9:30 AM - 11:30 AM

17-Jan to 24-Feb

5 sessions (10 hours)

Course Fee: \$65

ARTS



## John Peterman

John Peterman's passion for the performing arts began at a young age when his father was Director of the Performing Arts at New Trier H.S. in Illinois. John later formed a rock band which recorded an LP reviewed as "the greatest '60s garage band album." John most recently served as Headmaster at Brookwood School in MA where he started a performing arts program considered to be a model for elementary school arts education.

## A Tribute to Stars Born in 1920

Please join us for a 100<sup>th</sup> birthday celebration of American performing artists: Gene Tierney, Mickey Rooney, Charlie Parker, Tony Randall, Montgomery Clift, Maureen O'Hara, Shelley Winters, and Walter Matthau. In addition to learning about these artists' personal and professional lives, we will also view over 70 performance videos and listen to their stories, with one hour of history and entertainment for each.

Get ready for mystery guests, trips down the rabbit hole, and musical interludes from Dave Brubeck, Isaac Stern, Carmen McRae, and Yul Brynner.

To get a glimpse of the fun to be had during this course, go to Vimeo.com to see a 2-minute sneak peek preview video:

<https://vimeo.com/444027690>

There are no required texts.



REGISTER

Term  
at a  
Glance

35



# WEDNESDAY

10:00 AM - 12:00 PM

06-Jan to 27-Jan  
4 sessions (8 hours)

Course Fee: \$45  
INSTRUCTIONAL



## Annie Ross

Annie Ross found her passion for Eastern Philosophy while earning a B.A. in Comparative Religion from the University of Vermont, 1979. Her study since 2008 at *Svaroopā*® Vidya Ashram in Downingtown, PA has led to several certifications: Certified *Svaroopā*® Yoga teacher (CSYT 700), *Embodiment*® Yoga Therapist, *Svaroopā*® Vidya Meditation Teacher and others in philosophy and vichara (the practice of self inquiry). She is certified in Ayurvedic Marma Treatments. Ayurveda is the Indian science of medicine and sister science to yoga.

# *Svaroopā*® Yoga - Gentle, Deep and Profound

**B**ased on a significantly different paradigm in yoga poses, the practice of this unique style is both physical and more than physical. In *Svaroopā*® yoga we specialize in 'core opening,' spinal decompression, through releasing the tensions in the layers of muscles wrapped around your spine.

Using precise alignments to create an inner opening from tail to top, this style redefines strength, giving you stamina and vitality through releasing deep tensions and recapturing your essential aliveness. This yoga is precise and compassionate at the same time, using props such as blankets and blocks to meet your body where it is. *Svaroopā*® yoga is body

**There are no required texts.**

friendly, yoga that anyone can do regardless of experience or fitness level. Not exercise, Yoga International describes it this way: "*Svaroopā*® Yoga is a scientific maximization of your body's capacity, dissolving the tensions that inhibit your body's natural functioning and inherent healing capacity."

This four-week course is experiential; you will learn the 'Magic Four' poses that open your spine from tail to top, and be able to bring the practice home with you, finding ease of movement and bliss.



Photo used courtesy of *Svaroopā*® Vidya Ashram

REGISTER



Term  
at a  
Glance



36



# WEDNESDAY

10:00 AM - 12:00 PM

03-Feb to 10-Mar

6 sessions (12 hours)

Course Fee: \$65

**SOCIAL SCIENCE**



## Thomas Burke

Thomas Burke is a freelance writer, writing tutor, and history enthusiast who has developed a deep personal interest in the Holocaust. He is assisting a Holocaust survivor in compiling a memoir and has conducted extensive research over the past five years. He has developed this course in order to share and discuss his findings and his ongoing research with those who are interested in knowing more about the Holocaust.

# Perspectives on the Holocaust

**T**he Holocaust, carried out by Adolf Hitler's Nazi Germany during World War II, was the most heinous organized crime of the 20<sup>th</sup> century, if not all of human history. This course will mix lecture and discussion as we address a number of important issues, especially the following:

1. How the years leading up to the Holocaust and centuries of prejudice and discrimination against Jews set the stage for the Nazis' deeds.
2. Why America and the rest of the world were slow to act on evidence of atrocities prior to the war.
3. How the Nazis organized and carried out the Holocaust.
4. Individual people of that time period.
5. Personal experiences of survivors and rescuers, the Righteous Among Nations.
6. How the Holocaust is viewed, discussed, and taught today.

**There are no required texts.**



**REGISTER**



**Term  
at a  
Glance**



**37**



# WEDNESDAY

12:00 PM - 2:00 PM

13-Jan to 03-Feb  
4 sessions (8 hours)

Course Fee: \$45

ARTS



## Maynard Goldman

“If music be the food of love, play on....” was a line I recalled from early childhood, so when I learned Hurok Concerts was for sale I had to pursue it. The resulting acquisition and my accession as President couldn’t prepare me for what transpired. My experience with Arthur D. Little and ITT together with degrees from Michigan and Harvard Law School were upended by lessons from the school of hard knocks. Management in the performing arts makes all other business seem like bean bag.

# THE LAST IMPRESARIO:

## “This is no way to make a living...”

“S. HUROK PRESENTS” was a banner spread across America for almost 50 years, highlighting the Russian immigrant who brought ballet, live music, theater, and opera to small towns and great cities throughout the land. From the 20s to the 70s he presented the greatest names in the performing arts: Marian Anderson at her Lincoln Memorial concert; Benny Goodman in his first performances at Carnegie Hall; and world-rekknowned artists like Cliburn, Nureyev, Rubinstein, Stern, Segovia, Bernstein, Fonteyn, Yo Yo Ma, and many more.

Hurok was perhaps best known for presenting the Bolshoi Ballet and Opera, the Kirov, Moiseyev, the Moscow State Symphony, Rostropovich, and Baryshnikov, to name just a few. His efforts to strengthen cultural ties with the Soviets led to wide acclaim—and the bombing of his office.

There are no required texts.

After Hurok’s death, my partners and I purchased Hurok Concerts, Inc. Our struggle to maintain the business contains all the Broadway drama you might expect, replete with appearances by the likes of Jackie O., Liz Taylor, Maria Callas, Agnes de Mille, Fred Astaire, Vladimir Horowitz, Salvatore Dali, and Nadia Comaneci.

We’ll spend the first two sessions reviewing the history of the Hurok dynasty; the last two detailing why good intentions and significant talent were insufficient to overcome Hurok’s determination to be the greatest of his own attractions, making sure the party ended with his passing. Join us for an amazing tale evoking the long-lost glamour of the mid-20<sup>th</sup> century.



REGISTER



Term  
at a  
Glance



38



**WEDNESDAY**

**12:00 PM - 2:00 PM**

**27-Jan to 24-Feb**

**5 sessions (10 hours)**

**Course Fee: \$65**

**INSTRUCTIONAL**

# How Much Money is Enough to Retire?

**P**eople dream of retirement but often find the reality pretty complicated – even scary. This course aims to help those considering, entering, or in the early stages of retirement. We'll address questions like “How will my health insurance needs change when I retire and how do I handle that?” “How do I make the best use of Social Security and personal insurance options?” “Should I change my investment strategy once I’m no longer working?” “Have I put enough away to retire and how will taxes affect me in retirement?” “And what about my heirs? What kind of estate planning makes sense?”

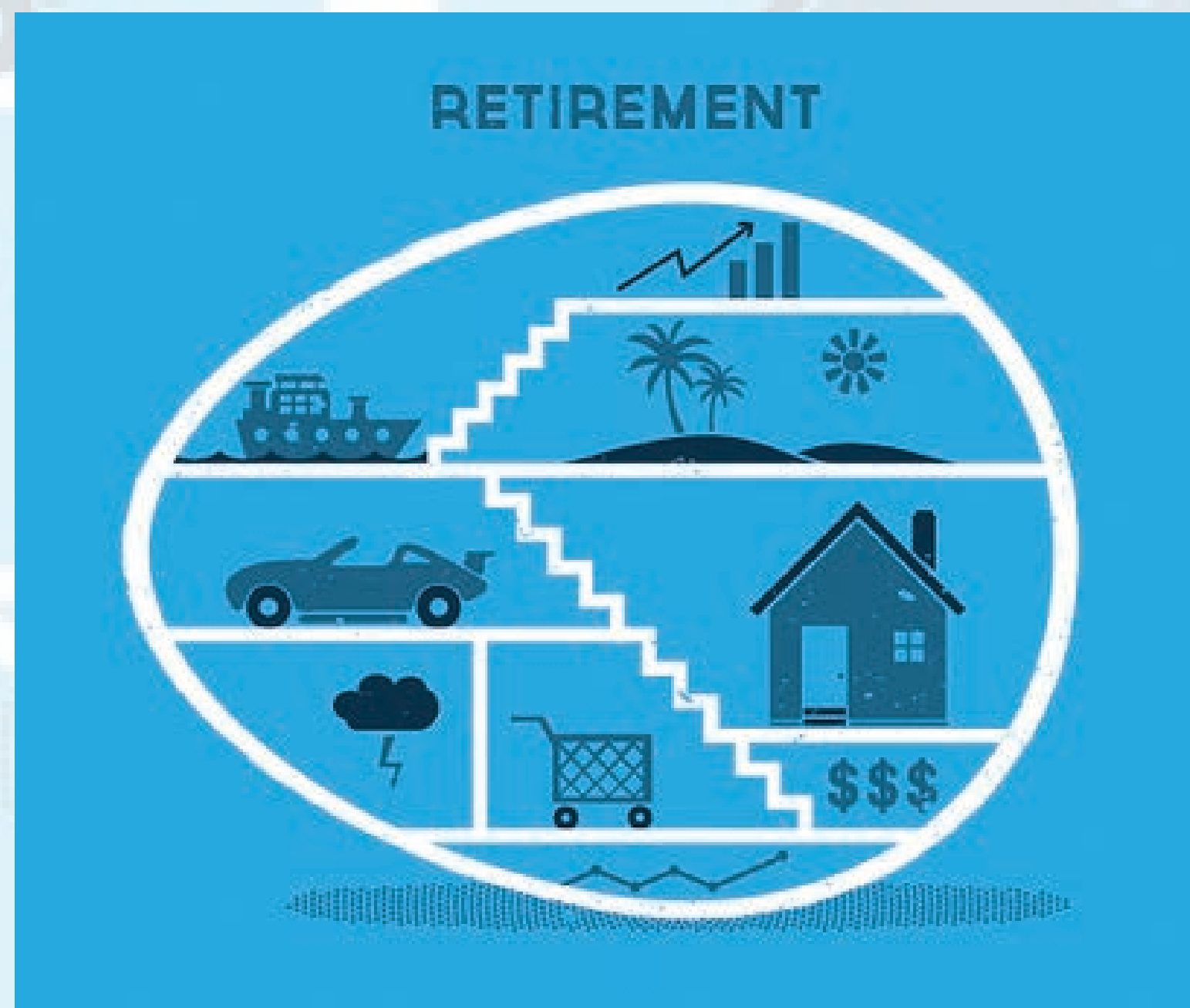
**There are no required texts.**

We'll use real world examples to help address and analyze these and other questions. Class participation and discussion are strongly encouraged. This interactive five-week course will be tailored to individual circumstances. You will learn to answer the big questions: “How much is enough?” and “When can I confidently retire?”

We'll cover how to best review and manage your own assets, go over some of the common pitfalls that snag individual investors, and how best to avoid them.

## Evan Roberts

Evan is a native of Cornwall, VT, where he grew up on a dairy farm. He went on to major in Finance at Bryant University in Smithfield, RI, and now works on a team of financial advisors with Merrill Lynch, specializing in assisting individuals and businesses with retirement, succession, and benefit planning. Evan coaches lacrosse and volunteers at Kimball Union Academy. He is a resident of New London, NH, where he lives with his wife, Sarah, and daughter.



**REGISTER**

**Term  
at a  
Glance**

**39**



**WEDNESDAY**

**2:30 PM - 4:30 PM**

**13-Jan to 17-Feb**

**6 sessions (12 hours)**

**Course Fee: \$65**

**SOCIAL SCIENCE**

**Lee Emerson**

**Christiana  
Whittington**

Lee's interest in Germany, notably its architectural heritage, began while teaching alongside Christiana for 15 years. Many joint trips to Germany followed. Lee has a B.A. from CT College and an M.F.A. from Cranbrook Art Academy. After growing up in West Germany and attending Heidelberg University, Christiana came to the U.S. with her American spouse. A musician by training, she taught school for 21 years. Lee and Christiana are principals in Travel Meets Culture, offering cultural tours to Germany.

# On the Road Through German History - Part 1

**E**very place has a story. Embarking on a virtual trip through Germany, we'll explore the country's defining historic moments.

Our journey commences at a Roman portal on the far Western edge of Germany and ends in the home of the richest man who ever lived. Each city or town opens a window into Germany's 2,000-year old past and gives a glimpse into people's lives, their distinctive way of thinking, their art and music, and their buildings.

Every story has a protagonist. Ours opens with Constantine the Great in Trier (4<sup>th</sup> century) and continues with Charlemagne, whose empire was based in Aachen. Otto the Great made his home in medieval Quedlinburg, and Emperor Frederick I Barbarossa built impressive castles and inspired medieval chivalry. Martin Luther launched the Reformation in Erfurt, and Jakob

**There is an online reading packet.**

Fugger, who closes our story, built his financial empire in Augsburg (16<sup>th</sup> century).

This class will include sights, artwork, and architecture, as well as music samples that will inspire discussion and ultimately paint the big picture of Germany's history.

On the Road Through German History has been divided into two parts that can be taken consecutively or as stand-alone courses. During the winter term our travels will center on the country's beginnings through the 16<sup>th</sup> century. The second part is a separate course offered in the spring which continues from 1600 and ends in present day Germany.

There will be an online reading packet that consists of short essays.



**REGISTER**



**Term  
at a  
Glance**



**40**



**WEDNESDAY**

**2:30 PM - 4:30 PM**

**03-Feb to 10-Mar**  
**6 sessions (12 hours)**

**Course Fee: \$65**  
**ARTS**



## Wayne King

Author, writer, artist, businessman, outdoorsman, Iroquois, Abenaki, musician, and recovering politician; all of these describe Wayne. His images are a celebration of life, blending the real and the surreal to achieve a sense of place or time that reaches beyond the moment into what he calls “a dream-like quintessentialism” designed to spark an emotional response.

## From Snapshot to Wall Art

**N**o matter what kind of camera you use—phone camera, digital SLR, oneshot, even an old 35 mm or 4x5 film camera—the photographs you create can be images that make you proud to display them and share them with friends and others.

This course will use a combination of training in the art of creating an interesting and exciting image, weekly assignments to challenge you to create images that expand your technical and artistic boundaries and stretch your imagination, and weekly critiques that allow you to share the best of your work with other members of the class and get feedback, encouragement, and constructive advice that stretches your muscle memory and challenges your innovative spirit.

**Reading materials will be supplied, but there are no required texts.**



**REGISTER**



**Term  
at a  
Glance**





**WEDNESDAY**

**4:30 PM - 7:30 PM**

**27-Jan**

**1 sessions (3 hours)**

**Course Fee: \$45**

**ARTS**



## Raymond Uy

Raymond Uy, D.M.A. is an award-winning music educator/lecturer. As a conductor and singer, he has performed in venues including Carnegie Hall, Lincoln Center, MSG, and Radio City Music Hall. More info at [raymonduy.com](http://raymonduy.com).

# Music Enrichment for Health and Wellness

**S**ound and music can be used to enrich the mind, body, and spirit. The music in this presentation will range from sound healing and classical music, to popular songs and enduring standards that warm hearts and evoke nostalgia.

Live performance demonstrations and recorded examples will be presented, along with therapeutic songwriting strategies and sound healing techniques with guest speaker Meg Lyding. The presentation promises to be both informational and entertaining.

**There are no required texts.**



**REGISTER**

**Term  
at a  
Glance**

**42**



# THURSDAY

9:30 AM - 11:30 AM

21-Jan to 11-Mar

8 sessions (16 hours)

Course Fee: \$85

NATURAL SCIENCE



## Roy Finney

Roy Finney holds 1<sup>st</sup> Class Honors degrees in Physics and Mathematics from Imperial College, London. After graduating in 1966, he entered the nascent mini-computer industry centered in Boston, moving to the computer software industry in the mid-eighties. He retired as President of a corporation providing proprietary application software to commercial and financial organizations.

# Grasping the Universe—The Works of Euler & Maupertuis

The course will follow the wonderful journey of Euler's and Maupertuis' independent discoveries of the 18<sup>th</sup> century and show how their work provided the insights vital to the modern understanding of the Quantum Universe. Feynman, Dirac, and others made Nobel Prize-winning discoveries enabled by the prophetic insights of Euler and Maupertuis.

Leonhard Euler was one of the most eminent mathematicians of the 18<sup>th</sup> century and is held to be one of the greatest in history. His contributions include exposing the properties of “Euler's Number” a second transcendental number to pi. He combined them into “Euler's Equation” that is recognized today as key to using quantum physics. Feynman called this equation “our jewel”.

### Optional Texts:

- *A Most Elegant Equation* by David Stipp (ISBN-13: 978-0465093779)
- *The Man Who Flattened the Earth* by Mary Terrall (ISBN-13: 978-0226793610)

There is an optional reading packet.

Pierre-Louis Maupertuis was also an important scientists and original thinker of the 18<sup>th</sup> century. His greatest contribution to science is the ‘Principle of Least Action’. His work was largely ignored until rediscovered in modern times when it was needed to explain the strange motion of quantum particles.

Together, Euler and Maupertuis provide the tools destined to describe a marvelous world where particles appear to sniff out their path in advance; where “imaginary” numbers exist and describe the behavior of a particle in the form of its matter wave; where particles are waves until observed and certainty of location is replaced by probabilities—a vast, counterintuitive, quantum universe largely undiscovered.



REGISTER



Term  
at a  
Glance





# THURSDAY

10:00 AM - 12:00 PM

21-Jan to 11-Feb  
4 sessions (8 hours)

Course Fee: \$45  
HUMANITIES



## Susan McCaslin

A graduate of Smith College and Harvard Divinity School, Susan McCaslin spent her career as a teacher and educational administrator, first at Harvard Divinity School and then, for 27 years, at Phillips Academy where she taught in the Philosophy and Religious Studies Department and served as academic dean and associate dean of faculty. She continues to be an active scholar and teacher (this is her fifth Osher course in religious studies).

## The Book of Job

**D**oes one worship God “for nought” (without any expectation of reward or punishment)? Is there justice in the world? These are the central questions of the Book of Job. There are no easy answers. Nor is there a settled interpretation of this challenging text.

We will first carefully read the Biblical text, taking care to locate its role in the overall Hebrew Bible or Old Testament. We will then consider several modern interpreters to see what insights they glean from Job.

No prior knowledge of the Bible is required, only an open mind and a willingness to engage vigorous questioning. Required texts for the course are the *Bible* (Revised or New Revised Standard Version), Bill McKibben’s *The Comforting Whirlwind: God, Job and the Scale of Creation*, and a reading packet.

There is a required reading packet.

### Required Texts:

- *The Bible, New Revised Standard* (ISBN-13: 978-0195288803)
- *The Comforting Whirlwind: God, Job and the Scale of Creation* - Bill McKibben (ISBN-13: 978-0195288803)



REGISTER



Term  
at a  
Glance



44



# THURSDAY

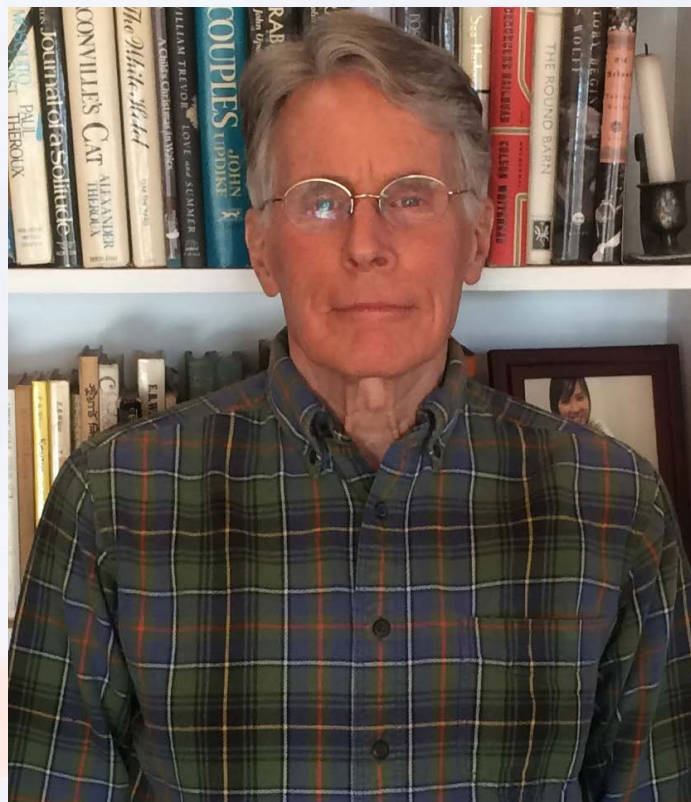
12:00 PM - 2:00 PM

14-Jan to 04-Mar

8 sessions (16 hours)

Course Fee: \$85

HUMANITIES



## Jon Stableford

Jon holds degrees from Williams College and Wesleyan University and for 43 years taught secondary school English, the last 34 of them at Phillips Academy, Andover, MA. In 2010, he and his wife Cindy retired to South Strafford, VT and have ever since had a close relationship with Osher at Dartmouth. He writes occasional pieces for *The Valley News*.

## Four Novels by Louise Erdrich

For nearly four decades Louise Erdrich has populated her prize-winning novels with generations of Chippewa characters struggling to survive in a world hostile to native people, and struggling to adapt and preserve their traditions.

In this course we will read two pairs of books from two different periods in her brilliant literary career: *Tracks* (1988) and *The Last Reports on the Miracles of No Horse* (2001), and then *The Round House* (2013) and *The Night Watchman* (2020). The reading for this class will be demanding (an average of 180 pages a week), but these are books you won't want to put down. Although we will be bound to the ZOOM format, my hope is to generate eight weeks of lively discussions.

### Required Texts:

- *Tracks* - Louise Erdrich (ISBN-13: 978-0060972455)
- *The Last Reports on the Miracles of No Horse* - Louise Erdrich (ISBN-13: 978-0061577628)
- *The Round House* - Louise Erdrich (ISBN-13: 978-0062065254)
- *The Night Watchman* - Louise Erdrich (ISBN-13: 978-0062671189)



REGISTER



Term  
at a  
Glance



45



# THURSDAY

12:00 PM - 2:00 PM

28-Jan to 04-Mar

6 sessions (12 hours)

Course Fee: \$65

HUMANITIES



## Toni Egger

Toni Egger taught English literature and theater at Phillips Academy and Sidwell Friends School in her salad days. She spent the next thirty years in television, writing and producing for *National Geographic* and *USA Today* on television and developing programs for Discovery Communications. Egger spent ten years trying to be a farmer in Rappahannock County, VA and retired to the Upper Valley several years ago.

# A Taste of August Wilson's “Century Cycle”

The playwright, August Wilson, won Pulitzer Prizes for two of his ten plays in what has become known as the “Century Cycle.” Each play tackles a decade of the African American experience during the 20<sup>th</sup> century. All but one take place in Pittsburgh, Wilson’s home town. Wilson said of his work, “What I want to do is place the culture of Black America on stage, to demonstrate that it has the ability to offer sustenance.”

In this course, we’ll feast on three of the plays in the cycle: *Joe Turner’s Come and Gone*, (1910s), *The Piano Lesson*, (1930s) and *King Hedley II* (1980s). Wilson completed the latter when he was at Dartmouth as a Montgomery

### Required Texts:

- *Joe Turner’s Come and Gone* - August Wilson (ISBN-13: 978-0452260092)
- *The Piano Lesson* - August Wilson (ISBN-13: 970-0573704741)
- *King Hedley II* - August Wilson (ISBN-13: 978-1559362603)

Fellow. We’ll also discuss the movie *Fences*, (1950s) based on Wilson’s play by the same title. Historical context will be provided for each play.

Students should come prepared to read aloud, and to learn the basics of playwriting, acting and directing, as they help inform Wilson’s work.



REGISTER



Term  
at a  
Glance



46



# THURSDAY

1:00 PM - 3:00 PM

04-Feb to 25-Feb  
4 sessions (8 hours)

Course Fee: \$45  
NATURAL SCIENCE

## Alice Schori

Alice (graduate of Oberlin College) is a field botanist who studied native plants through the New England Wild Flower Society starting in the mid-1990s. She has performed botanical surveys for conservation organizations and the Towns of Hanover and Lyme, and spent nine summers doing similar work for the White Mountain National Forest.

## Jim Kennedy

Jim Kennedy is a licensed Landscape Architect and Wetland Scientist based in Hanover, NH. A graduate of SUNY College of Environmental Science and Forestry at Syracuse, he has practiced design, land planning, conservation, and wildlife habitat management throughout New England. He currently serves on the Hanover Conservation Commission and the Connecticut River Joint Commissions. Jim has lead many Osher courses on wetlands, natural landscapes, and botany.

# Winter Botany: Buds and Bark

**D**o you ever wonder about those dead “weeds,” bare trees, shrubs, and vines you see when you are out and about in the winter? Would you like to hone your winter plant identification skills while enjoying the outdoors on snowshoes? Even when leaves and flowers are gone, or all that remains is a dried stalk, we can look at habitat, overall shape, branching patterns, twigs, buds, bark, and remains of fruits or seeds to learn to recognize common trees, shrubs, and many other plants of the Upper Valley.

During this four-week class, we will find and examine as many different plants as we can and practice using winter keys to identify them. Weather permitting, part or all of each class will be a field trip. Field trips will be on easy terrain at a botanist’s pace (=slow!), but we may do some bushwhacking. The course syllabus will provide field trip information and meeting points. A fleece neck gaiter makes a perfect face mask for winter outings.

### Optional Texts:

- *A Field Guide to Trees of North America* - George Petrides (ISBN-13: 978-0486205113)
- *Bark: A Field Guide to Trees of the Northeast* - Michael Wojtech (ISBN-13: 978-1684580316)\*
- *Fruit Key & Twig Key to Trees and Shrubs* - William M. Harlow (ISBN-13: 978-0486205113)
- *Woody Plants of the Northern Forest: A Photographic Guide* - Jerry Jenkins (ISBN-13: 978-1501719684)\*
- *A Field Guide to Trees and Shrubs: Northeastern and North-Central United States and Southeastern and South-Central Canada* - George A Petrides (ISBN-13: 978-0395353707)

\*May be hard to find; worth reading if you locate a copy!



REGISTER



Term  
at a  
Glance



47



# THURSDAY

2:00 PM - 4:00 PM

04-Feb to 18-Feb  
3 sessions (6 hours)

Course Fee: \$45  
INSTRUCTIONAL



## Annie Ross

Annie Ross found her passion for Eastern Philosophy while earning a B.A. in Comparative Religion from the University of Vermont, 1979. Her study since 2008 at *Svaroopaa*® Vidya Ashram in Downingtown, PA has led to several certifications: Certified *Svaroopaa*® Yoga teacher (CSYT 700), *Embodiment*® Yoga Therapist, *Svaroopaa*® Vidya Meditation Teacher and others in philosophy and vichara (the practice of self inquiry). She is certified in Ayurvedic Marma Treatments. Ayurveda is the Indian science of medicine and sister science to yoga.

# An Introduction to *Svaroopaa*® Vidya Meditation

**L**earn the ancient practice of meditation, as taught by the sages of old, following the path of many who have come before. This course consists of three weekly two-hour classes and will give you tools to live from the deepest dimension of your own being through *Svaroopaa*® Vidya, technology based in yoga's tantric system. Beyond the poses of yoga or stress relief, the true goal is the bliss of your own being, named svaroopaa in the ancient texts.

We will explore the wisdom of the ancient texts, as well as how your mind gets in the way—getting lost in events, situations, and other people—

**There are no required texts.**

preventing you from knowing the deeper dimensions within you. Practice with easy-to-use tools that carry you beyond your mind into bliss, to find and live in the inner knowing.

This course is for anyone; beginners or experienced meditators. You will have tools with which to practice in between sessions, and will come away with a deeper sense of your own being, finding that the Self is so close to you, closer than your own breath.



Photo used courtesy of *Svaroopaa*® Vidya Ashram

**REGISTER**



**Term  
at a  
Glance**



**48**



# THURSDAY

2:30 PM - 4:30 PM

18-Feb to 11-Mar  
4 sessions (8 hours)

Course Fee: \$45  
NATURAL SCIENCE



**Jackie  
Richter-Menge**

**Janet Hardy**

**Martin Jeffries**

JACKIE RICHTER-MENGE, a civil engineer retired from CRREL, studied the impact of warming global temperatures on the Arctic sea ice cover. JANET HARDY, a physical scientist also retired from CRREL, studied snow hydrology and helped NSF manage the U.S. Antarctic Program. MARTIN JEFFRIES is a Technical Director at CRREL responsible for developing cold regions science and engineering research at CRREL. His research as a geophysicist took him to Antarctica and the Arctic.

## Hot Topics at the Cold Regions Lab

This short course will feature research scientists and engineers from the Cold Research and Engineering Laboratory (CRREL), who will be discussing ongoing projects that address significant challenges to military operations and civilian communities.

The discussion series will open with a history of CRREL, explaining the rationale for establishing a federal lab specializing in cold regions research and engineering. Working from this basis, the other presentations will describe current major projects. Technology permitting, virtual tours of the unique and world-renowned laboratory facilities will be given.

The overall aim of this course is to provide a perspective on the broad range of issues that are tackled by the CRREL research staff, many of which benefit our local community.

There is an optional reading packet.



REGISTER



Term  
at a  
Glance



49



**THURSDAY**

**4:30 PM - 6:30 PM**

**21-Jan to 11-Feb  
4 sessions (8 hours)**

**Course Fee: \$45  
NATURAL SCIENCE**



## Bonnie Fladung

Bonnie J. Fladung specializes in nature, travel, and adventure writing. She is the author of a children's book about the big tuskers of Africa and co-author of an award-winning memoir of an African safari ranger.



## Dan Hopkins

Dan Hopkins is the owner of GrassTrack Safaris, an adventure travel company specializing in authentic journeys into the African wilderness. He has led Osher groups on safari to Botswana and Namibia.

# African Wildlife: Endangered and Vulnerable Species

**D**id you know that the pangolin is the world's most trafficked animal that no one has ever heard of? How does charcoal harvesting and war threaten the wild gorilla population, which is now just over 1,000 individuals? The African wild dog, a.k.a. the "painted wolf," was once considered a pest and hunted mercilessly. Today, only about 5,000 African wild dogs remain. China banned the elephant ivory trade two years ago. How has this affected the demand for elephant ivory and the illegal poaching trade? And why were elephants in Botswana dying mysteriously by the hundreds this past spring and summer?

**There is an optional reading packet.**

This class will take a close look at four fascinating endangered and vulnerable species: elephants, pangolins, wild dogs, and mountain gorillas. We will explore how poaching, habitat loss, human-animal conflict, and even war have contributed to their endangerment. We will look at the successes and failures of current programs designed to protect these species. Join us as we present information via lectures, film clips, and guest speakers. We will provide a reading packet, links to relevant materials, and a list of recommended readings.



**REGISTER**



**Term  
at a  
Glance**



**50**

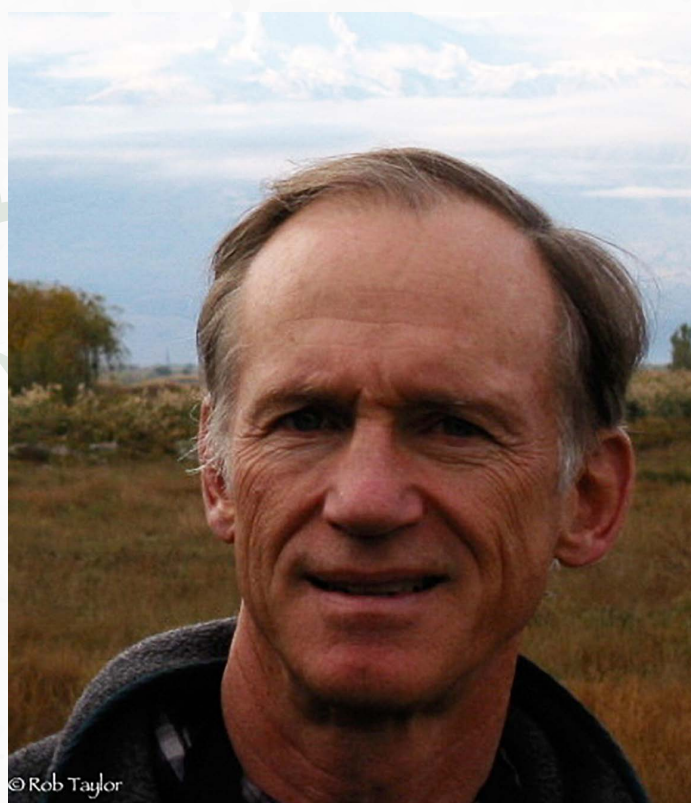


**FRIDAY**

**9:30 AM - 11:30 AM**

**15-Jan to 05-Mar**  
**8 sessions (16 hours)**

**Course Fee: \$85**  
**HUMANITIES**



**Rob Taylor**

Rob Taylor is a recovering journalist who worked for the *Wall Street Journal* and several other newspapers, and taught journalism. In retirement, he ran his wife Toni's Virginia farm until the horses nearly killed her and bankrupted them. They moved to Hanover in 2014. Rob earned a history degree at Princeton University and enjoyed a mid-career fellowship at Stanford.

# Reconstruction to Jim Crow – History My Generation Missed

Until the 1990s, most U.S. schools and colleges taught that post-Civil-War reconstruction was misguided and corrupt, and that all people were better off when experienced whites regained control in the South.

This course examines revisionist—now dominant—history by Eric Foner and others starting in the 1980s. These accounts document how the nation abandoned assistance to ex-slaves, pushed them back onto plantations, and failed to rein in white violence, intimidation, and Jim Crow laws. We'll also read and discuss more recent writing on how Black subservience

There is a required reading packet.

**Required Texts:**

- *A Short History of Reconstruction* - Eric Foner (ISBN-13: 978-0062370860)

was sustained into the 20<sup>th</sup> century and beyond, in the South—and North, too.

Participants will be assigned readings from Foner's *Reconstruction* book (abridged). Other homework will include readings from other books, and watching *The Birth of a Nation* (and perhaps another film).



**REGISTER**



**Term  
at a  
Glance**





**FRIDAY**  
**9:30 AM - 11:30 AM**  
**22-Jan to 12-Mar**  
**8 sessions (16 hours)**  
**Course Fee: \$85**  
**INTERDISCIPLINARY**



## Bruce James

Bruce James received a B.A. in chemistry and environmental studies from Williams, followed by M.S. and Ph.D. degrees in soil science from UVM. During these studies, he developed a keen interest in interdisciplinary learning related to the course topic that he used in his teaching at the University of Maryland, College Park, for 29 years. Now retired, he continues to thrive on new learning and ideas related to sustainability, environmental science, soils, environmental history, and agriculture.

# Poking the Climate Beast: Science and Ethics

**C**limate disruption is upon us, and it is shaping our lives and communities, ecosystems and natural resources, political systems and values, future generations and their needs, and the economy at many levels. How can we plan for this dramatic change? Can we cut our emissions of greenhouse gases, mitigate the damage in the atmosphere, and adapt to the changes? What is our moral imperative to act in each of these ways? Wally Broecker, the late renowned geologist, used the “climate beast” metaphor to capture the

**There is a required reading packet.**

complexity and magnitude of the Earth’s climate and why it is so difficult for us to understand our impacts on it.

In this course, we will first explore the natural science of the atmosphere and its coupling to land and water, and then examine the myriad human impacts on climate in the past, today, and in the future. Based on the knowledge of this basic science and human impacts, we will delve into the environmental ethics of our actions and their consequences for future generations. Coupling environmental science and ethics provides us a tool for bridging our moral values and personal actions in addressing this critical problem of the century.

Reading material (25-30 pages weekly) will be on the web and provided by the instructor. Class discussion will be the norm, along with lectures for each of the eight classes. No previous background in environmental science or ethics is required.



**REGISTER**



**Term  
at a  
Glance**





**FRIDAY**

**9:30 AM - 12:30 PM**

**05-Feb to 19-Mar**

**7 sessions (21 hours)**

**Course Fee: \$85**

**ARTS**



## Don Watson

While a student at the Universite de Poitiers, Don Watson discovered the French fascination with American Westerns. He also learned to appreciate the New Wave Cinema. He retired from teaching French and Latin at Hanover High School while he still had a sense of humor. In 1991, he started the Sister City Exchange program between Hanover and Joigny, France. He has an M.A. from the University of Chicago and an M.L.S. From SUNY-Albany.

# Smiles of a Summer Night OR How to Gain Back a Lost Summer

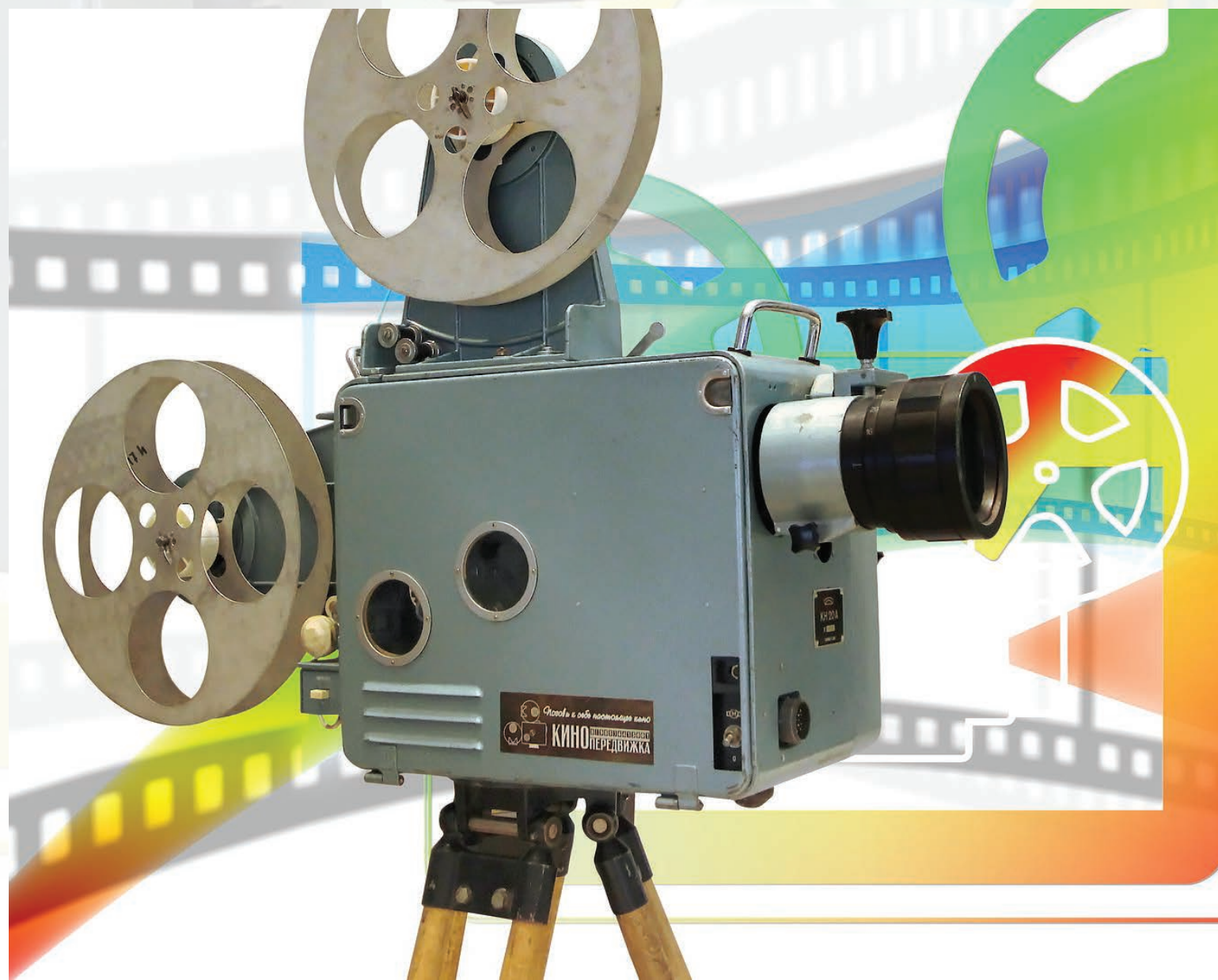
**W**e will, cinematically, make up for our recent lost summer by spending time on lakes, islands, and in forests, as well as drawing in mystery, romance, fantasy, celebration, sense of wonder, psychological drama, and a kooky love trap, by screening six films from the list below, depending on availability. Even if you have seen some of these films previously, remember, Hitchcock said that we have to see a film at least three times to fully appreciate and understand it. Join us this winter without the perils of traveling.

Possible films to be screened:

1. *Cast Away* (2000) Tom Hanks
2. *Into the Woods* (2014) Meryl Streep

**There are no required texts.**

3. *Life of Pi* (2012) Dir. Ang Lee
4. *Smiles of a Summer Night* (1955) Dir. I. Bergman
5. *On Golden Pond* (1981) Katherine Hepburn/Henry Fonda
6. *Casino Royale* (2006) Daniel Craig as Bond
7. *Romance on the High Seas* (1948) Doris Day (in pastel satiny gowns)
8. *A Bigger Splash* (2015) Tilda Swinton on Italian island of Pantellaria



**REGISTER**



**Term  
at a  
Glance**





**FRIDAY**

**11:30 AM - 1:00 PM**

**22-Jan to 19-Feb**

**5 sessions (7.5 hours)**

**Course Fee: \$45**

**ARTS**

# Comedy—Origins and Highlights

**W**hat makes us laugh? This course covers comedy and its origins dating back to the Hebrew Bible and ancient Greece. Topics will include vaudeville, film, radio and television, along with a session detailing comedians who learned their craft entertaining in nightclubs and Catskill mountain hotels.

**There are no required texts.**



## Abe Vorensky

Abe Vorensky possesses a lifelong love and depth of comedy knowledge, specifically its diverse history. This love began when Abe worked as an MC in a Catskill mountain hotel where he sang, told jokes, and introduced other entertainers. Through the years, Abe has remained an enthusiastic humor and comedy historian, focusing on how comedy has played a role in our personal, social, and political thought.



**REGISTER**



**Term  
at a  
Glance**



**54**



**FRIDAY**  
**2:30 PM - 4:30 PM**  
**15-Jan to 19-Feb**  
**6 sessions (12 hours)**  
**Course Fee: \$65**  
**ARTS**



## Lindsay Smith

Lindsay Smith is the Food Educator for the Co-op Culinary Learning Center. Lindsay brings with her a lifelong passion for supporting local, sustainable agriculture and seasonal eating. She loves to cook and make the kitchen an accessible place for people of all ages. Lindsay also brings a wealth of teaching experience, especially in unconventional classrooms.

# Cooking the Book: *Mastering the Art of French Cooking*

Julia Child (1912-2004) can be thanked for introducing French cuisine to America—the land of hot dogs and apple pie—during the 1960s. Aside from her most famous creation, *Mastering the Art of French Cooking*, Child wrote more than a dozen cookbooks.

*Mastering the Art of French Cooking* was first published in 1961 and her TV career began two years later. For this interactive Osher class, join Co-op Food Educator Lindsay Smith as we tackle some of the most iconic recipes from this revolutionary cookbook!

We will start with the classic, French Onion Soup, following Julia's recipe and comparing it to other French recipes and modern takes as well. For subsequent weeks, the class will work together to determine which recipes we choose

**There are no required texts.**

to explore, picking from recipes like Quiche Lorraine, Coq au Vin, Tarte Tatin, Cassoulet, Cheese Soufflé, and even pull inspiration from episodes of *The French Chef* T.V. show.

Class participants should expect to receive the recipe a week in advance to prepare their shopping list (so no need to purchase the book if you do not already own it). We will work together to prepare the dish, and as the dish cooks we will discuss other recipes, sources of inspiration, and more! (Some recipes will take longer than the class time to prepare.) Join us for a delicious and inspirational good time! Bon Appetite!



**REGISTER**



**Term  
at a  
Glance**



**55**



**TUESDAY/  
THURSDAY**

**9:00 AM - 11:00 AM**

**12-Jan to 4-Feb  
8 sessions (16 hours)**

**Course Fee: \$85  
HUMANITIES**



## Phyllis Deutsch

Phyllis Deutsch holds a Ph.D. in modern European history from New York University. For several years, she taught history at NYU, Columbia University, The New School for Social Research, and the University of Pennsylvania. For 15 years, she served as editor-in-chief at University Press of New England, where she published dozens of books of literary criticism. She is currently a Lecturer in the Institute for Writing and Rhetoric at Dartmouth College.

## George Eliot's *Middlemarch*

**D**o you feel depleted and discouraged? Undone by 2020 and worried about 2021? There is no balm for the soul as effective as a hefty Victorian novel, and George Eliot's *Middlemarch* is one of the best. By the time she wrote it at age 37, Eliot (Mary Ann Evans) was recognized as the greatest living English novelist. Published in eight installments (1871-72), *Middlemarch* offers a masterly evocation of connected lives, changing fortunes, and human weakness in a provincial English town c. 1830-1832. In it, Eliot examines the trajectories of Dorothea Brooke, a young idealist whose search for intellectual fulfilment leads her into a disastrous marriage to a pedantic scholar, and Dr. Lydgate, whose pioneering medical methods and unwillingness to compromise them, combined with an imprudent marriage

### Required Text:

- ***Middlemarch* - George Eliot**  
**(ISBN-13: 978-0141439549)**

to a spendthrift beauty, threaten to undermine his career. Eliot's formidable intelligence, imaginative sympathy, and wry awareness illuminate these stories and many others to gradually disclose the author's unique "Religion of Humanity." Considered to be her masterpiece, Virginia Woolf called *Middlemarch* "...one of the few English novels written for grown-up people." Reading comprises 200 pages of the novel each week, plus shorter critical materials.



**REGISTER**



**Term  
at a  
Glance**



**56**



# TUESDAY/ THURSDAY

9:00 AM - 11:00 AM

09-Feb to 25-Feb  
6 sessions (12 hours)

Course Fee: \$65  
HUMANITIES



## Phyllis Deutsch

Phyllis Deutsch holds a Ph.D. in modern European history from New York University. For several years, she taught history at NYU, Columbia University, The New School for Social Research, and the University of Pennsylvania. For 15 years, she served as editor-in-chief at University Press of New England, where she published dozens of books of literary criticism. She is currently a Lecturer in the Institute for Writing and Rhetoric at Dartmouth College.

## D.H. Lawrence's *Women in Love*

D.H. Lawrence's novel, *Women in Love*, was published in the U.S. on November 9, 1920. Stunning and maddening in equal parts, it was championed by literary critics in the 1950s for its moral seriousness, lauded by critics in the 1960s for its focus on human sexuality, crushed by feminist critics in the 1970s as phallocentric and misogynist, and revived by contemporary scholars who illuminate Lawrence as an inventive modernist, environmentalist, and feminist.

Born into a miner's family in Nottinghamshire in 1885, Lawrence's life was brief and peripatetic. In March 1912 he met Frieda Weekley, the German wife of a professor, at Nottingham University College. The two fled England for the continent two months later and married in July 1914. Until Lawrence's death from tuberculosis in 1930, they traveled constantly, living on four continents.

### Required Texts:

- *Women in Love* - D.H. Lawrence (ISBN-13: 978-0141441542)

There is a required reading packet.

Usually broke and often in poor health, Lawrence's output is astonishing. He authored novels, short stories, poems, plays, essays, travel books, translations, literary criticism, and thousands of letters. Of the novels, *Women in Love*, written in a cottage in Cornwall in 1916, is considered his greatest. Reading 150 pages of the novel each week, we will examine its central theme—the need to create relationships and lives that transcend the directives of the ego—within the historical framework of Edwardian England, European modernism, and World War I.



REGISTER



Term  
at a  
Glance





# TUESDAY/ THURSDAY

12:00 PM - 1:30 PM

19-Jan to 28-Jan  
4 sessions (6 hours)

Course Fee: \$45  
HUMANITIES



## Rai d'Honoré

Dr. Rai d'Honoré is a medieval scholar, specializing in the culture of Occitania—a progressive and egalitarian society in the Middle Ages. She has been on the faculty of U.S. and international universities teaching languages, literatures, history, film, and politics. Her presentations at U.S. and international colleges, conferences, and festivals interweave the bardic tradition with original musical compositions. Currently Rai teaches online at California State University Long Beach.

# Esclarmonde de Foix - Medieval Resistance Fighter

**Y**ou haven't heard of Esclarmonde? That's not surprising. For nearly a thousand years, the Roman church has been trying to erase her memory. In 1911, people in the French town of Foix tried to erect a statue in her memory as the symbol of women's fight for freedom in their region, but the Bishop of Pamiers, Jean-Marie Vidal, prevented the project.

In 2006, Yves Maris, the founder of Chemins Cathares, was still trying to have her statue installed, but to this day there is no statue. Why not?

Esclarmonde was one of the most sought after and beautiful heiresses in southern Europe. Why was she and is she still perceived as such a threat? How did she become one? What did she say or do that was so extraordinary?

**There are no required texts.**

This online course will meet for ninety minutes twice weekly on Tuesdays and Thursdays for two weeks. We shall first look at the society into which she was born; examine some other contemporary strong women leaders to see why they were not censured; discuss Esclarmonde's life and see why her actions and words so threatened the status quo. The format will include lectures, discussions, and live performance of songs of the period. Because any extant information on Esclarmonde is so biased, either viewing her as a rabble-rousing heretic or as a New Age heroine, any preparatory reading would be a hindrance.



**REGISTER**



**Term  
at a  
Glance**



**58**



# Look! More courses...

**The following courses were added to this catalog just prior to online publication;  
as a result they appear out of sequence. Don't miss out; keep reading!**

**Use the arrows to turn pages.**



**Each of the following courses contains a direct registration link;  
clicking on that link takes you to the Osher at Dartmouth registration site.**

**Registration opens on November 23!**



**TUESDAY**

**2:00 PM - 4:00 PM**

**12-Jan to 02-Mar  
8 sessions (16 hours)**

**Course Fee: \$85**

**SOCIAL SCIENCE**



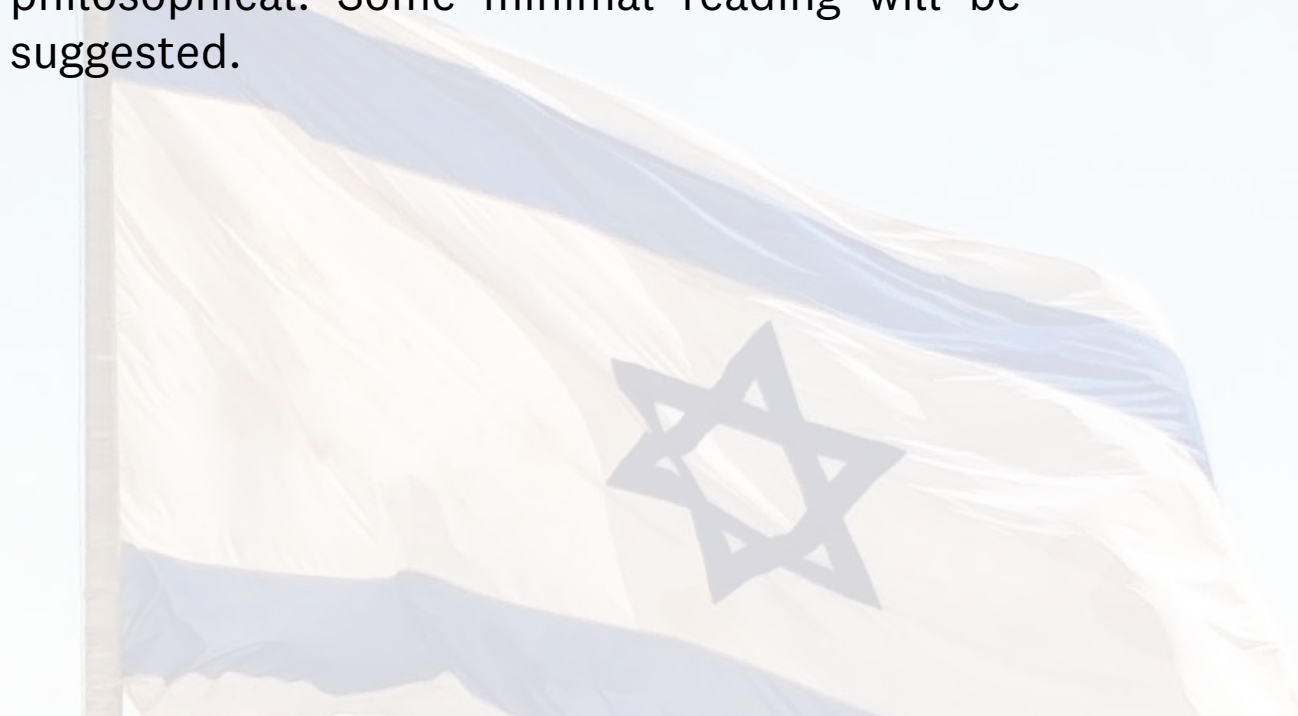
## Alan Fuchs

Rabbi Alan D. Fuchs is Rabbi Emeritus of Congregation Rodeph Shalom in Philadelphia. A native of Hartford, CT, following graduation from Trinity College he entered Hebrew Union College in Cincinnati, where he received a M.A.H.L. degree and ordination. He and his wife Carol lived in the Hanover area for many years after his retirement, where he taught numerous Osher courses. They returned to the Philadelphia area in March 2019.

# A History of Israel and Zionism

This will be an eight-session course covering the history of Israel and Zionism from Biblical origins to the present. It will include discussion of the many issues involved in the Middle East—historical, political, and philosophical. Some minimal reading will be suggested.

**There is an optional reading packet.**



**REGISTER**



**Term  
at a  
Glance**



**60**



# THURSDAY

11:00 AM - 1:00 PM

04-Feb to 11-Mar

6 sessions (12 hours)

Course Fee: \$65

SOCIAL SCIENCE



## Woody Canaday

Woody Canaday studied Classics at Harvard and Business at Stanford. He worked at Morgan Guaranty Trust and at Greenwich Associates, where he was a consultant for 30 years to Foreign Exchange and Fixed Income Dealers in the Americas, Europe, and Asia-Pacific. He has been a lifelong summer resident of New Hampshire and moved to New London in 2017.

# On the Origin of Specie: The History of Money and Currency

Is money “real” or just a set of agreements? Perhaps it is both.

Historian Yuval Noah Harari calls money an intersubjective reality, meaning that money is real and has value because we and other people agree that it’s real and has value. Still, some types of money seem to be more real and accepted than others, both now and in the long history of humankind.

To gain perspective on today’s money, we will look at how money worked in past societies, from Babylon to Rome and China, and from Colonial to present-day America. We will see how money succeeded and failed, and how it evolved from agricultural commodities to precious metals, and ultimately to its paper, digital and “crypto” forms. Along the way, we will learn how economic, social, and political

There is an optional online reading packet.

Required Text:

- *Money: The Unauthorized Biography - From Coinage to Cryptocurrencies* - Felix Martin (ISBN-13: 978-0345803559)

systems tried to control money, and how money took on its own life and changed those systems in return.

The course will include presentations on history, past and present theories of money, and case studies of specific events and trends. The aim is to make a complex topic approachable, discussable, and even fun. Using what we learn, we will discuss and critique our current fiat-money system and develop ideas about where it may lead us next.



REGISTER

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Glance

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# THURSDAY

1:00 PM - 3:00 PM

14-Jan to 11-Feb

5 sessions (10 hours)

Course Fee: \$65

HUMANITIES

## Active French

**J**oin this unique innovative French conversation class! Not your typical language program. No homework and no textbooks.

Experience learning French in a new EASY fun interactive way! LEARN and SHARE. French-themed topics include architecture, art, culture, films, food and wine, games and trivia, literature, music, storytelling, travel, and MORE! Watch your French vocabulary grow! All levels welcome.

There are no required texts.

## Gloria Finkelstein

Gloria Finkelstein grew up in Montreal, lived in Paris, and has frequently traveled to France. She is the creator of “French Club with Madame G,” an innovative learning-by-doing immersive language arts program. Gloria enjoys helping others discover and experience French culture and lifestyle via Upper Valley French-themed workshops, events, and field trips to locations like the Howe Library, Co-op Food Store, Robert’s Flowers, Hood Museum, Farmers Markets, Dartmouth Greenhouse, and outdoor promenades.

PARLEZ-VOUS  
FRANÇAIS?



REGISTER



Term  
at a  
Glance





# THURSDAY

4:30 PM - 6:30 PM

04-Feb to 04-Mar

5 sessions (10 hours)

Course Fee: \$65

HUMANITIES



## Cleo Kearns

Cleo Kearns holds a Ph.D. from Columbia University and is currently a Visiting Scholar at Dartmouth. She works at the intersection of political philosophy and world literature.

# What Is It About Rome?

Rome has fascinated both scholars and lay people almost since the city's founding. Parallels between imperial and republican Rome and America today are a constant theme in the media, and docudramas, films, and Youtube videos abound. But what can really be learned from this material of Rome, and how do historians and philosophers understand it today? The answers will take us into issues of sovereignty, subjectivity, gender, power, and eros, and though 'conclusions' will be hard to find, the exploration will be worth it!

There is a required reading packet.

### Optional Texts:

- *Rome: An Empire's Story* - Greg Woolf (ISBN-13: 978-0199325184)
- *Augustus* - John Edward Williams (ISBN-13: 978-1400076734)



REGISTER

Term  
at a  
Glance

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**Osher Lifelong Learning Institute**  
at Dartmouth

# Special Interest Groups

**S**pecial interest Groups (SIGs) are a benefit offered to all Osher at Dartmouth members who share a common interest. SIGs provide members with a chance to engage each other over a topic outside of the usual classroom environment. Membership in SIGs is open to all Osher at Dartmouth members, based on the capacity of the group and any basic skill levels that might be required to participate. Registration through the Osher at Dartmouth website is required, as is active membership in Osher at Dartmouth.

**SIGs are established, managed, and run** by Osher at Dartmouth members who share a specific interest. Osher staff supports SIGs by scheduling meeting space when possible and promoting a SIG's activities; staff does not directly manage any aspect of a SIG. Osher at Dartmouth members wishing to join a SIG should contact the group's coordinator, listed in these pages, or register via the Osher website.

**Due to current safety protocols,** Osher can support SIGs by setting up and sharing Zoom session links; physical meeting space cannot currently be provided by Osher at Dartmouth.

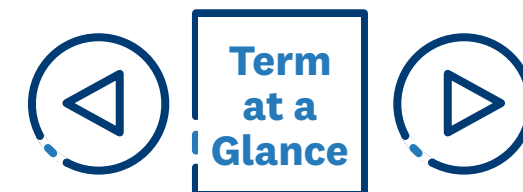
**SIG members should** resolve differences of opinion swiftly and internally for the good of the group and its continuing connection to Osher. Commercial or professional solicitation for services or products is not permitted at SIG meetings. All Osher-related SIGs should meet the policies and Code of Conduct detailed for our organization. We reserve the right to end association with any SIG that violates those policies.

**To create an Osher at Dartmouth SIG,** contact the office at [osher@dartmouth.edu](mailto:osher@dartmouth.edu). SIGs are intended to complement and enhance the Osher at Dartmouth program; they should not compete with or duplicate regularly scheduled courses. The intention of your SIG will be reviewed to make sure it does not create such a conflict and that it meets the policies and code of conduct for our organization.

**Osher at Dartmouth will happily publicize SIGs** via our weekly e-newsletter and will list them in our course catalogs each term. SIG coordinators are asked to keep the office updated on the group's current status and schedule, and to provide any specific information or details they wish to include in that promotion. Information for weekly e-newsletters should be submitted to [osher@dartmouth.edu](mailto:osher@dartmouth.edu) no later than 12:00 PM on Fridays. Information for course catalogs should follow the submission deadlines listed for Study Leaders course proposals on our website.

**Each SIG is required to have a coordinator** who is responsible for the group's activities and compliance with Osher codes of conduct. To promote the group, supply Osher staff with a basic description of the SIG topic, a schedule, and information regarding any criteria or skill level necessary for participation. SIGs should not require any fees to participate beyond an active Osher at Dartmouth membership or those intended to cover the cost of materials considered necessary for participation (art supplies, refreshments, etc.). If any group allows non-Osher members to join, that group will no longer receive SIG status or direct support from Osher.

**Click here to review our Code of Conduct and other policies.**







Osher Lifelong  
Learning Institute  
at Dartmouth

# Special Interest Groups

The following SIGs are currently active. Email [osher@dartmouth.edu](mailto:osher@dartmouth.edu) if you have a suggestion for a SIG or are willing to coordinate a group. (See page 64 for more info on establishing an Osher SIG.)

Osher members have also expressed interest in participating in SIGs focusing on art, books, music, games, and more.

## Crafting for Charity

JOIN THIS SIG!

Join us to make blankets, hats, or scarves for charity. The majority of our projects will go to The Upper Valley Haven. In the process expand your skills, try something new, make some new friends, and have fun being part of something bigger.

**Meets:** Weekly on Wednesdays from 1:00 PM to 2:00 PM

**Coordinator:** Gail Fancher **Contact:** [gailfancher@hotmail.com](mailto:gailfancher@hotmail.com)

## Sir Philip Sidney

JOIN THIS SIG!

Given the considerable attention Shakespeare receives today, many readers are not aware that several other great authors—Sidney included—wrote during the English Renaissance. Sidney excelled in three major genres: poetry, prose fiction, and literary theory. The group will meet starting in early December via Zoom to explore his brilliant sonnet sequence, *Astrophil and Stella*; his delightful prose romance, *Arcadia*; and the first important work of literary criticism in English, his *Defence of Poesy*. **This limited-time SIG will begin on Tuesday, December 8, 2020 and end on Tuesday, March 16, 2021.**

**Meets:** Weekly on Tuesdays starting at 2:00 PM

**Coordinator:** Marilyn Roberts **Contact:** [thefarb14@gmail.com](mailto:thefarb14@gmail.com)





## Contact Osher at Dartmouth:

### Phone:

**(603) 646-0154**

### Email:

**osher@dartmouth.edu**

### Web:

**osher.dartmouth.edu**

### Staff Hours:

**Mondays - Thursdays**

**8:30 AM to 4:30 PM**

**Fridays**

**8:30 AM to 1:00 PM**

*Due to health and safety concerns, Osher at Dartmouth staff continues to work off-site, but remain available by phone or email during the hours listed here. Osher's physical offices are closed to visitors at this time.*

## We appreciate your support!

Thank you to everyone that has contributed to our program! We truly appreciate your gifts. For a full list of our generous donors, please visit [osher.dartmouth.edu](https://osher.dartmouth.edu).

## We're here to help!

As we prepare for our Winter 2021 term, Osher staff and volunteers want to help you make the most of your Zoom classes. If you have questions about Zoom or need to practice your Zoom skills, we are offering workshops and Zoom Cafes throughout the fall and winter.

[Click here to view our Daily Calendar](#) and browse our upcoming schedule of Zoom Cafes, and [check our weekly e-newsletter](#) for additional chances to register for Zoom workshops.

## Get involved!

The skills and life experience of our volunteers are a large part of what makes Osher an exciting and diverse program, and you can help in so many ways: by acting as a Class Monitor; joining an Osher committee; leading a Special Interest Group; becoming a Study Leader; and more!

The [Committees page](#) of our website lists our active committees and describes their role in our program. You don't need a professional background to join, to lead, or to volunteer for Osher at Dartmouth - you just need to contribute your ideas, time, and effort!



**Term  
at a  
Glance**