

Osher Lifelong
Learning Institute
at Dartmouth



2025 FALL COURSE CATALOG

OSHER LIFELONG
LEARNING INSTITUTE
AT DARTMOUTH
1 COURT ST, SUITE 380
LEBANON, NH 03766
(603) 646-0154
osher.dartmouth.edu

For more information, including
full course descriptions,
visit our website
or scan the code below.



Osher Lifelong
Learning Institute
at Dartmouth

Registration opens
Tuesday, July 29!

FALL TERM 2025

Course
Catalog

AN IDEA OF CONTINUED LEARNING...

Osher at Dartmouth is short for the Osher Lifelong Learning Institute at Dartmouth. We were founded in November 1990 by 38 members of the Upper Valley intrigued with the "idea of continued learning." Our founders relished the challenge of self-administered and peer-taught discussion programs. Over 30,000 people have participated in our programs since we were founded 35 years ago.

As a self-supporting department of Dartmouth College, Osher at Dartmouth provides educational opportunities that encourage discovery and stimulate thinking through participation in courses, lectures, and related travel programs.

With over 1,300 members, we are one of the largest and most extensive lifelong learning institutes in the country.

MISSION - VISION - CORE VALUES

Osher at Dartmouth's Mission:
To provide lifelong educational opportunities, both in-person and virtually. The Institute principally serves adult residents of the greater Upper Valley and members of the Dartmouth community.

Osher at Dartmouth's Vision: To be recognized as a national leader for excellence in lifelong education.

Core Values:

- An unwavering commitment to lifelong education;
- An inclusive community of people committed to our mission;
- A large, diverse, high-quality program, led by dedicated and talented volunteers;
- A welcoming social environment, within and beyond the classroom;
- Financial sustainability, member affordability, and planned growth;
- Strong, growing relationships with Dartmouth College and the Osher Foundation, with appropriate access to their facilities, services, and expertise.



Osher Lifelong Learning Institute at Dartmouth

1 Court Street, Suite 380
Lebanon, NH 03766

Office Hours:
Mon - Thu, 8:30 AM to 4:30 PM
Fri, 8:30 AM to 1:00 PM

Contact

Phone
603-646-0154

Website
osher.dartmouth.edu

E-Mail
osher@dartmouth.edu

Special thanks to our program sponsor:

JACK & DOROTHY BYRNE
FOUNDATION

NOTE FROM THE PRESIDENT

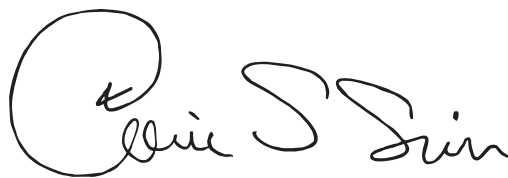
To whom was Winston Churchill referring when he said, “you, more than any man, have saved western civilization”?

Perhaps you would like to take a “journey of self-expression through the malleable medium of clay.”

If you find these course notes intriguing, then join me in diving into this Fall’s catalog. It offers a range of courses that are as diverse and engaging as ever in our 35th year as ILEAD/Osher at Dartmouth. There are courses on history, travel, health and science, popular culture, current affairs, literature, language, and art in different media. The list goes on and on. Share the catalog with a friend who is not a member—they will be intrigued. And for those who run on a very tight budget, we have a “no questions asked” scholarship program funded by a generous donor.

A confidential call to Lisa King can unlock a world of wonder to those in our community with limited funds.

I look forward to seeing you in the classroom this Fall!



Iain Sim,
President

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REGISTRATION & MEMBERSHIP

COURSE FEES:

Course fees are based on the total number of class hours anticipated for that course.

1 hours or less =

\$10 (members);

\$15 (non-members)

1.5 to 3.5 hours = \$30

4 to 8.5 hours = \$50

9 to 13.5 hours = \$70

14 or more = \$90

These fees do not cover materials or lab fees, nor do they include cost of books or other reading materials.

OSHER ONLINE COURSE FEES:

\$75 per course

MEMBERSHIP:

An active Osher at Dartmouth membership is required to register for courses.

Standard Membership

\$80 per person

valid through June 30, 2026

LOGGING IN TO YOUR ACCOUNT

You need to know your username and password to log in to your account. Visit our Registration Page to log in.

Can't log in? Click 'forgot password' on the page to retrieve your username and reset your password! (Note: When you begin the reset process, you'll have 15 minutes to complete the reset.)

SCHOLARSHIPS AVAILABLE

Osher at Dartmouth is committed to fostering accessible and inclusive learning opportunities for all individuals. Recognizing that some may face financial barriers in covering course fees, we are pleased to offer scholarships to support those in need. If you find yourself in a position where these fees may pose a challenge, we encourage you to reach out to Program Director Lisa King.

Call (603) 646-0154

or

Email lisa.l.king@dartmouth.edu

Please note that all times listed in this catalog are for Eastern Time (ET).

REGISTRATION & MEMBERSHIP

An active membership is required to register for fall courses. Membership purchases or renewals must be completed as a separate transaction prior to course registration.

HOW TO REGISTER

Registration opens Tuesday, July 29, 2025 at 12:01 AM.

STEP 1: What you need

- Have your username and password ready
- Have your list of courses ready (TIP: Knowing the Study Leader's name or the category/subject helps in a course search)
- Have your form of payment ready (debit card, Mastercard, or Visa) as the registration system does not save payment info

STEP 2: Go to our registration site (osher.dartmouth.edu, then click the 'Register' button on the upper menu)

When you visit the site, you can use the Search tools to find your course(s). Courses are listed under the Fall 2025 semester option. Please note: HyFlex courses will have two separate registration options—one for in-person (IP) participation and one for Zoom (Z) participation. If you cannot attend a majority of class sessions in-person, please consider selecting the Zoom option and keep a physical seat available for another member who wishes to participate in-person.

As of 8:30 AM on Tuesday, July 29, 2025, Osher staff members will be available to help you register over the phone. Call (603) 646-0154.

Financial assistance is available; contact the Osher at Dartmouth office for more information.

STEP 3: Register and pay

Add your courses to the site's shopping cart and start the checkout process. Note: After you fill out your payment info and hit the Submit button, you should be taken to a page that tells you your registration is complete and lists the courses/programs you just paid for. If you don't see that page, your payment may not have processed. Check your screen for any prompts or messages. ADDITIONALLY, check your email for a registration confirmation message, which should arrive within a few minutes of a successful registration. (Don't forget to check your Spam or Junk folder.)

GENERAL INFO

HEALTH & SAFETY

Anyone participating in any Osher at Dartmouth activities or events must abide by health guidelines in place at the time of their involvement. Please visit our website for current COVID-19 and masking guidelines. Masks are permitted, but are not required, within indoor areas utilized by Osher at Dartmouth.

We currently allow food in our Court Street classrooms. Please be mindful of any messes and clean up as needed at the end of class.

Beverages (coffee, tea, water) are available in all Osher spaces for a \$1 donation, and are permitted in classrooms if contained in a vessel with a lid, cap, or similar cover. **You must supply your own covered beverage container.**

POLICIES

As you register for courses, please take time to review Osher at Dartmouth's policies and procedures, which are available on the 'About' page of our website. This includes information on adding, dropping, or transferring courses, cancellation policies, codes of conduct, and more.

NEED SOME HELP?

Our website features several "how to" videos that will help you manage your Osher account and accomplish specific tasks.

Visit our website and select the 'About' menu item, then select the 'Membership' option. Scroll down that page for member resource links.

Topics include:

- How to Register for a Course
- How to Use Google Drive
- How to Use Zoom
- Being a Class Monitor

PARKING



Above: Map of central Lebanon. The 1 Court Street building is at the northwest corner of Colburn Park.

TO ACCESS PARKING FROM ROUTE 120/HANOVER STREET:

Turn onto Taylor Street via the parking lot next to Lebanon Village Pizza. Proceed to the large municipal parking lot behind the Lebanon Mall. (The CCBA building and outdoor facilities are located on Taylor Street next to this parking lot.)

TO ACCESS PARKING FROM ROUTE 4 (EAST AND WEST):

At the northeast corner of Colburn park (near Lucky's Coffee Garage), turn or merge right onto Campbell Street. Take the first left onto Flynn St., which leads directly into the municipal parking lots. (Alternatively, you can proceed down Campbell Street, turn left onto Spencer Street, and left again onto Taylor to enter the municipal lot from the east.)

Time allowances in municipal lots and spaces around Colburn Park can vary, ranging from 30-minute spots to all-day parking. Sign posts identify each zone. We recommended use of spots with 3-hour or all-day allowances if you are attending class at Court Street.

Parking info is also available on our website under the About -> Find Us menu item.

ONE COURT STREET

BUILDING ACCESS

The building's main entrance is on Court Street behind Three Tomatoes. An elevator is located straight ahead of the main doors, and stairs are located to the right and left of the elevator.

OSHER CLASSROOMS AND OFFICE

Second Floor

- Classrooms 2A and 2B are located in Suite 250 (diagonally across from elevator)
- Classrooms 2C and 2D and the Library are located in Suite 210 (glass door at end of hall).

Third Floor

Classroom 3A and the Osher office are located in Suite 380 (end of hall to the left of the United Way office).

OFFICE HOURS AND AFTER-HOURS ACCESS

The Osher offices are open from 8:30 AM to 4:30 PM Mondays through Thursdays, and 8:30 AM to 1:00 PM on Fridays.* If your class is scheduled to take place outside of these hours, your confirmation letter will provide information on accessing the building.

**From July 9 through August 13, 2025, the Osher office will be closed on Wednesday mornings while staff is at the Lebanon Opera House in support of the 2025 Summer Lecture Series. The office will open at 12:00 PM on each of those days.*

VOLUNTEER

GET INVOLVED

Help our program thrive by volunteering as part of a short-term project team member, as a committee member, as a Study Leader, or acting as a Class Monitor or Class Representative in any course you join.

Visit osher.dartmouth.edu and select our **Committees** page to learn more about our active committees.

Visit our **Study Leader** pages to find out how you can lead a course.

Check your course roster to see if anyone has volunteered to act as a **Class Monitor** (for Zoom courses) or **Class Representative** (for in-person courses). By volunteering in one of those roles, you receive early access to registration for the next term!

Email us at osher@dartmouth.edu if you would consider taking on any of these roles, or in support of another short-term project.

SPECIAL INTEREST GROUPS (SIGS)

SIGs are groups of Osher members sharing common interests who meet on a regular basis to enjoy or share that mutual interest. Each SIG has a volunteer coordinator responsible for group activities and adherence to Osher guidelines.

SIGs are open to all Osher members. They are not intended to promote sales of services or products. All SIGs must comply with Osher at Dartmouth policies. Osher supports SIGs through promotion and scheduling space in our Court Street spaces.

To join a SIG, visit the Osher website. To establish a new SIG, contact the Osher office at (603) 646-0154.

Turn to page 62 to review current SIGs!

STUDY LEADERS - FALL 2025

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Dan Cunningham.....	55
Margaret Cunningham.....	50
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Timothy Danaher.....	41
Phyllis Deutsch.....	42
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Lee Emerson	22
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Maureen Rosen	23
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COURSES BY SUBJECT

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	Joni Mitchell: Observer of Friends, Lovers, and Us	40
	Loving Animals: Conversations...Animal Communicator ..	42
	Musical Travels: Composers in Other Countries	57
	Sketch, Scribble, Stroll: Journaling Nature on the Go	38
	Telling Your Family's Story	57
	The Art of Narrative Storytelling	45
	The History of Rock	34
	The Paintings of Paul Cezanne	55
	Handbuilding with Clay	35
	You Oughta Be in Pictures	49
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	Populism and Democracy: Three Case Studies	54
HUMANITIES	Another Collection of Collections	50
	Before <i>James</i> ...Novels by Percival Everett	45
	Feeling Like An Immigrant	29
	From Augustus to Augustine	41
	From Script to Print: European Cultural Change	43
	Intermediate Spanish Grammar & Conversation	51
	Iron Maidens...Saints of Anglo-Saxon England	31
	It's About Time	54
	Latin Too!—Fun and Adventures	41
	Masterworks of Sea Poetry	24
	<i>Our Mutual Friend</i>	42
	Poetry Workshop	47
	Revisiting <i>The Great Gatsby</i> at 100 Years Old	25
	Ski Tracks Through Time...Dartmouth...Skiing	28
	Who Am I?—Bhagavad Gita and Vedanta View	35
	Writing a "Legacy Letter"	34
INSTRUCTIONAL	How to Manage...Retirement Plan During Volatility?	30
	Introduction to Curling	60
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SUBJECT	COURSE TITLE	PAGE
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	You're Not Just What You Eat	39
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	"Where on Earth is the U.S.?" Are We in the Top-10?	39
	A Search for Beginnings	23
	Encountering Andrew Jackson	33
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	Psychological and Cognitive Flexibility	36
	The American Nations	26
	The Erie Canal: A Tale of Water and Gravity	48
	The Last Dance	28
	The Mystery of Tom and Sally	61
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	Truman's Cold War	23
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	U.S. Foreign Intelligence: From...Washington...Present Day ...	30
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COURSES - TERM BY SCHEDULE

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12:30pm - 2:30pm	Rosen & Rosen	23
12:30pm - 2:30pm	Bob Jakoubek	23
12:30pm - 2:30pm	Hank Buermeier	24
12:30pm - 2:30pm	Bob Rougie	24
2:00pm - 4:00pm	Maryanne Garbowsky	25
2:00pm - 4:00pm	Annie Ross	25
2:30pm - 4:30pm	Charlie Buell	26
	Fall of Democracy: The Weimar Republic	22
	"A Peculiar People": The Enfield, NH Shakers	22
	A Search for Beginnings	23
	Truman's Cold War	23
	Masterworks of Sea Poetry	24
	The Spanish-American War of 1898: A Critical Juncture	24
	Revisiting <i>The Great Gatsby</i> at 100 Years Old	25
	<i>Svaroopa</i> ™ Yoga - Gentle, Deep, and Profound	25
	The American Nations	26

TUESDAY

9:00am - 12:00pm	Thomas Urgo	28
9:30am - 11:30am	Peter Graves	28
9:30am - 11:30am	Toni Egger	29
9:30am - 11:30am	Robert Taylor	29
9:30am - 11:30am	Evan Roberts	30
10:00am - 12:00pm	Bill Sullivan	30
10:00am - 12:00pm	Guy Collins	31
10:00am - 12:00pm	Williamson & Williamson	31
10:00am - 12:00pm	Rai d'Honoré	32
12:30pm - 2:30pm	Thomas Ebert	32
	The Last Dance	28
	Ski Tracks Through Time: The History of Dartmouth...Skiing	28
	Feeling Like an Immigrant	29
	Wildfire Meets the City	29
	How to Manage Your Retirement Plan During Volatility?	30
	U.S. Foreign Intelligence: From Washington to Present Day	30
	Iron Maidens: The Royal Saints of Anglo-Saxon England	31
	Lessons Learned From a Lifetime of Expeditions	31
	The Greatest Generation Any Society Has Ever Produced	32
	Checkups With a Red Pen: Grading the Tests That Check on You....	32

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TUESDAY, cont.

12:30pm - 2:30pm	Vic Henningsen	Encountering Andrew Jackson	33
1:30pm - 3:00pm	Neugass & Mate	Greatest Sports Players of All Time (GOATs)	33
2:00pm - 4:00pm	Jay Sherwin	Writing a "Legacy Letter"	34
2:00pm - 4:00pm	John Hill	The History of Rock	34
2:00pm - 4:00pm	Dianne Burger	Unlock Your Creativity: Handbuilding With Clay	35
4:00pm - 5:30pm	Kaushal Trivedi	Who Am I?—Bhagavad Gita and Vedanta View	35
5:00pm - 6:00pm	John Randolph	Psychological and Cognitive Flexibility	36
5:00pm - 7:00pm	Clara Sava-Segal	Experience in the Eye of the Beholder: How...Brains Create Reality ..	36

WEDNESDAY

9:30am - 11:30am	Robin Rice Voigt	Sketch, Scribble, Stroll: Journaling Nature on the Go	38
9:30am - 11:30am	Philip Tierney	Fulfillment or Betrayal: Transitioning From a Democracy	38
9:30am - 11:30am	Richard Comi	You're Not Just What You Eat: Demystifying Metabolism	39
10:00am - 11:30am	Doug Stowell	"Where on Earth is the U.S.?" Are We in the Top-10?	39
10:30am - 12:30pm	John Peterman	A Celebration of Entertainers We Lost in 2024	40
10:30am - 12:30pm	John Peterman	Joni Mitchell: Observer of Friends, Lovers, and Us	40
11:30am - 1:30pm	Susan Brown	Latin Tool!—Fun and Adventures With Caesar and Hannibal	41
12:30pm - 2:30pm	Bradley & Danaher	From Augustus to Augustine	41
1:00pm - 2:00pm	Jeannie Lindheim	Loving Animals: Conversations With an Animal Communicator ..	42
1:00pm - 3:00pm	Phyllis Deutsch	<i>Our Mutual Friend</i>	42
2:00pm - 4:00pm	Daniel Abosso	From Script to Print: European Cultural Change from 1300-1600 ...	43
2:00pm - 4:00pm	Elinor Gregor	Mah Jongg for Beginners	43
3:00pm - 5:00pm	Tom Wilson	Travels in Europe	44

cont.

WEDNESDAY, cont.

3:30pm - 5:30pm	Jackson Penfield-Cyr	The Art of Aging Gracefully...Resources for Resilience	44
3:30pm - 5:30pm	Robin Fisher	The Art of Narrative Storytelling	45
3:30pm - 5:30pm	David Grant	Before <i>James</i> —Three Earlier Novels by Percival Everett	45

THURSDAY

9:30am - 11:30am	Stephen Hackman	Poetry Workshop	47
9:30am - 11:30am	Bruce James	Resilient Sustainability: Not the End of the World	47
9:30am - 11:30am	Susan Brink	Morocco—A Nearby Faraway Place	48
10:00am - 12:00pm	Buck Beasom	The Erie Canal: A Tale of Water and Gravity	48
10:00am - 12:00pm	Clauson & Warren	You Oughta Be in Pictures	49
11:00am - 1:00pm	Jeanne Shafer	Beyond the Bouquet: Arranging Flowers...at the Hood	49
12:30pm - 2:30pm	Margaret Cunningham	Lean Living: Using the 5-S Method to Organize Your Home	50
1:00pm - 3:00pm	Jonathan Stableford	Another Collection of Collections	50
2:00pm - 4:00pm	Morris Kaplan	Intermediate Spanish Grammar & Conversation	51
2:00pm - 4:00pm	Bob Grafstein	U.S. Economic Inequality Past and Present—and Should We Care? ...	51
3:00pm - 5:00pm	L. Jon Grogan	Five Revolutions That Changed The World	52

FRIDAY

9:00am - 11:00am	Larry Crocker	It's About Time	54
9:30am - 11:30am	Hanan Miron	Populism and Democracy: Three Case Studies	54
9:30am - 11:30am	Dan Cunningham	Energy Alternatives: Climate Change and Prosperity	55
9:30am - 11:30am	Jack Sammons	The Paintings of Paul Cezanne: Philosophic & Literary Perspectives..	55
9:30am - 12:00pm	John Minelli	Hollywood: The Birth of American Silent Films	56

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FRIDAY, cont.

10:15am - 1:00pm.....	Gloria Finkelstein.....	Active French - Baguettes, Croissants + Café...Hood Museum.....	56
2:00pm - 4:00pm	Moby Pearson	Musical Travels: Composers in Other Countries.....	57
2:00pm - 4:00pm	Peter Adler.....	Telling Your Family's Story...Through Memory, Images, and Voice ...	57
2:00pm - 4:00pm	Larry Canepa	Food Idioms.....	58

SPECIAL SCHEDULES

Tues & Thurs.....	10:00am - 12:00pm....	LaBelle & Rauh.....	Introduction to Curling.....	60
Tues & Thurs.....	12:30pm - 2:30pm.....	William North.....	Hormones...Choreographers of Life.....	60
Wed (every other)..	10:00am - 12:00pm....	Schori & Andrews.....	Fall Botany 2025	61
Wed & Fri.....	9:30am - 11:30am	Jim Bays	The Mystery of Tom and Sally	61

Visit the 2025 Fall Term page on the Osher website to view upcoming courses shared with us by other Osher Lifelong Learning Institutes.

MONDAY COURSES

Courses are listed in order of schedule.

HyFlex courses allow you to attend either in-person or via Zoom. Please consider registering for Zoom attendance if you're not planning to attend a majority of the class sessions in-person.



Fall of Democracy: The Weimar Republic— From Unloved Freedom to Totalitarianism

CHRISTIANA WHITTINGTON
& LEE EMERSON

IN-PERSON

SOCIAL SCIENCES

9:30 AM TO 11:30 AM

SEP 22 - OCT 27

6 SESSIONS (12 HOURS)

1 COURT ST, LEBANON, NH

\$70

The period between 1919 and 1933 was Germany's first fragile experiment at democracy. While it was marked by political instability and economic hardship, it was also one of the most creative and productive times in German history. We will shed light on the many factors that shaped the Weimar Republic and will explore how this progressive society could fall for the incitement to hatred by the Nazis.

Image: "Small Town by Day (Badische Kleinstadt bei Tage), 1922-23, Georg Scholz, Art Institute of Chicago, Chicago, Illinois" by Ken Lund is licensed under CC BY-SA 2.0.



"A Peculiar People": The Enfield, New Hampshire Shakers

MARY ANN HAAGEN
& MICHAEL O'CONNOR

IN-PERSON

SOCIAL SCIENCES

10:00 AM TO 12:00 PM

SEP 8 - OCT 13

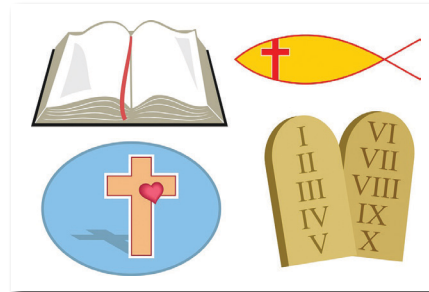
6 SESSIONS (12 HOURS)

1 COURT ST, LEBANON, NH &
ENFIELD SHAKER MUSEUM,
ENFIELD, NH

\$70

In this six week course we will explore the history of the Enfield, N.H. Shakers through their writings, architecture, music, and material culture. Three class meetings will be in Lebanon, and three at the Enfield Shaker Museum. Using primary source documents and museum artifacts we will investigate the Shakers' contributions to America's cultural and religious landscape. We will consider whether their 125 year experience of communal living offers lessons or insights for 21st century America.

Image: Shaker Historic District, Neil M. Young



A Search for Beginnings

ART ROSEN & MAUREEN ROSEN

IN-PERSON

SOCIAL SCIENCES

12:30 PM TO 2:30 PM

SEP 8 - SEP 29

4 SESSIONS (8 HOURS)

1 COURT ST, LEBANON, NH

\$50

The Judeo-Christian tradition can be thought of as an inverted pyramid, vast in size and ever widening, but mounted on a dimly lit foundation. "A Search for Beginnings" will survey the very beginnings of Judaism and Christianity. It will demonstrate that much of the two faiths originated in surrounding cultures. It is a sensitive finding that raises many questions. Among them: Can we still speak of divinely revealed religions? And what of the beliefs attributed to Abraham and Jesus?



Truman's Cold War

BOB JAKOUBEK

IN-PERSON

SOCIAL SCIENCES

12:30 PM TO 2:30 PM

SEP 29 - NOV 3

6 SESSIONS (12 HOURS)

1 COURT ST, LEBANON, NH

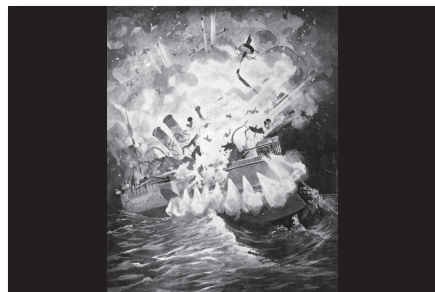
\$70

In 1952 Winston Churchill told Harry Truman that "you, more than any other man, have saved Western civilization." Some historians have seconded Churchill's judgment, insisting that Truman's decisions united the West and contained a relentless Soviet Union. But other scholars argue that Truman's Cold War policies were needlessly provocative. In this course we'll examine various episodes of the early Cold War and try to sort out the successes and failures of Truman's foreign policy.



Masterworks of Sea Poetry

HANK BUERMAYER



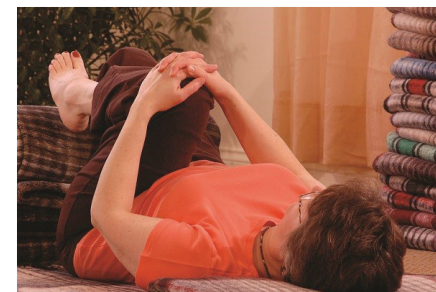
The Spanish-American War of 1898—A Critical Juncture in U.S. History

BOB ROUGVIE



Revisiting *The Great Gatsby* at 100 Years Old: A Cause for Celebration

MARYANNE GARBOWSKY



Svaroopa® Yoga - Gentle, Deep and Profound

ANNIE ROSS

IN-PERSON

HUMANITIES

12:30 PM TO 2:30 PM

OCT 6 - OCT 27

4 SESSIONS (8 HOURS)

1 COURT ST, LEBANON, NH

\$50

LAB FEE: \$10 (reading packet)

In the opening chapter of *Moby Dick*, Ishmael speaks about the irresistible force that draws man to the sea. Wherever the ocean meets the shore, says Herman Melville's narrator, man will be found keeping a vigil, watching the sea. Throughout history, poets have felt the pull of the sea, exploring the full range of nautical fears, dreams, and longings, including shipwrecks, frothing foam, and seaweed. We will be reading and discussing poems by Masfield, Whitman, Sandburg, Longfellow, and more.

HYFLEX

SOCIAL SCIENCES

12:30 PM TO 2:30 PM

NOV 10 - NOV 24

3 SESSIONS (6 HOURS)

1 COURT ST, LEBANON, NH

& ZOOM

\$50

As we celebrate 250 years of being Americans, there was a little-known conflict at the mid-point in our history that began shaping our rise to greatness in the 20th Century. The Spanish-American War of 1898 was a pivotal moment in our history. This conflict between an aging, once powerful but now decrepit European empire and a brash, growing, new-world democracy announced to the empire builders of Europe that the U.S. was ready to become a powerful member of the world community.

ZOOM

HUMANITIES

2:00 PM TO 4:00 PM

OCT 20

1 SESSION (2 HOURS)

\$30

In April 2025, F. Scott Fitzgerald's classic American novel, *The Great Gatsby*, celebrated its 100 year anniversary. In the American literary canon, it is one of the most loved and memorable books, read in most high schools and featured in at least three major films as well as plays. What is it about this novel that makes it such an important work and why do we, as readers, find it so meaningful even after a century?

ZOOM

INSTRUCTIONAL

2:00 PM TO 4:00 PM

NOV 3 - NOV 24

4 SESSIONS (8 HOURS)

\$50

Svaroopa® yoga specializes in "core opening," spinal decompression, through releasing the tensions in the layers of muscles wrapped around your spine. It is gentle, reliable, and effective. Wear loose, comfortable clothing or whatever you like to move in for this experiential course.

Photo used courtesy of Svaroopa® Vidya Ashram

MONDAY



The American Nations

CHARLIE BUELL

HYFLEX

SOCIAL SCIENCES

2:30 PM TO 4:30 PM

SEP 8 - OCT 6

5 SESSIONS (10 HOURS)

1 COURT ST, LEBANON, NH &
ZOOM

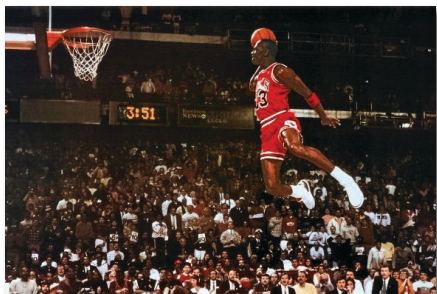
\$70

Before our Revolution, English migrants brought four different cultures with them which impacted the regions where they settled. But later, in the 19th century, they brought those cultures, or Nations, with them when they migrated west. And they still affect the politics, economics, and society where they landed and where they moved.

TUESDAY COURSES

Courses are listed in order of schedule.

HyFlex courses allow you to attend either in-person or via Zoom. Please consider registering for Zoom attendance if you're not planning to attend a majority of the class sessions in-person.



The Last Dance

TOM URGO



Ski Tracks Through Time: The History of Dartmouth and American Skiing

PETER GRAVES



Feeling Like An Immigrant

TONI EGGER



Wildfire Meets the City

ROB TAYLOR

IN-PERSON

SOCIAL SCIENCES

9:00 AM TO 12:00 PM

OCT 14 - NOV 11

5 SESSIONS (15 HOURS)

1 COURT ST, LEBANON, NH

\$90

In 1998, the Chicago Bulls invited a film crew to video without restriction what would be their last season as the greatest professional sports team of all time. In 1982, Michael Jordan arrived on the scene as a freshman college player, and the rest is history. In the space of time between Jordan joining the team and the beginning of filming, the Berlin Wall fell, the USSR imploded, and limited wars took place. A Republican presidential candidate raised taxes and lost an election. The U.S. had a budget surplus. While this is primarily a sports film, it covers a time in America when the future looked bright.

"Michael Jordan" by Kip-koech is licensed under CC BY 2.0.

IN-PERSON

HUMANITIES

9:30 AM TO 11:30 AM

SEP 16 - OCT 21

6 SESSIONS (12 HOURS)

1 COURT ST, LEBANON, NH

\$70

This popular course, which has run regularly for almost ten seasons, will take you behind the scenes to see the birth of both Dartmouth College skiing—with emphasis on the legendary Fred Harris, who helped found both the ski team, the Dartmouth Winter Carnivals and the Dartmouth Outing Club—through the growing popularity of the ski sport genres. If you want to know all the fascinating inside stories, this is the class for you.

IN-PERSON

HUMANITIES

9:30 AM TO 11:30 AM

SEP 30 - NOV 11

7 SESSIONS (14 HOURS)

1 COURT ST, LEBANON, NH

\$90

In this course, readers will travel from Mexico, Pakistan, Iraq and Vietnam to America through the work of 3 immigrant novelists. In Luis Alberto Urrea's *The House of Broken Angels*, a sprawling Mexican family lives a rambunctious life on both sides of the border. Sayed M. Masood takes us from Pakistan and Iraq to California with two immigrant families in *The Bad Muslim Discount*, and in *Refugees*, Viet Thanh Nguyen puts readers in the shoes of refugees from Vietnam through short stories.

IN-PERSON

INTERDISCIPLINARY

9:30 AM TO 11:30 AM

NOV 4 - DEC 16

(NO CLASS NOV 25)

6 SESSIONS (12 HOURS)

1 COURT ST, LEBANON, NH

\$70

The fires that incinerated much of Los Angeles last year were no anomaly. Changing climate, forests, and settlement patterns are breaking down the barriers that usually kept wildfires in the woods. This course will examine what is making wildfires more devastating and sometimes unstoppable, with a particular focus on one that destroyed much of a city in western Canada. It will consider the rising risk of wildfires in New England and what New Hampshire and Vermont are doing about it.



How to Manage Your Retirement Plan During Volatility?

EVAN ROBERTS

HYFLEX

INSTRUCTIONAL

9:30 AM TO 11:30 AM

NOV 18 - DEC 16
(NO CLASS NOV 25)

4 SESSIONS (8 HOURS)

1 COURT ST, LEBANON, NH
& ZOOM

\$50

This course will be tailored to consider individual circumstances for those contemplating or in retirement. We will give real world examples and encourage discussion. We'll cover Social Security, investment strategies, estate planning for heirs, and tackle the big question: "How much is enough to retire?"



U.S. Foreign Intelligence: From George Washington to the Present Day

BILL SULLIVAN

IN-PERSON

SOCIAL SCIENCES

10:00 AM TO 12:00 PM

SEP 9 - OCT 28

8 SESSIONS (16 HOURS)

THE WOODLANDS, LEBANON, NH
\$90

This course will provide an historical and critical examination of U.S. intelligence activities and institutions, including successes, failures, and their ultimate importance to national security. In examining U.S. intelligence activities, we will discuss their impact on U.S. policy making as well as oversight of intelligence activities by all branches of government.



Iron Maidens: The Royal Saints of Anglo-Saxon England

GUY COLLINS

IN-PERSON

HUMANITIES

10:00 AM TO 12:00 PM

SEP 16 - OCT 21

6 SESSIONS (12 HOURS)

ST THOMAS CHURCH,
HANOVER, NH

\$70

We will explore the remarkable lives, and afterlives, of nine Anglo-Saxon ruling women from the sixth to the eleventh century. The royal women of Anglo-Saxon England were renowned for their sanctity. They also inhabited critical roles in religious and political life of the kingdoms. As queens, princesses, abbesses, and even warriors, they were venerated saints and powerful political icons.

NOTE: Participation is open to both Osher members and St. Thomas parishioners (who are asked to register through the church).



Lessons Learned from a Lifetime of Expeditions: Different Countries, Environments, and Cultures

JED WILLIAMSON
& PERRY WILLIAMSON

IN-PERSON

INTERDISCIPLINARY

10:00 AM TO 12:00 PM

SEP 23 - NOV 18
(NO CLASS OCT 14)

8 SESSIONS (16 HOURS)

KENDAL AT HANOVER,
HANOVER, NH

\$90

We'll bring experiences gained from three thousand nights camped in the woods and on mountains with family, friends, and students, who have taught us invaluable lessons. We'll go beyond mission, goals, and curricula to examine the educational and spiritual value of adventure and exploration.



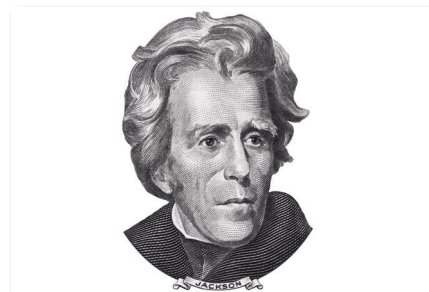
The Greatest Generation Any Society Has Ever Produced

RAI D'HONORÉ



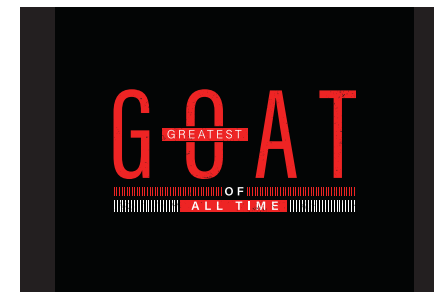
Checkups with a Red Pen: Grading the Tests That Check on You

THOMAS EBERT



Encountering Andrew Jackson

VIC HENNINGSEN



Greatest Sports Players of All Time (GOATs)

RICHARD NEUGASS
& SCOTT MATE

ZOOM

INTERDISCIPLINARY

10:00 AM TO 12:00 PM

OCT 14 - NOV 4

4 SESSIONS (8 HOURS)

\$50

"The greatest generation any society has ever produced," wrote Tom Brokaw, NBC Nightly News anchor, and they lived through "the most profound economic and technological transformation in human history as a once rural America metamorphosed into a largely urban and suburban culture of vast wealth and leisure." A brief examination of historical events will focus on courageous and innovative patriots in the fields of science and technology, performing and literary arts, sports, and the military.

Images: "John Coltrane 1963 cropped ver2" by Gelderen, Hugo van / Anefo is marked with CC0 1.0. "Grace Hopper in 1952" by miss karen is licensed under CC BY 2.0.

IN-PERSON

INTERDISCIPLINARY

12:30 PM TO 2:30 PM

SEP 30 - OCT 14

3 SESSIONS (6 HOURS)

1 COURT ST, LEBANON, NH

\$50

Preventive health and screening guidelines change regularly. We shall explore what has proven useful, what is backed by weaker evidence, what gets retired, and what is wacky.

IN-PERSON

SOCIAL SCIENCES

12:30 PM TO 2:30 PM

OCT 28 - NOV 18

4 SESSIONS (8 HOURS)

1 COURT ST, LEBANON, NH

\$50

Was he the living symbol of the new nation, of whom, as one scholar argued, "the people made a mirror for themselves"? Or was he an authoritarian zealot who dominated Congress, supposedly defied the Supreme Court, and wrecked the American economy? Using the assessments of a variety of American historians and examining primary sources from the period, we'll try to make sense of the phenomenon that was Andrew Jackson.

ZOOM

SOCIAL SCIENCES

1:30 PM TO 3:00 PM

OCT 28 - NOV 18

4 SESSIONS (6 HOURS)

\$50

Who's the BEST quarterback or defenseman in football history, who's the BEST basketball forward or center in the history of the NBA or WNBA, who's the BEST pitcher in major league baseball history, and who's the BEST woman golfer in the history of that sport? In the last class we'll vote on who's the best athlete of all sports! See if your choices are corroborated by your classmates and knowledgeable fans of sports worldwide.

This course is offered in partnership with Osher at RIT; RIT participants will be in-person while Osher at Dartmouth participants will join via Zoom.



Writing a “Legacy Letter”

JAY SHERWIN

ZOOM

HUMANITIES

2:00 PM TO 4:00 PM

SEP 16

1 SESSION (2 HOURS)

\$30

In this online class, you'll learn how to write a “legacy letter,” a document that allows you to share your life lessons, express your values, and transmit your blessings to future generations. Writing a legacy letter is a rewarding experience that creates an enduring gift for your loved ones.



The History of Rock

JOHN HILL

ZOOM

ARTS

2:00 PM TO 4:00 PM

OCT 21 - NOV 25

6 SESSIONS (12 HOURS)

\$70

This course is a history of rock music, taught by an insider who saw and experienced much of the development of this music. It begins with the pre-rock period and a definition and some of the factors that contributed to rock's beginning. The pioneers of rock—Elvis Presley, Carl Perkins, Buddy Holly, Ray Charles, Chuck Berry, Fats Domino, and Little Richard — will be heard and discussed. The British Invasion—including artists like The Beatles and The Rolling Stones—will be covered, as will the 70s, 80s, and 90s.



Unlock Your Creativity: Handbuilding with Clay at Blackberry Hill Art Center

DIANNE BURGER

IN-PERSON

ARTS

2:00 PM TO 4:00 PM

SEP 30 - OCT 21

4 SESSIONS (8 HOURS)

BLACKBERRY HILL ART CENTER,
ORFORD, NH

\$50

MATERIALS FEE: \$160

Discover the joy of ceramics in this four-week class. Explore handbuilding techniques using clay slabs and coils to create functional or decorative pieces. Explore various surface treatments such as texture rollers, stamping, and carving. These techniques will add depth, character, and individuality to your functional or decorative pieces. Bring your visions to life with vibrant glazes. All materials are provided. Ignite your passion for clay's tactile nature and the freedom of creativity!



Who Am I?—Bhagavad Gita and Vedanta View

KAUSHAL TRIVEDI

ZOOM

HUMANITIES

4:00 PM TO 5:30 PM

SEP 30 - NOV 4

(NO CLASS OCT 21)

5 SESSIONS (7.5 HOURS)

\$50

“Brahman is Real. The universe is Unreal (an illusion; an appearance). The individual soul is, in essence, Brahman.”
- Adi Shankaracarya

If you have ever wondered...What is the nature of reality? Who am I? Why am I here? How do I live my best life?...then this course is for you. The course also focuses on fundamental truth from Veda, especially end of Veda, which is called Upanishad.

TUESDAY



Psychological and Cognitive Flexibility: Contributors, Correlates, and Challenges

JOHN RANDOLPH

IN-PERSON

SOCIAL SCIENCES

5:00 PM TO 6:00 PM

SEP 30 - OCT 14

3 SESSIONS (3 HOURS)

1 COURT ST, LEBANON, NH

\$30

What does it mean to be psychologically flexible? What personality, emotional, cognitive, and lifestyle factors contribute to flexibility? Are there strategies we can use to improve flexibility? In this three-part course, we'll explore foundations of psychological and cognitive flexibility and, more generally, the "executive functions." We'll also consider the importance of flexibility throughout life in our daily activities and in our relationships with others.



Experience in the Eye of the Beholder: How Individual Brains Create Reality

CLARA SAVA-SEGAL

HYFLEX

SOCIAL SCIENCES

5:00 PM TO 7:00 PM

OCT 14 - OCT 28

3 SESSIONS (6 HOURS)

1 COURT ST, LEBANON, NH
& ZOOM

\$50

This course examines how each person's unique mental landscape emerges from brain activity. We'll explore cutting-edge methods scientists use to study the individual brain—from neuroimaging to measuring emotions, memories, and perceptions. The course addresses: How do we study personal experience? What makes each mind unique? How do subjective feelings translate into observable brain activity?

WEDNESDAY COURSES

Courses are listed in order of schedule.

HyFlex courses allow you to attend either in-person or via Zoom. Please consider registering for Zoom attendance if you're not planning to attend a majority of the class sessions in-person.



Sketch, Scribble, Stroll: Journaling Nature on the Go

ROBIN RICE VOIGT



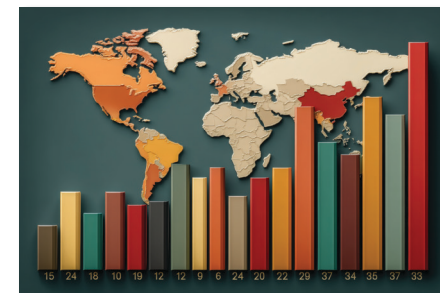
Fulfillment or Betrayal: Transitioning From a Democracy With Christians to a Christian Nation

PHILIP TIERNEY



You're Not Just What You Eat: Demystifying Metabolism, Obesity, and Diabetes

RICHARD COMI



"Where on Earth is the U.S.?" Are We in the Top-10?

DOUG STOWELL

IN-PERSON

ARTS

9:30 AM TO 11:30 AM

SEP 10 - OCT 8

4 SESSIONS (8 HOURS)

VARIOUS LOCATIONS

\$50

Do you love to be outside and wonder about what you see and experience? Join me to walk nearby trails, explore and observe, documenting what we notice. Each week, we'll meet in a different place, have a short walk, and draw, paint, and write in our journals. Short demonstrations and prompts will be offered. We'll spend time with our journals and then share our findings. Sharing what catches our attention builds appreciation for different perspectives. Some materials will be required.

NOTE: This 4-session course is listed with 5 dates. The October 1 session may be skipped; if class meets that day, October 1 is the final session. If skipped, the final class will take place on October 8.

IN-PERSON

INTERDISCIPLINARY

9:30 AM TO 11:30 AM

SEP 17 - NOV 5

8 SESSIONS (16 HOURS)

1 COURT ST, LEBANON, NH

\$90

America and the world are in a pickle. Americans hold very different visions of America and its role in the world. Are we dealing with a problem that can be solved or an intractable predicament? Is the current direction of the U.S. a fulfillment of America's destiny and the Christian mission, the kingdom of God as some believe, or a betrayal, as others think? This course will probe the roots, goals, and dynamics of the current state of affairs to find possible resolutions. This will be our task.

IN-PERSON

NATURAL SCIENCES

9:30 AM TO 11:30 AM

NOV 5 - DEC 17
(NO CLASS NOV 26)

6 SESSIONS (12 HOURS)

1 COURT ST, LEBANON, NH

\$70

Uncertain about diets, supplements and what the media says about them? This six-session course will explore the ways we process, store and use nutrients. The information will be referenced to the modern-day topics of obesity, diabetes, insulin resistance and cardiovascular health. We also will examine the nutritional advice in the media, comparing what we know to popular myths and diets like intermittent fasting, keto diets and vitamin supplementation.

ZOOM

SOCIAL SCIENCES

10:00 AM TO 11:30 AM

NOV 19

1 SESSION (1.5 HOURS)

\$30

How does the U.S. compare in meeting the challenges that exist in 2025? We will examine 24 topics including: GDP, Wages, Taxes, Trade balance, Tariffs, Environment, Energy, Education, Health Care, Climate Change, Immigration, Safety, Prosperity, Happiness, "Best" Nations, et al. We will use the "Top 10" format which provides a quick "snapshot" of the U.S. rank relative to other nations. Our sources are international surveys by highly credible and impartial world-wide organizations.



A Celebration of Entertainers We Lost in 2024

JOHN PETERMAN

IN-PERSON

ARTS

10:30 AM TO 12:30 PM

OCT 29

1 SESSION (2 HOURS)

1 COURT ST, LEBANON, NH

\$30

Join us to celebrate entertainers who passed away in 2024. These talented folks left a significant mark on the evolution of their craft and on society. Some are well known and many others also deserve our remembrance. Chita Rivera, Maggie Smith, Bob Newhart, James Earl Jones, Mitzi Gaynor, Donald Sutherland, Seiji Ozawa, Kris Kristofferson, Judith Jamison, Gena Rowlands, Quincy Jones, along with 44 others, will be featured in video clips of their greatest performances.



Joni Mitchell: Observer of Friends, Lovers, and Us

JOHN PETERMAN

IN-PERSON

ARTS

10:30 AM TO 12:30 PM

NOV 5

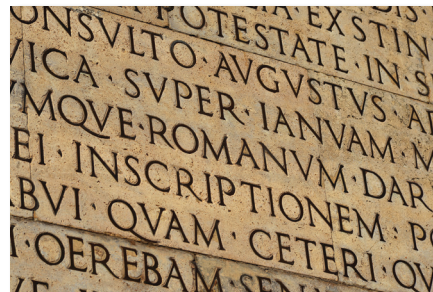
1 SESSION (2 HOURS)

1 COURT ST, LEBANON, NH

\$30

Joni Mitchell is regarded as one of the greatest songwriters of the 20th century. Starting as a folk singer and evolving through pop and jazz, Joni's music touched the hearts of millions worldwide. Not only did she write about her friends and lovers, but she was also one of the first songwriters to sling arrows at American suburban life. During this class, we will explore the genius of Joni's lyrics combined with her unique melodic song structure.

"Joni Mitchell 1983" by Capannelle is licensed under CC BY 2.0.



Latin Too!—Fun and Adventures With Caesar and Hannibal

SUSAN BROWN

IN-PERSON

HUMANITIES

11:30 AM TO 1:30 PM

SEP 17 - NOV 12
(NO CLASS OCT 1)

8 SESSIONS (16 HOURS)

1 COURT ST, LEBANON, NH

\$90

You've done Latin I sometime—maybe here at Osher. We will begin with a quick reading review using an adventure story, *Daimon*, which is easy and fun, and moving on to Caesar's expedition to Britain (he didn't know about tidal amplitude) and then Hannibal and his elephants crossing the Alps. All the texts will be provided. You'll want your own small dictionary. If we finish early, we'll move on to some Medieval Latin adventures.



From Augustus to Augustine

EDWARD BRADLEY
& TIMOTHY DANAHER

IN-PERSON

HUMANITIES

12:30 PM TO 2:30 PM

SEP 17 - NOV 5
(NO CLASS OCT 1)

7 SESSIONS (14 HOURS)

1 COURT ST, LEBANON, NH

\$90

This team-taught course will investigate the gradual transformation of the Roman state of the first century of our era—along with its own pantheon of anthropomorphic gods and traditional religious beliefs and practices—into the fully Christian society that officially outlawed pagan worship in 391 AD.



Loving Animals: Conversations With an Animal Communicator

JEANNIE LINDHEIM

ZOOM

ARTS

1:00 PM TO 2:00 PM

Nov 12

1 SESSION (1 HOUR)

\$10 PER OSHER MEMBER

\$15 PER NON-MEMBER

Jeannie Lindheim, author of *Loving Animals: Conversations with an Animal Communicator*, will discuss how animal communication works and techniques she uses. She will tell some touching stories and share a technique that you can use with your animals. There will also be time for Q&A.



Our Mutual Friend

PHYLLIS DEUTSCH

HYFLEX

HUMANITIES

1:00 PM TO 3:00 PM

SEP 24 - NOV 12

8 SESSIONS (16 HOURS)

1 COURT ST, LEBANON, NH
& ZOOM

\$90

This course explores Charles Dickens's final novel, *Our Mutual Friend* (1864-65), within the framework of the author's life, the novel's publishing history, and the emergence of Victorian London as a modern city.



From Script to Print: European Cultural Change from 1300-1600

DANIEL ABOSSO

IN-PERSON

HUMANITIES

2:00 PM TO 4:00 PM

SEP 10 - OCT 29

8 SESSIONS (16 HOURS)

VARIOUS LOCATIONS,
HANOVER, NH

\$90

This course will study cultural changes in Europe through manuscript and printed books. We will look at manuscript and printed books at Rauner Library, prints at the Hood, and work with parchment, paper, and handpress at the Book Arts Studio to understand the processes involved in book production.



Mah Jongg for Beginners

ELINOR GREGOR

IN-PERSON

INSTRUCTIONAL

2:00 PM TO 4:00 PM

SEP 24 - OCT 22

(NO CLASS OCT 1)

4 SESSIONS (8 HOURS)

THE WOODLANDS, LEBANON, NH

\$50

Mah Jongg is an ancient Chinese game played with tiles. There are several variants of the game; we will be learning American Mah Jongg. It is a fun game of skill, strategy, and luck. Everyone can learn, and each of us will have a good time learning and playing. No partners are needed, just a group of three or four people.

A National Mah Jongg League card is needed to participate. Available for purchase online at <https://www.nationalmahjonggleague.org/store.aspx#> (The LARGE card is recommended for ease of reading.)



Travels in Europe

TOM WILSON

IN-PERSON

TRAVEL

3:00 PM TO 5:00 PM

SEP 17 - NOV 12
(NO CLASS SEP 24)

8 SESSIONS (16 HOURS)

KENDAL AT HANOVER,
HANOVER, NH

\$90

Traveling in Europe is exciting. It allows us to experience the history and cultural background of many of our ancestors. We will visit many countries in this course (virtually speaking). This will include England, Scotland, Ireland, France, Spain, Portugal, Germany, Switzerland, Italy, Austria, Hungary, Russia, Estonia, Norway, Croatia, and Greece. There are many cities to visit. There is also beautiful countryside to be experienced.



The Art of Aging Gracefully: Stress & Seven Resources for Resilience

JACKSON PENFIELD-CYR

IN-PERSON

INTERDISCIPLINARY

3:30 PM TO 5:30 PM

SEP 10 - NOV 19
(NO CLASS SEP 24, OCT 29,
NOV 5)

7 SESSIONS (14 HOURS)

1 COURT ST, LEBANON, NH

\$90

We're all getting older. As life expectancy continues to increase, it's clear we need to work toward a new image of aging—one that includes adaptive, productive, vital years full of love, laughter, and intimacy. And this takes work. In this course, we'll explore how the 'secrets' to aging gracefully exist within the routines of daily life—and how understanding the basics of human biology can help us develop healthy habits, so we not only add years to our life but add life to our years.



The Art of Narrative Storytelling

ROBIN FISHER

IN-PERSON

ARTS

3:30 PM TO 5:30 PM

SEP 17 - NOV 12
(NO CLASS OCT 1)

8 SESSIONS (16 HOURS)

1 COURT ST, LEBANON, NH

\$90

Life is stories...whether your own or someone else's, our stories are who we are. They are our lessons, our entertainment, our way to share intimate feelings and develop personal relationships. Whether your interest is fiction or nonfiction, short form or long narrative, whether you're writing for family archives or for publication, you will learn tried and true methods for making your stories the most impactful they can be.



Before *James*—Three Earlier Novels by Percival Everett

DAVID GRANT

IN-PERSON

HUMANITIES

3:30 PM TO 5:30 PM

SEP 24 - OCT 29

6 SESSIONS (12 HOURS)

1 COURT ST, LEBANON, NH

\$70

This is a reading and discussion course focusing on three of Percival Everett's award-winning novels: *Erasure* (2001); *I Am Not Sidney Poitier* (2009); and *The Trees* (2021). Anyone coming to Everett based on his spectacular success with *James: A Novel* (2024) will be delighted by the range, humor, and serious commentary on American society, race, class, and identity found in his earlier works. As a fellow novelist wrote, "Percival Everett is an audacious, beguiling American master."

"Percival Everett, author, at the 2024 National Book Awards finalist reading 5" by Phibeatrice is licensed under CC BY-SA 4.0.

THURSDAY COURSES

Courses are listed in order of schedule.

HyFlex courses allow you to attend either in-person or via Zoom. Please consider registering for Zoom attendance if you're not planning to attend a majority of the class sessions in-person.

THURSDAY



Poetry Workshop

STEPHEN HACKMAN

IN-PERSON

HUMANITIES

9:30 AM TO 11:30 AM

SEP 18 - NOV 20
(NO CLASS OCT 2)

9 SESSIONS (18 HOURS)

1 COURT ST, LEBANON, NH

\$90

Poetry finds its source in solitude, but it cannot remain there if it is to come fully to fruition. We share our poetry—full drafts, promising scribbles—both to deepen our understanding of what we mean to say and to discover better means within the tradition of poetry of expressing it. The course will incorporate writing prompts, exercises, and exemplars intended to inspire us and to broaden our poetic technique. The course is as suited to beginners as it is to experienced writers.



Resilient Sustainability: Not the End of the World

BRUCE JAMES

HYFLEX

INTERDISCIPLINARY

9:30 AM TO 11:30 AM

OCT 16 - DEC 11
(NO CLASS NOV 27)

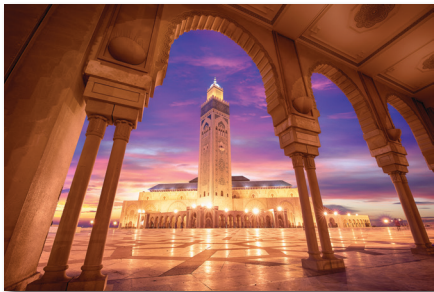
8 SESSIONS (16 HOURS)

1 COURT ST, LEBANON, NH

& ZOOM

\$90

Modern humans face major challenges from climate disruption and energy use to a vulnerable food system. Creative, sustainable, and resilient responses are needed; not only to survive, but to develop new ways of living that support our needs without compromising the needs of future generations. We will learn what “resilient sustainability” means, and how it can be a touchstone for enabling a bright future that links environmental quality, economic fairness, and cultural equity.



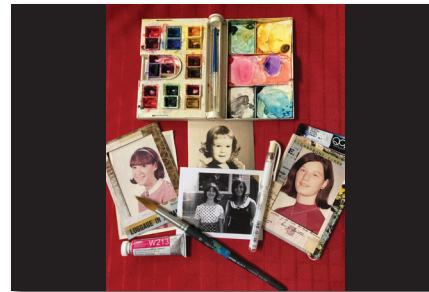
Morocco—A Nearby Faraway Place

SUSAN BRINK



The Erie Canal: A Tale of Water and Gravity

BUCK BEASOM



You Oughta Be in Pictures

GAEL CLAUSON & PATTI WARREN



Beyond the Bouquet: Arranging Flowers in American Art at the Hood Museum of Art

JEANNE SHAFER

IN-PERSON

SOCIAL SCIENCES

9:30 AM TO 11:30 AM

OCT 23 - OCT 30

2 SESSIONS (4 HOURS)

1 COURT ST, LEBANON, NH

\$50

This course will explore the history and contemporary culture of Morocco, and contemporary issues facing the country such as economic development, political stability, and cultural identity. Overall, studying Morocco provides a unique opportunity to learn about a vibrant and dynamic country that is both historically rich and culturally complex and moving into the 21st Century as a leader in Africa and around the Mediterranean.

ZOOM

SOCIAL SCIENCES

10:00 AM TO 12:00 PM

SEP 11 - OCT 2

4 SESSIONS (8 HOURS)

\$50

The “Wedding of the Waters”—joining the Great Lakes to the Atlantic—opened a 4-miles-per-hour superhighway that changed the face of the nation and set the course for its future. In this course, we follow the canal from earliest concept to triumphal completion—with all of the intriguing tales in between. The tale includes heroes and villains, preachers and prophets, and a school of engineers that grew out of a motley collection of salt miners, lumberjacks, and school teachers.

IN-PERSON

ARTS

10:00 AM TO 12:00 PM

SEP 11 - OCT 23
(NO CLASS OCT 2)

6 SESSIONS (12 HOURS)

1 COURT ST, LEBANON, NH

\$70

Our fall class will focus on preserving our memories in a unique way. We will begin by creating a hand-bound journal. You'll fill the pages with photos from all periods of your life. Enhancing the photos with some collage and paint techniques, and then adding a bit of text that describes what your world was like will complete the journal. Come join the fun.

IN-PERSON

ARTS

11:00 AM TO 1:00 PM

OCT 9 - OCT 23

3 SESSIONS (6 HOURS)

HOOD MUSEUM, HANOVER, NH
& 1 COURT ST, LEBANON, NH

\$50

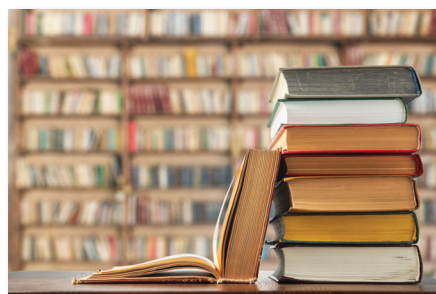
MATERIALS FEE TO COME

This exhibition is about flowers; how American artists and cultures use these images to portray uplifting joy, personal grief, power, race, and identity. The Hood's permanent collection will showcase paintings, sculpture, photographs, and utilitarian objects demonstrating how flowers have connected us through time for the past two hundred years. The final third session will push each student's creative abilities by designing their own “floral artwork” based on Japanese Ikebana floral arranging. This course will consist of discussions between the Study Leader and participants. The first two sessions will take place at the Hood; the third, at Court Street, will be spent creating our own bouquets.



Lean Living: Using the 5-S Method to Organize Your Home

MARGARET CUNNINGHAM



Another Collection of Collections

JON STABLEFORD



Intermediate Spanish Grammar & Conversation

MORRIS KAPLAN



U.S. Economic Inequality Past and Present—and Should We Care?

BOB GRAFSTEIN

HYFLEX

INSTRUCTIONAL

12:30 PM TO 2:30 PM

OCT 9 - OCT 30

4 SESSIONS (8 HOURS)

1 COURT ST, LEBANON, NH
& ZOOM

\$50

Are you downsizing or just hoping to simplify your life? Lean principles help businesses reduce waste and add value. Participants will learn to use lean principles, especially the 5-S method, to organize their home and possessions. Each participant is encouraged to undertake a simple 5-S project to identify and reduce waste, and then share their experiences and lessons learned. Class sessions will consist of presentations with examples, pictures, and video clips alternating with class discussions.

IN-PERSON

HUMANITIES

1:00 PM TO 3:00 PM

OCT 9 - DEC 4

(NO CLASS NOV 27)

8 SESSIONS (16 HOURS)

1 COURT ST, LEBANON, NH

\$90

In this 8-week class we will read *Island* by Alistair MacLeod (2000), *Bad Dirt* by Annie Proulx (2006), *Dear Life* by Alice Monroe, (2012), and *The History of Sound* by Ben Shattuck (2024). We will spend two weeks on each author, 6-8 stories per week and 110-225 pages of reading. Discussions and your ideas will propel our classes; my part will involve steering and context.

ZOOM

HUMANITIES

2:00 PM TO 4:00 PM

OCT 2 - DEC 11

(NO CLASS NOV 27)

10 SESSIONS (20 HOURS)

\$90

This class will pick up where we left off after a year long class in beginning Spanish grammar. All are welcome to join, but it is recommend that you have a good working knowledge of the present and past tenses and basic rules of Spanish grammar. We will continue to watch videos and have conversation using the present and past tenses. We will cover topics including past progressive, future tense, conditional tense, supplemental materials and videos along with class conversation to improve and perfect participants' Spanish conversation and pronunciation. If there is interest, this class will continue for the full year.

ZOOM

SOCIAL SCIENCES

2:00 PM TO 4:00 PM

NOV 6 - NOV 13

2 SESSIONS (4 HOURS)

\$50

It is a commonplace of contemporary political discussion that economic inequality in the U.S. (1) rose dramatically in the late 19th century, (2) declined after the New Deal, but (3) increased sharply in recent decades, rivaling the Gilded Age. This course examines the history of American inequality, the different types of economic inequality at issue, and different proposals to reduce inequality. Although we focus on economic inequality in the U.S., we address comparisons with other countries.

THURSDAY



Five Revolutions That Changed The World

L. JON GROGAN

ZOOM

SOCIAL SCIENCES

3:00 PM TO 5:00 PM

NOV 13 - DEC 18
(NO CLASS NOV 27)

5 SESSIONS (10 HOURS)

\$70

Thomas Jefferson once wrote to James Madison, "I hold it that a little rebellion now and then is a good thing and is as necessary in the political world as storms in the physical." The American Revolution changed the course of world history and was a model for others. However, other revolutions have had similar effects. We will examine five of them for answers to the question of why societies seek change, whether through violent or non-violent means.

FRIDAY COURSES

Courses are listed in order of schedule.

HyFlex courses allow you to attend either in-person or via Zoom. Please consider registering for Zoom attendance if you're not planning to attend a majority of the class sessions in-person.



It's About Time

LARRY CROCKER

ZOOM

HUMANITIES

9:00 AM TO 11:00 AM

OCT 24 - DEC 19
(No CLASS NOV 28)

8 SESSIONS (16 HOURS)

\$90

A look at time from anthropology, philosophy, physics, and science fiction: Is there a moving now; could there be two? Could time move backwards? Do future things exist? What does relativity and quantum theory say about time (minimally technical)? Could a time traveler shoot her own grandfather? Could "Groundhog Day" happen?



Populism and Democracy: Three Case Studies

HANAN MIRON

IN-PERSON

CURRENT AFFAIRS

9:30 AM TO 11:30 AM

SEP 5 - SEP 26

4 SESSIONS (8 HOURS)

1 COURT ST, LEBANON, NH

\$50

In recent years, the rise of populist movements and leaders across the globe has sparked intense debate about the nature of democracy and its resilience in the face of populist challenges. This course will explore the intricate and often contentious relationship between populism and democracy, examining how these two political phenomena interact, conflict, and sometimes reinforce each other. The three case studies are: Israel, Hungary, and the United States. The course will combine lecture, Q&A and an exchange of (diverging) views between the participants. The session on Hungary will be presented by a European guest speaker.



Energy Alternatives: Climate Change and Prosperity

DAN CUNNINGHAM

HYFLEX

CURRENT AFFAIRS

9:30 AM TO 11:30 AM

OCT 10 - OCT 31

4 SESSIONS (8 HOURS)

1 COURT ST, LEBANON, NH
& ZOOM

\$50

Are you curious about the pros and cons of energy alternatives and concerned about the effects of climate change on people and the physical world? Do you wonder what is research-based and workable and what the consequences are? Do you think you are alone or that many people share your concerns? Are you looking for full answers when there do not seem to be many? We will use original data sources, peer-reviewed articles, and video clips to stimulate discussion.



The Paintings of Paul Cezanne: Philosophic and Literary Perspectives

JACK SAMMONS

IN-PERSON

ARTS

9:30 AM TO 11:30 AM

OCT 17 - NOV 21

6 SESSIONS (12 HOURS)

1 COURT ST, LEBANON, NH

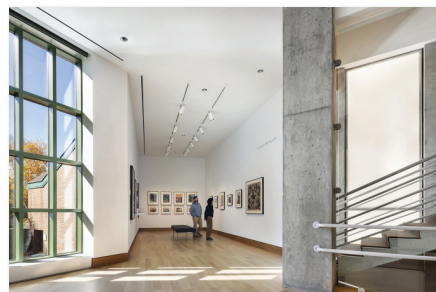
\$70

We will examine selected paintings of the Father of Modern Art but not as art critics, art historians, or even aficionados. Instead, with the help of certain philosophers and literary figures who fell under Cézanne's influence, including Rilke, Merleau-Ponty, Heidegger, Woolf, Stevens, and others, we will try to see these paintings from their perspectives, and perhaps in doing so learn to see the world through the most gifted (or perhaps disturbed, or perhaps they are the same) eyes of Cézanne.



Hollywood: The Birth of American Silent Films

JOHN MINELLI



Active French - Baguettes, Croissants + Café + A Field Trip to Le Musée Hood

GLORIA FINKELSTEIN



Musical Travels: Composers in Other Countries

MOBY PEARSON



Telling Your Family's Story: A Journey Through Memory, Images, and Voice

PETER ADLER

IN-PERSON

ARTS

9:30 AM TO 12:00 PM

OCT 3 - NOV 7

6 SESSIONS (15 HOURS)

LOCATION

\$90

Kevin Brownlow's book *The Parade's Gone By* and his BBC documentary series *Hollywood: A Celebration of the American Silent Film* offer unique perspectives on the birth of cinema. This course, utilizing key episodes of the documentary series along with excerpts from the book, will explore the silent film era through the words of luminaries like Mary Pickford, Buster Keaton, and Frank Capra.

IN-PERSON

ARTS

10:15 AM TO 1:00 PM

SEP 19

1 SESSION (2.75 HOURS)

HOOD MUSEUM, HANOVER, NH

\$30

MATERIALS FEE: \$10

Meet in the museum's atrium for a "Meet + Greet." Practice easy French conversation, then Join Madame G as we enter le musée Hood and visit the Claude Monet special exhibit plus tour other exhibits. Learn easy French Vocabulaire. All levels welcome.

IN-PERSON

ARTS

2:00 PM TO 4:00 PM

SEP 26 - OCT 24

5 SESSIONS (10 HOURS)

1 COURT ST, LEBANON, NH

\$70

Mozart in Prague, Mendelssohn in Scotland, Brahms in Switzerland, Dvorak in America. Also expats who escaped to the USA: Weill, Bartok, Rachmaninoff, Stravinsky. We will listen to and discuss works inspired by these visits away from home. Also included will be photos from my own personal travels to some of these regions.

ZOOM

ARTS

2:00 PM TO 4:00 PM

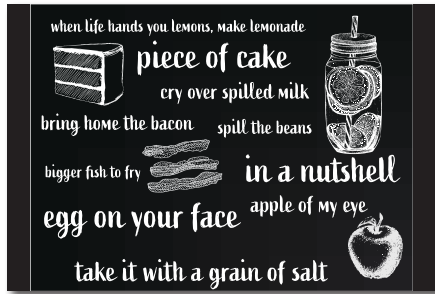
SEP 26 - NOV 14

8 SESSIONS (16 HOURS)

\$90

Craft a compelling narrative that brings your family's story to life. This course will show you how to research your family's past, interview relatives, and gather objects, documents, photos, and videos to enrich your story. Each week, participants will share their work in progress and receive feedback. By the end of the course, you'll be well on your way to creating and sharing a story that honors your family's legacy and brings its history to life for future generations.

FRIDAY



Food Idioms

LARRY CANEPA

ZOOM

INTERDISCIPLINARY

2:00 PM TO 4:00 PM

NOV 14

1 SESSION (2 HOURS)

\$30

Idioms are the spice of life! Idioms are words or phrases that have a different meaning than the literal meaning of the words. Food idioms are not only fun to use but are sure to get your point across creatively in conversation. We'll explore the origins of some of the most interesting food idioms and how to add them to your delicious conversations.

SPECIAL SCHEDULE COURSES

Courses are listed in order of schedule.

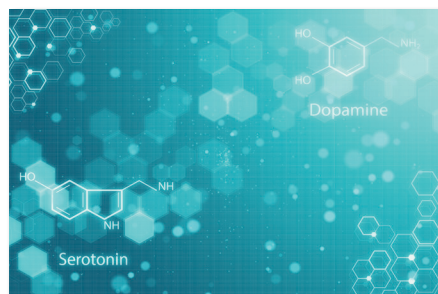
HyFlex courses allow you to attend either in-person or via Zoom. Please consider registering for Zoom attendance if you're not planning to attend a majority of the class sessions in-person.

SPECIAL SCHEDULE



Introduction to Curling

PETER LABELLE
& STEPHEN RAUH



Hormones, the Tireless Choreographers of Life

WILLIAM NORTH



Fall Botany 2025

ALICE SCHORI & LYNNWOOD ANDREWS



The Mystery of Tom and Sally

JIM BAYS

TUESDAY/THURSDAY IN-PERSON

INSTRUCTIONAL

10:00 AM TO 12:00 PM

NOV 11 - NOV 20

4 SESSIONS (8 HOURS)

WENDELL A. BARWOOD ARENA,
HANOVER, NH

\$50

MATERIALS FEE: \$40 (PAYABLE TO
UPPER VALLEY CURLING CLUB)

Curling is an ancient game that began in Scotland, but is now played in many countries—including Canada and the U.S. The great part is that you can have fun and enjoy playing at any skill level. Players often play into their 70s. All equipment is supplied; you need warm clothing and shoes with non-skid soles. After the first session the class will be held mostly on the ice in the Barwood Arena in WRJ. There's a small charge to cover ice rental and equipment use.

60

TUESDAY/THURSDAY ZOOM

NATURAL SCIENCES

12:30 PM TO 2:30 PM

OCT 28, 30; NOV 4, 6, 11, 13,
18, 20

8 SESSIONS (16 HOURS)

\$90

Hormones are molecules that signal and coordinate a choreography of important life functions, including metabolism, digestion, blood pressure, fertility, and growth. Lectures and discussions will elucidate their discoveries and workings in health and disease.

WEDNESDAY (EVERY OTHER) IN-PERSON

NATURAL SCIENCES

10:00 AM TO 12:00 PM

AUG 27, SEP 10, SEP 24, OCT 8

4 SESSIONS (8 HOURS)

VARIOUS OUTDOOR LOCATIONS

\$50

Leisurely walks through fields, forests, and wetlands in late August through early October, identifying plants using late-season characteristics. We will be supplying handouts and "cheat sheets" for plant identification.

WEDNESDAY/FRIDAY IN-PERSON

SOCIAL SCIENCES

9:30 AM TO 11:30 AM

OCT 8 & OCT 10

2 SESSIONS (4 HOURS)

1 COURT ST, LEBANON, NH

\$50

Over the past three decades, the question of whether Thomas Jefferson had something more than a master-servant relationship with his enslaved chambermaid, Sally Hemings, has spawned a not-so-polite controversy within the academic community. In this course, we will explore the relationship between the two and seek to answer the question: Did Thomas Jefferson father Sally Hemings' children? This course will combine lecture with class discussion.

SPECIAL INTEREST GROUPS

Special Interest Groups (SIGs) are groups of Osher members sharing common interests who meet on a regular basis to enjoy or share that mutual interest. Each SIG has a volunteer coordinator responsible for group activities and adherence to Osher guidelines.

SIGs are open to all Osher members. Aside from an active membership, no fee is required to participate.

To join or establish a SIG, contact the Osher office at (603) 646-0154 or email osher@dartmouth.edu.



Crafting for Charity

COORDINATOR:
GAIL FANCHER

WEDNESDAYS

1:00 PM TO 2:00 PM

Consult SIG coordinator for location and to confirm schedule.

Join us to make blankets, hats, or scarves for charity. The majority of our projects will go to The Upper Valley Haven. In the process expand your skills, try something new, make some new friends, and have fun being part of something bigger.

Since September of 2019, this SIG has created and donated scarves, cowls, baby and regular blankets, hats, mittens, and sets of matching hats and mittens. This SIG for members runs July 1, 2025 to June 30, 2026.

Contact SIG coordinator Gail Fancher at gailfancher@hotmail.com



Creative Photography

COORDINATOR:
EILEEN MCNEILL

WEDNESDAYS

10:30 AM TO 12:30 PM

Consult SIG coordinator for location and to confirm schedule.

Join your fellow Osher at Dartmouth members as we explore creative photography!

This Special Interest Group meets on the second (2nd) Wednesday of each month in Classroom 2D (2nd floor), Suite 210, 1 Court Street, Lebanon, NH from 10:30AM to 12:30 PM.

The purpose of this group is for photographers of all levels to get together and share information and enjoy each others work. This is a very informal group, open to all current Osher members!

Contact SIG coordinator Eileen McNeill at emcneill928@gmail.com

2025 CALENDAR OF EVENTS

Fall Term Registration Opens	Jul 29
Tech Café	Aug 5
Tech Café	Aug 20
Canadian Rockies (travel)	Aug 24-31
Fall Term	Sep 8 - Dec 19
Boston Symphony Orchestra (day trip)	Sep 26
Spotlight on Paris (travel)	Oct 1-7
<i>Hamilton</i> (overnight trip)	Oct 12+13
Boston Symphony Orchestra (day trip)	Oct 24
Iceland's Magical Northern Lights (travel)	Oct 25-31
<i>White Christmas</i> (day trip)	Dec 4
Holiday Pops (day trip)	Dec 13

2026

Boston Symphony Orchestra (day trip)	Mar 20
Boston Symphony Orchestra (day trip)	Apr 17
Shades of Ireland (travel)	May 7-16

Some of our day trips offer a bus-only option for those who want to travel with us on the bus but have alternate plans on arrival to the destination of the day. Check osher.dartmouth.edu or call the office at (603) 646-0154 for information.

TRAVEL OPPORTUNITIES!

SHADES OF IRELAND May 7 - 16, 2026

Highlights: Dublin, Kilkenny, Waterford, Blarney Castle, Killarney, Ring of Kerry, Limerick, Cliffs of Moher, sheepdog demonstration, Galway, castle stay



Per Person Rates:

Triple \$5,249

Double \$5,299

Single \$5,999

Visit osher.dartmouth.edu for more information, or call Collette Tours at 1-800-581-8942 and refer to booking #1328998.

Osher Online™

Osher National Online offers fully online courses for the enjoyment of Osher members across the country! These courses were created by the Osher National Resource Center (NRC) at Northwestern University and are delivered by that program. Registration takes place through Osher at Dartmouth, but the NRC staff will provide moderators, technical assistance, and general support for each course.

All courses:

- take place via Zoom
- are scheduled as once-a-week, 1.5-hour sessions over a 6-week period
- cost \$75 per person
- an Osher at Dartmouth membership is required

(Please note that these courses are NOT recorded.)

For anyone new to Osher National Online courses, an orientation session will take place on **September 30 at 2:00pm**. (We strongly urge registrants to join this session; it teaches you how to access the system and course materials.)

Osher National Online courses take place during Osher at Dartmouth's fall term, but are separate from our regular course offerings.

REGISTRATION IS OPEN FOR THESE COURSES!

OSHER ONLINE FALL 2025 COURSES

MONDAYS

1:00pm Bernard (Butch) Epps.... The Power of One in Steven Spielberg Films
3:00pm Marc Seifer..... The Life and Times of Nikola Tesla
5:00pm Aleen Bayard..... Graceful Exits...Dying With Dignity
7:00pm Eleanor Schrader From Bauhaus to Brutalism: Architecture

TUESDAYS

7:00pm John Langellier..... The African American Military Experience

WEDNESDAYS

5:00pm Stephanie Arne Creative Conservation
7:00pm Faith Ogungbe Public Health in Action

THURSDAYS

3:00pm Lauren Weingarden..... Impressionism: Color Light and Leisure
5:00pm Anna Lardinois Legendary Shipwrecks of the Great Lakes

Visit the Osher Online page of our website to watch brief videos from each instructor describing their course!

Don't forget: All Osher Online courses last 1.5 hours and meet once a week for 6 weeks.