Osher Lifelong Learning Institute at Dartmouth

OSHER LIFELONG LEARNING INSTITUTE



Photo by Phyll Perry



Osher Lifelong Learning Institute at Dartmouth

An idea of continued learning...

Osher at Dartmouth is short

for the Osher Lifelong Learning Institute at Dartmouth. We were founded in November, 1990 by 38 members of the Upper Valley intrigued with the "idea of continued learning." Our founders relished the challenge of selfadministered and peertaught discussion programs. Over 30,000 people have participated in our programs since we were founded 32 years ago.

As a self-supporting department

of Dartmouth College, Osher at Dartmouth provides educational opportunities that encourage discovery and stimulate thinking through participation in courses, lectures, and related travel programs.

With over 1,400 members,

we are one of the largest and most extensive lifelong learning institutes in the country.

Mission - Vision - Core Values

Osher at Dartmouth's Mission:

To provide lifelong educational opportunities, both in-person and virtually. The institute principally serves adult residents of the greater Upper Valley and members of the Dartmouth community.

Osher at Dartmouth's Vision:

To be recognized as a national leader for excellence in lifelong education.

Core Values:

- An unwavering commitment to lifelong education;
- An inclusive community of people committed to our mission;
- A large, diverse, high-quality program, led by dedicated and talented volunteers;
- A welcoming social environment, within and beyond the classroom;
- Financial sustainability, member affordability, and planned growth; and
- Strong, growing relationships with Dartmouth College and the Osher Foundation, with appropriate access to their facilities, services, and expertise.



Steve Tofel, President Osher Lifelong Learning Institute at Dartmouth

Letter from the President

November 2022

When Shakespeare's Richard the Third lamented that, "Now is the winter of our discontent...", he had obviously not seen this winter's course catalog. Had he seen it, he would have noted that we have more in-person classes than last winter—for those willing to brave the elements—and an amazing array of HyFlex and remote classes for those who prefer to learn while sitting by the fire or basking in warmer climes.

Once again, our Curriculum Committee has outdone itself and produced an array of courses where each of us can find at least one course that appeals and probably a few more.

Those of you who come to One Court Street will see the work being done to turn Suite 210 into our newest classroom and social gathering spot.

Special thanks to our Study Leaders, who, to finish Richard's quote (and with apologies to the Bard), have pushed aside winter and "...made glorious by this sun of York" (actually Lebanon).

Steve Tofel President, Osher Lifelong Institute at Dartmouth

Dates to remember:

- November 21, 2022 Winter registration opens
- December 12, 2022 Spring course proposals due
- January 9, 2023 -Winter term begins
- March 17, 2023 -Winter term ends

NOTE: Some courses begin before or end after the term dates listed here.

Class Schedule and Details

Look for the blocks at the left of each course page for a breakdown of the course details, including schedule, format*, and location.

*Format refers to how the course is delivered: In-person, Zoom, or HyFlex.

What is HyFlex?

HyFlex refers to classes in which members can choose to participate in-person or via Zoom. In-person and online class members can interact with their Study Leader and each other through displays mounted in the classroom (for in-person participants) and a connected device such as a laptop or tablet (for Zoom participants).

From the Office

Welcome to Osher at Dartmouth's Winter Term 2023! This term offers courses taking place in-person, via Zoom, and some using the HyFlex format, which allows participants the choice to attend online or in-person.

More than four dozen courses will take place in Osher's Court Street classrooms, while others will take place via Zoom or at other locations around the Upper Valley. A class format line on each catalog page is designed to help you identify the type of involvement you should expect for that course: in-person, Zoom, HyFlex, field trips, or a combination of these options.

To maintain the health and safety of our members and volunteers, we ask that you follow the COVID-19 procedures listed on our website.

Winter term registration will open on Monday, November 21 at 12:01 AM. Osher staff will be available to assist via phone beginning at 8:00 AM that morning. If you need assistance with registration prior to 8:00 AM, call (603) 646-0154 or email osher@dartmouth.edu. We will respond as quickly as we can after 8:00 AM.

To ease your registration, please make sure your membership is paid and active for the current year, which started July 1, 2022 and continues until June 30, 2023. If you are not sure of your membership status, log in to your Osher account and click on "Membership" at the top of the screen, or check with a staff member by calling the office at (603) 646-0154.

If you have not yet purchased or renewed your Osher membership, see page 11 for information.

If you are not familiar with our One Court Street location, you'll find a map and other helpful information on page 5.

As always, the Osher staff is here to assist you and answer your questions. We are thankful for each and every one of our Study Leaders, volunteers, and members. With your patience, enthusiasm, and teamwork, we continued to thrive over the last two years, and we now look forward to welcoming you to our classrooms in Lebanon.

Happy fall registration!

Lisa King Program Director

Laura Belback Program Manager, Operations Sarah Chamberlin Program Manager, Marketing & Design

Diane Doe Program Assistant

One Court Street

Parking for One Court Street:

To access parking from Route 120/Hanover Street:

Turn left onto Taylor Street (next to Lebanon Village Pizza and the Casino). Proceed to the large municipal parking lot behind the Lebanon Mall. (The CCBA building and facilities are located on the eastern end of Taylor St.)

To access parking from Route 4 (East and West):

At the northeast corner of Colburn park (near Lucky's Coffee Garage), turn or merge right onto Campbell Street. Take the first left onto Flynn St., which leads directly into the municipal parking lots.

Time allowances in municipal lots and spaces around Colburn Park can vary, ranging from 30-minute spots to all-day parking. Sign posts will identify each zone. We urge you to utilize spots with 3-hour or all-day allowances if you are attending class at Court Street.

One Court Street -Building Access:

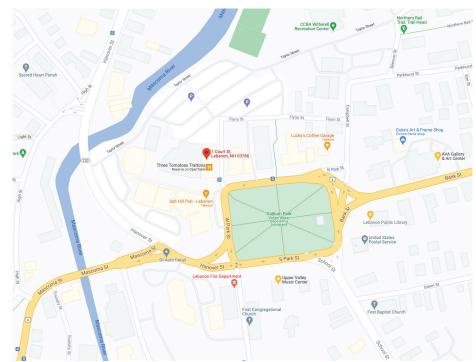
The building's main entrance is on Court Street, between Three Tomatoes and the Scratch craft shop. An elevator is located straight ahead of the main doors, and stairs are located to the right and left of the elevator.

Osher offices and Classroom 3A are located on the 3rd floor in Suite 380.

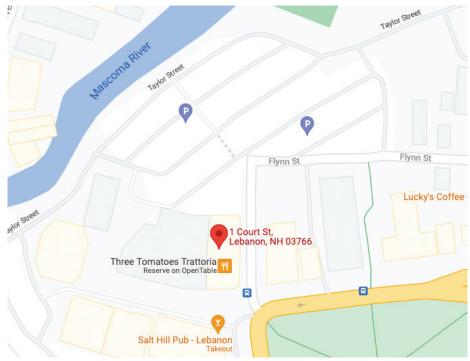
Classrooms 2A, 2B, and 2C are located on the 2nd floor in Suite 250.

The Osher offices are open from 8:30 AM to 4:30 PM Mondays through Thursdays, and 8:30 AM to 1:00 PM on Fridays.

If your class is scheduled to take place beyond these hours, your welcome letter will provide information on after-hours building access. One Court Street is located at the northwest corner of Colburn Park, in the same building as Three Tomatoes.



Above: Map of central Lebanon, main routes into city center.



Above: Close-up of recommended parking areas.

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Special interest Groups (SIGs) are a benefit offered to all Osher at **Dartmouth members who share** a common interest. SIGs provide members with a chance to engage each other over a topic outside of the usual classroom environment. Membership in SIGs is open to all Osher at Dartmouth members, based on the capacity of the group and any basic skill levels that might be required to participate. **Registration through the Osher at** Dartmouth website is required, as is active membership in Osher at Dartmouth.

SIGs are intended to complement and enhance the Osher at Dartmouth program; they should not compete with or duplicate regularly scheduled courses. The intention of your SIG will be reviewed to make sure it does not create such a conflict and that it meets the policies and code of conduct for our organization.

Visit our website to review our Code of Conduct and other policies.

Special Interest Groups

SIGs are established, managed, and run by Osher at Dartmouth members who share a specific interest. Osher staff supports SIGs by scheduling meeting space when possible and promoting a SIG's activities; staff does not directly manage any aspect of a SIG. Osher at Dartmouth members wishing to join a SIG should contact the group's coordinator, listed in the following pages, and register via the Osher website.

Each SIG is required to have a volunteer coordinator who is responsible for the group's activities and compliance with Osher codes of conduct. To promote the group, supply Osher staff with a basic description of the SIG topic, a schedule, and information regarding any criteria or skill level necessary for participation. SIGs should not require any fees to participate beyond an active Osher at Dartmouth membership, or those intended to cover the cost of materials considered necessary for participation (art supplies, refreshments, etc.). If any group allows non-Osher members to join, that group will no longer receive SIG status or direct support from Osher.

Osher at Dartmouth will happily publicize SIGs via our weekly e-newsletter and will list them in our course catalogs each term. SIG coordinators are asked to keep the office updated on the group's current status and schedule, and to provide any specific information or details they wish to include in that promotion. Submit information for weekly e-newsletters to osher@dartmouth.edu no later than 12:00 PM on Fridays. Information for course catalogs should follow the submission deadlines listed for Study Leaders course proposals on our website.

SIG members should resolve differences of opinion swiftly and internally for the good of the group and its continuing connection to Osher. Commercial or professional solicitation for services or products is not permitted at SIG meetings. All Osher-related SIGs should meet the policies and Code of Conduct detailed for our organization. We reserve the right to end association with any SIG that violates those policies.

To create an Osher at Dartmouth SIG, contact us at osher@dartmouth.edu.



SIG Coordinator: Gail Fancher

SPECIAL INTEREST GROUP: Crafting for Charity

Join us to make blankets, hats, or scarves for charity. The majority of our projects will go to The Upper Valley Haven. In the process expand your skills, try something new, make some new friends, and have fun being part of something bigger.

Since September of 2019, this SIG has created and donated scarves, cowls, baby and regular blankets, hats, mittens, and sets of matching hats and mittens.

Meets weekly on

WEDNESDAYS

1:00 PM - 2:00 PM

Remember, SIGs are free to Osher members!

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12:30 PM - 2:30 PM.	SOCIAL SCIENCES	. HyFlex	Jürgen Ewert	. The State of Humanity	17
12:30 PM - 2:30 PM.	ARTS	. In-person	Nance Silliman	. Create Your Own Oil Paintin	g Masterpiece18
12:30 PM - 2:30 PM.	INSTRUCTIONAL	. Zoom+	Carol Stanigar	. The Essentials of Perennial	Gardening19
1:00 PM - 2:00 PM	ARTS	. Zoom	Jeannie Lindheim	. Loving Animals: Conversation	ons 20
2:00 PM - 4:00 PM .	INSTRUCTIONAL	. Zoom	Annie Ross	. Svaroopa® Yoga	
2:00 PM - 4:00 PM .	CURRENT AFFAIRS	. Zoom	Margaret Cunningham .	. Introduction To Supply Chai	ns22
2:00 PM - 4:00 PM .	NATURAL SCIENCES	. Zoom	William North	. Why to Love and Hate Horm	ones23
2:00 PM - 4:00 PM .	INTERDISCIPLINARY	. In-person	Jim Hunt	. M. Scott Momoday's House	Made of Dawn. 78
3:00 PM - 5:00 PM .	ARTS	. In-person	Elizabeth Curran	. English Bookbindings17th	C. to Today 24
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9:00 AM - 11:00 AM INTERDISCIPLINARY	Zoom	Rai d'Honoré	Occitania—A Forgotten Brilliance
9:00 AM - 12:00 PMARTS	In-person	Tom Urgo	The Wire: Not for the Faint of Heart
10:00 AM - 12:00 PM .CURRENT AFFAIRS	Zoom	Gumpert & Brown	Inside the Upheaval in Journalism
11:30 AM - 1:30 PM HUMANITIES	Zoom	Elayne Clift	The Wisdom of EldersSeminar
1:00 PM - 3:00 PM HUMANITIES	In-person	Barry Scherr	Dostoevsky's The Brothers Karamazov 31
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1:00 PM - 3:00 PM CURRENT AFFAIRS	HyFlex	Larry Harper	Russia—A Country in Search of Itself
2:00 PM - 4:00 PM HUMANITIES	Zoom	H. Llewellyn-Thomas	Appreciating Historical Fiction

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The + sign next to format indicates that the class includes field trips.

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Registration opens Monday, November 21!



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11:30 AM - 1:30 PM HUMANITIES	Zoom	David Grant	Three by Mark Twain 45
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1:30 PM - 3:30 PM INSTRUCTIONAL	Zoom	Barnes Boffey	Facing Life's ChallengesInside Out 47
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4:00 PM - 6:00 PM ARTS	In-person	Ford Daley	The Novelty Song
4:30 PM - 6:30 PM SOCIAL SCIENCES	Zoom	Daniel Belback	Understanding Political Morality

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9:00 AM - 11:00 AM HUMANITIES Zoom
9:30 AM - 11:30 AMTRAVELTravel to Dive Sites 52
9:30 AM - 11:30 AM INTERDISCIPLINARY In-person Gary Johnson The Great Plains in the American Psyche 53
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11:00 AM - 1:30 PMARTSARTS In-person Lindsay Smith Cooking Across Italy - Session 1
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12:30 PM - 2:30 PMARTSArts In-personClauson & Warren Let's Tear It Up: Multi-Media Collages 57
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Registration opens Monday, November 21!



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FRIDAYS, cont.					
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SPECIAL SCHEDULE: TUESDAYS/THURSDAYS

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SPECIAL SCHEDULE: TUESDAYS/WEDNESDAYS

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Monday, January 16	10:00 AM	. Zoom	James Wigen	. Looking for More Income	Investments81

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Registration opens Monday, November 21!

Course Fees:

Course fees are based on the total number of class hours anticipated for that course.

1 hour or less = free

1.5 to 3.5 hours = \$25

4 to 8.5 hours = \$45

9 to 13.5 hours = \$65

14 hours or more = \$85

These fees do not covers materials or lab fees, nor do they include cost of texts or other reading materials.

Membership:

Haven't joined yet? Purchase or renew your membership today!

Current membership year is July 1, 2022 - June 30, 2023.

Standard Membership

\$70 per person

valid now through June 30, 2023

Winter 2023 Registration

Registration opens Monday, November 21, 2022 at 12:01 AM. You must be a current Osher at Dartmouth member in order to successfully register.

You can register online by visiting our registration page and logging in to your Osher account (see below)

OR

As of 8:00 AM on Monday, November 21, 2022, Osher at Dartmouth staff members will be available to help you register over the phone. Call (603) 646-0154.

We are sorry, but registration by paper application is NOT available for the Winter 2023 term.

Financial assistance is available; contact the Osher at Dartmouth office for more information.

WHEN YOU ARE READY TO REGISTER...

- Have the list of your desired courses handy; make sure you know the name of the Study Leader and course title.
- You will need either a Mastercard or Visa available to process payment. (The Osher registration system does not save credit card account information.)

LOGGING IN TO YOUR ACCOUNT

You need to know your username and password to log in to your account.

Visit our Registration Page to access your account.

Having trouble logging in? Visit our website to retrieve your username & reset your password!

Please note that all times listed in this catalog are for EST (Eastern Standard Time).

Policies

Health & Safety

Anyone participating in any Osher at Dartmouth activities or events must abide by health guidelines in place at the time of their involvement.

Please visit our website for current guidelines.

Masks are strongly encouraged, but not required, within indoor areas utilized by Osher at Dartmouth, regardless of vaccination or testing status.



Food is allowed at 1 Court Street in our 2nd- and 3rdfloor lounge areas; food is prohibited in classrooms.

Beverages are available, and are permitted in covered containers; you need to supply your own container. As you register for courses, please take time to review Osher at Dartmouth's policies and procedures, which are available on the About page of our website.

Code of Conduct Attendance Cancellations Course Communication Dropping a Course Financial Aid Food & Drink Health & Safety Lab & Materials Fees Membership Name Badges Online Courses Photographs & Videos Protocol for Emergency Medical Situations During Class Reading Packets & Photocopies Recordings Registration Sexual Harrassment Statement

Winter Term 2023 Courses

Term runs January 9 to March 17

All times listed in this catalog are for EST (Eastern Standard Time).

Registration opens on Monday, November 21! Format: In-person (1 Court St, Lebanon, NH)



Jim Wilson

Jim taught history and economics for nearly fifty years before retiring to the Upper Valley. He lives in Strafford, VT, and has taught numerous courses on how our economy works and the challenges it faces.

MONDAY

9:30 AM - 11:30 AM 16-Jan to 20-Feb 6 session (12 hours) Course Fee: \$65 CURRENT AFFAIRS



1973: A Critical Turning Point. What Ever Happened to the Post-WWII Promise?

Writing shortly after the end of World War II, author/historian John Gunther recorded, at the end of his book, *Inside U.S.A.*, his faith in "America's talent for the rational approach, reason, the meeting of minds in honorable agreement after open argument." During the post-WWII decades, it appeared that the grand experiment linking capitalism for the middle class with a functioning and representative democracy for an increasingly diverse population would be the wave of the future. But what about that promise today?? We know WHAT happened, but WHY??

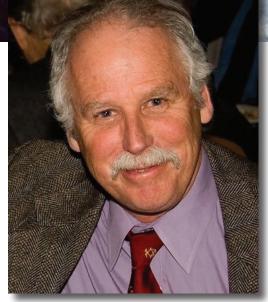
Every generation has its share of villains, those seeking to solidify their own power at the expense of the common good. But our story is more interesting, more nuanced, and more complex. In this course, we will examine the critical structural and systemic changes (revolutions?) beginning fifty years ago that brought us to where we are as a society today: deeply polarized politically, questioning our "melting pot" history, experiencing both everwider economic inequalities and widespread insecurity about the future of democracy. And in the process of examining the roots of these changes, we will examine larger and far-reaching questions: Is it possible for an increasingly diverse population to function peacefully within a democracy? Can economic leveling, the sharing of our bounty in an equitable fashion, occur without violence? Is democratic capitalism sustainable?

The format of the class will be lecture and discussion. Participants should come to question and engage.

Optional Book:

• *The Upswing* - Robert Putnam (ISBN-13: 978-1982129149)

Format: HyFlex (1 Court St, Lebanon, NH)



Jed Williamson

Jed Williamson is President Emeritus of Sterling College in VT. He is co-author of the AEE Accreditation Standards for Adventure Programs, was editor of Accidents in North American Mountaineering for 40 years, and co-designer of the "Live, Learn, and Teach" graduate program in experiential education at UNH, where he was on faculty for ten years. He was an instructor, program director, and director at various Outward Bound Schools. He is on the Curriculum Committee for Osher.

MONDAY 9:30 AM - 11:30 AM 23-Jan to 27-Feb 6 sessions (12 hours) Course Fee: \$65 INTERDISCIPLINARY

Accidents in Outdoor Pursuits: Causes and Cures

My avocation of a life outdoors has taught me many lessons. As Editor of *Accidents in North American Mountaineering* for 40 years and having been asked to investigate over 60 accidents involving a variety of venues in all seasons climbing, hiking, ropes courses, river crossings, etc.

I have developed a system for analyzing mishaps that have happened in adventure activities. We will examine some classic case studies, ranging from guided climbs to Boy Scouts of America, from individual climbers to organized programs, and more.

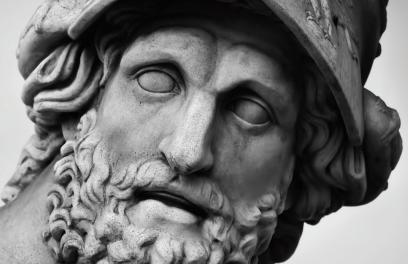
Accidents happen in outdoor pursuits and will continue to do so because risk is always involved. Learning how to prevent life-threatening or disabling injuries is a skill we all seek to hone. Through this course, participants will come to understand how I have used a prevention matrix to examine cases and hopefully helped prevent some accidents.



Faith Catlin

Faith Catlin lives in Lyme with her husband, John Griesemer. Since moving to the Upper Valley, Faith has acted and directed at Northern Stage and Parish Players. She and John are part of a local film collective that has created six movies, many of which have been screened at the White River Independent Festival. In NYC, Faith is a member of the Playwright's Gallery and serves on the board of Rattlestick Theater. She is also a licensed clinical social worker and psychotherapist.

MONDAY 11:30 AM - 1:30 PM 9-Jan to 27-Feb 8 sessions (16 hours) Course Fee: \$85 HUMANITIES



Greek Myths: Prometheus and Onward

Do any of these scenarios sound familiar? A mother loses her daughter to a powerful man and despairs of ever seeing her again. A son volunteers for war, insisting that his family's privilege and position doesn't buy him a pass. Brothers band together to overthrow a despot, then begin to fight amongst themselves. Let's take another look at some of these tales and see if there is any wisdom to be had.

This course will focus on the Olympian gods and the people they created. Or is it the people that created them? We'll read the tales of Perseus, Daphne, Daedalus, and others while recounting some of the art works, novels, poetry, and theatrical pieces they inspired. Participants may use whatever sources they please, and are encouraged to present their findings. Edith Hamilton's *Mythology* is a good place to start, but not required. Works by Robert Graves are also useful.

Optional Book:

• *Mythology* - Edith Hamilton (ISBN-13: 978-0446574754)

Format: HyFlex (1 Court St, Lebanon, NH)



Jürgen Ewert

Jürgen was born in 1949 and grew up in a small village near the Baltic Sea in East Germany. After finishing school in 1968 he studied electrical engineering at the Technical University of Ilmenau. In 1972 Jürgen started working as a design engineer at a large company in East Berlin and joined the Academy of Science in Berlin in 1985. Jürgen had an opportunity to travel to the United States in August 1989, shortly before the Berlin wall fell that November. Jürgen lives in Woodstock, VT.

MONDAY

12:30 PM - 2:30 PM 16-Jan to 6-Mar 8 sessions (16 hours) Course Fee: \$85 SOCIAL SCIENCES

The State of Humanity

Humans are the masters of the world—aren't we? We are the dominant species on earth, living in the geologic era of the anthropocene. We created the anthroposphere, a worldwide intertwined economy, information, and energy network.

According to the Aspen Global Change Institute, the anthroposphere encompasses the total human presence throughout the Earth system including our culture, technology, and built environment.

We will discuss the state of the global human population in a time frame starting at the end of the cold war to the present, focussing on most recent developments. Besides the analysis of technological developments, we will explore how ideology and religion influences our actions in attempting to solve global problems of humanity.

The purpose of this course is to shed light on the development of human society and to gain an understanding of the interaction between science and technology, and ideology. Finally, we will discuss possible solutions to the crucial problem areas: human population growth, water and food supply, energy and resources, war and peace, and resulting change of the natural world. The course will be presented using slides and refer to online information.

Optional Book:

• The State of Humanity - Julian L. Simon (ISBN-13: 978-1557865854)



Create Your Own Oil Painting Masterpiece

In this basic oil painting course, participants will meet faceto-face. You will receive personal instruction and undertake a simple oil painting project. With the use of a few basic materials, participants will create their own oil painting masterpiece. Nance is an experienced art instructor who will share some of her work. Have fun and enjoy the experience!

Optional Books:

- The Artist's Way: 25th Anniversary Edition Julia Cameron (ISBN-13: 978-0143129257)
- How to See: Looking, Talking, and Thinking About Art David Salle (ISBN-13: 978-0393248135)
- Leonardo's Notebooks: Writing and Art of the Great Master -H. Annasuh (ISBN-13: 978-1579129460)

Nance Silliman

Nance Silliman ('95, '96 MALS and a PhD from Capella University) is an accomplished artist, published poet, journalist, and playwright. She's exhibited in several NE venues. She was Assistant to the Director of Dartmouth's Studio Art Exhibition Program. She is not a morning person!

MONDAY

12:30 PM - 2:30 PM 23-Jan to 27-Feb 6 sessions (12 hours) Course Fee: \$65 ARTS

18



The Essentials of Perennial Gardening

This course will cover all of the elements of perennial gardening, and is meant for both new and seasoned gardeners. Emphasis will be on the essentials of having a successful and beautiful garden, and will cover soil, light, compost, fertilizing, maintenance, and all of the elements that contribute to plant success and lovely spaces.

We will use slides to study three local gardens and their changes from May to October in our classroom this winter, and will schedule two tours to those gardens (dates to be determined). The purpose of the course is to encourage participants to be creative, and to share the joy of gardening with perennials.

There are no required books for this course.

Two field trips to local gardens will be scheduled; Study Leader will announce dates.

Carol Stanigar

Carol has been gardening for 50 years and was self-taught until her retirement allowed her to study Horticulture at UNH. For 12 years she has operated a small business consulting, restoring, and designing gardens in the White Mountains. For the last six years she has field-tested special varieties and field-grown them for retail sale.

MONDAY 12:30 PM - 2:30 PM 6-Mar to 13-Mar 4 sessions (8 hours) Course Fee: \$45 INSTRUCTIONAL



Jeannie Lindheim

Jeannie Lindheim studied with animal communication pioneer Penelope Smith. She has been a professional animal communicator since 2007. Jeannie consults with pet lovers from all over the U.S. who are trying to understand how their animals feel and what they want. She has communicated with dogs, cats, horses, ferrets, hedgehogs, pigs, alpacas, bearded dragon lizards, rabbits, many types of birds, a steer, insects, and many other species. 100% of the sales of her book are donated to animal rescue organizations. https://www.youranimalspeaks.com

MONDAY 1:00 PM - 2:00 PM 27-Feb 1 session (1 hour) Course Fee: FREE ARTS



Loving Animals: Conversations With an Animal Communicator

Do you ever wonder what your animal is thinking and feeling? Are there behavior issues you're trying to solve? Are there several animals in your household and would you like to understand their dynamics? Are you struggling with end of life decisions for your pets?

Jeannie Lindheim, author of *Loving Animals: Conversations with an Animal Communicator*, will discuss how animal communication works and the techniques she uses. She will tell some touching stories and share a technique that you can use with your animals. There will also be time for Q and A.



Format: Zoom



Annie Ross

Annie Ross found her passion for Eastern Philosophy while earning a BA in Comparative Religion from the University of Vermont, 1979. Her study since 2008 at Svaroopa® Vidya Ashram in Downingtown, PA has led to several certifications: Certified Svaroopa® Yoga teacher (CSYT 700), Embodyment® Yoga Therapist, Svaroopa® Vidya Meditation Teacher and others in philosophy and vichara (the practice of self inquiry). She is certified in Ayurvedic Marma Treatments. Ayurveda is the Indian science of medicine and sister science to yoga.

MONDAY 2:00 PM - 4:00 PM 9-Jan to 30-Jan 4 sessions (8 hours) Course Fee: \$45 INSTRUCTIONAL



Svaroopa® Yoga -Gentle, Deep and Profound

Based on a significantly different paradigm in yoga poses, the practice of this unique style is both physical and more than physical. In *Svaroopa®* yoga we specialize in 'core opening,' spinal decompression, through releasing the tensions in the layers of muscles wrapped around your spine. Using precise alignments to create an inner opening from tail to top, this style redefines strength, giving you stamina and vitality through releasing deep tensions and recapturing your essential aliveness. This yoga is precise and compassionate at the same time, using props such as blankets and blocks to meet your body where it is.

Svaroopa® yoga is body friendly, yoga that anyone can do regardless of experience or fitness level. Not exercise, Yoga International describes it this way: "Svaroopa® Yoga is a scientific maximization of your body's capacity, dissolving the tensions that inhibit your body's natural functioning and inherent healing capacity."

This four-week course is experiential; you will learn the 'Magic Four' poses that open your spine from tail to top, and be able to bring the practice home with you, finding ease of movement and bliss.



Margaret Cunningham

Marge Cunningham retired in 2020 after a 35 year career teaching Operations Management at Xavier University in Cincinnati. She also served a term as Department Chair and another as Director of Xavier's Sedler Center for Experiential Learning. Her main areas of focus are supply chains, lean principles, process improvement, and experiential learning. She is an avid horsewoman and also enjoys crafts and outdoor activities with her grandchildren and traveling with her husband Dan.

MONDAY 2:00 PM - 4:00 PM 16-Jan to 30-Jan 3 sessions (6 hours) Course Fee: \$45 CURRENT AFFAIRS



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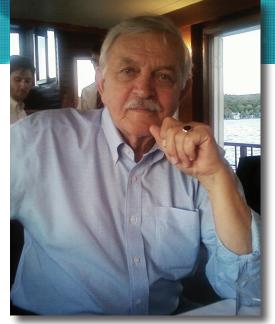
Have you ever wondered what is behind the shortages consumers have been experiencing since the COVID-19 pandemic began in 2020? Today's supply chains are quite complex and may extend internationally. Decision makers face conflicting pressures to keep costs low while at the same time keeping product quality excellent and supply chains robust able to weather possible disruptions and recover quickly from disasters. Increasingly, companies are also expected to manage the performance of suppliers for sustainability goals and ethical compliance.

The first class session will focus on supply chain terminology and concepts, along with examples of common practices and strategies. In the second session we will identify various kinds of supply chain disruptions and strategies to help prevent them or minimize their impact. We will look at several case studies from pandemic related and other kinds of disruptions. The third session will be devoted to case studies on supply chain sustainability challenges, from the sourcing of raw materials through manufacturing and transport and finally responsible end-of-life-cycle disposition. Time will also be allowed for participants to contribute examples.



Format: Zoom





William North

Dr William G. North is a resident of Hanover, New Hampshire. He recently retired as Professor of Physiology and Neurobiology from the Geisel School of Medicine at Dartmouth where he taught courses in Endocrinology, Digestive Physiology, and Bioethics over 45 years. As a Senior Faculty Member of the Norris Cotton Cancer Center he performed research developing new cancer treatments. He is also President of a small biotechnology company called Woomera Therapeutics, Inc.

MONDAY 2:00 PM - 4:00 PM 6-Feb to 27-Feb 4 sessions (8 hours) Course Fee: \$45 NATURAL SCIENCES



The course covers the important role hormones play in our balance of salt and water, regulation of blood pressure, digestion of food, metabolism, and capacity to grow. The nature of these hormones and an important involvement of brain function will be discussed. Several factors can go wrong in delivery and action of these hormones, and this produces recognizable disease states. I will be using slides and other materials to augment the course.



"bookbinding tying up boards in use" by Affordable Binding Equipment is licensed under CC BY-SA 2.0.

Format: In-person (Rauner Library, Hanover, NH)

English Bookbindings From the 17th Century to Today

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Books, though everyday objects, are the product of over 2,000 years of engineering and reengineering, evolving from a utilitarian method for recording information into a specialized craft and decorative art form. The course will begin with an exploration of the book as an object and how the structure evolved from the straightforward design of the Ethiopian codex to the more complex and refined book we know today. We will look at the evolution of bookbinding practices in continental Europe and how labor, materials, and aesthetics changed over time.

Elizabeth Curran

Lizzie Curran is the Assistant Conservator in the Conservation Lab at Dartmouth Library where she repairs books in the circulating collection as well as Special Collections. She was trained in English style hand bookbinding at Boston's North Bennet Street School and continues to study fine binding in addition to her conservation practice. Our focus will be on English style bindings and the variety seen among them, despite being situated on such a small island. We will look at examples of bindings in Dartmouth's collections from the last three centuries as well as historical models.

There are no required books for this course.

MONDAY 3:00 PM - 5:00 PM 21-Feb & 28-Feb 2 sessions (4 hours) Course Fee: \$45 ARTS



Format: In-person (1 Court St, Lebanon, NH)



Stephen Flanders

BS, MArch, M.I.T. School of Architecture; ME, Dartmouth Thayer School of Engineering. Flanders is a retired research supervisory engineer from the U.S. Army Cold Regions Research and Engineering Laboratory. Among his interests are editing and creating articles in Wikipedia—a topic he has presented in Osher classes, three times.

MONDAY 3:00 PM - 5:30 PM 13-Feb to 13-Mar 5 sessions (12.5 hours) Course Fee: \$65 HUMANITIES

The Life and Adventures of Nicholas Nickleby

Together, we'll watch and discuss The Royal Shakespeare Company production of David Edgar's adaptation of the Charles Dickens novel, *The Life and Adventures of Nicholas Nickleby*. We'll watch the nine-hour 1982 BBC recording of the stage play by the RSC at The Old Vic in London in two-hour segments.

Nicholas Nickleby is Charles Dickens's third novel. The story first appeared in monthly parts, after which it was issued in one volume. It provides a social profile of mid 19th-century London and Yorkshire, highlighting the injustices of the time through memorable characters.

The RSC production features many roles, many of them played by the same actor within the production. It's fun to watch a jolly Yorkshire squire and a conniving English nobleman be portrayed by the same actor. Likewise, another actor portrays a coarse young Yorkshire girl, a winsome actress in a traveling troupe, and a furtive crone. When I saw the live 1981 production in New York City, I dreaded facing 8 ½ hours in a theater. At the last hour, I didn't want the play to stop! The New York production won the 1982 Tony Awards: Best Play; Best Performance by a Leading Actor in a Play for Roger Rees in the role of Nicholas Nickleby and the 1982 New York Drama Critics' Circle Award for Best Play.

Optional Text:

 The Life and Adventures of Nicholas Nickleby -Charles Dickens (ISBN-13: 978-0140435122)





Short History of Mexico

This short voyage to Mexico highlights the country's stunning creativity and social diversity. Together, we will become more familiar with some of the things we thought we knew about the country, but hadn't thought much about. Mexico's contributions in so many areas—food, raw materials, and especially human talent—have affected the entire world. For instance, its silver exports during the colonial period affected currencies as far away as China.

Students interested in Mexican culture and issues will come away with a deeper understanding of how present-day Mexico came to be. Rather than a chronological summation of events and great leaders, emphasis will be placed upon certain themes and trends with respect to economic, social, and cultural development and change. Briefly touching on each period, from the 16th century to the present, this is a summary of "the most interesting things" from a rich, complex history.

There are no required books for this course.

Mary Grizzard

Dr. Mary Grizzard, a former tenured professor of Latin American Studies and Art History at the University of New Mexico, Dr. Grizzard was an invited lecturer to the National Autonomous University of Mexico, in Mexico City. Later, she became a civilian advisor in the Department of Defense, in the Pentagon, and Professor of National Security Affairs at the National Defense University, Washington, DC.

TUESDAY 9:00 AM - 11:00 AM 10-Jan to 24-Jan 3 sessions (6 hours) Course Fee: \$45 SOCIAL SCIENCES

26



Rai d'Honoré

I've taught at colleges and universities in the US and overseas, including The American University, the University of Maryland, University of Lesotho, and University of Mugla. Most recently at East Carolina University, I was on the faculty of the Medieval & Renaissance Studies Department. I organize medieval festivals and feasts and perform at universities, salons, and festivals. My CD, Pretz e Paratge, investigates the effect of the Albigensian Crusade on Occitan culture in prose and song.

TUESDAY 9:00 AM - 11:00 AM 14-Feb to 7-Mar 4 sessions (8 hours) Course Fee: \$45 INTERDISCIPLINARY Occitania—A Forgotten Brilliance

Many people have never heard of it, for medieval Occitania was never a country: it was a linguistic and cultural region with shared customs and traditions. It differed from the traditional rigid feudal system where people remained in whichever class they were born into until their death, with no growth or exploration outside their immediate social circle.

Occitania was open, tolerant, and progressive. Some scholars believe that the Renaissance would have started here had it not been for the Albigensian Crusade. It was the time of the troubadours; it was the time of the Cathars; it was the time of the rising merchant class—and the first elected city officials. Its language, Occitan, was spoken in Italy, Spain, Switzerland, Monaco, and the Holy Land, and it was the only language besides Latin that was used for legal documents.

We will explore the different aspects which made this culture so exceptional—its history, its politics, its architecture, music, and its religion. Join me on a journey to this brilliant civilization.

Study Leader will provide digital files.

THE WIRE

The Wire: Not for the Faint of Heart

The Wire was an HBO series that ran from 2002-2007. On the surface, it is a police drama, but it is actually far more than that.

I am choosing to present the third season of the show since it seems to reflect many current issues in our society. It can be a bit raw, but is worth viewing. It might have been the only drama with an interracial cast that had more minority actors than white ones.

The Wire's third season covers crime, drugs, politics, personal relationships, climbing the proverbial pyramid, and more.

In my film classes, I try to choose productions that open one's eyes and at the same time are interesting with a bit of humor. In class, we will watch the film and discuss its relationship to today's situations in America. Many of the events depicted mirror real life as much as reel-life situations.

There are no required books for this course.

TUESDAY 9:00 AM - 12:00 PM 17-Jan to 21-Feb 6 sessions (18 hours) Course Fee: \$85 ARTS



Tom Urgo was a lawyer for 40+ years (based in NYC) and practiced in city, state, and federal courts. His cases made the print press and his writings appeared in the NY Law Journal. This is an opportunity to share Tom's fascination with this awardwinning drama.

Format: Zoom



David Gumpert & Dotty Brown

David Gumpert has been a reporter for the Wall Street Journal as well as an editor with the Harvard Business Review and Inc. magazine. He also authored or coauthored ten books, on entrepreneurship, food politics, the Holocaust, and race. Dotty Brown was a reporter and editor for 30 years at the Philadelphia Inquirer, holding such positions as Medical and Science Editor, Education Editor, and Enterprise Editor for Print and Digital Media. She has authored a book on the history of Philadelphia's Boathouse Row.

TUESDAY 10:00 AM - 12:00 PM 24-Jan 1 session (2 hours) Course Fee: \$25 CURRENT AFFAIRS



Inside the Upheaval in Journalism

Remember the days when there were three or four newspapers in every American city? When 30 million people watched Walter Cronkite on the *CBS Evening News* each night? Since then, thousands of newspapers have disappeared, 5 million viewers is now considered to be a lot for the *CBS Evening News*, and an explosion of news sources leave many confused about what information to trust. In this upended landscape of news, what has been lost? What has been gained? How much has nothing to do with social media and the Internet? And where is it all going?

David Gumpert and Dotty Brown will take you inside the changes they witnessed during their 50-year careers along with other insights from their Columbia Journalism School classmates who, in 2020, wrote the book, *Inside the Upheaval* of Journalism: Reporters Look Back on 50 Years of Covering the News.

Optional Book:

 Inside the Upheaval of Journalism: Reporters Look Back on 50 Years of Covering the News - Edited by Ted Gest & Dotty Brown (ISBN-13: 978-1433167782)
NOTE: This book is available for purchase online for \$40 at www.peterlang.com/document/1111291.
Use the discount code BROWN.

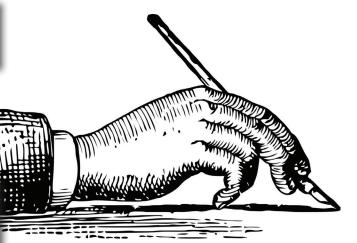
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Elayne Clift

An award-winning writer and journalist, Elayne Clift's work has appeared in The Washington Post, The Boston Globe, The Christian Science Monitor, The Chronicle of Higher Education, Salon.com, and numerous magazines, periodicals and anthologies. She is a regular columnist for several New England newspapers and a reviewer for The New York Journal of Books. She conducts popular writing workshops at various venues.

TUESDAY 11:30 AM - 1:30 PM 17-Jan to 7-Feb 4 sessions (8 hours) Course Fee: \$45 HUMANITIES



The Wisdom of Elders: Writing and Discussion Seminar

This workshop calls upon the life lessons of elders as a frame of reference for personal growth and reflection. Fundamentally a writing workshop, it uses creative non-fiction as a genre to explore, recall, and pass on life lessons we have accumulated over years of experience and exploration. Those experiences and reflections tell us a lot about who we are, and where we find ourselves in this stage of our lives. They also share accumulated wisdom for others, while at the same time, offering a time to write about our lives while refining our writing skills, whether we want to write poetry or prose.

In addition to verbal prompts, often based on the work of wellknown writers, we will use visual prompts (art, photographs) that stimulate new ideas and remembered experiences. Weekly prompts and short readings will be provided for inspiration. Sharing what you have crafted is voluntary, but participants will find the workshop most useful if they choose to respond to prompts and share what they have written in a supportive environment. Come prepared to ruminate, revel, and recognize the writer within you!

Study Leader will provide digital materials.



Format: In-person (1 Court St, Lebanon, NH)



Barry Scherr

Prior to his retirement, Barry Scherr was a member of the Russian Department at Dartmouth College for nearly forty years. His teaching interests have included nineteenth- and twentieth-century Russian fiction, comparative literature, and Russian film.

TUESDAY

1:00 PM - 3:00 PM 24-Jan to 28-Feb 6 sessions (12 hours) Course Fee: \$65 HUMANITIES Dostoevsky's The Brothers Karamazov

The goal of the course will be to read and examine in depth *The Brothers Karamazov*, often regarded as the most profound of all Dostoevsky's writings. If his overarching concern in this novel is the conflict between rationality expressed most eloquently in the chapter titled "The Grand Inquisitor" — and religious belief, then he also addresses such matters as the fragmentation of society and the nuclear family, the tension between moral and legal justice, the nature of individual freedom, and the path forward toward a more ordered and spiritual society.

The numerous characters through which these themes are expressed are not just vividly drawn, but in many cases are also psychologically complex, capable of developing in unexpected ways or carrying out actions that may appear contradictory. All this is presented not through dry exposition but in conjunction with an almost lurid plot that involves sexual rivalry, murder, suicide, and madness. Thus, there is a lot to explore in this book, and the sessions will primarily be devoted to discussion of the assigned chapters, which participants will be asked to read in advance.

While several fine translations of the novel are available, I would ask participants to read the Norton Critical Edition, which contains a wealth of background information that many will find useful.

Required Text:

 The Brothers Karamazov - Fyodor Dostoevsky (ISBN-13: 978-0393926330)



Peter Travis

Peter is a retired professor of English at Dartmouth College. His major academic areas of interest are: Icelandic sagas, Anglo-Saxon poetry, Chaucer, medieval drama, literature theory, and men's studies.

TUESDAY

1:00 PM - 3:00 PM 24-Jan to 7-Mar 7 sessions (14 hours) Course Fee: \$85 HUMANITIES





In this course we will explore the extraordinary riches of Old English poetry as these "oral-formulaic" poems have been transcribed in 10th-century manuscripts. We start off by reading shorter poems representative of Anglo-Saxon secular and religious culture generally, before focusing in on two masterpieces, "The Wanderer" and "The Dream of the Rood." We move next to the celebrated *Anglo-Saxon Riddles*, an unusually inventive genre that reveals a great deal about the metaphorical essence of poetry itself. In our last four classes, we concentrate on *Beowulf*, a celebrated epic that both captures and deconstructs the heroic ideology of a culture that is threatened, not only by three supernatural monsters, but also by the "monstrousness" of its own social contracts, ranging from gift-giving to trafficking in women.

In addition to reading forty to sixty pages of poetry (in translation) for each class meeting, we will share one or two critical essays (made available in our reading packet) that should deepen our appreciation of the texts under scrutiny. In class we will encourage full participation in a wide-ranging discussion concerning the cultural work performed by poetry both in the past and in the present.

Required Books:

- Old English Poetry: An Anthology R.M. Liuzza, ed. (ISBN-13: 978-1554811571)
- Beowulf: Bilingual Edition Seamus Heaney, trans. (ISBN-13: 978-0393320978)

Study Leader will provide additional online reading.

Format: HyFlex (1 Court St, Lebanon, NH)



Larry Harper

Larry Harper was the President of Ballantrae International, an economic development and international trade firm with numerous projects worldwide. His interest in Russia started in college and continued while working in Russia and Eastern Europe starting in 1991. He witnessed Russia's economic transformation, the effects of her regional invasions, and the intimidation of her neighbors. Larry stays in touch with Russians throughout the country.

TUESDAY 1:00 PM - 3:00 PM 21-Feb 1 session (2 hours) Course Fee: \$25 CURRENT AFFAIRS



Russia—A Country in Search of Itself

Russia is a fascinating and complex country. By land mass, it is the largest in the world. This presentation by Larry Harper "pulls back the curtain" to explain Russia's staunch connections to its history, religion, and socio-political systems, and the strong effects these have on Russia today.

Russia contains highly diverse ethnic and religious minorities, a vast array of sub-languages, and various distinct physical environments. It also possesses a history of some of the leading fine arts: visual arts, dance, music, and literature. However, Russia has a bloody disposition, attacking, intimidating, and frightening neighboring states, and continuing near total control over its citizens. These factors raise anxieties and concerns in the West.

What has driven it to attack its neighbors, friends, and citizens? Starting with Peter the Great and continuing up to the invasions of Georgia and Ukraine, we will explore how Russia has changed and yet remains deeply rooted in its history.





Hilary Llewellyn-Thomas

For over 35 years, Hilary Llewellyn-Thomas, PhD, studied individuals' decision making in health care situations. Hence, she has been deeply absorbed in scientific writing. Since retiring in 2011, she's been able to devote more time to writing historical fiction. Her novel, I Claim My Right of Answer, tells the story of the first noblewoman to be imprisoned—along with her five young children—in the Tower of London. The manuscript is now under consideration for publication in Britain.

TUESDAY 2:00 PM - 4:00 PM 10-Jan to 28-Feb 8 sessions (16 hours) Course Fee: \$85 HUMANITIES



Do you love reading historical fiction? Are you curious about how writers go about imagining and creating stories set in past eras? Are you interested in writing such stories yourself? In this course, you will gain insight into historical fiction's ability to evoke "the otherness of the Then and There, in ways that speak to our real Here and Now," which is a quote from Emma Darwin's book, *Get Started in Writing Historical Fiction*. Throughout this course, we will read selected sections of her book, as well as play with brief writing exercises and watch video clips illustrating the points that Darwin makes in those sections.

Our reading, exercises, video-viewing, and discussions will encourage us to: a) question why writers and readers are drawn to historical fiction; b) consider various writers' approaches to imagining and researching the past; c) understand how a writer helps a reader see historical characters-in-action and hear their distant voices; d) gain awareness of historical stories' different structures, shapes, and sub-genres; and e) appreciate how writers, as they bring all this together, "keep the beast under control" (Darwin).

Course materials will be shared via email and online.

Required Book:

• Get Started in Writing Historical Fiction - Emma Darwin (ISBN-13: 978-1473609662)



Alan Fuchs

Rabbi Alan D. Fuchs is Rabbi Emeritus of Congregation Rodeph Shalom in Philadelphia. A native of Hartford, CT. Following graduation from Trinity College he entered Hebrew Union College in Cincinnati, where he received and M.A.H.L. degree and ordination. He and his wife Carol lived in the Hanover area for many years after his retirement where he taught numerous Osher courses. They returned to the Philadelphia area in March, 2019.

The Book of Job and the Problem of Evil

Elisha Ben Abuyah's questioning of justice: It is said that once, while sitting in the valley of Gennaser, Aher saw a man climb to the top of a palm tree on Shabbat, take the mother bird with the young, and descend in safety. At the end of Shabbat, he saw another man climb to the top of the same palm tree, take the young but let the mother bird go free. As he descended, a snake bit him and he died. Elisha exclaimed: It is written, "Let the mother go and take only the young, that you may fare well and have a long life" (Devarim 22:7).

Where is the well-being of this man and where is the prolonging of his life? The story presents the problem of theodicy—why do good people suffer? The book of Job is the classic text for grappling with the issue of the apparent injustice of human suffering. We will read relevant excerpts from the text and other readings in dealing with this important religious subject. We will look forward to a lively discussion.

The only required reading is the book of Job from the Bible.

TUESDAY 2:00 PM - 4:00 PM 17-Jan to 7-Mar 8 sessions (16 hours) Course Fee: \$85 HUMANITIES

35

Format: In-person (1 Court St, Lebanon, NH)

Edwards and Niebuhr Theological Resonances

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This course will introduce participants to the theological ethics and cultural criticism of H. Richard Niebuhr (1894-1962) as well as to the lesser-known ethical writing of Jonathan Edwards (1703-1758). Despite their obvious cultural differences, Niebuhr considered Edwards to be a major influence. We will explore the resonances in their thought as well as applications of their respective ideas to our contemporary attempts to think about God and our way of being and acting in the world. We will be working through two primary texts (see below).

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Some of the topics to be explored through the weekly readings include: What is the relationship between Niebuhr's values theory and Edwards' understanding of the nature of true virtue? How does Niebuhr's idea that God is best conceived as 'pure act' relate to Edwards' idea that all of creation is a manifestation or glorification of God? Together we will explore what both thinkers mean in their embrace of a kind of "relational" orientation towards ethics and theology and why it offers promise as a way to face our contemporary challenges of human divisiveness, nationalism and environmental catastrophe.

Time in class will be spent discussing the assigned weekly reading.

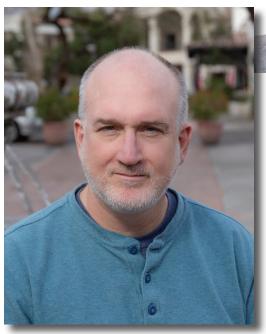
Required Book:

- Radical Monotheism and Western Culture -H. Richard Niebuhr (ISBN-13: 978-0664253264)
- The Nαture of True Virtue Jonathan Edwards (ISBN-13: 978-1592443673)

Sally Matless

Sally received her ThD at Harvard Divinity School. Her focus was a philosophical approach to theological questions focused primarily on metaphysics and ethics. Her dissertation, "Jonathan Edwards' Relational Metaphysics of Love" was overseen by Richard R. Niebuhr. As a graduate student and a post graduate student, she was a Teaching Fellow in the Core Curriculum at Harvard University in Moral Reasoning. After leaving academia she is now a garden designer in the Upper Valley.

TUESDAY 3:00 PM - 5:00 PM 17-Jan to 7-Mar 8 sessions (16 hours) Course Fee: \$85 HUMANITIES



Dennis McGrath

Dennis McGrath is an engineer with a lifelong interest in the intersection between science and religion. His other interests include rescue dogs who look like pandas, artificial intelligence, and pickleball.

Darwin, Darwinism, and Darwinisticism

Charles Darwin shook the world with his publication of *Origin* of Species in 1859. Many people understand Darwin's legacy as one of the battles in the ongoing "war" between science and religion. But the truth about Darwin's legacy is more complex than a simple dualist interpretation would admit.

Darwin's science did have a disruptive effect on religion, but many scientists who followed him adopted a positively religious view of science, where scientific claims are dogma and those who challenge them are delusional heretics. Others considered the possibility that if biology evolves, perhaps the human psyche evolves as well.

In this four-week course we'll consider Darwin's legacy, including his science, the social experiments that followed, and the implications for religion, psychology, and culture.

There are no required books for this course.

TUESDAY

4:30 PM - 6:30 PM 10-Jan to 31-Jan 4 sessions (8 hours) Course Fee: \$45 INTERDISCIPLINARY

37

Format: HyFlex (1 Court St, Lebanon, NH)

Brain and Behavior: How Are They Linked?

How does the brain support our behaviors, such as our ability to learn, to remember, or process incoming information?

We will start with the basics of how the brain supports the senses with a focus on vision. This will start with the development of brain regions all the way up to how specific brain regions support certain visual processing (for example: how are we able to read?)

We will then discuss how modern neuroscience and psychology understands more complex processes such as language, emotion, learning and memory, and creativity. How do multiple brain regions support these complex processes? How do we study this in a robust manner? How do these vary at the individual level (i.e. how may your brain support behaviors that are unique to you)?

The class will introduce the broad landscape of the field of cognitive neuroscience through both readings and through doing hands-on psychological experiments. A lot of science is meant to be read by scientists, but when it comes to something as inherently interesting and relatable as the brain, it is important to make this material digestible, and that is the scope of the course!

There are no required books for this course.

Clara Sava-Segal

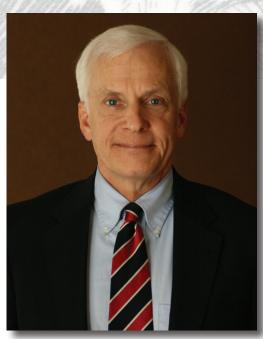
Clara is a PhD student at Dartmouth College and has been working at the intersection of neuroscience and psychology research for the last seven years. One of the questions that her research explores is how and why we reach variable interpretations (or memories!) of the same experiences.

TUESDAY

5:00 PM - 7:00 PM 7-Feb to 7-Mar 5 sessions (10 hours) Course Fee: \$65 SOCIAL SCIENCES



Format: Zoom



Peter Gilbert

A graduate of Dartmouth, the University of Virginia (MA English), and Georgetown University Law Center, Peter was Executive Director of the Vermont Humanities Council from 2002 to 2018. He is a former English teacher at Phillips Academy in Andover, Massachusetts, a litigator at Hale and Dorr in Boston, Senior Assistant to Dartmouth President James O. Freedman and Associate Provost, and a frequent commentator on VPR.

WEDNESDAY

9:00 AM - 11:00 AM

11-Jan to 8-Feb

5 sessions (10 hours)

Course Fee: \$65

HUMANITIES



Frost in Winter

This course will examine a variety of Robert Frost's poems that are set in winter. They will include a number of his most well-known poems, but most will be poems that should be better known.

Each class will examine a handful of poems; classes will be largely discussion. In preparation for class, participants should read each poem with care—and repeatedly—and bring to class questions, parts of the poem, or topics that they want to discuss. They are encouraged to read a biography for background (Jay Parini's *Robert Frost, A Life* is recommended).

People who don't know Frost's work or who aren't particularly well-versed with poetry in general are welcome, as are people who are life-long lovers of poetry and Frost's work.

Frost is well-known in part because he is one of America's greatest poets and, at the same time, many of his poems are accessible at some level. However, his poems are rarely straightforward: like the man, his poetry is more complicated and more full of contradictions than is often appreciated. Inevitably, our discussions will bring to light some of the themes that run through Frost's work as a whole.

Optional Texts:

- The Poetry of Robert Frost Edward Connery Lathem, ed. (ISBN-13: 978-0805069860)
- Robert Frost, A Life Jay Parini (ISBN-13: 978-0805063417)
- Robert Frost, Collected Poems, Prose, & Plays Robert Frost and Richard Poirier, et al (ISBN-13: 978-1883011062)



Format: Zoom



Larry Harper

Larry Harper is the owner of SKÖNPHOTO, a photography educational company (www.skonphoto.com). He has taught and coached photography skills and "Camera Basics" for nine years. Previously, Larry was president of a firm providing economic development to European countries, working with public and private sectors exporting goods and services. He taught courses for the US DOC, Czech Republic, Irish, British, Finnish, and Estonian governments.

WEDNESDAY 9:00 AM - 11:00 AM 22-Feb to 8-Mar 3 sessions (6 hours) Course Fee: \$45 ARTS



The Image

WW850

"The Image" is a photography course for beginners and intermediates. This course will provide tangible techniques to identify, capture, and enhance your pictures. We will discuss camera settings, lighting, motion, identifying and capturing the right image, as well as a new way to shoot unique and stunning images. Finally, you will learn how to process your images to correct minor flaws.

Attendees will need an SLR Camera and Photoshop Elements for image processing.

Format: HyFlex (1 Court St, Lebanon, NH)



Bob Hargraves

Robert Hargraves is a Brown physics PhD with an honors AB in mathematics from Dartmouth. where he returned as assistant professor and taught mathematics and the first computer science courses. He founded a software company, was an IT consultant at AD Little, and VP of medical device firm Boston Scientific. Hargraves is the author of THORIUM: energy cheaper than coal and cofounder of fission energy company ThorCon. He also writes about nuclear power for the Wall Street Journal.

WEDNESDAY

9:30 AM - 11:30 AM 4-Jan to 25-Jan 4 sessions (8 hours) Course Fee: \$45 CURRENT AFFAIRS

Our Burning Economy, Siren Song, and Fission Promise

The world burns fuels for ample, reliable energy. We seek to cut the CO2 emissions that exacerbate global warming.

The \$100 trillion world economy is built on combustion of carbon in low cost fossil fuels. Dependency is clear and revealed. The European war created energy shortages that increased prices 10:1, bankrupting utilities, closing factories, and chilling residents.

Germany's \$300 billion investment in wind and solar sources could not substitute for fossil fuel burning. Power from atomic fission can provide low cost, ample, reliable energy and cut CO2 emissions, but many people fear it. Besides generating electricity, how can nuclear energy substitute for fossil fuels to power transportation, buildings, and industries?

This course will review our fossil fuel economy, the rush to renewables, the potential for atomic energy and its utility beyond electricity generation. Participants will read chapters from Vaclav Smil's new popular book, *How The World Really Works*. Class members should also educate themselves using the course's online graphic tutorials.

Each class session will include an hour of presentations followed by one hour of interactive questions and answers.

Required Book:

 How the World Really Works - Vaclav Smil (ISBN-13: 978-0241454404)



Format: HyFlex (1 Court St, Lebanon, NH)



Bob Rougvie

Bob Rougvie is a graduate of Suffolk University in Boston with a BA in History. He has had a long career in the wood products industry in New England. Prior to retirement, he was president of a machinery distribution corporation for 23 years. He is an avid reader of history with a particular interest in the period prior to WWII. He has led several Osher classes with an emphasis on early 20th century European history.

WEDNESDAY

9:30 AM - 11:30 AM 8-Feb to 1-Mar 4 sessions (8 hours) Course Fee: \$45 SOCIAL SCIENCES



The French Resistance -The Big Lie or Réalité!

Despite incredibly overwhelming odds, the Resistance in France during World War II slowly gathered steam over the course of four years. Often heroic, sometime suicidal, at times opportunistic, the French resistance to Nazi occupation grew from a fledgling and disorganized movement into an Alliedfinanced and well-organized army of liberation that may or may not have contributed to the liberation of France and the victory of the Western Allies in Europe. There were heroes and heroines, traitors and collaborators, all dealing with an implacable and monstrous Nazi war machine.

Through lectures, videos, slides, and Q&A, we will examine the growth, complexities, internal conflicts, and legacy of the French Resistance.

Format: In-person (1 Court St, Lebanon, NH)



Renée Bergland

Renée Bergland teaches and writes about nineteenth-century literature and culture. She is the author of: The National Uncanny: Indian Ghosts and American Subjects; Maria Mitchell and the Sexing of Science: An Astronomer Among the American Romantics; and Natural Magic: Charles Darwin, Emily Dickinson, and the Making of Modern Science (forthcoming from Princeton University Press). Moby-Dick is her favorite book.

The Women Behind Moby-Dick

Reading *Moby-Dick* is always fun, but it is more fun with a group. Whether you have read the book many times, or once long ago, or never read it at all, you will find new insights when you read it with new people and in a new context. Let's explore the hidden histories of the women behind *Moby-Dick*. As we find out how women shaped the writing of the novel, we will all begin to feel like we are reading it for the first time.

Our two-hour meetings will be divided in two parts: an hour for seminar discussion and an hour of interactive lectures on the writing of *Moby-Dick*. Seminar discussions will focus on the text of the novel (which we will read together over the six weeks). Interactive lectures will explore the historical and literary contexts that shaped *Moby-Dick*, with special emphasis on the women writers who influenced Melville.

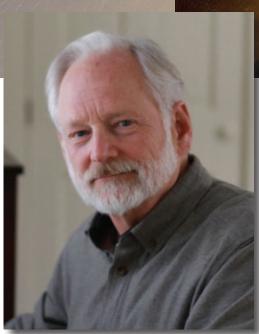
Required Book:

• Moby-Dick - Herman Melville (ISBN-13: 978-0143105954)

WEDNESDAY 9:30 AM - 11:30 AM 8-Feb to 15-Mar 6 sessions (12 hours) Course Fee: \$65 HUMANITIES



Format: Zoom

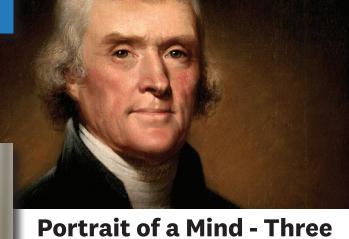


Vic Henningsen

A graduate of Yale, Stanford, and Harvard, Vic was a ranger-naturalist with Vermont's Dept. of Forests & Parks before teaching history for many years at Phillips Academy in Andover, Massachusetts. He's also been a visiting scholar at Dartmouth, a summer research fellow at the Massachusetts Historical Society and the Thomas Jefferson Foundation at Monticello, and a regular commentator on Vermont Public Radio.

WEDNESDAY

11:00 AM - 1:00 PM 8-Feb to 22-Feb 3 sessions (6 hours) Course Fee: \$45 SOCIAL SCIENCES



Portrait of a Mind - Three Letters from Thomas Jefferson

One of the great correspondents of his or any age, Thomas Jefferson wrote more than 18,000 letters. Addressed to audiences private and public, they vividly illuminate both his inner and outer life. We'll dive into this rich trove of evidence to meet Jefferson at three personally and publicly important moments: in 1782, 1820, and 1826. Analyzing a single letter written at each time will offer insight into the character of the man one biographer aptly called the "American Sphinx."

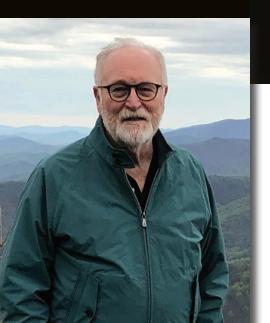
Readings will be limited to the three letters and a variety of supporting materials. Participants must read the documents provided with extreme care and prepare to discuss them in detail. Short opening lectures will set the stage, but the majority of each class will focus on careful analysis and discussion of one letter.Primary documents are keys historians use to unlock the past. Properly examined, even one short letter opens a whole new world. This course is intended for those curious about how scholars go about doing that, as well as for those interested in learning more about Jefferson and his time.

Previous background in this period of American history or the details of Jefferson's life and career are welcome but not required. Those interested may wish to consult the excellent short biography listed above as an optional text.

Optional Book:

• Thomas Jefferson - R.B. Bernstein (ISBN-13: 978-0195181302)





David Grant

David Grant taught English for twenty years, including at Milton Academy and The Mountain School in Vershire, which he co-founded with his wife Nancy. During his teaching years, he took his one-man show as Mark Twain around the world. From 1998 to 2010, David was President/ CEO of the Geraldine R. Dodge Foundation in Morristown, NJ. He moved back to Strafford in 2010, published a guide for nonprofit leaders, The Social Profit Handbook, in 2015, and has served as board chair at Northern Stage.

WEDNESDAY

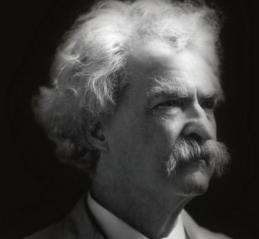
11:30 AM - 1:30 PM

11-Jan to 22-Feb

7 sessions (14 hours)

Course Fee: \$85

HUMANITIES



Three by Mark Twain: Has America Been Missed?

Three works from different decades of Mark Twain's career— The Adventures of Tom Sawyer (1875), Adventures of Huckleberry Finn (1886), and Pudd'nhead Wilson (1894) trace an arc that might stand for the entirety of the author's long career.

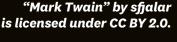
All three are set in small Mississippi River towns reminiscent of Sam Clemens' boyhood village of Hannibal, Missouri. But as St. Petersburg (Heaven) in *Tom Sawyer* morphs into Dawson's Landing ("a slave-holding town") in *Pudd'nhead Wilson*, we watch the author questioning his own assumptions, hopes, and dreams for our still-young country.

This will be a reading and discussion course, with a few minilectures on other pertinent works by Mark Twain, including other stories and journal entries where the boys Tom and Huck appear together. We'll ask why Mark Twain returned to these two boys again and again in his imagination, and what did he seem to discover in his towering masterpiece *Huckleberry Finn* that colored all his writings that followed?

There should be a special resonance to reading *Huckleberry Finn* together in this time of fierce debate over what aspects of American history and culture should be taught in schools.

Required Books:

- The Adventures of Tom Sαwyer Mark Twain (ISBN-13: 978-0141321103)
- Adventures of Huckleberry Finn Mark Twain (ISBN-13: 978-0143107323)
- Pudd'nhead Wilson and Other Tales Mark Twain (ISBN-13: 978-0199554713)





Antique Tribal and Village Rugs of Iran

Small rugs, bags, and trappings made by the tribal peoples of Iran comprise one of the most significant segments of what we call "Oriental rugs".

In this course, we will focus on traditional products made for local use and local markets in Iran, rather than the Westerninfluenced "room-sized" "Persian carpets" made primarily for export.

By looking at slides, and by hands-on examination of weavings, we'll learn about products of the major tribal groups in Iran, and touch on their cultural context, particularly in the 19th and early 20th centuries, when most of our antique examples were made. Most importantly, we'll get a sense of the beauty and artistry of these weavings, and the fascination they hold for collectors around the world. Further study and reading will be encouraged and supported, but not required.

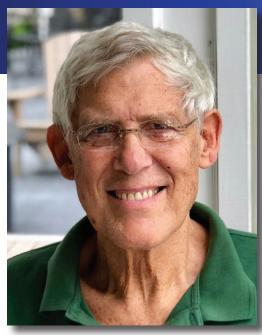
There are no required books for this course.

DeWitt Mallary

DeWitt Mallary has been collecting, studying, writing, and talking about antique rugs and textiles for the past 40 years. After 20 years as a collector, he has been a full-time dealer for the last 20. He has built collections, curated exhibitions, written and edited catalogs, and delivered papers at museums and conferences throughout America and Europe. He enjoys sharing his enthusiasm for the beauty of these objects and the artistry of their makers.

WEDNESDAY 1:00 PM - 3:00 PM 1-Feb to 8-Mar 6 sessions (12 hours) Course Fee: \$65 ARTS





Barnes Boffey

Barnes Boffey has been a counselor in private practice since 1977. Since 1978, he has been a consultant in Choice Theory and Internal Control Psychology.

Facing Life's Challenges From the Inside Out

Understanding that our emotional well-being is primarily a function of how we perceive and act rather than our life circumstances can be both freeing and unnerving. Continually blaming outside circumstances for our pain restricts our ability to act. Over time and with greater awareness, we realize that it is not primarily our relationships and situations that determine our happiness, but who we are within those relationships and situations. These concepts are the foundation of Internal Control Psychology.

This course will explore these concepts as they apply to powerful issues in our lives: Acceptance and Forgiveness, Maturing and Aging, Faith and Fear, Improving our Relationships, and other issues that arise. This course will build on the information provided in Barnes' earlier courses (with healthy amounts of review), giving those who have had a taste of these ideas a chance to dig deeper.

We will explore the Internal Control Psychology model and then apply it to issues mentioned above. There will then be plenty of time for discussion and sharing in a safe space. If you have not taken one of Barnes' earlier courses, he will be happy to talk with you prior to registration.

WEDNESDAY

1:30 PM - 3:30 PM 18-Jan to 22-Feb 6 sessions (12 hours) Course Fee: \$65 INSTRUCTIONAL

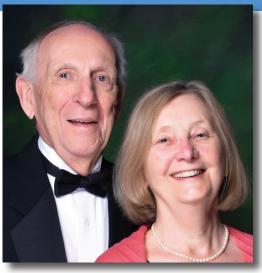


Optional Books:

- The Gifts of Acceptance Daniel Miller (ISBN-13: 978-0982893050)
- A People Primer: The Nature of Living Systems Shelley Roy (ISBN-13: 978-094-433-7479)

Format: Zoom





Josette & Raymond Malley

Josette and Raymond Malley have extensive experience with the United Nations. She holds a PhD in Anthropology and had a career with the World Bank, a specialized agency of the UN. He was a senior diplomat with the U.S. Department of State and the Agency for International Development, and worked alongside UN agencies in many assignments. They live in Hanover and near Washington, D.C.

WEDNESDAY

2:00 PM - 4:00 PM 25-Jan to 1-Mar 6 sessions (12 hours) Course Fee: \$65 INSTRUCTIONAL



The United Nations (UN) is always in the news, for good reason—it is the System in which nations discuss and consider actions regarding the world's urgent and vexing problems.

The UN System comprises dozens of entities. The Security Council addresses war and peace issues. It has a mixed record—unable to prevent conflicts in Ukraine, Ethiopia, and Iraq, but effective in Suez, Cyprus, Korea, and parts of Africa.

Other UN entities have better records. The Nuclear Energy Agency inspects facilities worldwide to avoid proliferation and accidents, as in Ukraine today. The High Commission for Refugees protects and cares for refugees in numerous countries. The World Health Organization coordinates responses to pandemics such as COVID. The Panel on Climate Change emphasizes global warming dangers. Other entities address food production, poverty reduction, human rights, sea and air traffic, trade disputes, and many others.

In this six-week course, we will first describe the UN System, then focus on the daily work of some of these entities, the role of the U.S., and the future of the UN. We will learn together through lectures, videos, discussions, and participant reports, using the required book.

Required Book:

• An Insider's Guide to the UN - Linda Fasulo (ISBN-13: 978-0300241259)



Format: In-person (1 Court St, Lebanon, NH)



Ford Daley

Ford's interest in non-classical music started in childhood. He loves to share musical experiences and ideas and its impact on our lives. He sings and plays guitar, harmonica, and Dobro.

The Novelty Song

The novelty song has been an enduring part of American popular music since the start of Tin Pan Alley in the 1890s. Often disrespected, often disregarded, they have still become popular enough to chart consistently.

We will trace the novelty song's development from the early days, especially noting how the songs reflect their times. We will have local performers come in to showcase their favorite novelty songs as well.

What could be more fun than listening to music and laughing at the same time? Come on along!

There are no required books for this course.

WEDNESDAY

4:00 PM - 6:00 PM 25-Jan to 1-Mar 6 sessions (12 hours) Course Fee: \$65 ARTS





Daniel Belback

Daniel Belback is a Master of Arts candidate in the Social Sciences at the University of Chicago. He earned a joint Master's degree in Cultural Sociology from the University of Trento and Masaryk University, and a Bachelor of Arts in Sociology, Anthropology, and International Studies from Loyola University Chicago.

WEDNESDAY

4:30 PM - 6:30 PM 1-Feb to 8-Mar 6 sessions (12 hours) Course Fee: \$65 SOCIAL SCIENCES

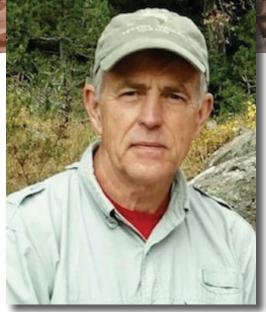


Understanding Political Morality: The Travel/Muslim Ban

How and why do socio-cultural problems erupt into protest movements? Does public morality, rooted in internalized democratic codes, shape societal responses to policies deemed anti-democratic? Using the commonly known Muslim Ban as a test case, this course hopes to answer some of these questions.

This course will focus on understanding the public response to the implementation of the Travel Ban, commonly known as the Muslim Ban. We will investigate how symbolic codes defining the ban were switched or flipped by both sides of the political spectrum, creating the *de facto* (in practice) Muslim Ban. Protest movements, media themes, public figure actions, and judicial decisions will be explored to understand the code flip. Special attention will be paid to Civil Sphere Theory and the cyclical process of Societalization, models used to understand the sociology of culture and religion.

The course will be taught using a mixture of methods. Slides and graphics will help establish timelines, concepts, and social processes. Lectures will accompany the slides. Discussions and questions will be encouraged throughout class, with a main discussion at the end.



Thomas Hodgson

Tom Hodgson holds a BA from Williams and an MA in Philosophy from Yale. He has taught a wide range of courses at Phillips Academy, Williams College, and, since retiring to the Berkshires, with OLLI chapters at Dartmouth and at Berkshire Community College.

THURSDAY

9:00 AM - 11:00 AM 26-Jan to 16-Mar 8 sessions (16 hours) Course Fee: \$85 HUMANITIES

"Rights" or Wrong: Exploring the Idea of Rights

Human rights, civil rights, states' rights, gun rights, abortion rights, group rights, social/economic rights, animal rights, Nature's rights: the appeal to the idea of rights is ubiquitous and contested. The idea of rights has been famously described by influential economist and philosopher Jeremy Bentham as "nonsense on stilts", by Chinese president Xi Jinping as nothing more than a tool of western ideological warfare, and by countless leaders and activists of all stripes as foundational for personal morality, social justice, and political legitimacy.

What might an exploration of the concept of "rights" in human affairs uncover? What does it mean to recognize a right? What, if any, obligations accompany those who claim to have rights, and those who acknowledge those claims? Can—should—the idea of rights be rescued from its critics as well as from those who use its rhetorical power to serve their own agendas?

By reading and discussing James Griffin's *On Human Rights*, we will explore the possibility of constructive engagement with the idea of rights. Classes will involve a variety of activities: short lectures to provide context, discussions of passages chosen by class members from our text, guest presentations, investigations of the websites of influential organizations, and attention to current events.

Required Text:

• On Human Rights - James Griffin (ISBN-13: 978-0199573103)

Format: HyFlex (1 Court St, Lebanon, NH)



Tom Wilson

Tom is a retired pediatrician. He and his wife, Joan, have lived at Kendal for over 20 years. He has been involved with ILEAD/Osher over all those years—as a student, as a committee member, and as a study leader. The Wilsons love to travel, to keep a photographic record of their adventures, and to share these experiences with others. Previous Armchair Travels courses have covered eight ILEAD Travel-Study trips.

THURSDAY 9:30 AM - 11:30 AM 12-Jan to 2-Mar 8 sessions (16 hours) Course Fee: \$85 TRAVEL

Armchair Travel XIV: Travel to Dive Sites

This will be the 14th of a series of "Armchair Travel" courses we have offered over the years. Some of my friends, who have taken previous travel courses with me, have urged me to describe some of the many dive sites my wife and I have visited over 35 years of scuba diving around the world.

The course will offer a combination of underwater pictures and above water scenes in islands in the Caribbean, around the Red Sea, islands in the Pacific and Indian Oceans, and Asian countries like Thailand, Papua New Guinea, and Indonesia. Information sheets about the visited places will be distributed to the class.



Format: In-person (1 Court St, Lebanon, NH)



Gary Johnson

Gary D. Johnson, a retired Dartmouth educator/ geologist, specialized in the geologic record of significant paleontological, environmental, and tectonic change. Having been born on the Great Plains, and with a great-great-grandfather who was one of the oldest and earliest immigrant homesteaders in the Dakota Territory during the 1860s, his long-standing interest in and connection to the history and economic contributions of the prairie and plains of North America remain a strong personal influence.

THURSDAY 9:30 AM - 11:30 AM 2-Feb to 9-Mar 6 sessions (12 hours) Course Fee: \$65 INTERDISCIPLINARY



The Great Plains in the American Psyche

The mid-Nineteenth Century abandonment of many small hill farms in New England, and the eventual emigration from the incipient Industrial East, resulted in a progressive push westward of the American "frontier". The mostly post-Civil War settlement and occupation of a vast open landscape, the Trans-Mississippi West, a large part of which we call the Great Plains, set in motion a complex series of events that subsequently shaped our sense of the American West. Some myth, some fact, but in all cases, a nineteenth and twentieth century mosaic of discovery, exploration and exploitation – along with a bit of seriously embellished folklore.

Becoming a pathway to the newly-discovered mineral wealth of the Rocky Mountains in the Nineteenth Century, while also establishing itself early on as "cattle country," it soon became the breadbasket of North America in the twentieth century, and is now an increasingly important energy resource in the twenty-first century. Much of this historic record can be traced to a complex mosaic of geology, climate, geography, immigration and transportation, constraining the new reality of these new lands—all being quite different from that of the East.



Format: In-person (Hood Museum, Hanover, NH)



Jeanne Shafer

Many of us grew up pouring over the black and white photos each week in Life magazine. It was our introduction to events around the world when television was in its infancy. Jeanne welcomes the opportunity to explore the making of history during the twentieth century by sharing this exhibition of Bourke-White's photographs. She has taught several Osher courses at the Hood, has a Master's degree in art history from Indiana University and continues to derive enrichment from these courses.

THURSDAY 11:00 AM - 1:00 PM 19-Jan to 26-Jan 2 sessions (4 hours) Course Fee: \$45 ARTS



The Photography of Margaret Bourke-White

The adage "a picture is worth one-thousand words" aptly describes the photojournalist work of American Margaret Bourke-White (1904-1971). She was a woman of many "firsts": first female photographer for *Life* magazine in 1936, first woman to photograph the industrial Cleveland steel mills in 1928, first Western foreigner permitted to document the five-year-plan of the Soviet Union in the thirties and the first female U.S. Air Force photographer to travel into the war zones in Europe, India, Pakistan, and Korea.

"Photography is a very subtle thing. You must let the camera take you by the hand as it were and lead you into your subject." Henry Luce, editor for *Life*, said Bourke-White's photographs "allowed Americans to see life; to see the world; to eyewitness great events...to see and be amazed...and be instructed."

Class discussions will focus on her dramatic black and white images that record both industrial/architectural subjects, the horrors of war, and the timeless political/social issues of the twentieth century. Bourke-White's artwork seems to scream on paper; no assignment or picture was unimportant to her.

There are no required books for this course.

Image, upper right: "1929 grande depressione by margaret bourke white" by urcameras is marked with Public Domain Mark 1.0

Format: In-person (Co-op Learning Center, Lebanon, NH)



Lindsay Smith

Lindsay Smith is the Food Education Specialist for the Hanover Co-op's Culinary Learning Center. Lindsay brings with her a lifelong passion for supporting local, sustainable agriculture and seasonal eating. She loves to cook and make the kitchen an accessible place for people of all ages. Lindsay also brings a wealth of teaching experience, especially in unconventional classrooms.

THURSDAY

11:00 AM - 1:30 PM 12-Jan to 9-Feb 5 sessions (12.5 hours) Cours<u>e Fee: \$65</u> ARTS



Cooking Across Italy - Session 1

Italy is synonymous with food, and yet Italian food abroad is often lumped together as homogenous pizza and pasta dishes. However, there is no one "Italian cuisine", rather each region has its own flavor palette and preferred cooking techniques.

A relatively small country (less than half the size of Texas), Italy has a long and venerable history and a diverse landscape. With 20 different regions, all with distinct characteristics, the richness of Italian cuisine lies in its geographic, historical, and climatic diversity.

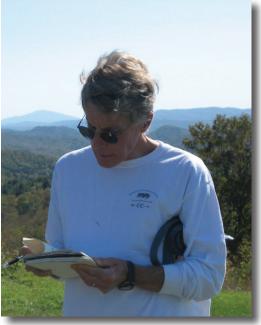
Join us for a five-week virtual journey across Italy as we explore some of the country's most famous regions and the food they are known for. Each week we will talk about significant features of each region and their impact on shaping the local cuisine, and share our experiences before tackling an iconic dish (or two).

We will offer two "Cooking Across Italy" courses this term, each exploring different regions. (You can take each course independent of the other.) In this series, we will visit Lombardy, Marche, Lazio, Basilicata, and Sicily. Come ready to learn, share, cook, and eat!

Lab Fee: \$60, payable to Co-op Food Stores on the first day of class.



Format: Zoom



Jon Stableford

Jon holds degrees from Williams College and Wesleyan University and for 43 years taught secondary school English, the last 34 of them at Phillips Academy, Andover, MA. In 2010, he and his wife Cindy retired to South Strafford, VT and have ever since had a close relationship with Osher at Dartmouth. He writes occasional pieces for The Valley News.

THURSDAY 11:30 AM - 1:30 PM 12-Jan to 2-Mar 8 sessions (16 hours) Course Fee: \$85 HUMANITIES



"Zadie Smith by Jillian Tamaki NYT Nov. 19, 2016" by Wolf Gang is licensed under CC BY-SA 2.0.

Three Novels by Zadie Smith

From the celebrated auction for her debut novel *White Teeth* to the 2020 publishing of *Intimations*, a collection of essays written during the COVID lockdown, Zadie Smith has won praise and honors for her smart, imaginative writing.

In this course we will read three of her novels – *White Teeth* (2000), *On Beauty* (2005), and *Swing Time* (2016). To say these books are about class and race and identity (all true) would be a huge understatement, because they also present characters with ideas so vivid and compelling that you will never forget them.

The reading load for this course is considerable (upwards of 150 pages per week), but once you start in on one of her books, the pages turn themselves. Each of our eight classes will be mostly discussion with some guidance from the Study Leader.

Required Books:

- White Teeth Zadie Smith (ISBN-13: 978-0375703867)
- On Beauty Zadie Smith (ISBN-13: 978-0143037743)
- Swing Time Zadie Smith (ISBN-13: 978-0143111641)

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Format: In-person (1 Court St, Lebanon, NH)



Gael Clauson & Patti Warren

Gael Clauson is a retired reading specialist who has an affection for lettering and watercolor. She is also a self-proclaimed pen/marker hoarder and can be seen stalking stationary stores. Gael lives in Vermont and enjoys crafts of all sorts.

Patti Warren is a retired art teacher and elementary school principal. She is very happy to be teaching art again and specializes in watercolor. She loves finding grace and beauty in everyday items, which translates well to journaling.



Let's Tear It Up: Multi-Media Collages with Patti and Gael

Let's have some fun getting through the cold winter days by using color, textures, watercolor, and interesting papers to create our own mixed-media works of art. By using an endless variety of "found materials" from your home, we'll be exploring our own unique style and having some serious grown-up play time!

We'll be repurposing and tearing up pages of old books, sheets of music, garden catalogs, old stamps, bits of fabric and ribbon, and all manner of papers. Taking you through the process, step-by-step, we'll enhance our designs with some meaningful words, stencils, and painted designs. Most of our projects can be used as creative, personal greeting cards for friends and family.

This class is for anyone, beginner or experienced mixed media artist, who wants to learn or continue the art of paper collage. Come and "tear it up" with us. This is going to be so much fun!

There are no required books for this course.

THURSDAY 12:30 PM - 2:30 PM 12-Jan to 2-Feb 4 sessions (8 hours) Course Fee: \$45 ARTS Format: In-person (1 Court St, Lebanon, NH)



Christiana Whittington Lee Emerson

Lee's interest in Germany, notably its architectural heritage, began while teaching alongside Christiana for 15 years. Many joint trips to Germany followed. Lee has a BA from CT College and an MFA from Cranbrook Art Academy. After growing up in West Germany and attending Heidelberg University, Christiana came to the US with her American spouse. A musician by training, she taught school for 21 years. Lee and Christiana are principals in Travel Meets Culture, offering cultural tours to Germany.

THURSDAY

12:30 PM - 2:30 PM 23-Feb to 16-Mar 4 sessions (8 hours) Course Fee: \$45 SOCIAL SCIENCES



A Walk Through Splendid Dresden and Lively Berlin

Our series of walks through Dresden and Berlin will paint a picture of two vibrant cities by weaving together stories about different times, places, and people.

In Dresden we will stroll through streets filled with iconic buildings while exploring the many layers of the city's history from the Middle Ages to the Baroque period. The city's ruin, time behind the iron curtain, and remarkable restoration will be the focus of a second walk. Others include a trip down the Elbe River, passing by glamorous palaces and beautiful scenery.

In Berlin our strolls will introduce the city's diverse neighborhoods, its historical heart, a view from the water while traveling along its many canals, and a walk along the Wall trail, today a place of recreation as well as memory. Occasionally we'll step inside a museum or a concert hall.

This class will include slides of many sights, lots of architecture, some artwork, and music samples that will inspire discussion and portray the unique and varied character of these cities. It may be an excellent orientation for a future trip to Dresden and Berlin.

Supplemental reading will be offered.

Format: HyFlex (1 Court St, Lebanon, NH)



Cleo Kearns

Cleo McNelly Kearns works in the fields of anthropology, continental philosophy, and religious studies. She is the author of T. S. Eliot and Indic Traditions, and The Virgin Mary: Motherhood, Sacrifice and Monotheism (both from Cambridge University Press). She has served on the faculties of Rutgers University, Princeton Theological Seminary, and New York University.

THURSDAY 1:30 PM - 3:30 PM 12-Jan to 26-Jan 3 sessions (6 hours) Course Fee: \$45 CURRENT AFFAIRS

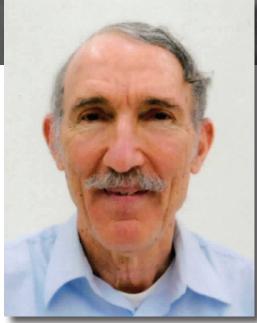
Pope Francis, Vatican II, and Climate Change

This course will discuss the agenda for Catholicism set by the Second Vatican Council (Rome, 1961-1965), still to this day the largest meeting of a single legislative body in recorded history. The principles defined and the reforms called for by the Council—in what were very dramatic days and events, including some quite incredible acting out by resistant prelates—were quite progressive, and they were and still are constantly impeded by the Curia and by traditionalists. They are, however, very much alive for Pope Francis, and they have been given new impetus by his strong position on climate crisis. We will try to establish what potential resources for defense of the earth might arise from this odd quarter and what their advantages and limitations might be.

Optional Book:

 What Happened at Vatican II? - John O'Malley (ISBN-13: 978-0674047495)

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Alan Schnur

Since retiring in the Upper Valley after a career with the World Health Organization, Alan has returned to his "history roots", diving into two of the most written about aspects of US history: the US Constitution and the Civil War. He looked into Grant's career after reading about the hotel clerk in Washington in 1864 who assigned Grant a cheap upstairs room—but quickly backtracked after Grant signed the register. Alan has BA (history) and MPH degrees, and has led/co-led eight Osher courses.

THURSDAY

2:00 PM - 4:00 PM 9-Feb to 16-Mar

3-FED to 10-Mai

6 sessions (12 hours)

Course Fee: \$65

SOCIAL SCIENCES



U.S. Grant: Brilliant General or Butcher?

This course will review the life and career of Ulysses S. Grant, Civil War general and 18th president, with its remarkable contrasts. Was he a butcher or brilliant general? Great president or incompetent? Incorruptible or corrupt? Humble or ambitious? Humanitarian or Native American oppressor?

Grant assembled the team that won the Civil War, yet he was a poor judge of some people selected for his cabinet and to manage his financial affairs. He was not highly educated, yet wrote what is considered one of the greatest American personal memoirs. He was living in poverty and obscurity at the start of the Civil War, yet rose to become General of the Army and President of the United States.

To delve deeper into these contrasts, we will look at Grant's record during the Civil War, comparing it to some other generals. In addition, we will consider Grant's record as president, and the US arrival as a globally recognized power during his tenure. We will also consider if some events during Grant's presidency, such as reconstruction efforts and the contested presidential election of 1876, are relevant for our current political situation. Historians are divided on Grant's legacy, so there should be lively class discussions.

Optional Books:

- Grant Ron Chernow (ISBN-13: 978-0143110637)
- The Mask of Command John Keegan (ISBN-13: 978-0140114065)

Format: HyFlex (1 Court St, Lebanon, NH)



Martin Jeffries

Martin Jeffries is a polar scientist whose research took him to both the Arctic and Antarctica. His childhood home in Sale, Cheshire, U.K., was only seven road miles south of Manchester city centre, and later he lived in inner city Manchester for a couple of years. Since leaving the U.K. 40 years ago he has lived in Calgary, Canada; Fairbanks, Alaska; and Washington, DC. The Upper Valley has been his home since 2018.

THURSDAY

3:30 PM - 5:30 PM 2-Feb to 9-Mar 6 sessions (12 hours) Course Fee: \$65 SOCIAL SCIENCES The Murray's and the McConnel & Kennedy mills (now offices and apartments) by the Rochdale Canal in Ancoats are among the oldest remaining former cotton spinning mills in Manchester, U.K. Chris Allen / Ancoats Mills / CC

Chris Allen / Ancoats Mills / CC BY-SA 2.0

"Cottonopolis": The First Industrial City

The many former, magnificent textile mills that still stand at Manchester (formerly Derryfield) and Bedford, NH, are testament to Samuel Blodgett's vision of an industrial city on the banks of the Merrimack River that would emulate Manchester, U.K.

What inspired Blodgett when he visited Manchester, U.K., in 1787? How had Manchester become what Blodgett saw in north-west England? And what has happened in Manchester and the surrounding region in the two hundred years since Blodgett's visit? These are some of the questions that will be addressed in this course about the city that was nicknamed "Cottonopolis" when it reached its zenith in the second half of the 19th Century.

This 6-week course has four main topical sections. The first section is a general introduction to Manchester, U.K., and the surrounding region, particularly its location and factors—e.g., topography, weather, water, coal—that came together in a "perfect storm" to favour its development into an industrial powerhouse built around cotton spinning. The second section addresses 'Industrialization and Social Change'. The third section describes 'Industrial Decline and Regeneration'. The fourth section looks at 'Culture', including the Manchester accent, arts and entertainment, historic buildings, education, and science.

Study Leader will provide digital course materials.

LUNIN



Marilyn Roberts

Marilyn Roberts is Professor Emeritus of English at Waynesburg University. She holds a PhD from Columbia University and an MA from Newcastle University. Besides teaching English at the college level for over thirty years, she has published articles about Jane Austen, Shakespeare, and other authors. Marilyn lives in Union Village with her husband, son, and her elderly cat.

THURSDAY 4:30 PM - 6:30 PM 12-Jan to 30-Mar 12 sessions (24 hours) Course Fee: \$85 HUMANITIES



Reading The Adventures of Tom Jones

Early this year, members of Osher's *Don Quixote* Special Interest Group (SIG) asked for a course that would focus on Henry Fielding's *The History of Tom Jones, A Foundling*, for the winter of 2022-23.

Published in 1749, *Tom Jones* is one of the first important English novels and has influenced the works of many later authors, including Charles Dickens and William Makepeace Thackery. *Tom Jones* itself was influenced by Miguel de Cervantes's brilliant picaresque novel, *Don Quixote*.

Although Fielding enjoyed success as a playwright in the 1730s, the political satire in his plays led to a significant tightening of censorship restrictions that forced him to turn to novel writing.

The main plot of *Tom Jones* centers on the comic adventures of the title character, who, after being turned out of his home, sets forth on an action-packed journey to London in pursuit of his beloved Sophia Western.

The course will meet via Zoom and will take place over a period of twelve weeks so that members can read the novel at a comfortable pace. The Study Leader, Marilyn Roberts, is a retired English professor who has taught portions of *Tom Jones* many times. The course will be discussion-based with minimal lecturing.

Required Book:

Tom Jones - Henry Fielding (ISBN-13: 978-0393965940)





Lee Webster

Lee Webster is an author, educator, and internationally known public speaker and advocate for funeral reform, including home funerals and green burial. She has served in leadership positions of the National Home Funeral Alliance, Green Burial Council, Conservation Burial Alliance, National Endof-Life Doula Alliance, and NHPCO EOLD Council. She is Director of New Hampshire Funeral Resources & Education and cocreator of the Funeral.org Partnership.

FRIDAY 9:00 AM - 11:00 AM 24-Feb to 10-Mar 3 sessions (6 hours) Course Fee: \$45 SOCIAL SCIENCES





Eco-friendly, Affordable, and Meaningful Funerals

How we care for our dead in the US is a reflection of prevailing cultural, spiritual, and economic norms that are being challenged for a variety of reasons. Learn how the funeral industry came to be in the US, what influences are still at play, and how you can negotiate your way through the design and purchase of goods and services that resonate with your values.

We'll debunk some myths about health and public safety, explore the laws around who owns the dead, and explain in detail how to create meaningful, affordable, and healing funerals that are family-directed and community supported. And we'll talk about social justice in the death space, the ecologically and spiritually redeeming qualities of home care and natural burial, plus emerging processes and products that seek to provide lifeaffirming activities and outcomes at prices more can afford.

Format: Zoom



Charlie Buell

Charles has taught a number of Osher classes on American social history, a subject he knows through his graduate History thesis which traced migration from Ireland and Canada. After working outside of Academia, in his retirement he draws on his knowledge of the experiences of previous immigrant groups to America to shed light on these newest arrivals from East and South Asia

FRIDAY 9:30 AM - 11:30 AM 13-Jan to 17-Feb 6 sessions (12 hours) Course Fee: \$65 CURRENT AFFAIRS

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Asians in America

While recent street attacks of Asians have drawn headlines, anti-Asian bigotry in the United States is not new, starting in 19th century Hawaiian sugar plantations and the gold fields of California. We will briefly describe those early migrants and their struggles, but especially recount the racially inspired internment of mainland Japanese during World War II.

We will then explore the expansion of these Asian groups since the passage of the Immigration and Nationality Act of 1965 and the successes that many of these groups achieved.

Each migration has different stories of why and how they came here and how they overcame the different problems they faced after they arrived. We will first focus on the Japanese as the earliest earliest arrivals, then follow the individual stories of the Chinese, Filipino, Korean, Vietnamese, and South Asian groups. This will include summaries of the lives of selected prominent individuals from these nationalities. We will also read accounts by other Asian-Americans about their varied experiences in this country.

In class, I plan to have guest speakers who will relate some of their personal experiences as Asians living in America.

Optional Book:

 Strangers From a Distant Shore - Ron Takaki (ISBN-13: 978-0316831307) Format: In-person (1 Court St, Lebanon, NH)





Produce Your Personal Documentary Film

This course offers members a thorough hands-on introduction to documentary film production. Making use of film and video production tools available to the public from CATV at JAM (Junction Arts & Media in White River Junction VT), members will have the opportunity to learn documentary filmmaking techniques, including cinematography, interviewing technique, story structure, script writing, narration, editing, and sound/ music design. Members are encouraged to submit ideas or works-in-progress before the first session so the Study Leader can customize the course to the participants' needs.

Samantha Davidson Green

Filmmaker Samantha Davidson Green currently serves as JAM (Junction Arts & Media) Executive Director. She has taught filmmaking and film-related courses at Dartmouth and Osher since 2013, bringing her background in public media and education back to the Upper Valley after completing her MFA in Film Directing at UCLA. The course will be conducted in a collaborative manner, with participants "crewing" or assisting each other in the making of their films. Our efforts will culminate in a public screening and option to share finished (or works-in-progress) for broadcast on CATV's local cable access channel.

There are no required books for this course.

FRIDAY 9:30 AM - 12:30 PM 13-Jan to 3-Mar 8 sessions (24 hours) Course Fee: \$85 ARTS



Format: Zoom



Richard Neugass

Richard Neugass moved to Norwich, VT in 2009 after a lifetime in the nation's capital. After majoring in political science at Amherst College, serving in Vietnam in the Army, and using the G.I. Bill for Master's programs, he had careers in early childhood education and then telecommunications. His love of sports as a player and fan never waned. He's delighted to bring that enthusiasm and fascination with sports 'hero' stories to Osher at Dartmouth courses.

FRIDAY 10:00 AM - 12:00 PM 13-Jan to 3-Feb 4 sessions (8 hours) **Course Fee: \$45** SOCIAL SCIENCES



Great Rivalries in Sport

Nicklaus - Palmer; Celtics - Lakers; Cowboys - Redskins; Maris - Mantle; Federer - Nadal; and Messi - Ronoldo.

This course will take a deep dive into the intense city, team, and personal competitions that these names conjure up, and recount the personal and media stories that sold a lot of newspapers. Competition between these rival teams or players was heightened by the idea of games or matches that decided "who's number one?" (this year...)



Format: In-person (Co-op Learning Center, Lebanon, NH)



Lindsay Smith

Lindsay Smith is the Food Education Specialist for the Hanover Co-op's Culinary Learning Center. Lindsay brings with her a lifelong passion for supporting local, sustainable agriculture and seasonal eating. She loves to cook and make the kitchen an accessible place for people of all ages. Lindsay also brings a wealth of teaching experience, especially in unconventional classrooms.

FRIDAY 11:00 AM - 1:30 PM 17-Feb to 17-Mar 5 sessions (12.5 hours) Course Fee: \$65 ARTS



Cooking Across Italy - Session 2

Italy is synonymous with food, and yet Italian food abroad is often lumped together as homogenous pizza and pasta dishes. However, there is no one "Italian cuisine"; rather each region has its own flavor palette and preferred cooking techniques.

A relatively small country (less than half the size of Texas), Italy has a long and venerable history and a diverse landscape. With 20 different regions, all with distinct characteristics, the richness of Italian cuisine lies in its geographic, historical, and climactic diversity.

Join us for a five-week virtual journey across Italy as we explore some of the country's most famous regions and the food they are known for. Each week we will talk about significant features of each region and their impact on shaping the local cuisine, and share our experiences before tackling an iconic dish (or two).

We will offer two "Cooking Across Italy" courses this term, each exploring different regions. (You can take each course independent of the other.) In this series, we will visit Piedmont, Emilia-Romagna, Umbria, Molise, and Campania. Come ready to learn, share, cook, and eat!

Lab Fee: \$60, payable to Co-op Food Stores on the first day of class.



Format: In-person (1 Court St, Lebanon, NH)



Bob Jakoubek

Bob Jakoubek has been study leader for numerous Osher at Dartmouth courses on 20th century history and politics. He studied history at Indiana and Columbia and is the co-author of These United States, a textbook. He served as historical consultant for the ten volume Twentieth Century America and has written numerous books of history and biography for young adults.

FRIDAY 12:30 PM - 2:30 PM 20-Jan to 24-Feb 6 sessions (12 hours) Course Fee: \$65 SOCIAL SCIENCES



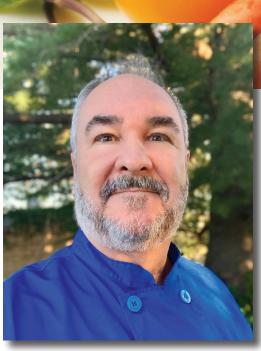
The New Deal of President Franklin D. Roosevelt permanently changed the relationship between the federal government and the American people. "Before Roosevelt," explained a man in Chicago during the 1930s, "the federal government hardly touched your life...outside of the postmaster...now people you know are appointed to government jobs. Joe Blow or some guy from the corner."

Those jobs were with agencies of the New Deal: the CCC, CWA, WPA, NYA, and PWA. Government also began providing unemployment insurance and old-age pensions. It set maximum work hours and minimum wages, subsidized farm prices, regulated financial markets, and brought electric power to the countryside. The New Deal also created an electoral coalition that dominated American politics for nearly forty years.

In this course, which will be a mix of lecture and discussion, we will examine the Great Depression and its causes, discuss FDR and the leaders of his administration, and evaluate the impact of the New Deal on American life. We will also consider the most notable failure of the New Deal: Its inability to end the Depression and restore prosperity.

There are no required books for this course. An optional reading packet will be available.





Larry Canepa

Chef Larry P. Canepa is a Certified Culinary Educator and Le Cordon Bleu Chef, author, researcher, food historian, and lecturer on culinary topics. Chef Larry has a dynamic, innovative, and engaging style that incorporates food history, culinary arts, education, and "food-tainment" into every class and event.

Food Fables & Food Superstitions

Food seeps into our consciousness at a very early age through folktales, parables, fables, rhymes, and bedtime stories. People have been inventing myths about food for about as long as they've been preparing meals. Common culinary folklore can range from relatively sensible cautionary tales to far more inventive notions—and some can even be silly.

It's not uncommon for popular foods to have dark and twisted pasts. Every taste has a tale; every ingredient a story.

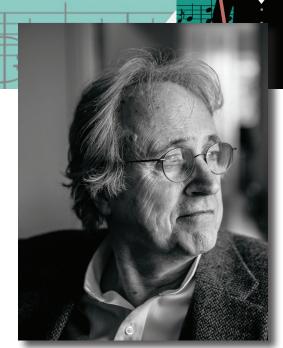
Some of these foods were created based on motives and beliefs that would make the average modern-day person cringe with horror and confusion. In other cases, seemingly ordinary products stem from a complicated history laced with xenophobic fears and racial oppression. These particular stories are prime examples of how prejudiced beliefs can impact every aspect of history, right down to the food that we know and love today. In this class we will explore some of these stories through colorful, engaging PowerPoints and class discussions.

There are no required books for this course.

FRIDAY 2:00 PM - 4:00 PM 10-Feb to 24-Feb 3 sessions (6 hours) Course Fee: \$45 INTERDISCIPLINARY



Format: In-person (1 Court St, Lebanon, NH)



Moby Pearson

A graduate of Oberlin Conservatory, violinist Moby Pearson has performed with chamber ensembles and orchestras for over 45 years. He has toured the great concert halls in Europe with the Orpheus Chamber Orchestra and coached student ensembles in the middle east as a member of the Apple Hill Chamber Players. Presently he resides in Brattleboro and is on the faculty of the Brattleboro Music Center, where he teaches, conducts, and offers courses in music appreciation.

FRIDAY 2:00 PM - 4:00 PM 17-Feb to 10-Mar 4 sessions (8 hours) Course Fee: \$45 ARTS

Music Appreciation with Moby Pearson

From week to week we will listen to and discuss the music from these topics:

Week 1: Mozart Aria Project - The first in a series on Mozart's concert arias. At a very early age, Wolfgang would demonstrate his talent for conveying love, rage, and jealousy into vocal music from any text put before him! His love of composing opera spilled over into a treasure trove of 52 concert arias for voice and orchestra, spanning 26 years, from the age of nine until his death.

Week 2: The Great Violinists of Ukraine - A year ago we would be calling these four remarkable 20th century violinists Russian. Not any longer. David Oistrakh, Leonid Kogan, Nathan Milstein, and Josef Roisman were all from Ukraine. Personally, I don't think any of them would mind a change of national identity, given the horror that is the Russian invasion. To continue the celebration of Ukraine musicians, we will listen to and watch performances of these great artists.

Week 3: Composers of Color - A look into the works of these composers who are finally getting the recognition they deserve! Fela Sowande, George Walker, William Grant Still, Florence Price, Samuel Coleridge-Taylor, and Chevalier de Saint-George.

Week 4: Uplifting the Spirit with Hope & Light - Our final class is a smorgasbord of musical inspiration. From climactic heights to heartfelt depths of lyrical beauty, we will listen to some truly desert island selections—and also some lesserknown works that were connected to these dramatic musical moments.



Clare Innes

"Ukulele Clare" Innes has been playing the ukulele and teaching hundreds of students for nearly a decade. Her lighthearted teaching style welcomes those who think of themselves as 'nonmusical.' She has been called a Ukulele Whisperer for her knack for untangling the knottiest chords, strums, and concepts, and helping beginners and experienced ukulelians venture more deeply into the flow of playing.

FRIDAY 6:00 PM - 7:30 PM 13-Jan to 20-Jan 2 sessions (4 hours) Course Fee: \$45 INSTRUCTIONAL

Find Your Inner Musician With the Ukulele

The ukulele is a perfect instrument for exploring the world of making music. It's easy to learn, it sparks joy wherever it goes, and you don't need any musical experience to have fun learning how to play it. In this lighthearted class, you will learn how to hold, strum, make chords, and play your favorite songs from every genre: country, classical, bluegrass, blues, pop, swing and more.

NOTE: This class is geared for ukuleles in standard high-G tuning. Baritone ukulele chords are not covered.

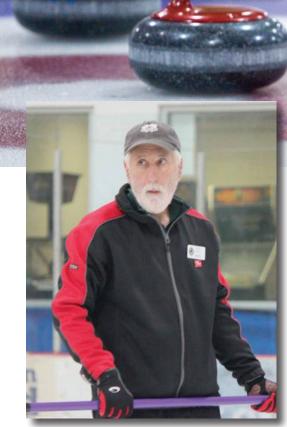
For advice on getting your first uke, visit https://www.ukuleleclare.com/post/how-to-choose-a-ukulele

Optional readings will be available online.

Special Schedules

These classes may meet multiple days a week or follow a non-conventional schedule.





Peter LaBelle

Peter is retired from a career that had nothing to do with curling! He curls with the Upper Valley Curling Club based in White River Junction and is a Level Two curling instructor, certified by USA Curling. He also competes in curling matches at other clubs and venues throughout the year. When not curling, Peter spends his time thinking about curling! Several other club members with similar curling experience and skill may assist with this class.

TUESDAY/THURSDAY

10:00 AM - 12:00 PM 31-Jan to 9-Feb 4 sessions (8 hours) Course Fee: \$45 INSTRUCTIONAL



Introduction to Curling

Did you watch the American men's and women's curling teams compete at the last Winter Olympics? Did you think that it looked like a fun game? Here is your chance to learn all about Curling and to try your hand at the game.

Curling is an ancient game that began in Scotland several hundred years ago, but is now played in many countries most notably Canada and the US. It is a game of skill that most people can pick up quickly, but it takes years to master. Players often play into their 70s using adaptive equipment and techniques, and many players pick up the game while they are in their 50s or 60s. The great part is that you can have fun and enjoy playing at any skill level. Local Vermont and New Hampshire clubs welcome new curlers all the time.

The Upper Valley Curling Club supplies all equipment for this course; you need to have warm clothing and shoes with non-skid soles. In a two-hour session there will be classroom learning, and the class will mostly be held on the ice in the Wendell A. Barwood ice arena in White River Junction.

There will be a \$40 charge to cover ice and equipment rental; payment info will be provided prior to class.

Class meets: January 31 February 2, 7, 9



Elementary Latin for Beginners

Do you regret never having studied English grammar when you were still in school? Take Latin! Do you dream of creating your own Latin motto to place beneath your ancestral escutcheon (real or imaginary)? Take Latin! Do you want to learn to read classical authors in the original? Take Latin! Do you want to learn a modern Romance language more easily? Take Latin!

Finally, do you want to impress friends and neighbors by slipping casually into Latin phrases when discussing politics and social issues, without appearing to be pedantic or pretentious? Take Latin!

Learning Latin helps us understand the essential differences between it and our own English. Enhance your English as you take Latin!

In class, we'll review the grammar, syntax, and structure of each lesson in the text - one lesson per week. No conversation in Latin will take place, but students will perfect their pronunciation and translate easy Latin texts into correct English.

Carpe Diem! Take Latin!

Required Book:

• Wheelock's Latin - Frederick M. Wheelock (ISBN-13: 978-0061997211)

Class meets: January 17, 19, 24, 26, 31 February 2, 7, 9, 14, 16, 21, 23

Edward Bradley

Retired professor of Classics at Dartmouth College with broad interests and experience in teaching Latin and Greek literature, Roman and early Christian art and architecture.

TUESDAY/THURSDAY

12:30 PM - 2:30 PM 17-Jan to 23-Feb 12 sessions (24 hours) Course Fee: \$85 HUMANITIES



Format: In-person (Co-op Learning Center, Lebanon, NH)



Martha Lorden

Martha Lorden is a food writer, culinary historian, and instructor. Her articles and cookbook reviews appear in Publishers Weekly and New England-based food and culture publications. Martha is also owner/operator of Martha's On A Roll, a food truck, and is a personal chef. A graduate of Princeton with an MAT in the social sciences from Brown, she is a retired educator who also consults on curriculum design, adult education, and teacher training. This is her 10th Osher culinary history course.

TUESDAY/WEDNESDAY

11:30 AM - 1:00 PM 17-Jan & 18-Jan 2 sessions (3 hours) Course Fee: \$25 Lab Fee: \$50 (see note) INTERDISCIPLINARY



Victorian Victuals: The Kitchen of Queen Victoria

The petite and portly Victoria's appetite and elaborate dining practices are legendary, ultimately shaping the culinary tastes and conventions of the era. How did this head of state become a force in a food revolution?

Unprecedented demographic changes within Victoria's booming empire brought new and exotic ingredients to Britain, transforming the royal kitchens as well as those of the middle and lower classes. Her personal culinary preferences made many bizarre and outrageous dishes fashionable and commonplace. Indian curries, Jamaican spiced dishes, and desserts such as Victoria sponge and Battenberg cakes are unique to the era and just a small part of the queen's culinary legacy.

Come find out about the foods served at the highest royal tables, the origins of high tea, and the true life of the kitchen workers of the royal household as we draw a delicious portrait of the voracious Victoria. Along with analyzing the culinary practices of Victoria, participants will enjoy two lunches typical of the era.

There are no required books for this course. The Study Leader will provide a reading packet with copies of recipes and a bibliography for further study.

NOTE: The \$50 lab fee is payable directly to the Study Leader, who will provide instructions on payment.

New to the Catalog!

(These course schedules were confirmed just prior to publication.)



Format: Zoom



Gloria Finkelstein

Gloria Finkelstein grew up in Montreal, lived in Paris, and has frequently traveled to France. She is the creator of "French Club with Madame G," an innovative learning-by-doing immersive language arts program. Gloria enjoys helping others discover and experience French culture and lifestyle via Upper Valley Frenchthemed workshops, events, and trips via Zoom/in person.

TUESDAYS & THURSDAYS 4:00 PM - 6:00 PM 7-Mar to 16-Mar 4 sessions (8 hours) Course Fee: \$45 HUMANITIES

Travel Dialogues: La Belle Province -Québec Canada

Enjoy learning about this scenic "joie de vivre" Canadian Province.

We will explore and discover. Join Madame G—Gloria Finkelstein—on a FUN virtual french travel adventure to the north East across the border.

Learn about The Quebec French Culture and discover authentic hidden FRENCH boulangeries, restaurants and more!

All levels are welcome, as are all new and returning Active French students. Each session will have all new content.

A mini questionnaire will be sent in advance of our first session so that we can customize the program to fit the levels and needs of participants.

There are no required books for this course.

Class meets: March 7, 9, 14, 16

Format: In-person (1 Court St, Lebanon, NH)



Jim Hunt

Jim Hunt graduated from Middlebury College as an American Literature/English Literature major. He also has an MA from Colgate University and an MA from Harvard University. He spent 20 years teaching, directing plays, and coaching at Hanover High School. He has also participated in Thetford Players Directing and Acting, served as Principal at Gorham Middle/High School, and is past Chair of the Conservation Commission in Randolph, NH. He is a world traveler.

MONDAYS

2:00 PM - 4:00 PM 6-Feb to 13-Mar 5 sessions (10 hours) Course Fee: \$65 HUMANITIES

N. Scott Momoday's House Made of Dawn

Momoday's book created a breakthrough of Native American literature into the mainstream. This magnificent Pulitzer Prizewinning novel of a stranger in his native land tells the story of a young man straddling two worlds. The book is also noted for its significance in Native American anthropology.

We will read 50 pages per week and discuss the challenges that Abel, the main character, meets. The seasons, the lands, rites, and traditions contrast with modern industrial America. This is an opportunity to get a better sense of the experiences and connections young people discover when there is a mix of cultures.

Required Book:

 House Made of Dawn - M. Scott Momoday (ISBN-13: 978-0061859977)

Special Lectures





Olmsted & Yosemite: Civil War & National Parks

During the turbulent decade the United States engaged in a civil war, abolished slavery, and remade the government, the public park emerged as a product of these dramatic changes. New York's Central Park and Yosemite in California both embodied the "new birth of freedom" that had inspired the Union during its greatest crisis, epitomizing the duty of republican government to enhance the lives and well-being of all its citizens. A central thread connecting abolition, the Civil War, and the dawn of urban and national parks is the life of Frederick Law Olmsted. In 1864, Olmsted was asked to prepare a plan for a park in Yosemite Valley, created by Congress to expand the privileges of American citizenship associated with Union victory. His groundbreaking Yosemite Report effectively created an intellectual framework for a national park system to provide every citizen access to the restorative benefits of nature. The talk will explain how this momentous period of national re-invention enabled the public park to emerge as part of our cultural identity and a vital institution of American democracy.

LECTURE

Friday, January 13, 2023 12:30 PM - 2:30 PM Admission: This event is free and open to the public. Registration is required.

Rolf Diamant

A landscape architect and historian, Rolf is adjunct associate professor of historic preservation at the University of Vermont. In his previous career with the National Park Service, Rolf was superintendent of five national parks including Frederick Law Olmsted National Historic Site and Marsh-Billings- Rockefeller National Historical Park. Rolf's book, *Olmsted and Yosemite: Civil War, Abolition, and the National Park Idea**, is a great starting point for this lecture.

*Available at https://lalh.org/books/featured/olmsted-and-yosemite/





Looking For More Income From Your Investments?

Generating income from bonds, bond funds, CDs, and income funds has been extremely challenging for years. Want another way to earn income? Consider selling covered call options on stocks you already own. Stocks paying dividends are good for earning income; however, they may not be enough.

This lecture will teach you what selling covered call options are, how they generate additional income from dividend and non-dividend-paying stocks, and reduces risk in your investment portfolio. This is a fantastic strategy inside taxdeferred or tax-free investment accounts, as income earned is not taxed.



LECTURE

Monday, January 16, 2023 10:00 AM - 12:00 PM Admission: This event is free and open to the public. Registration is required.

James Wigen

My primary focus is on private portfolio management and wealth management for individuals, businesses, and non-profits. I have been working in the financial services business since 1996, ran the training department for two international investment firms, and have been teaching non-credit investment classes since 1998 though universities, community colleges, and Osher Lifelong Learning Institutes (or OLLIs).

Contact Osher at Dartmouth:

Phone: (603) 646-0154

Email: osher@dartmouth.edu

Web: osher.dartmouth.edu

Staff Hours:

Mondays - Thursdays 8:30 AM to 4:30 PM

Fridays 8:30 AM to 1:00 PM

Due to ongoing health concerns, visitors to the Osher at Dartmouth offices and classrooms are asked to abide by certain guidelines regarding masks, hygiene, and social distancing. See page 13 for more information.

We appreciate your support!

Contributions from our members sustain the Osher at Dartmouth program and enable us to continue offering exciting courses, lectures, and special events. See page 83 for a list of donors.

Our most recent Friends Campaign ended on June 30, 2022. Almost 250 households contributed a total of \$43,403 to the fund. We wish to thank each and every one of you for your donations. These funds allow Osher to take on projects that we would otherwise be unable to sustain through our normal membership and registration fees. Friends funds provided the support we needed to remodel and construct our new home at 1 Court Street in Lebanon, NH. As we enter a new academic year, the Friends fund will also cover the cost of the equipment slated for installation in Classroom 3A, which will provide a more streamlined environment for HyFlex classes.

We are constantly working to provide the best possible educational experience for our members, and your contributions provide vital support for those efforts. Thank you!

We're here to help!

As we prepare for our Winter 2023 term, Osher staff and volunteers want to help you make the most of your Zoom and HyFlex classes. If you have questions about Zoom or need to practice your Zoom skills, visit our website for how-to videos. You can visit our website to view our daily calendar and browse our upcoming schedule of Zoom Cafés, and check our weekly e-newsletter for additional chances to register for Zoom workshops.

Get involved!

The skills and life experience of our volunteers are a large part of what makes Osher an exciting and diverse program, and you can help in so many ways: by acting as a Class Monitor; joining an Osher committee; leading a Special Interest Group; becoming a Study Leader; and more!

The Committees page of our website lists our active committees and describes their role in our program. You don't need a professional background to join, to lead, or to volunteer for Osher at Dartmouth—you just need to contribute your ideas, time, and effort!

Contact Osher at Dartmouth:

Phone: (603) 646-0154

Email: osher@dartmouth.edu

Web: osher.dartmouth.edu

Become a Study Leader!

Osher at Dartmouth courses are led by dedicated volunteers who have passion for and knowledge of a subject and want to share that passion with others.

If you or someone you know is interested in leading a course, we would love to hear from you! Our Curriculum Committee is filled with people ready to offer you any assistance you may need, including support, training, and encouragement.

Share Your Passion

Study Leaders are people who feel passionately about a subject and want to share that feeling with others. Some of our leaders have prior teaching experience, but others are enthusiasts who have a wealth of knowledge and are ready to explore the subject with fellow enthusiasts.

In addition to the excitement of sharing your knowledge and interests with other Osher members, Study Leaders enjoy a wide variety benefits through their contributions to our program, including:

- Our "Teach One, Take One" program provides you with credit for a free course every time you lead a course.
- Study Leaders receive access to and borrowing privileges at all Dartmouth College libraries.
- Study Leaders are granted priority in registering for courses each term.
- Training sessions, videos, and a mentor program available throughout the year.
- Receive an Educational Discount from the Dartmouth College Computer Store when you purchase a new Dell or Mac.

Visit our website to learn more about becoming a Study Leader.

Visit our website for more information on the Friends of Osher:

osher.dartmouth.edu

Friends of Osher

July 1, 2021 - June 24, 2022

Total Amount of Gifts Received: \$43,403

We would like to acknowledge the following donors and express our appreciation for their contributions in support of Osher at Dartmouth. Their generosity will allow Osher at Dartmouth to grow and thrive.

Thank you!

Note: This list reflects gifts received and recorded by Dartmouth College in the period noted above.

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